



threesixty
helping you come full circle



Board Member Recruitment Pack 2025



Join Our Board and Make a Difference in Mental Health

Are you passionate about mental health and wellbeing? Do you have experience on a board, or are you eager to apply your skills in a leadership role?, or have lived experience?

Our mental health charity, Three Sixty is looking for dedicated volunteer board members to help guide and grow our vital work in supporting individuals and communities.

WHO WE ARE

We are an Ayrshire based mental health charity committed to providing accessible, compassionate, and effective support for those in need.

Our support is based on building relationships with people through creating safe and welcoming spaces for people to access help through holistic and community-led approaches.

Our values are bold, compassion and sustainable which are the foundations that guide our projects including our ongoing contribution to the Scottish Mental Health Festival as we challenge stigma and assumptions in mental health.



Scottish Mental Health Arts Festival 2023

WHAT WE ARE LOOKING FOR

We are seeking individuals who:

- Are passionate about people and ready to amplify the voice of mental health and wellbeing.
- Have experience in governance, leadership, local authority or third sector organisations, funding and fundraising or strategic planning (preferred but not essential).
- Can commit to attending online board meetings every 8 weeks, held in the evening.
- Are willing to contribute their skills, insights, and expertise to support the charity's mission.
- Are open to learning and participating in board-specific training.
- Who have time to commit to Three Sixty and, at times, offer support to the CEO in addition to the scheduled meetings.
- Who care about others and who are keen to think outside of the box

What you can expect:

- Have the opportunity to be part of an innovative organisation, driving system change.
- Attend board meetings every 8 weeks (held online for accessibility).
- Participate in decision-making and strategic planning.
- Have the opportunity to access training specific to board roles.
- Contribute to an organisation that is making a real impact in the lives of those struggling with mental health challenges.
- Attend our Annual General Meeting (AGM) and other key events.

HOW TO APPLY

Informal conversation

If you are interested in or have questions about the role, we invite you to contact our CEO Tracy Gilmour to arrange an informal conversation.

Tracy can be contacted via email at:

Tracygilmour@thethreesixty.org.uk

This is a fantastic opportunity to play a crucial role in shaping the future of a growing, dynamic and innovative mental health charity.

If you are interested in joining us and making a positive impact, we would love to hear from you!

