Reflective Essay

Name

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The relationship between the nurse and the patient is the foundation of nursing care across the field of ailment, health, and recovery. The formation of this relationship is enhanced by the nurse and is focused on the patient and objectives. Whereas some facets of this association align with expectable actions, other features might be obfuscated by patient anticipations and the complexities of social communication. An understanding of the nurse's responsibility establishes the restrictions of the relationship. However, in these limitations are many probabilities for communication that might be supplementing and therapeutic for both the nurse and the patient.

A senior man acquired an infection and then died in the hospital after personnel at a nursing home did not adequately oversee and handle pressure wounds on his feet and backside. The man who was known as Zdenek Selir was taken to the Leamington nursing facility in Southport after a stroke. However, by the time he was the hospital, his infection had spread and was destabilizing his organs rendering him a vegetable. Not content with the first reaction from the director of Opal Aged Care, handed over the issue to the institution's complaints commissioner. The pressure wounds on his back and lower buttock had deteriorated his skin and was transforming into an infection. The rest of the pressure wounds were on the heel, and they were already showing signs of infection (Lewis, 2016). I feel sad about the incident as it is disheartening for a nurse to neglect his/her responsibility of delivering health care and leave the patient to suffer terribly. There are only negative patient and nurse perspectives when looking at this incident as it indicates a failure to observe proper nursing perspectives. Nurses should notify the individual needing health care and, where the individual desires, their preferred family, friends, associates, or health advisor of the disposition and function of proposed nursing care,

and help the person to make proper decisions concerning that care (Australian Nursing & Midwifery Council (ANMC), 2008). In circumstances where a person is incapable or reluctant to choose or communicate singly, nurses try to guarantee their standpoint is represented by a suitable advocate, including when the individual is a child. It is a principle that nurses should practice morally and seriously, aligning with the Code of Ethics for Nurses in Australia, to borrow from experience and add value to professional and personal practice (Australian Nursing & Midwifery Council (ANMC), 2008). Moreover, nurses should foster and ensure proper and new quality nursing guidance, care and support for every individual demanding and receiving care together with their friends, family, and other social associates. This role is the same with the co-workers of nurses (Australian Nursing & Midwifery Council (ANMC), 2008).

What is learnt from this is that one gains excellent comprehension of the significance of an active patient-nurse relationship in the provision of quality care. Indeed, this type of a partnership is useful to both nurses and patients through involvement, attentiveness, and communication in delivering health care (Roberts et al., 2016). Still, there are known restrictions to involving the patients in the delivery of care. Collaboration with the nursing workforce through communication and distribution, power and management, and maintaining the simplicity of health care delivery is necessary for facilitating enforcement. Because the efficient delivery of care demonstrates an application of modern clinical practices and nurses acknowledge it, its utilization might be a successful method for advancing evidence-based care which is affordably and quickly effected (Roberts et al., 2016).

By utilizing patient simulation situations, vital components of patient safety can be focused on, such as the significance of teamwork, promotion of efficient communication, and the aversion of medication inaccuracies (Barton, 2009). To prevent such an incident from

occurring, I will expose learning nurses to critical care circumstances and allow them the chance to react without dreading that they will injure the patient.

As a registered nurse, I will utilize data to tackle errors and gaps in the management and prevention framework of pressure wounds, devise enhancement approaches, and establish risks. This might comprise particular action at service or unit level along with extensive institutional changes that include shifting training resources or advancing policy (ACSQHC, 2012).

All in all, it is inescapable that the nurse-patient relationship is important in the delivery of health care. There are many opportunities for the nurse to employ communication to assist in enhancing the quality of care. It is pertinent that nurses follow the appropriate code of ethics in all scenarios and ensure that the well-being of the patient is guaranteed.

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