



Project Worker Resource Centre

Job Description

Location: Murray House, Invergordon

Salary: £23,690 per annum (pro-rata)

Salary Band: 1.2

Hours: 16 hrs per week

Contract: Permanent

Directorate: Head of North Services

Reports To: Line Manager

Change Mental Health is a leading national mental health charity providing unique support to people with severe and enduring mental ill health. With over 50 years' experience across Scotland, we believe people affected by poor mental health and illness deserve the highest quality of support in the community and that every person has the right to be valued and to share in the opportunities, challenges, and joys of everyday life.

About the Project / Service

As a Change Mental Health practitioner, you work directly with service users who require immediate or on going emotional, practical or vocational support in order to deliver the best possible outcomes. You will work with service users to develop and review personal plans, although ultimate oversight rests with the Senior Project Worker. You work closely with other members of staff to achieve outcomes as defined by my line manager. Within the area team there is a clear line management structure which supports and shapes the practice. You will contribute to an environment where people can relax, re-establish social skills and enhance their quality of life.

Key Responsibilities:

- Work as part of a team building positive working relationships.
- In partnership with service users, implement outcome focused development plans as designed/overseen by my line manager to enable service users to achieve their identified goals.
- To achieve outcomes, Employ several appropriate intervention strategies including positive communication skills.
- Ensure that the Resource Centre is welcoming, clean, tidy and safe.



- Carry out ongoing risk assessment that is integral to ensure the wellbeing of service users.
- Demonstrate group work skills which bring people together in a safe environment
- Have an awareness of appropriate professional boundaries including confidentiality
- Understand the requirements of Health and Safety in the workplace and follow Change Mental Health policies.

General Duties:

- Act in accordance with Data Protection legislation. Ensure all records, personal, staff and client data are managed in line with Data Management and Information Governance policies
- Comply with legal and regulatory requirements such as provisions set out in the Health and Safety at Work Act 1974
- As with all employees, workers and volunteers; to encourage people to join Change Mental Health as a member, donor or activist
- To act in accordance with the charity's Health & Safety and Safeguarding policies and to notify your line manager promptly if there are any concerns
- To participate in regular supervision and appraisal and undertake any relevant training as appropriate to the role
- To work in accordance with the charity's national policies and local operating procedures and those of external regulators or professional bodies

Essential Criteria:

- Ideally educated to SVQ level 2 or have relevant experience working in health and social care
- Able to plan and prioritise your workload
- My professional self-awareness means that I can seek support and advice from my line manager appropriately and participate in supervision and support meetings positively
- Empathetic and caring
- A personal and professional value base is consistent with the aims and objectives of Change Mental Health
- Practice that is firmly based within a model of recovery
- Demonstrate genuine regard for service users and their families
- Have good I.T. skills and can produce accurate case notes



- Enthusiastic to develop my knowledge and skills

Successful applicants for this post will require a Basic Disclosure Scotland / a PVG Membership (this will be arranged by Change Mental Health during before you start your role). Please be aware that it is classed as an offence if you apply for this role and are barred from engaging in regulated activity relevant to children or vulnerable adults. [Delete if only basic required]

Desirable Criteria

- Experience of working with people affected by mental illness
- Experience of working in a SSSC Registered Service
- A learning and development portfolio which evidences my skills and knowledge.

This job profile and list of duties is not exhaustive and serves only to highlight the main requirements. The line manager may stipulate other reasonable requirements and projects commensurate with the general profile and grade of the post.