



# basic education

Department:  
Basic Education  
**REPUBLIC OF SOUTH AFRICA**

## **NATIONAL SENIOR CERTIFICATE**

**GRADE 12**

**DANCE STUDIES**

**NOVEMBER 2010**

**MARKS: 150**

**TIME: 3 hours**

**This question paper consists of 13 pages.**

**INSTRUCTIONS AND INFORMATION**

1. This question paper consists of THREE sections:  
  
SECTION A: Dance History and Theory  
SECTION B: Music Theory  
SECTION C: Anatomy and Health Care
2. Read through the whole paper carefully before you start to answer it.
3. Number the answers correctly according to the numbering system used in this question paper.
4. Start EACH section on a NEW page.
5. Leave THREE lines after EACH answer.
6. Let the marking rubrics included guide you in your answers.
7. Marks are allocated according to the quality of your answer.
8. Write neatly and legibly.

**SECTION A: DANCE HISTORY AND THEORY****QUESTION 1**

Write a letter of 1 to 2 pages to a friend in another country and share with him/her your knowledge of an indigenous African ceremonial or cultural dance you learnt this year. You may NOT write about one of the prescribed works.

Your letter must include the following information:

- The name of the ceremonial/cultural dance and the area from which it comes
- The theme/reason for the dance to be performed
- A description of the actual dance movements
- The costumes/dress that would be worn in this dance
- The use of music/accompaniment in the dance
- How you felt about learning a dance from another culture

**THE MARKING RUBRIC BELOW IS GIVEN TO GUIDE YOUR ANSWERS IN QUESTION 1.**

<b>1 – 3 WEAK</b>	<b>4 – 7 ADEQUATE</b>	<b>8 – 11 SATISFACTORY</b>	<b>12 – 15 OUTSTANDING</b>
Minimal knowledge of the indigenous/cultural dance and its purpose. Minimal knowledge of the costumes/dress or music/accompaniment used is shown. Minimal ability to reflect shown.	The answer shows some knowledge of the indigenous/cultural dance and its purpose. Some knowledge of the costumes and the music/accompaniment used is shown. Attempts to reflect on learning a dance from a different culture.	The answer is well written in letter format with accurate knowledge of the indigenous ceremonial/cultural dance and its purpose. A good description of the dance movements, the costumes/dress and the music/accompaniment used is given. Reflects on learning a dance from a different culture.	The answer is excellently written in letter format with detailed, accurate knowledge of the indigenous ceremonial/cultural dance and its purpose. Detailed description of the dance movements, costumes/dress and music/accompaniment used. Reflects with insight on learning a dance from another culture.

**[15]**

**QUESTION 2**

You are organising a tour of a dance show that addresses the issue of HIV and Aids orphans. Prepare a press release for newspapers to publicise the events. Include the following information:

- 2.1 The name of the dance show
- 2.2 The reason for this HIV and Aids orphans' project and its intended impact on the community and the orphans
- 2.3 An outline of the dance performance and how it addresses the theme
- 2.4 The dates, times, places and ticket prices

**THE MARKING RUBRIC BELOW IS GIVEN TO GUIDE YOUR ANSWERS IN QUESTION 2.**

QUESTION NO.	0 WEAK	1 ADEQUATE		
2.1	No name or unsuitable name.	The project has been given an appropriate title.		
	0 WEAK	1 ADEQUATE	2 SATISFACTORY	3 OUTSTANDING
2.2	No attempt has been made to provide an idea about or the purpose of the project.	The purpose of the project is partially explained. Some benefits of the project are suggested.	The purpose of the project is explained. The benefits of the project to the orphans and community are outlined.	The purpose of the project is clearly outlined. The benefits of the project to the orphans and community are well thought out and clearly outlined.
	0 WEAK	1 ADEQUATE	2 SATISFACTORY	3 OUTSTANDING
2.3	No attempt has been made to provide content of the dance performance.	Some thought has been given to the content of the dance performance.	The concept for the dance performance is plausible.	The concept for the dance performance is innovative and well explained.
	0 WEAK	1 ADEQUATE	2 SATISFACTORY	3 OUTSTANDING
2.4	No information about dates, times, places and ticket prices are provided.	Dates, times, places and ticket prices are partially provided.	Dates, times, places and ticket prices are provided.	Dates, times, places and ticket prices are provided in the correct press release format.

**[10]**

**QUESTION 3**

Prepare study notes about a South African choreographer from the prescribed list below. Include the following information in your answer:

- 3.1 Name of the choreographer and his/her place of birth
- 3.2 TWO examples of dance works, other than the prescribed work, that he/she choreographed
- 3.3 The choreographer's dance training and career
- 3.4 The influences on the choreographer's style of work
- 3.5 His/Her contribution to the development of dance in South Africa

<b>LIST OF PRESCRIBED SOUTH AFRICAN CHOREOGRAPHERS</b>	<b>LIST OF PRESCRIBED SOUTH AFRICAN DANCE WORKS</b>
Alfred Hinkel	<i>Last Dance (Bolero)</i>
Caroline Holden	<i>Imagenes</i>
Gary Gordon	<i>Bessie's Head</i>
Hazel Acosta	<i>Blood Wedding</i>
Mavis Becker	<i>Flamenco de Africa</i>
Sylvia Glasser	<i>Tranceformations</i>
Veronica Paeper	<i>Orpheus in the Underworld</i>
Vincent Mantsoe	<i>Gula Matari</i>

**THE MARKING RUBRIC ON THE FOLLOWING PAGE IS GIVEN TO GUIDE YOUR ANSWERS IN QUESTION 3.**

<b>QUESTION NO.</b>	<b>0 WEAK</b>	<b>1 ADEQUATE</b>		
3.1	No place of birth provided.	Name of the choreographer and his/her place of birth provided.		
	<b>0 WEAK</b>	<b>1 ADEQUATE</b>	<b>2 SATISFACTORY</b>	
3.2	No correct works mentioned.	Identifies one work correctly other than the prescribed work.	Identifies two works correctly other than the prescribed work.	
	<b>1 – 2 WEAK</b>	<b>3 – 4 ADEQUATE</b>	<b>5 – 6 SATISFACTORY</b>	<b>7 – 8 OUTSTANDING</b>
3.3	Minimal information given about training and career.	The information shows some knowledge of the choreographer's training and career.	The information shows knowledge of the choreographer's training and career.	The information shows accurate and detailed knowledge of the choreographer's training and career.
	<b>1 WEAK</b>	<b>2 ADEQUATE</b>	<b>3 SATISFACTORY</b>	<b>4 OUTSTANDING</b>
3.4	Minimal knowledge of influences on his/her style of work.	Some knowledge of influences on his/her style of work.	Knowledge of influences on his/her style of work.	Detailed knowledge of influences on his/her style of work.
	<b>1 WEAK</b>	<b>2 ADEQUATE</b>	<b>3 – 4 SATISFACTORY</b>	<b>5 OUTSTANDING</b>
3.5	Minimal knowledge of the choreographer's contribution to the development of dance in South Africa.	Some knowledge of the choreographer's contribution to the development of dance in South Africa.	Able to explain the choreographer's contribution to the development of dance in South Africa.	Able to explain in detail the choreographer's contribution to the development of dance in South Africa.

[20]

**QUESTION 4**

Write a review on ONE international dance work from the prescribed list below. Give your review an interesting title and include the name of the work and choreographer. Your review must contain the following information, written in any order:

- The choreographer's intention/synopsis
- The music/accompaniment and the dance style/styles used in the work
- The symbolic use of costumes, music/accompaniment, props and movement to communicate the choreographer's intention
- Give your opinion on the quality of the performance

<b>LIST OF PRESCRIBED INTERNATIONAL CHOREOGRAPHERS</b>	<b>LIST OF PRESCRIBED INTERNATIONAL DANCE WORKS</b>
Alvin Ailey	<i>Revelations</i>
Christopher Bruce	<i>Ghost Dances or Rooster</i>
George Balanchine	<i>Apollo or Agon</i>
Marius Petipa and Lev Ivanov	<i>Swan Lake</i>
Martha Graham	<i>Appalachian Spring or Lamentation</i>
Paul Taylor	<i>Esplanade</i>
Vaslav Nijinsky	<i>Le Sacre du Printemps</i>
Joaquin Ruiz	<i>Mar de Tierra</i>
Antonio Gadez	<i>Carmen or Blood Wedding</i>

**THE MARKING RUBRIC ON THE FOLLOWING PAGE IS GIVEN TO GUIDE YOUR ANSWER IN QUESTION 4.**

<b>CRITERIA</b>	<b>1 WEAK</b>	<b>2 ADEQUATE</b>	<b>3 SATISFACTORY</b>	<b>4 OUTSTANDING</b>
Intention Synopsis	Minimal information provided of the choreographer's intention/synopsis.	Some information provided of the choreographer's intention/synopsis.	Information provided of the choreographer's intention/synopsis. The answer is written as a review.	Accurate and detailed information provided of the choreographer's intention/synopsis. The answer is excellently written as a review.
	<b>1 WEAK</b>	<b>2 ADEQUATE</b>	<b>3 – 4 SATISFACTORY</b>	<b>5 OUTSTANDING</b>
Music and dance style/styles	Minimal knowledge of the music and dance style/styles used.	Some knowledge of the music and dance style/styles used.	Knowledge shown of the music and dance style/styles used. The answer is written as a review.	Detailed knowledge of the music and dance style/styles shown. The answer is excellently written as a review.
	<b>1 – 2 WEAK</b>	<b>3 – 4 ADEQUATE</b>	<b>5 – 6 SATISFACTORY</b>	<b>7 – 8 OUTSTANDING</b>
Symbolism	Minimal understanding of the symbolic use of costumes, music, props and movement to communicate the choreographer's intentions.	Some understanding of the symbolic use of costumes, music, props and movement to communicate the choreographer's intentions.	Good understanding of the symbolic use of costumes, music, props and movement to communicate the choreographer's intentions. The answer is written as a review.	Excellent understanding of the symbolic use of costumes, music, props and movement to communicate the choreographer's intention. The answer is excellently written as a review.
	<b>0 WEAK</b>	<b>1 ADEQUATE</b>	<b>2 SATISFACTORY</b>	<b>3 OUTSTANDING</b>
Opinion	No opinion given.	Mentions the quality of the performance.	Can substantiate opinions on the quality of the performance. The answer is written as a review.	Can evaluate and substantiate opinions on the quality of the performance. The answer is excellently written as a review.

[20]

**QUESTION 5**

Give FIVE reasons why it is important to keep a choreography journal.

[5]

**TOTAL SECTION A: 70**



**SECTION B: MUSIC THEORY**

**QUESTION 6**

- 6.1 Name FOUR different categories of music instruments and give an explanation of each. (4)
- 6.2 Choose a description from COLUMN B that matches a music term in COLUMN A. Write only the letter (A – F) next to the question number (6.2.1 – 6.2.6) in the ANSWER BOOK.

COLUMN A	COLUMN B
6.2.1 Polyphonic	A the regular occurrence or re-occurrence of an accented beat or beats in a bar of music
6.2.2 Rhythm	B the tone quality of each instrument
6.2.3 Tempo	C various simultaneously sounding melodic lines
6.2.4 Melody	D a specific style and sound of music
6.2.5 Genre	E speed of a piece of music – either quick, moderate or slow
6.2.6 Timbre	F it refers to a succession of single notes that are organised into a musical phrase

(6 x 1) (6)  
[10]

**QUESTION 7**

At the beginning of a piece of music you will usually find two numbers, for example  $\frac{3}{4}$  called a time signature.

- 7.1 In time signatures such as  $\frac{2}{4}$ ,  $\frac{3}{4}$  and  $\frac{4}{4}$ , what does the top number tell you? (1)
- 7.2 What does the bottom number tell you? (1)
- 7.3 What is the full meaning of  $\frac{3}{4}$  ? (1)
- 7.4 Add ONE note/rest at EACH of the places marked \* to complete the bar.



(2)  
[5]

**QUESTION 8**

Select ONE of the prescribed South African dance works (listed on page 5) and discuss the contribution of the music to this dance work. Name the dance work and the choreographer and also give the following information:

- 8.1 Analyse the music with reference to the genre, the instruments used, the style and the musicians/composers/singers/group involved. (3)
- 8.2 In your opinion, how does the music contribute to the success of the dance work? Substantiate your opinion with examples from the dance work. (2)

**THE MARKING RUBRIC BELOW IS GIVEN TO GUIDE YOUR ANSWERS IN QUESTION 8.**

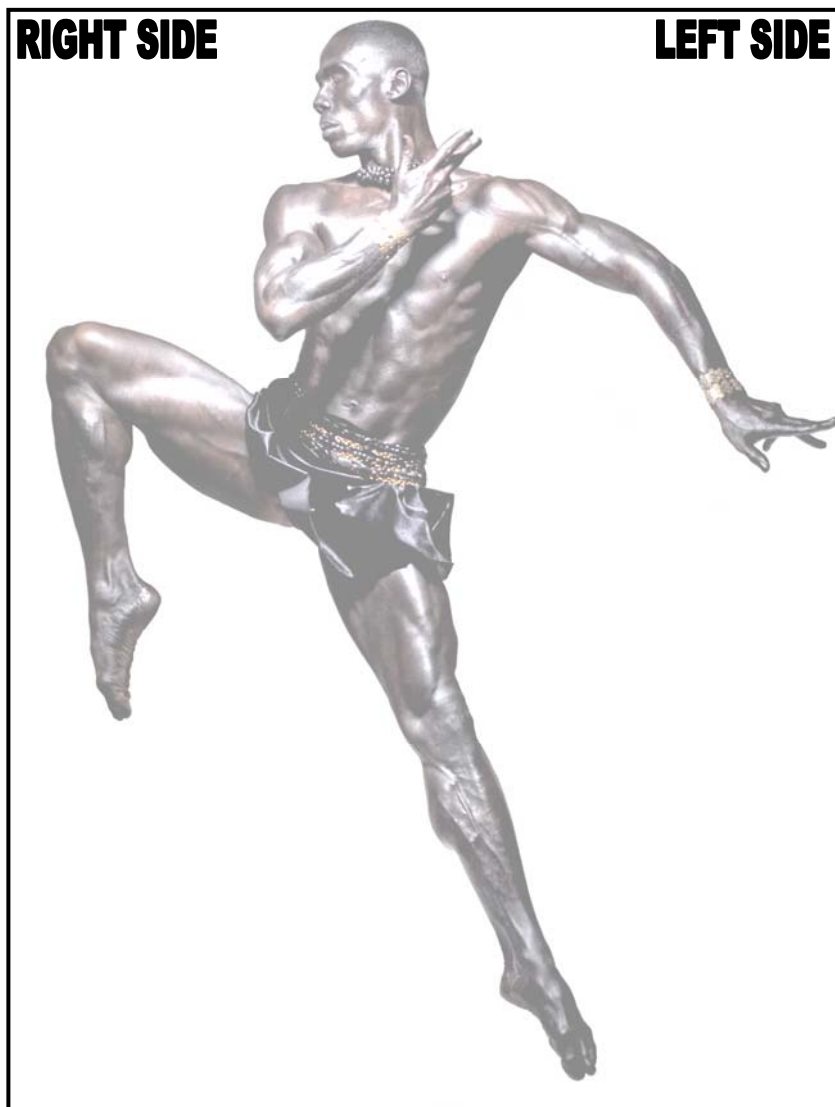
QUESTION NO.	1 WEAK	2 SATISFACTORY	3 OUTSTANDING
8.1	Gives minimal information about the music.	Able to partially analyse the genre, style, instruments used and the musicians/composers/singers/group involved.	Gives detailed, accurate analysis of the genre, style, instruments used and the musicians/composers/singers/group involved.
	0 WEAK	1 SATISFACTORY	2 OUTSTANDING
8.2	No opinion given.	Gives an opinion but does not substantiate with examples.	Gives insightful opinion and substantiates with examples from the dance work.

[5]

**TOTAL SECTION B: 20**

**SECTION C: ANATOMY AND HEALTH CARE****QUESTION 9**

Study the picture below and answer the following questions.



- 9.1 What is the action occurring in the dancer's right knee? (1)
- 9.2 What is the action occurring in the dancer's left knee? (1)
- 9.3 What actions are occurring in the dancer's hips? (2)
- 9.4 What is the action occurring in the dancer's ankles? (1)
- 9.5 What is the action occurring in the dancer's left shoulder? (1)
- 9.6 What is the action occurring in the dancer's right elbow? (1)
- 9.7 What are the actions occurring in the dancer's neck? (2)
- [9]**

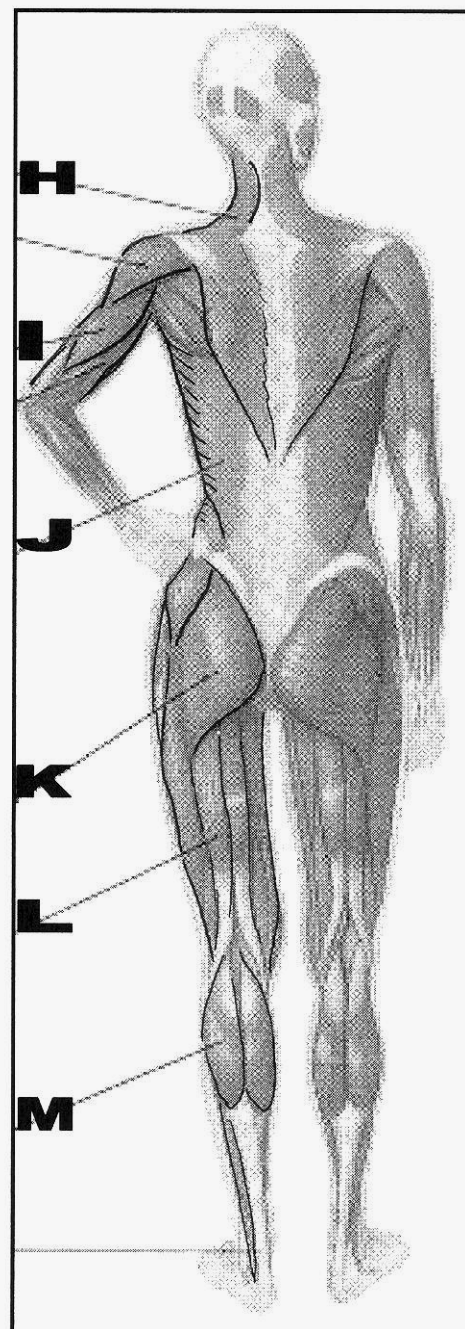
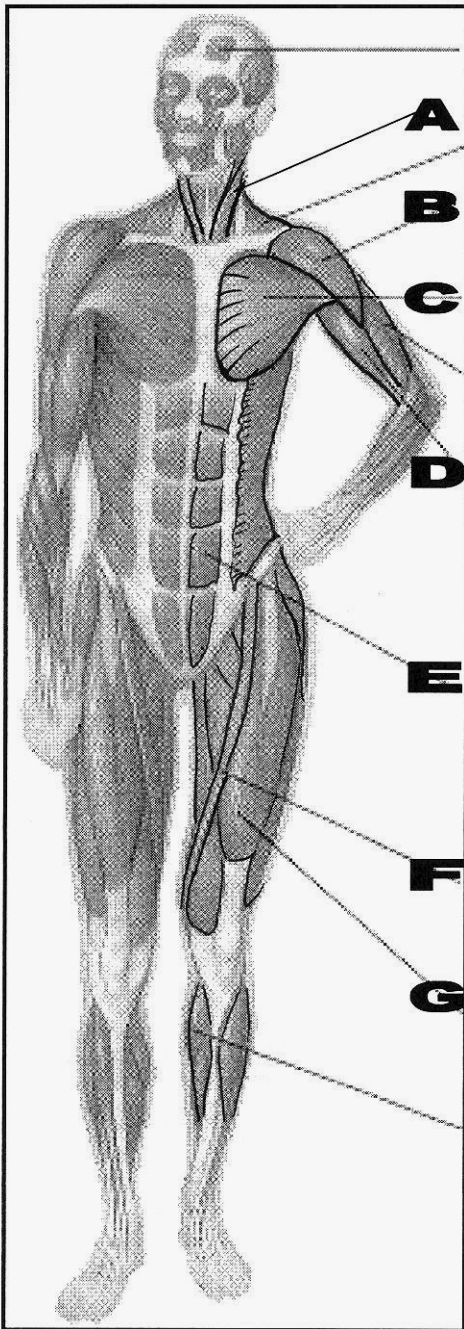
**QUESTION 10**

Select and name only SEVEN of the muscles/muscle groups labelled (A – M) below.

Give ONE anatomical action for EACH of the seven muscles you have selected.

Write your answer as follows in the ANSWER BOOK:

Z. Tibialis Anterior – Dorsi Flexion



[14]

**QUESTION 11**

- 11.1 Why do you need to cool down the muscles after a strenuous dance class and what should a cool down involve? (4)
- 11.2 How would you explain the concept of *core stability* to an inexperienced dancer? (2)
- 11.3 List THREE muscles that contribute to core stability. (3)
- 11.4 Explain how you would develop core stability and design ONE exercise that would strengthen the core muscles. (8)
- [17]**

**QUESTION 12**

- 12.1 Landing from a jump incorrectly could cause a number of injuries. Describe ONE possible injury that could happen. (3)
- 12.2 Explain how the injury described in QUESTION 12.1 must be treated. (4)
- 12.3 Following a serious dance injury, what are some of the challenges that a dancer will face when returning to the dance class? (4)
- 12.4 How would you cope with the challenges in QUESTION 12.3 when returning to the dance class after a serious injury? (3)
- 12.5 Neuromuscular skills, also known as motor coordination, include the following:
- Balance
  - Agility
  - Kinesthetic awareness
  - Spatial orientation
  - Maintenance of rhythm
  - Reactivity
- Select THREE of these skills, explain what they are and how you would develop them. (6)
- [20]**

**TOTAL SECTION C: 60**  
**GRAND TOTAL: 150**