



education

Department:
Education
REPUBLIC OF SOUTH AFRICA

**NATIONAL
SENIOR CERTIFICATE**

GRADE 12

DANCE STUDIES
FEBRUARY/MARCH 2009

MARKS: 150

TIME: 3 hours

This question paper consists of 8 pages.

INSTRUCTIONS AND INFORMATION

1. This question paper consists of THREE sections:

SECTION A:	Dance History and Theory	(70)
SECTION B:	Music Theory	(20)
SECTION C:	Anatomy and Health Care	(60)
2. Read through the whole question paper before you answer it.
3. Read ALL the questions carefully.
4. In QUESTIONS 5 and 6 of the Dance History section and QUESTION 10 of the Music section write on the **prescribed choreographers and dance works** only. 'International' refers to the choreographers and their works that are not South African.
5. QUESTION 10 in the Music section: Note that NO marks will be allocated for supplying the name of the choreographer, title of dance work and composer.
6. If you answer more than the required number of questions, only the required number will be marked. All work you do not want marked must be clearly crossed out.
7. Leave THREE lines after each answer.
8. Start EACH section on a NEW page.
9. Number the answers correctly according to the numbering system used in this question paper.
10. Marks are NOT allocated according to ONE mark for ONE fact, but according to the quality of the answer. The mark allocation should guide you not to write too much or too little.
11. Write neatly and legibly.

SECTION A: DANCE HISTORY AND THEORY**QUESTION 1**

Evaluate how the subject Dance Studies has or has not prepared you for your possible future career pathway. Name the possible career you would like to pursue and give reasons for your opinion.

[5]**QUESTION 2**

You must plan and produce an evening of entertainment at your school to celebrate the various forms of dance found in South Africa.

- 2.1 Give the evening an appropriate name. (1)
- 2.2 List various dance forms that will be performed in the show. (1)
- 2.3 Describe the venue requirements for the performance. (3)
- 2.4 Prepare a budget proposal outlining all funds needed. (3)
- 2.5 Suggest TWO methods you could use to raise money for this production. (2)
- 2.6 List other role players you will need to assist you with this production and what they will be expected to do. (3)
- 2.7 Recommend ways in which you would market this production. (2)
- [15]**

QUESTION 3

Read the synopsis of the movie *STEP UP* below and answer the questions that follow.

The movie *STEP UP*: A troublesome boy named Tyler earns his extra cash from stealing cars. He is caught vandalising the property of the School of the Arts in the local area. He is sent to the school to do community service as his punishment.

While doing the community service he watches a girl, Nora, preparing for her final choreographic performance. He is fascinated and watches her intently. Tyler is a keen hip-hop dancer who enjoys dancing socially at clubs but would not have considered a dancing career because of the male image amongst his gang of friends.

Tyler offers to help Nora when her dancing partner is injured. She agrees and he works very hard and even manages to change her approach to the choreography to include his hip-hop style. Tyler starts spending more time in the new environment and neglects his old gang of friends.

Just before Nora's final performance she decides to replace Tyler with her original dancing partner. Tyler is very unhappy and returns to his gang. On one of the outings a gang member's brother steals a car and is involved in a fatal accident. This accident leads Tyler to realise he must make some life changes.

Tyler finds out that Nora's dancing partner has yet again let her down and he rushes to the performance to fill in. This results in Nora winning the choreographic competition and Tyler being offered a place at the Art School to complete his studies.

He realises that it is acceptable for men to dance and pursues his new life enthusiastically with the support from his original gang members. They also realise that his talents and interests have taken him to a more meaningful life and they begin to mend their ways through his example.

- 3.1 Discuss the example of peer pressure as shown in this story and its relationship with stereotyping. (5)
- 3.2 How do you think dance can contribute to reducing crime? (5)
- [10]**

QUESTION 4

You have studied at least ONE indigenous dance style or cross-cultural dance style. Give a description of the dance style studied, and include the following information:

- 4.1 Name the style you have studied and its origin. (2)
- 4.2 Explain when, where and by whom it would normally be performed. (3)
- 4.3 Discuss the performance elements, for example costumes, music, accessories, props used. (3)
- 4.4 Point out the characteristics of the dance. (2)
- [10]**

QUESTION 5

Select ONE of the prescribed **INTERNATIONAL** choreographers you have studied this year. Give the following information:

- 5.1 Name of the choreographer (1)
- 5.2 Choreographer's country of origin (2)
- 5.3 Title of the dance work (1)
- 5.4 A descriptive synopsis of the work (5)
- 5.5 How the performance elements, for example costumes, music, lighting and props or sets enhance the work (3)
- 5.6 Explain how the choreographer's background has influenced this work. (3)
- [15]**

QUESTION 6

Compile programme notes for an upcoming show featuring ONE of the prescribed South African choreographers and his/her work. Include the following information:

- | | | |
|-------------------------|---|-------------|
| 6.1 | The biography of the choreographer | (5) |
| 6.2 | A synopsis/theme of the work to be performed | (5) |
| 6.3 | Draw the audience's attention to the performance elements, for example costumes, music, lighting, sets that help to make the dance work successful. | (5) |
| | | [15] |
| TOTAL SECTION A: | | 70 |

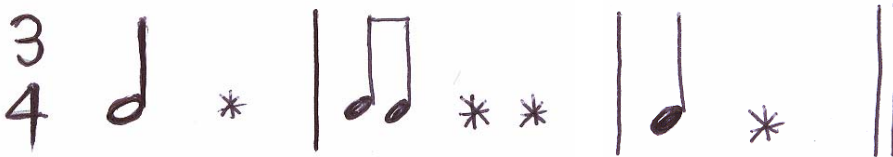
SECTION B: MUSIC THEORY**QUESTION 7**

Four music notes are named below. Replace the name of the note with its correct musical symbol:

- 7.1 Minim
7.2 Semibreve
7.3 Quaver
7.4 Crotchet

[4]**QUESTION 8**

Redraw ALL THREE bars in the ANSWER BOOK and replace EACH star with the ONE correct note that is missing.

**[4]****QUESTION 9**

Choose ONE of the music components listed below:

MELODY; HARMONY; RHYTHM; DYNAMICS; TIMBRE

Explain what it is, and then reflect in your explanation on how this understanding of the music component could enhance your dance quality and choice of dance music.

[5]**QUESTION 10**

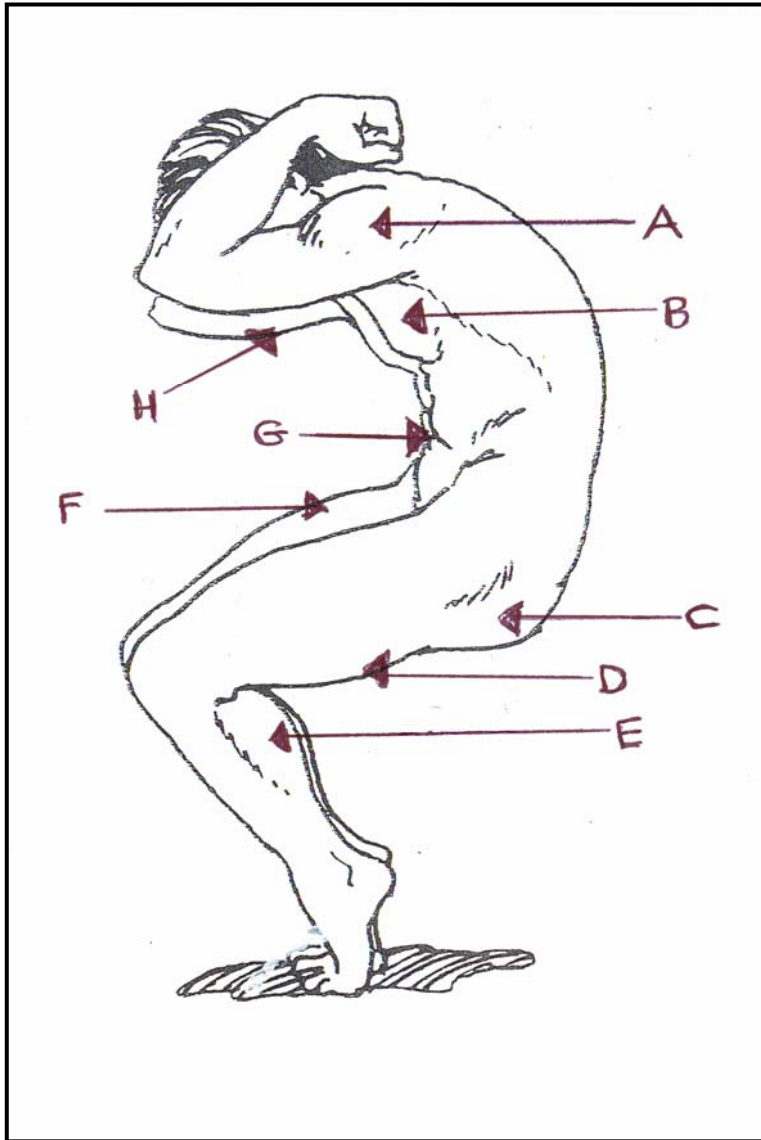
Analyse the music used in ONE of the prescribed **INTERNATIONAL** dance works you have studied, and evaluate how it added to or enhanced the performance.

(Remember to name the choreographer, title of the dance work and the composer at the start of your answer.)

[7]**TOTAL SECTION B: 20**

SECTION C: ANATOMY AND HEALTH CARE**QUESTION 11**

- 11.1 In the ANSWER BOOK label the muscles marked A – H in the diagram below.



(8)

- 11.2 Identify the actions that are taking place in the dancer's joints listed below:
(Refer to the diagram above.)

11.2.1 The dancer's elbows

(1)

11.2.2 The dancer's ankles

(1)

- 11.3 Name TWO of the muscles responsible for the action in the dancer's feet.
(Refer to the diagram above.)

(2)

[12]

QUESTION 12

Explain why warming up and cooling down should be an important part of a dancer's exercise routine. **[8]**

QUESTION 13

What is good posture? Explain why it is so important in all forms of dance. **[5]**

QUESTION 14

14.1 To maintain good nutrition and a healthy body, list the food groups that a dancer should eat daily. (5)

14.2 Explain the importance of hydration in a dancer's diet. (5)

14.3 How does good nutrition play an important part in the fight against HIV/Aids? (2)
[12]

QUESTION 15

Tension increases the risk of injury in a dancer.

15.1 Discuss the effects of tension on the dancer's body. (4)

15.2 Explain the importance of relaxation and suggest methods of relaxation. (4)
[8]

QUESTION 16

Fitness is made up of the various components listed below.

ENDURANCE; STRENGTH; FLEXIBILITY; CORE STABILITY;
NEUROMUSCULAR SKILLS

16.1 Explain EACH of these components. Name ways to train and develop your body in EACH of these components. (10)

16.2 Discuss how these components all work together to prevent injury. (5)
[15]

TOTAL SECTION C: 60

GRAND TOTAL: 150