

July 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 • Exercise, 9:30am • Food Comm, 2pm • Dominos, 3pm, Isabella's	2 • Aquarium, Van 9am • Dry Cleaning by 9am • Exercise, 9:30am • Writing Group, 10am • Water Exercise, 10:30am • Bridge, 1pm, Isabella's	3 • Bank, 9am • Art Class, 10am • BP Clinic, 10:30 & 3:30 • Exercise, 4pm • Opera, Van 8pm	4 ADMIN OFFICE CLOSED • BBQ, 12-2pm	5 • Exercise, 9:30am	6 • Scrabble, 1pm, Cantina • Movie, 7pm
7	8 • Exercise, 9:30am • Program Comm, 2pm • Dominos, 3pm, Isabella's	9 • Exercise, 9:30am • Writing Group, 10am • Water Exercise, 10:30am • Bridge, 1pm, Isabella's • Program, 7pm	10 • Seamstress, 1-2pm • Bank, 9am • Art Class, 10am • BP Clinic, 10:30 & 3:30 • Exercise, 4pm • Music Hill, Van 5:30pm • Opera, Van 8pm	11 • Mah Jong, 9am • Exercise, 9:30am • Water Exercise, 10:30am • Res Assoc, 2 pm	12 • Exercise, 9:30am	13 • Scrabble, 1pm, Cantina • Movie, 7pm
14	15 • Exercise, 9:30am • Dominos, 3pm, Isabella's	16 • Dry Cleaning by 9am • Exercise, 9:30am • Writing Group, 10am • Water Exercise, 10:30am • Bridge, 1pm, Isabella's • Program, 7pm	17 • Bank, 9am • Art Class, 10am • BP Clinic, 10:30 & 3:30 • Garden Comm. 2pm • Exercise, 4pm • Music Hill, Van 5:30pm • Opera, Van 8pm	18 • Shredding by 9am • Mah Jong, 9am • Exercise, 9:30am • Water Exercise, 10:30am • Lunch Out, 11:30am	19 • Exercise, 9:30am	20 • Scrabble, 1pm, Cantina • Movie, 7pm
21	22 • Exercise, 9:30am • Dominos, 3pm, Isabella's	23 • Exercise, 9:30am • Writing Group, 10am • Water Exercise, 10:30am • Bridge, 1pm, Isabella's • Program, 7pm	24 • Seamstress, 1-2pm • Bank, 9am • Art Class, 10am • BP Clinic, 10:30 & 3:30 • Exercise, 4pm • Music Hill, Van 5:30pm • Opera, Van 8pm	25 • Mah Jong, 9am • Exercise, 9:30am • Water Exercise, 10:30am • Dinner Out, 5:30pm	26 • Exercise, 9:30am	27 • Scrabble, 1pm, Cantina • Movie, 7pm
28	29 • Exercise, 9:30am • Dominos, 3pm, Isabella's	30 • Dry Cleaning by 9am • Exercise, 9:30am • Writing Group, 10am • Water Exercise, 10:30am • Bridge, 1pm, Isabella's • Program, 7pm	31 • Bank, 9am • Art Class, 10am • BP Clinic, 10:30 & 3:30 • Exercise, 4pm • Opera, Van 7:30pm			