

**CARERS
TRUST**



**Introducing
Carers Trust**

About us

Our vision: Unpaid carers are heard and valued, with access to support, advice and resources to enable them to live fulfilled lives.

Our mission: We work to transform the lives of unpaid carers through collaboration, influence, evidence and innovation.

We were created more than ten years ago through the merger of the Princess Royal Trust for Carers and Crossroads Care – two innovative and respected charities which had reach into the heart of local communities and had developed a network of local carer organisations.

As the need for a UK-wide network of local carer services became ever more obvious, the two charities merged in 2012 to form Carers Trust, with HRH the Princess Royal becoming our President.

One in three of us in the UK will at some point in our life support a loved one with a mental or physical health condition, or addiction.

Carers Trust is proud to operate the largest UK-wide network of local carer organisations providing support for unpaid carers.

Our main objectives for 2022- 2025:

- **No carer is pushed into poverty or is financially disadvantaged by their caring role.**
- **Every carer has access to a high-quality local carer organisation.**
- **All carers, regardless of circumstances or age, are able to enjoy a fulfilling life alongside their caring relationship.**

Our year in numbers **2024-5** **CARERS TRUST**



We reached

1.15 million

carers across the UK via our network of local carer centres and affiliates

Our network of

135

local carer organisations now covers

85%

of local authority areas across the UK



£6,775,297

was awarded in grants to support carers and local carer centres



53,867

young and young adult carers were directly supported

81%

of carers felt prepared or very prepared to handle future financial challenges after help from our **Carer Money Matters** programme



94%

of carers reported that their local carer centre improved their **quality of life**



19%

Almost of carers supported by our network were from **minoritised ethnic communities**



3,865

carers were involved in amplifying our mission nationwide

We engaged with

200+

parliamentarians over the past year



For every a further

£1

we spent on income generation, we generated

£12.16

for our work to support carers

Watch our Impact Report film by scanning the QR code

Thank you

to all our supporters, such as **Pears Foundation** and **Julia Rausing Trust**, for helping us raise a total of **£12.7 million** to support carers



Our values

WE ARE COURAGEOUS



We create an environment where people feel empowered to experiment, innovate and take well informed risks.

We speak up, challenge and act when we see an opportunity or when there is an injustice and want to enable unpaid carers, network partners and supporters to be bold, and seek out opportunities for us to work together to create effective change and suggest innovative ideas for improvements in what we do.

WE ARE INCLUSIVE



We treat others with dignity and respect, build genuine and positive relationships, and take every opportunity to get know and understand people.

We recognise and set a value on listening to the experiences of as diverse a group of unpaid carers, network partners and supporters as possible in helping us to meet the needs of unpaid carers in new and exciting ways and to shape services that are truly inclusive.

WE ARE TRUSTED



We respect people no matter what their status by developing relationships that are honest, open, and collaborative.

We work as a trusted partner working collaboratively and building genuine relationships with unpaid carers, network partners and supporters to deliver the services we say we will. We behave with integrity, transparency, and value everyone's contribution to our work.

Our benefits

We are proud of the benefits package we offer all employees and are always looking for ways to show our people they are appreciated for the great work they do.



Carers Trust offers a generous annual leave allowance of **29.5** days plus bank holidays.



Our holiday buy scheme gives employees the opportunity to purchase up to **3 extra** days of annual leave per year.



All employees have the opportunity to make **2 flexible working requests** per year starting from their first day.



Our workplace pension is with Aegon your contribution starts at **5%** and **Carers Trust matches** that from day one for new starters.



Our health discounts plan with HSF, includes our Employee Assistance Programme including **legal, GP, and counselling services.**



We encourage employees to take part in volunteering opportunities and offers **2 paid volunteering days** a year.



Employees have access to **1000s of discounts via Perkbox**, including shopping, entertainment, dining, travel, and wellness.



We lead the way in offering our employees **2 weeks paid carers leave a year**, to help balance caring responsibilities alongside their work.



Carers Trust provides all employees with **life and critical illness cover** as well as **enhanced parental leave.**