

## Green Health Link Worker (Maternity Cover)

### Planning and Place Directorate

Fixed term position, 14 months, starting January 2025

Part time, 21 hours per week, Band C



**Cairngorms**  
National Park Authority

Ùghdarras Pàirc Nàiseanta a'  
**Mhonaidh Ruaidh**



#### Overall purpose:

Reporting to the Outdoor Learning and Engagement Manager, to deliver the Public Health and the Outdoors Project of the Heritage Horizons Cairngorms 2030 Programme, funded by the National Lottery Heritage Fund and CNPA.

To develop the capacity to improve the health of the residents of Badenoch and Strathspey through coordinating and delivering a broad range of initiatives that bring together opportunities to improve health through use of the natural environment.

#### Responsibilities:

- Assist in the operational delivery of a Green Health Strategic Development plan for NHS Highland
- Design, co-ordinate and deliver multi agency Green Health programmes of work through key strategic partners, including NHS operational units, GPs, community planning partners such as CNPA, Nature Scot, local authorities, third sector organisations and partners in the private and voluntary sectors.
- Increase levels of outdoor access and connection with nature with NHS staff, patients and visitors
- Co-ordinate the delivery of Green Health Link Worker programme activities
- Receive referrals (from healthcare or self referral) to guide patients to Green Health opportunities in the Badenoch and Strathspey area; and support access to initial participation as appropriate.
- Develop and implement consultation and engagement initiatives to encourage inclusion and inform programme development
- Expand awareness and provision of green health opportunities, with a particular focus on mental health and health inequalities
- Operate as part of the wider CNPA Ranger Service to integrate Green Health outcomes in wider learning and engagement work.
- Provide regular written updates to the Programme Board.

#### General

- Contribute to the work of the Planning and Place Directorate and CNPA as a whole and ensuring compliance with financial procedures;
- Contribute to the delivery of the National Park Partnership Plan;
- To conduct other work, as necessary; and

- All post holders are required to be flexible with regards their job description so that the organisation can adapt to new opportunities and priorities over time.

### **Person specification: knowledge, experience and training**

#### **Essential:**

- Knowledge and experience of outdoor recreation or environmental education
- Experience in health-related posts (not necessarily in the NHS) including public health posts bodies
- Practical experience in leading physical outdoor or environmental education activities
- Knowledge of NHS and understanding of public health practice, health promotion, health economics and health care evaluation
- Experience of lone working and engaging hard to reach groups and vulnerable individuals
- Project management experience
- Experience of planning and delivering action research projects.
- Articulate with excellent communication, interpersonal and negotiation skills
- Computer and IT literate;
- Flexible approach to working hours as evening and weekend working will be occasionally required
- Permission to work in the UK

#### **Desirable:**

- Degree or relevant experience of public health development
- Knowledge of methods of developing clinical quality assurance and evidence based clinical practice
- Understanding of social and political environment
- Understanding of local authorities and social services
- Knowledge of Gaelic

October 2024