

## **JOB DESCRIPTION**

**Position:** Young Persons Counsellor/Art Therapist

**Project:** Wellbeing Together South West

**Responsible to:** Head of Community & Connections

### **Purpose of the Job**

To improve the quality of life of young people in South West Edinburgh by providing one to one Counselling and/or Art Therapy as well as information and advice, to build young people's confidence and self-esteem enabling them to better cope at home.

### **Key Duties**

- Provide individual counselling or art therapy to young people aged 5-26 years
- Undertake the assessment of suitability of the young person for counselling within the remit of the service, and to refer onto other agencies where necessary
- Form and maintain safe and emotionally containing relationships with young people aged 5-26 years
- Work with parents and/or wider networks of young people to support the work with the child
- Create and maintain a safe and appropriate therapy environment within The Broomhouse Hub or school setting
- Where appropriate, encouraging the young person's parent/carer to access counselling or other support that may benefit them and the young person
- Liaise with the wider Youth and Families Team and other projects within the organisation regarding cross project referrals and strategic development
- Report any protection concerns following Space Safeguarding Policy and Procedure
- Develop and maintain positive working relationships with Schools, third sector organisations, healthcare organisations and other relevant professionals
- Understand fully the requirement for confidentiality in your work, balanced with data sharing with Social Care Direct, GIRFEC and others, where appropriate and legally required
- Maintain confidential case records, ensuring their secure storage
- Provide information and statistics to form project reports
- Keep abreast of issues concerning children, young people, and young adults

### **Team Work & Behaviours**

- Effectively communicate, engage and inspire staff across the projects, and foster collaboration and team work throughout the organisation, including involvement in team meetings.
- Work to Space and sector legislative, ethical, policy and procedural requirements.
- Understand the requirement for confidentiality in our work and adhere to GDPR regulations.
- Care for the work environment to promote effective and harmonious working.
- Team work including taking part in the induction of staff and supporting other team members including offering constructive challenge where appropriate.
- Nurture a culture of kindness and uphold the integrity of Space whilst living our values



**Space @ The Broomhouse Hub**

79/89 Broomhouse Crescent

Edinburgh EH11 3RH

Tel: 0131 455 7731

Email: [admin@spacescot.org](mailto:admin@spacescot.org)

Website: [www.spacescot.org](http://www.spacescot.org)

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- Continuously monitor your area of responsibility and identify areas for improvement and organisational learning.
- Undertake relevant Continuing Professional Development and interest in the latest relevant literature.

**Line Management, Support & Supervision**

- Report to the Head of Community & Connections on a weekly basis, taking part in regular Support & Supervision and planning meetings
- Undertake external clinical supervision to discuss casework and ethical challenges (ratio 1:8)

## PERSON SPECIFICATION

<b>Skills and Experience</b>	
Experience of working with people under 26 years old, in a therapeutic setting	Essential
Carried out assessments of suitability for young people's therapeutic work	Essential
Trained in child and adult protection procedures	Essential
Demonstrate clear understanding of boundaries and how to implement	Essential
Experience of working with young people and have strong knowledge of issues faced by young people	Essential
Health & Safety awareness, with ability to carry out risk assessments	Essential
Excellent (English) written, verbal and non-verbal communication skills	Essential
Fully competent and comfortable with the use of Microsoft Office (Word, Excel, PowerPoint, Outlook, Teams ).	Essential
Hold a qualification in counselling or art therapy	Essential
Be an accredited or registered member of BACP, UKCP, COSCA, HCPC or equivalent body	Essential
Experience of working with children aged 5-18 years old in a therapeutic setting	Desirable
Ability to work autonomously, meet deadlines, plan workloads, and to work as part of a wider team	Essential
Knowledge and commitment to diversity and equal opportunities and ability to apply awareness of these to all areas of work	Essential
Clean driving license and access to a vehicle for business use	Essential
Knowledge of partnership working	Desirable
Awareness of local and city wide services available to young people	Desirable
<b>Values and personal attributes</b>	
Have an approach to work which is positive, flexible and reflects a commitment to the rights of young people	Essential
Be prepared to live our values and nurture a culture of compassion and kindness	Essential
Have excellent interpersonal skills to naturally form and manage appropriate relationships with a range of people of all ages and walks of life	Essential
Be patient and respectful of all people, whatever their background	Essential