

# January 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 NEW YEAR'S DAY OFFICE CLOSED	2 • Bank, 9am • Art Class, 10am • BP Clinic, 10:30 & 3:30 • Exercise, 4pm	3 • Shredding by 9am • Mah Jong, 9am • Exercise, 9:30am	4 • Exercise, 9:30am • TGIF Concert, Van 5pm	5 • Scrabble, 1pm, Cantina • Movie, 7pm
6	7 • Exercise, 9:30am • Food Comm, 2pm • Dominos, 3pm, Cantina	8 • Exercise, 9:30am • Writing Group, 10am • Bridge, 1pm, Cantina • Program, 7pm	9 • Seamstress, 1pm • Bank, 9am • Art Class, 10am • BP Clinic, 10:30 & 3:30 • Exercise, 4pm	10 • Mah Jong, 9am • Exercise, 9:30am • Res Assoc, 2 pm	11 • Exercise, 9:30am • TGIF Concert, Van 5pm	12 • MetLive, Van 10:30am • Scrabble, 1pm, Cantina • Movie, 7pm
13	14 • Exercise, 9:30am • Program Comm, 2pm • Dominos, 3pm, Cantina	15 • Dry Cleaning by 9am • Exercise, 9:30am • Writing Group, 10am • Bridge, 1pm, Cantina	16 • Bank, 9am • Art Class, 10am • BP Clinic, 10:30 & 3:30 • Exercise, 4pm	17 • Shredding by 9am • Mah Jong, 9am • Exercise, 9:30am • Lunch Out, 11:30am • Health Program, 2 pm • Program, 7pm	18 • Exercise, 9:30am • TGIF Concert, Van 5pm	19 • Scrabble, 1pm, Cantina • Movie, 7pm
20	21 • Exercise, 9:30am • Dominos, 3pm, Cantina	22 • Exercise, 9:30am • Writing Group, 10am • Bridge, 1pm, Cantina • Program, 7pm	23 • Seamstress, 1pm • Bank, 9am • Art Class, 10am • BP Clinic, 10:30 & 3:30 • Exercise, 4pm	24 • Mah Jong, 9am • Exercise, 9:30am • Health Comm, 2 pm • Dinner Out, 5:30pm	25 • Exercise, 9:30am • B&G Comm, 10:30am • EC Singers, 2pm • TGIF Concert, Van 5pm	26 • Scrabble, 1pm, Cantina • Movie, 7pm
27	28 • Exercise, 9:30am • Dominos, 3pm, Cantina	29 • Dry Cleaning by 9am • Exercise, 9:30am • Writing Group, 10am • Bridge, 1pm, Cantina • Program, 7pm	30 • Bank, 9am • Art Class, 10am • BP Clinic, 10:30 & 3:30 • Exercise, 4pm	31 • Shredding by 9am • Mah Jong, 9am • Exercise, 9:30am		