



## AIMS AND OBJECTIVES

Columcille is a day support service for adults with learning disabilities in the Morningside area of Edinburgh based at 2 Newbattle Terrace, EH10 4RT.

### **Aims.**

We aim to support adults with learning disabilities achieve the following outcomes:

- To belong to a warm, social community at Columcille, feeling safe and welcomed in an environment small enough to be known and to make friendships.
- To learn skills and make a valued and meaningful contribution in creative, practical and therapeutic activities and workshops.
- To grow in confidence and independence, and experience improved self-esteem and physical and mental health.

### **Objectives**

Columcille puts the principles of the Health and Social Care Standards into practice:

- DIGNITY & RESPECT - individuals are spoken to and listened to in a way that is courteous and respectful.
- COMPASSION - individuals experience relationship-centred support and care that is warm, kind and compassionate.
- BE INCLUDED - individuals are supported to access community resources if they wish including voluntary work
- RESPONSIVE CARE AND SUPPORT - staff work from person-centred principles, with the individual's care and support being the main focus of staff attention.
- WELLBEING - individuals feel safe and protected from harm, and staff are alert to signs of significant deterioration in an individual's health and wellbeing.

### **Service Description**

Columcille offers work and creative opportunities in: Gardening; Cooking; Pottery; Printing; Art; Crafts; Drama; Music; Dance; Keep Fit. Professional therapies in massage, eurythmy (movement therapy) and music are available at no additional charge. Each group is of a size and composition that works for the individual. The service has expertise in supporting individuals who also have a mental health need in addition to a learning disability.

We have a wheelchair accessible minibus that provides some transport to and from the service for a very small charge, as well as community access during the day.

We hold an Autumn Fair where we sell products made by service users and offer hospitality in our cafe and hall to families, friends and members of the public.

Currently, 58 people attend across the week, most part-time. The service is registered with the Care Inspectorate as a 'Support Service' for 30 people to attend each day. New referrals are welcome for a minimum of one day or two half days.

We open 9.00 - 4.00 Monday to Friday (3.00 on Wednesday). The service closes for two weeks in July, two weeks at Christmas / New Year, and some public holidays.

The building has a large hall and stage used for drama, dance and music and a cafe, kitchen, four workshops, a quiet room and a therapy room. There is a small front garden and accessible back garden which includes raised beds and an outdoor garden work base. The building has a lift, and four toilets. We are upgrading and improving the quality of physical environment.

Each individual has a Personal Plan and they are fully involved in decisions about their care and support through the six-monthly review process. This, plus feedback from annual questionnaires and the service user's forum, contributes to an ongoing improvement plan.

Columcille is managed by a full-time General Manager, John Redwood, who is also Registered Manager. The Manager is based full time in the Columcille building. Since April 2025, Columcille also has a full-time Assistant Manager, Tom Harrow.

There are a further 18 staff, 7 full-time and 11 part time plus some relief staff and volunteers. We do not use agency staff. We hold 3 staff development days each year, as well as induction, ongoing training and staff development in the values and practice of the organisation.

Columcille is a registered charity and limited company governed by a voluntary Council of Management made up of professionals and family members. We are funded by Edinburgh Health and Social Care Partnership and individuals using Direct Payments.

### **Service Values**

Columcille opened in 1996 and is founded on the values of social therapy which originate in the work of Rudolf Steiner. This approach values a holistic understanding of the human being, creative activities and the benefits of belonging to a healthy social environment.

We value any approach that upholds the dignity, respect and uniqueness of each person.

Further information:

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