Olivier Manitara

Alchemy

and the Secrets of Androgyny

Climb the Ladder of Evolution

and Live with Your Soul

Essénia
Editions

Alchemy and the Secrets of Androgyny

Climb the Ladder of Evolution and Live with Your Soul

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Contents

Editor's Note 8

About the Study of the Essene Teaching 10

Introduction 14

Unify the Two Faces of Life 18
The Origin of Humanity 20
Cain and Abel, the Beginning of the Imbalance 24
The Two Columns of the Temple 26
Androgyny: Talisman of Mastery of Energies 29

Master Your Two Eyes 34
The Visions of the Setting Sun and the Rising Sun 38
The Earth of the Disciples 41
The Eye of the Master 43
Go Towards Matter or Towards Spirit 46

Individualize Yourself Among the Community 50
Expand the Circle to Universality 53
Transformation of the Energies in Man 55
Work for the Good of All 57
Harmonize the Earth and the Seed 59

Heal the Creative Energy of Sex 62
Another Vision of Sex 64
The Circulation of Energies Between Man and Woman 66
How Man is Unwittingly Fecundated 70
Balance the Body and Spirit 71

Contents

Awaken Consciousness Through Concentration 74
Be to Know 75
Manifest the Divine in your Body 78
Buddha and Jesus, the Same Teaching 79
The Path of Consciousness 81

Develop Thought Through Living Mathematics 84
Appear on the Board of God 88
Knowledge, the Known and the Knower 90
The Perfection of the Four 91
Awakening Thought in the Higher Worlds 96

Embodying the Light on Earth 102
Adam and Eve and the Laws of Polarity 104
The Secrets of the Squaring of the Circle 108
The Eightfold Path of Manitara 113
The Eye that Balances 118

Climbing the Ladder of Evolution 122
The Eight Degrees of the Vibratory Ladder 123
The Path of Mastery 125
Awaken Polarity in Oneself 130
Concentrate on the Divinity 135

Harmonize with the Tree of Life 140
The Masters: the Only Son of God 144
The Two Serpents of the Moon 145
White Magic and Black Magic 146
From the Shadow to the Universal 147

Contents

Balance the Two Serpents 150
The Mastery of the Two Worlds 152
The World of the Black Serpent 153
The World of the White Serpent 156
The Path of Disillusion 158

Live with Your Soul: the True Androgyny 162
Polarizing the Body According to the Soul 166
Recognize and Fulfill All Needs 173
Let Yourself be Fecundated by the Seed of the Soul 175
Enter into the Universal Soul 179

Prayer to Archangel Uriel 184

Essene Glossary 188

For More Information 220

The Latest Releases from Essenia Publishing 226

"The great difficulty for men,
is to not know who we are."

Editor's Note

As part of the seminar of Archangel Uriel and the Essene Initiations in the summer 2011, Olivier Manitara gave teachings on androgyny and its mysteries. It is from these lectures that this book was written, in parallel with volume 24 of the Essene *Gospel, Androgyny, in which

* All terms marked with an asterisk are explained in the glossary at the end of the book. The Essene and complete glossary is available on the author's web site (www.en.OlivierManitara.org) under the tab "Glossary."

Archangel Uriel transmits divine wisdom connected to this teaching.

Olivier Manitara is an educator who does not speak only with his voice but also with his soul, and it is not easy to convey in writing what is obvious in his presence or what is subtle. The work was accomplished with love and a spirit of impersonal service by the Order of Hierogrammates. Knowledge is priceless, and it is for the seekers and the lovers of knowledge that this living wisdom was written down and is passed on.

It should be noted that the texts of this book were drawn from the oral teachings of the author and were not re-examined by him. It is therefore possible that interpretations that do not comply with the vision of the *Teaching have slipped in. This is why we ask each reader to step back and always seek to develop an overall vision in order to enter a true learning of the Essene Wisdom. Those who want to have access to the oral source, in audio or video form, will find the references for the conferences at the end of the book.

You can have access to the rituals, initiations and more practical in-depth knowledge concerning this teaching in the Essene *study circles.

About the Study of the Essene Teaching

The Essene Teaching is alive and asks to live in all those who welcome it into their life as an experience of Light, love and harmonious creativity. For generations, the seekers of Light will be able to be enlightened with the Teaching that the Essenes are revealing on earth to reinforce the Tradition and balance the worlds.

Olivier Manitara has meditated countless hours to acquire this knowledge. He has transmitted it by speaking, writing and working with his students;

meditation, singing, dancing, celebrations . . . And so this teaching, which is a gift of self for the Light in the world, was born. However, one must not believe that Olivier Manitara is a being cut off from the real world, and an abstract meditator. He is a family man, a true friend that has always invested himself in numerous projects in order to sustain the Light in a concrete way.

The collection "Essene Practice & Culture" is available in several books, each of which contains wisdom, a unique perspective, an essence of meditation, a practice and a path. The Essene wisdom is a basis for study, reflection, for the inner construction of the individual and of an enlightened and serene society.

This is a sacred teaching, a transmission of the most precious essence in the world. This transmission is not only a divine eternal wisdom, it is also a soul, a world, a higher truth. It passes from a Master to his student and the relationship must be perfect, intimate, based on trust, respect, love of the Divine and knowledge, impersonality and greatness of soul.

Oliver Manitara teaches this Essene beauty like a gardener who takes care of nature. Each day, fragments of wisdom are gathered and archived, by the Essene hierogrammates, as a treasure for humanity and future generations.

May all these wonders enchant your lives and

spread the beauty of man united to a higher world in simplicity and truth over all the earth and in all consciousnesses.

"In life, it is important to know where we come from,
but above all where we are going, and to learn how to proceed
with a broader vision."

Introduction

At the approach of the summer solstice of 2011, in the energy of Archangel Uriel, Olivier Manitara presented to his students the eight rules of Uriel, which correspond to the esotericism of the teaching of the *Buddha on the eightfold path, as well as an unprecedented knowledge of the origin of humanity: the story of Adam and Eve, of Cain and Abel and of the lineage of Enoch.

This knowledge, both magical and universal, allows us to understand that humanity is divided into

three spiritual lineages and that the path of enlightenment is the middle path, the one taught by Buddha, two thousand five hundred years ago.[1]

During the summer, he pursued this teaching by presenting a detailed knowledge on androgyny. The great idea of androgyny comes from the alchemists of the Middle Age; it is the idea of duality, of *solve and coagula*, of spirit and matter, and also of the Creation, of the *fall and of the world in which we live.

This knowledge is part of the understanding of who we are, of our roots, our heredity, our filiation, our tradition . . . It is not abstract but on the contrary, very real and concrete, it touches our daily lives. In life, it is important to know where we came from, but above all where we are going and learn to proceed with a broader vision.

This teaching comes from the great Light of Archangel Uriel, the Light that balances everything, that lights up all the mysteries and all the worlds. Uriel is the guardian of the mysteries of alchemy, the science of self transformation and the birth of the Light.

To understand the secrets of alchemy and androgyny is to enter the path of the soul, which leads us beyond the division of sex, towards creative androgyny. It is wisdom that will allow you to balance your

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1 - These teachings are presented in the book *"The Path of Enlightenment"* published by Essenia Publishing.

outer life and your inner life and become a creative being able to give birth to the Light.

This teaching answers the prayers of millions of souls, lost in darkness, who seek knowledge. This knowledge does not belong to a man, it belongs to all men, it is the *Common Good. It is the great Knowledge that lights up the world and allows the treasure that we all carry inside of us to manifest: our divine part.

The goal of this teaching is to bring a new education and science on the construction and formation of man: what do we do to redress man, to educate him, to lead him into higher states of mastery and autonomy, of higher consciousness and dignity. The goal of the Essenes is to open this path, to refine it and transmit it as a science for future generations.

The knowledge passed on is only the beginning. Afterwards, you have to verify it, implement it in your life, incarnate it. Such is the wisdom of Uriel: you must bring the higher wisdom into the reality of the earth. This way, through works based on divine knowledge, you individualize and you become a powerful creator, an alchemist who transforms matter by giving it a soul and thereby creating the balance of the worlds.

Annie Stability, Essene hierogrammate

"In the world that we live in,
there is a beginning, a middle and an end to all things.
Everything has an origin: nothing appears from nothing."

Unify the Two Faces of Life

In the context of the *celebration of Archangel Uriel in 2011, Olivier Manitara continued his teaching on the three lineages of Cain, Abel and Enoch.[1] At the start of the seminar, he recalled the main lines of the origin of humanity before introducing the concept of androgyny.

To the Essenes who came to honour the Fath-

1 - See the book, *The Path of Enlightenment.*

er of the earth, he presented a powerful meditative drawing,[1] a real magical talisman that demonstrates that man carries both masculine and feminine polarities in him and that he is a creator. The question is: Does he create harmony or disharmony? In order to create harmony, man must unify the two halves of himself, that is, allow his inner life to balance his outer life.

In the world that we live, there is a beginning, a middle and an end to all things. Everything has an origin: nothing can appear from nothing. The origin, we call it "God." It is the first impulse, represented by the upper point of the triangle with the eye in the middle. The triangle corresponds to perfect Intelligence, and the eye, to the manifestation of this higher, divine Intelligence.

This first impulse divides into two principles: the masculine principle and the feminine principle, which are the sides that face each other in the triangle. These two principles are vast; we can decline them in many ways. And everything in Creation is brought forth by the play of these two principles.

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1 - See pages, 24, 34 and 130. The meditative drawings of androgyny are available on the web site of the Essene Boutique at www.Nation-Essenienne.org, under the tab "Boutique Essénienne."

The Origin of Humanity

Originally, God emanated two sons, good and evil. The intelligence of good and the intelligence of evil are two indispensable principles of life such as we know it. In the book of Job, *Satan is called into the council of the sons of God to debate.[1] Therefore, it is recognized that Satan is a son of God even in the sacred books of humanity. It is impossible to not be a son of God since God is the original source of everything.

Originally, in the garden of the *Father, there are two principles which are in harmony and perfect balance. Their imbalance is what creates conflict, fear, war and destruction. If we take a good look, imbalance is the very principle of our existence, to us, men.

That is why it is said that originally there were two principles, which were called Isch and Ischa, the masculine principle and the feminine principle, the principle of sublimation, which we have called good, and the principle of densification, which we have called evil, the solve and coagula, the centrifugal force and the centripetal force.

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1 - "The day where the Sons of God came to present themselves before Yahweh, Satan also advanced among them." (Job 1:6)

Ischa	Isch
Feminine	Masculine
Densification	Sublimation
Evil	Good
Coagula	*Solve*
Centripetal force	Centrifugal force

In the garden, there was a serpent, who said to Isch and Ischa to wake up to life. These two beings, who were creators, then awakened to the existence outside the divine world. As a result, they brought life into non-existence and they created the worlds.

Under these two principles of Isch and Ischa are the parents of humanity, called Adam and Eve in the Judaeo-Christian tradition. In all the traditions of the peoples, whether in Egypt, Sumer or in the Aboriginal tribes, the original parents, the gods of the origins were mentioned, lineage and tradition were mentioned.

These parents, Adam and Eve, are the masculine and feminine principles. They also are the principle of the fall. For humanity, they are the principle of life, but for the *divine world, they are one of death. It is from them that death appeared.

What we know in this moment about death is, we are all dead because we are the sons of Adam and

Eve, descendants of the fall. We belong to a world that was not created by the Light but by a fall. Eve associated herself with what we have called Satan, and Adam with what we have called *Lucifer. This is how evil came about.

Satan is the laws of matter, what says "no," what hardens, opacifies, closes in and puts out the inner light. Satan loves materialism, science and technology.

Lucifer is the laws of spirit, what says "yes," what opens, what liberates. Lucifer loves humanitarianism, religion, philosophy and art.

Satan is the law of densification, and Lucifer, the law of sublimation. For example, Satan transforms water into ice while Lucifer will transform it into vapour. We should not see individuals in these beings; they are laws, higher intelligences than men.

Adam was omnipresent, he was the biggest idea that we can have of God; he was in all the worlds, without limits and without end. Eve brought a densification that allowed her to realize that she was a separate being. The problem is that Adam and Eve, who were not a man and a woman but cosmic principles, wanted to have children.

It is said in the Kabala[1] that Adam united with Lilith and that Eve united with Samael. Adam and

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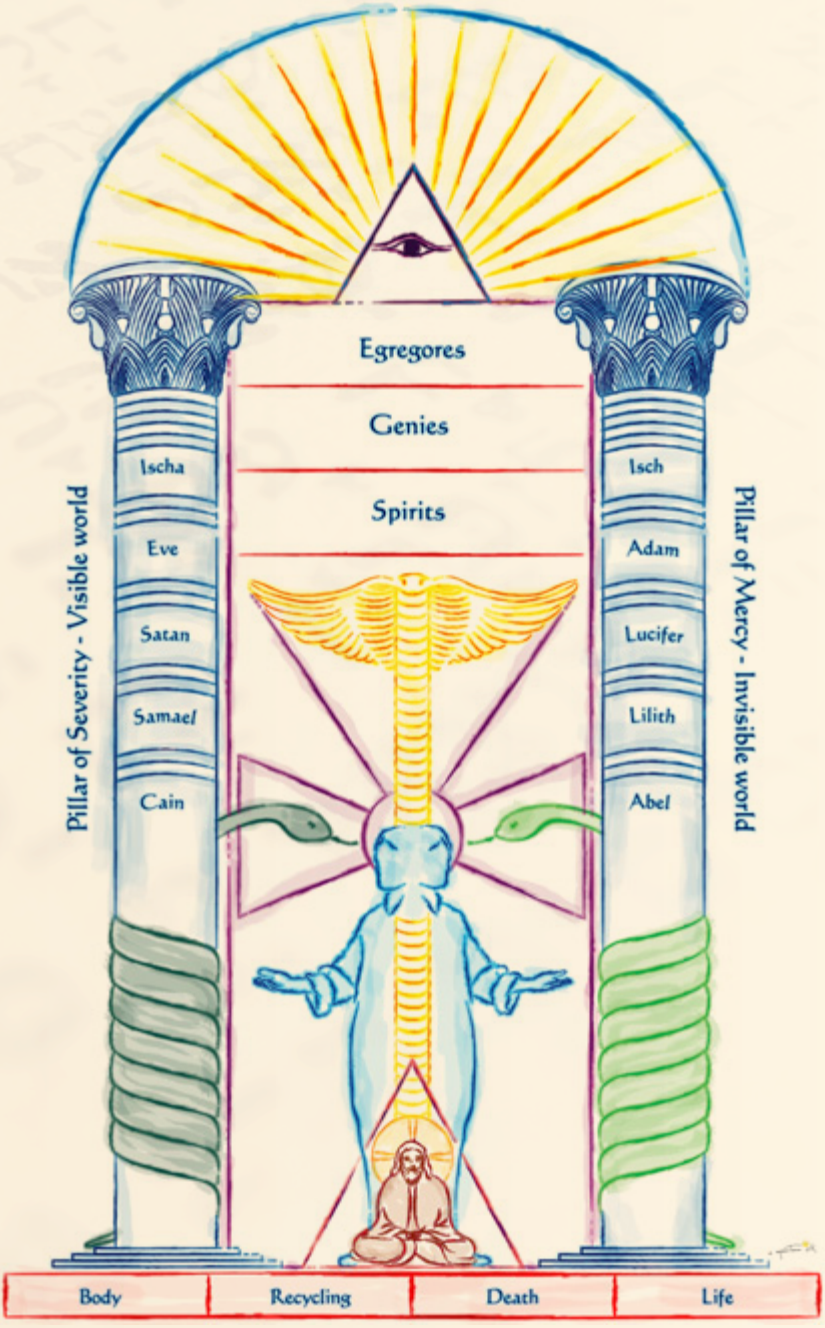
1 - On this subject, see the book *Divine Kabala,* published by Tredaniel Editions. (At this time only in French.)


Egregores
Genies
Spirits
Ischa
Eve
Satan
Samael
Cain
Isch
Adam
Lucifer
Lilith
Abel
Pillar of Severity - Visible world
Pillar of Mercy - Invisible world
Body
Recycling
Death
Life

Lilith gave birth to Abel; Eve and Samael gave birth to Cain.

Cain and Abel, the Beginning of the Imbalance

Abel is the spiritualist, the one who says: "I have an inner life. I want to go towards a higher world. I want to live with God." Abel's descendants are all the spiritualists and all the religious people, those beings who seek God.

Cain is the materialist, the one who says: "I am going to conquer the earth. I am going to develop science and control the world." Cain's descendants are all the materialists, those who want to master matter.

Abel said: "I will be the servant of my Father." Cain said: "I will be the creator."

Abel made an offering to God, who accepted it. Cain made an offering to God, who refused it. Then Cain flew into a rage, and in anger he killed his brother: the wolf devoured the lamb; the violent oppressed the gentle, meaning that today we are living exclusively in a materialistic world and that even religious people are put at the service of materialism.

It is with Cain and Abel, whose history dates back before the fall of Atlantis,[1] that the world entered into imbalance.

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1 - See "Initiates of Atlantis" in the glossary.

Later, Adam and Eve themselves united and gave birth to Seth, the son of man, and after seven generations, Enoch was born from this lineage. Enoch was the first man after the fall who erected stones and worshiped the Name of the Eternal, that is, that he united heaven and earth. It is said that God looked at him, loved him, and offered him the path of immortality. So no one has ever seen Enoch[1] again. This does not mean that he was no longer physically seen, but that a God lived in him: he was the first Man-God on earth.

Enoch is the one who created the first *Round of Archangels. That is why it is said in the holy books that he lived three hundred sixty five years.[2] This means that he drew the circle of the Sun on earth, the round of the seasons: the Round of Archangels.

From Enoch a lineage is born, that of the *Sons of God, the Sons of the Sun, the lineage of the Light. Then in this lineage *Noah appeared, who built the Ark, that is, that he saved all the archetypes, the original principles, the primordial *Tradition. It was not about saving the giraffes or the elephants but the souls and spirits, the seeds, the cores, the invisible worlds

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1 - "It was because of his faith that Enoch was taken up and did not exoerience death: he was no more, because God took him; because before his assumption he was acknowledged to have pleased God." (Hebrews 11:5) "Enoch walked with God, then was no more, because God took him." (Genesis 5:24)

2 - "In all, Enoch lived for three hundred and sixty five years." (Genesis 5:23)

and all the worlds down until the earthly reality, to preserve and safeguard the Tradition of the origins through a pure lineage, in the Light.[1]

At the time of Enoch, in the lineage of Cain appeared the *Usurper creator. We say "creator" but we could have said "destroyer," for he destroys in order to create his own world. In the lineage of Abel appeared the liar Usurper, who enslaves beings and leads them into slavery. All this is a world of the great beyond: it is the heaven of men.

The Two Columns of the Temple

A triangle with an eye is found at the top of a temple with two columns, in the middle of which there is a door.[2] *Jesus said: "I am the door of the Mysteries." This door represents the secrets of life.

To the right of the door is the masculine column, the side of Adam, Lucifer and the *sons of Abel; to the left is the feminine column, the side of Eve, Satan and the *sons of Cain.

The positive aspect of the satanic side is that they want mastery; they seek to master matter. The positive aspect of the luciferian side is that they love free-

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1 - For more information, consult the book *The Path of Enlightenment.*

2 - See drawing page 32.

dom. They want to liberate, to work for the Common Good, bring beauty . . . It is Lucifer who has brought us freedom, but this is positive only if we know how to balance, that is, to stand in the middle path.[1]

Satan and Lucifer know that there is a God, but they have renounced him, knowing that they cannot live with him, because it is another world. They love this world that was created by the serpent, this world of the non-existence, because they do not have another. But what they love above all is man.

For them, man is marvellous because they know that in a way he is their Father, their God. That is why they will do everything for him. The satanic side will do everything so that man has the satisfactions of his body, and even that he becomes immortal in his body, which is where technology and scientific research comes from: Satan is trying to pierce the secrets of God, to steal them.

As for Lucifer, he loves everything that is moral, everything that is beautiful. His enemy is the body because it is mortal. What Lucifer wants is immortality, beautiful thoughts and great ideas. He seeks a paradise, and he has created it in the great beyond, in the invisible worlds. In this way he tries to lead people into mysticism, into religion, into humanitarianism;

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1 - To better understand what is the middle path, consult the book *The Path of Enlightenment.*

he tries to give meaning to everything that exists. But above all what he does not want is to go towards the Divine: he wants to recreate the higher world in the physical world and give it to man, for he is in love with him.

Above the masculine column, there is the great God that the Hebrews have called "the Name that is not to be spoken," the *Name of God of four letters, IOD HE VAU HE: Ieve, which means "God on the inside."

The other great Name, above the feminine column, is Elohim, which means "Gods on the outside:" trees, stones, thoughts are Gods, everything is divine and everything is inhabited by the Gods.

We can consider the masculine column as the ray of *individuality: I am me; I am the ray, the flame. In one of his *psalms, Archangel Uriel asks us to awaken this individualized ray: *"You must awaken the ray of your *true and eternal self and learn to walk with it on earth to make of your Tradition a *work, a house, a kingdom, a country in which you can live in great harmony and the respect of the dignity of each one.*

*Each man is a unique being, a ray of light originating from a *hidden Sun. You are not a collective soul, but individualized rays that must realize themselves by touching the*

earth,"[1]

The feminine column is that of the circle, of the light, of the community: there can be many flames lit but they all interpenetrate in the communion of the light and we only see one flame. We all are individualized rays but we also are in a community, a solidarity.

A child is born in a community and is going to individualize himself. He is going to become a creator in this community. He is going to appear and speak, sing, dance and work for the Common Good. Such was the idea of these two great Names of God. It is the science of the very constitution of our being and our universe.

Men always want revolutions in war and in blood, they never want intelligent, beautiful, splendid, clear and truly free revolutions. Liberty brings the ray of individuality, and you become androgynous.

Androgyny: Talisman of Mastery of Energies

In the world of the fall, man appears between the two columns in the form of an androgyne, represented

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1 - Excerpt from the Psalm 131 of Archangel Uriel, Essene Gospel, volume 24, *Androgyny*, published by Essenia Publishing.

by a being with two heads, on one side, a woman and on the other, a man.

In one hand, he holds a sword, because you must know how to be decisive in life, you must know how to say yes and no, otherwise you do not have individuality. In the other hand, he holds the wand of the Magi,[1] which represents the union of the worlds. The side that holds the sword represents the outer life of man, and the side that holds the wand, the inner life.

The feminine side of the androgynous being is turned towards the masculine column, while the masculine side is turned towards the feminine column, and there are circulations and exchanges between these worlds.

Many parts of the human body are double, like the legs, the arms, the kidneys, the right brain and left brain . . . On one side like the other, there is a current that passes through the eye, that descends into the organism of man and that goes into the leg on the same side. I move my right foot with my right eye; I move my left foot with my left eye. We have two eyes but they do not look in the same way.

There are therefore two currents inside me, a masculine current and a feminine current and I seek

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1 - See the glossary. For more information of the Wand of the Magi, see the book *Thought in the Subtile Worlds*, published by Essenia Publishing, chapter "Become a Wand in the Hands of the Gods."

unity. I can look for it on the outside but I must be aware that it exists on the inside. Man and woman are only found in the heart, at the crossing, where they are neutral.

The *Rose+Cross, which knew these secrets, spoke of the two rivers of gold and silver: in some of the Rosicrucian symbols of the Middle Ages, man is represented with silver and golden currents. It is the same for acupuncture that uses two types of needles: some in gold and others in silver. These were the mysteries of the Sun and the Moon, the mysteries of man and of woman.

And besides, in certain engravings of the alchemists, like those of Henry Khunrath, we can see this androgyne with the words solve and coagula on the arms. The secrets of alchemy and transformation of energies are hidden in these drawings.[1] There is always this idea of polarity: we do not see things the same way if we look with the right eye or the left eye . . .

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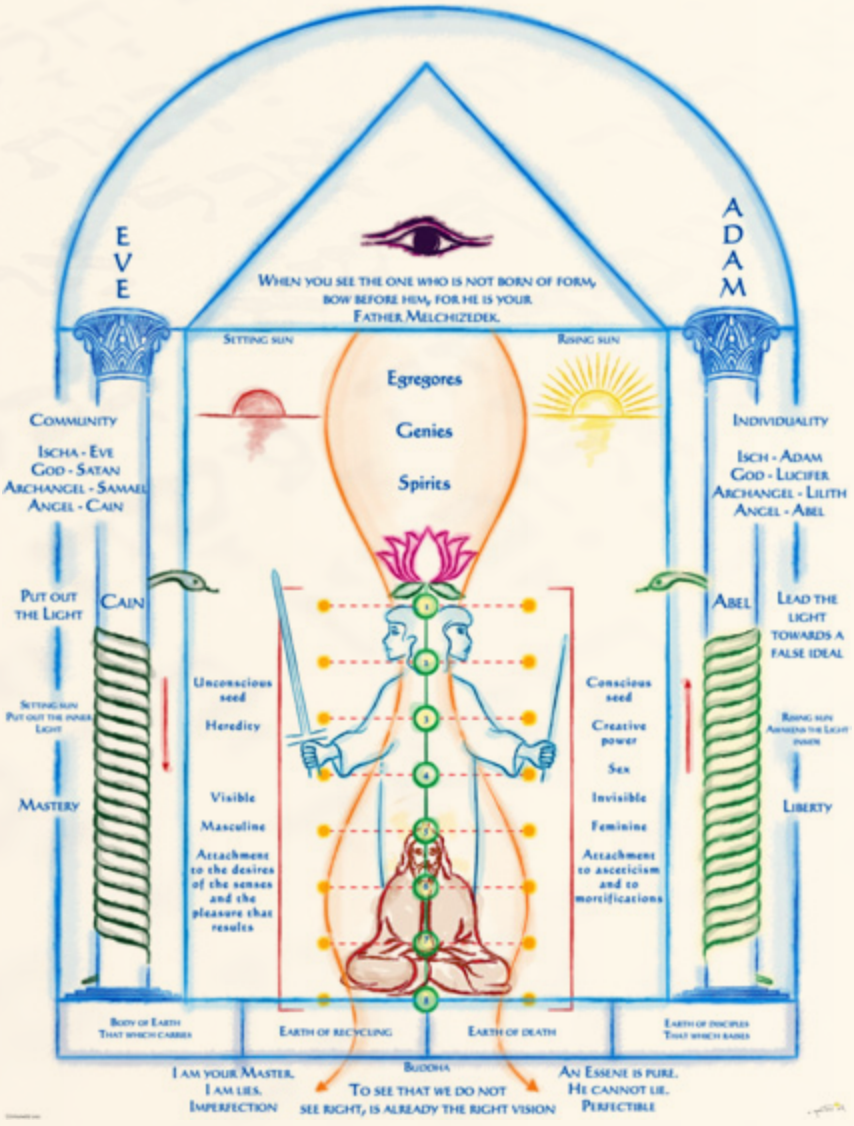
1 - On this subject, see the book *Solve and Coagula*, published by Essenia Publishing.

The *Rebis* of Henry Khunrath



This meditative drawing of the androgyne can balance you and open the path of royalty for you, the path of immortality. Concentrating on this symbol of the androgyne allows you to awaken your subtle centres. This is a universal diagram that contains keys and secrets to meditate on.

Master Your Two Eyes

In his *Letter to My Students* of May 2011,[1] Olivier Manitara laid out this knowledge of the vision of the setting sun, the outer life that leads to death, and the vision of the rising sun, the inner life, the path that leads towards awakening. This latter allows balancing the

1 - Olivier Manitara writes a letter to his students every month in which he develops a teaching. This letter is part of the correspondence courses and can also be bought singly. On this subject, visit the web site www.en.OlivierManitara.org under the tab "Letter to My Students."

outer life by giving it meaning and cultivating the energies that open the doors of immortality.

"All men do not walk on the same earth. It depends on the consciousness and evolutionary degree of each one. We do not all live things in the same way. There are always two ways to see a glass: half full or half empty. It is the same reality but we can see it under different aspects. What appears precious for one has no interest for another. Everything depends on the look, the attention and the training.

There are four earths on which man can be placed.

The first earth is that of the physical body. The body is weak by nature. The Buddha explained how everything is suffering: "Birth is suffering, old age is suffering, disease is suffering, death is suffering, sorrow, pain, sadness and despair are suffering. To be united with what we hate is suffering. To be separated from what we love is suffering. Not to get what we want is suffering . . ." *(Sutra of Setting in Motion the Wheel of Dharma)*

Jesus resumed it more simply: "In the world, you will have to suffer." (John 16:33)

There is no evil in the body; it is simply at the last stage of the fall. The problem is that men have given everything for the body and for the outer life. Archangel Uriel transmits his knowledge to us on this subject: "*The great difficulty for you, the men of this era, it is that you no longer know who you are. You have so much*

wanted to live with the physical, mortal body, take care of it, fulfil all its needs, all its weaknesses by creating a life all around it that in appearance is of a great richness that you have progressively abandoned your inner life and your profound identity.

*By being so formed in this *world of man, you have increasingly lost your freedom. You are unceasingly obliged to abdicate what you are, to pretend, deceive. Then you smother what lives in the deepest part of you and you enter into an outer mould, and gradually you no longer know who thinks in you, who feels and who wants, who is the true being.*

You live in a world cut off from your world and your nature.

Man must be free to praise the Eternal, to go towards the divine world.

You do not need permission to live; this is a lie.

To go towards the world of the Light, towards the big and vast world, to the discovery of yourselves, inside of what is true and pure for all eternity is of course a necessity. But you must never abdicate your lower nature. You must not abandon your lives.

Many men today hide themselves, pretend, do not really say what they think. You must not follow this path. You must be true, you must be yourselves. You must affirm what

you are in the deepest part of you."[1]

The Archangel tells us that we hide our inner life and that we do no longer know who we are, we no longer develop the other aspect of our being. The two poles, inner and outer, are important; it is a balance. Do not abandon anything, you must harmonize life.

Today, the current of the sons of Cain is all around us, it governs and masters everything. We are linked to this current; our foot is placed on the earth of the body. On this earth, everything is given for the life of the body and the outer world: how to improve life, how to heal diseases, how to help the poor . . . Jesus said; "The poor, in fact, you will always have them with you; but me, you will not always have me." (John 12:8) The poor are the sons of Cain, those who only have the body, who do not have the soul, which is wealth.

The great problem of our life is the gap between what we live inside and what we live outside. We dream our lives, but usually, this does not unfold at all how we have imagined and we want the whole world. We are never independent, androgyne. By the meditative drawing of the androgyne, you can understand the circulation of energies: it is by passing through the inside that it is possible to master the outside.

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1 - Excerpt from Psalm 133 of Archangel Uriel, Essene Gospel, volume 24, *Androgyny*.

The Visions of the Setting Sun and the Rising Sun

Since you have two eyes, you also have two natures, two earths, two worlds. One leads you towards the setting sun, where everything eventually is extinguished. The other leads you towards the rising sun, where everything is an eternal beginning, a blossoming passing from one world to another.

Archangel Uriel speaks to us about these two worlds: *"There is a fundamental key that man must know. Man carries 2 worlds in him, he has a double nature. On one side, there is the divine world, perfect, which is inside every man, the hidden in him. No man can be outside of this divine world. But there is also the other side, the outer world, imperfect, which is to be born, in becoming and that must be worked as a raw material. Man must lean on this imperfect world to manifest the perfection that he carries in the deepest part of himself.*

Man is double, he is composed of a double nature. There is a heritage in him, a filiation of the divine world, but there is also a heritage and a filiation of a world that must be worked on so that the work of the Light can appear.

It is for man to bear the task of giving birth to the Light in this world where darkness, chaos and nothingness reign. For this, he must be born to the Light that is in him. Then

he can give birth to the Light in the other side of himself."[1]

The left eye, the one that looks at the setting sun, puts out the light. It only looks and lights up the outside, only the appearances, and it puts out and steals everything that is on the inside. It ensures that the outside is brilliant, powerful, but on the inside there is nothing, nothingness.

The man who has developed this vision is unconscious and passive. He looks at the world, but inside him, nothing is awake. He carries seeds, heredity, concepts inside him and they direct his life and determine his vision without him being really aware of it. If you always look at what is dark, what is pessimistic, what destroys, you have awakened the vision of the setting sun. The conclusion of this vision is the earth of *recycling, the second earth.

The right eye is the vision of the rising sun. The man is conscious and acting, creative, active. He knows that he carries seeds inside him but he tries to put new ones to direct his life. The man who has awakened his vision of the rising sun inside him is a dynamic, optimistic being who always sees the good side of things, who wants to bring an impetus.

He who looks with this inner eye sees the rising sun, that is, everything that brings fruitfulness. This

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1 - Excerpt from Psalm 144 of Archangel Uriel, Essene Gospel, volume 24, *Androgyny*.

vision seeks to show the inside, to give a soul to all things. The spiritualists, for example, are going to try to develop positives virtues, everything that can ennoble and makes things better.

Through the vision of the rising sun, you prepare yourself to live a greater life, a life beyond the physical body. You do not stop at appearances; on the contrary, you try to see what there is behind, and you see a much bigger world.

This vision, if it is not really worked, leads to the earth of death, the third earth. The earth of death is different from the one of recycling. There is a life after death, and in it, you continue to exist in what you have brought into the world. However, since it is not balanced, after a while it is extinguished and another form of recycling appears: a rebirth.

Above these two eyes, is the *eye of the *Master, the Teaching, the *Tradition that opens the path of the Gods and of perfect discernment. In this way, you can put both of your legs on the earth and walk knowing exactly where you are going and what you must do in each world in you and around you. Nothing is negative in the world if you know how to put each thing in its place, but everything becomes negative if it is mixed up, confused and *usurped.

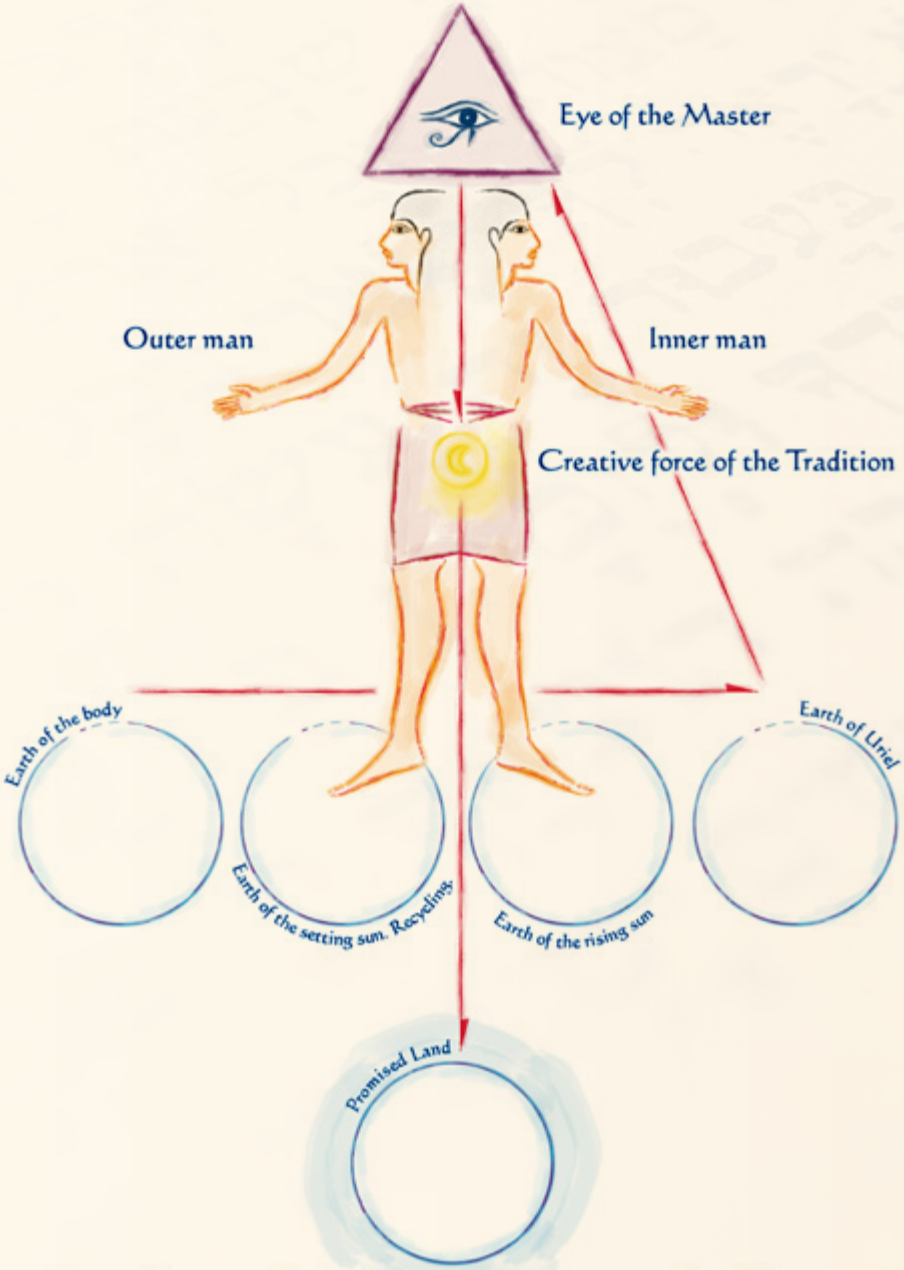
The Earth of the Disciples

The fourth earth, the Earth of the disciples or *Earth of Uriel, is the one where you really start to wake up and to be on a path. The disciple rises towards the Master - and even higher after a time. In perfection, the energy circulates from the earth of the body towards the Earth of Uriel, then it rises to the eye of the Master and goes down again.

If you want to accomplish a work in the outer world, you must first master it, that is, make it go up, understand it perfectly, before bringing it down through your intelligence, your thought, your heart, your will and above all through the central door, that is, the sex.

Everything must pass through the sex, because it is the creative energy. Through it we transmit the forces of realization, and that is why it must be pure. When a Master speaks, he does not speak with his eye or his mouth but with his sex: his word is creative, it is alive and acting. The Master speaks of what he knows, and he speaks to fecundate, to light up the world and to bring life and generation, the Tradition. In his words, there is the spermatic light, fecundation, because they are the seeds that touch the earth; they have the power of truth.

You have to go up towards the eye of the Master, receive the seed, and come back down again.



The energy of the intelligence and of sex in mastery and creativity.

The Eye of the Master

In the middle of the two heads of the androgyne is the eye of the Master, from where the water of the Teaching flows. This water is the very principle of vision in all the worlds. The eye is in the middle of the worlds. It is between sunrise and sunset, between morning and night, between the night and the morning. It is the place or the moment of awakening, where the body is no longer the centre and does not consume any more energy.

When the eye is awake in purity, it touches the centre of the sex, which allows fecundation of the worlds and mastery of life through the use of creative energy. In this way the seed of Light can be put in the earth and receive all the elements to develop itself and enter into the becoming of the worlds.

If you only feed yourself from the outer side of life, where the body monopolizes all the energy, you gradually lose everything as you get older.

If you awaken the other side, that of the rising sun, your body will age but you will grow in wisdom, love and experience.

Life is a balance between these two sides that constantly confront and reconcile each other. If you put them at the service of the Teaching, the inner link appears and you can become a creator and enter into

the higher worlds of eternity by making a yourself a *body. For this, you must be awake and master your two eyes.

There is always a side that will be unhappy and another that will try to save its life, but above everything is the eye of the Master, the sacred Teaching, which must be approached in purity, impersonality and the mastery of the body and the two eyes, the two worlds of the rising sun and the setting sun.

If you do not master these two worlds, you cannot awaken to the higher soul and become a creator on earth. You will always be in illusions, taking them for reality, for what is essential and what should guide your life, your thoughts, your acts. You will be diverted from the eye of the Master, from his words, from his teaching, from his body, from the work to be accomplished. It is very easy to transform the Teaching into sterile works with the right eye, or in evil and violence against others with the left eye.

To study the Teaching is to truly eat the body of the Light. The Teaching is the manifestation of God on earth. That is why right study leads naturally to devotion and action. The Teaching is the Tree of Life and each one of us must be linked to a branch. In this way we are connected and we can taste the fruit or the sap of the tree. It is the inner link; if it is pure, the inner man, the *man-Angel grows and becomes capable of mastering the mortal body and putting it

in its right place.

Each one of us must liberate himself inside as well as outside in order to be able to carry the eye of the Teaching in his life. Then we live with the Light and we carry out its commandments in love and the joy of being justified, of being righteous and worthy.

Great energy is needed to enter into the earth of the rising sun and even more to receive the eye of the Master and to become a carrier of the Tradition down to the creative energy of the sex.

In sex, do not only see sex but the creative energy that concerns daily life. The body is always there to monopolize the energy when it awakens. It always wants everything for itself. If it is not the body, then it is the inner life that is under the grip of the setting sun and recycling. If you want to be an Essene student, you must learn to get out of these two worlds and enter into the territory of the rising sun and of the Earth of Light.

Passing from the outer man to the inner man, rising towards a higher vision, impersonally and purely entering into the community in order to be true in your actions is a whole work on oneself. The secret is that you have to awaken a concrete inner life in yourself.

First of all, purity must be looked for on the inside. Then it goes on the outside. This is why we must not judge a being on his outer aspect without knowing

the inside. The outside can be perfect in appearance while the inside is rotten, decomposing. The inside is always more important, because it is the future.

Go Towards Matter or Towards Spirit

On one side, there is the pole of spirit, the divine world, and on the other, the pole of matter, which we can call the world of the fall.

The more you go towards matter, which exerts an attraction, the more you become dense and coarse, more you are engulfed and you cannot get out any more. The more you move away from the source, the more it degenerates. And at the end, a saying like "God is love" becomes terrible because in the name of the God of Love, we act completely opposite.

The more you go towards spirit, that is, the origin, what brings the Light, the Masters, the Tradition, the more you sublimate. Spirit is sublimated matter. The more you approach yourself, that is, your true Being, in a polarity no longer horizontal but vertical, where your body is the woman and your spirit is the man, the more you become a creator, androgyne. You bring works into the world and these speak for you.

You open doors because you become an alchemist, a transformer of energies. You are awakened and you are on the central path. You become everything that Uriel loves: a magus, a being that on one side reveals

and protects with the sword and with the other brandishes the wand so he may unite with a higher world.

If you rise upward, you enter wisdom and understand secrets. Then you must make yourself a body with what you have seen is right vision of the Buddha.[1] Then you come back down and you individualize yourself in Uriel. You create works that you nourish inside you as well as on the outside. You bring abundance and power because you create the balance of the worlds.

This is alchemy, transformation by densification. This is the royal path of autonomy. Uriel teaches us: *"'Autonomy' does not mean to be isolated, but to have the creative power of the Light that allows carrying out works for the good of the whole, of the community.*

Do not cultivate the illusion that you will go into a better world, even the one that you carry in your head or in your heart. What you carry in you is designed to be lived in the body and to take body; in this way and only in this way, you can make it enter into greatness. If it has not been lived in the reality of the body, it means that it has not touched the earth; therefore it cannot live. Only what touches the earth and sows it with a living seed can enter into life."[2]

Then you become a creator, an androgyne, a chalice, because your body is an instrument of a higher world and you make the Earth of Uriel appear under

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1 - On this subject, see the book *The Path of Enlightenment.*

2 - Excerpt from Psalm 134 of Archangel Uriel, Essene Gospel, and volume 24 *Androgyny*.

your feet: "That which is above is like that which is below."[1]

We must harmonize ourselves with the higher laws, then bring down strength and intelligence to the sex, which is the treasure of Light: fecundation, the seed, life and the pure Tradition. Then the *Angels and the divine worlds can come down and everything is balanced.

1 - Reference to the words of the arcana of Hermes,* in the *Emerald Tablet*: "It is true without lying, certain and most true. That which is below is like that which is above and that which is above is like that which is below to do the miracles of the only thing."

Individualize Yourself Among the Community

In his previous conferences, Olivier Manitara had taught that the masculine column was that of individuality while the feminine column was that of community. In his *Letter to My Students* of June 2011, he developed these two principles, which are the keys of inner and outer harmony.

"Originally, Isch is the flame, the individuality, and Ischa is the light around the flame, the community. Individuality is a masculine principle, the community is a feminine principle, and there is a com-

pulsory interaction between the two. You should be an awakened individuality, responsible and creative, then you should open up to others and learn to be in harmony.

To be an individuality is to find your place, your ray. To be in harmony, it is to radiate what we are for the good of all.

We are always born among a community that is carrier of a tradition. Without community and tradition, we cannot live. The community gives the body and the tradition transmits the spirit. The life of a man is too ephemeral for him to achieve great experiences, that is why the tradition is there; almost everything he receives comes from it.

Man grows and awakens in the middle of the community and the tradition and becomes a creative individuality which in turn makes the community live and transmits the tradition. You must be conscious of this subtle process of individualization and of life in the community for many keys that govern destiny are hidden in it.

On the subject of individuality and the community, Archangel Uriel teaches us: *"Man is an individuality that carries the community in it, which itself is made of individualities. Each individuality is unique and yet all of them resemble each other and are part of the whole, share the same life. All these individualities eat, breathe, think,*

wash themselves, and carry out daily rites that associate them between themselves to form a collective being in which each one remains individually more or less conscious.

Wake up to this truth and do not let yourselves be influenced by the hidden intelligence that seeks to isolate you, to confine you. It educates you by making you believe that you are perfectly capable of living by yourselves and carrying out works without the presence and the assistance of the community, but this a false idea that denatures man. This idea wants to make him believe that by becoming strong he will get everything that he wants in life. It teaches him that to reach this goal, he must fight and become the one who wins by raising himself above the others, by crushing them and by triumphing over all fears to achieve his purposes.

You, you must take and glorify the path that allows the individuality to awaken and fulfil itself in the heart of a living community to take care of the Common Good."[1]

One must individualize himself, it is a necessity, but it must be done among a sacred tradition that opens the doors to a universal communion. It is in universality that the true *religion of Light hides. In the education of man is true humanitarian action. In the awakening and love of the wisdom of the earth is authentic ecology.

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1 - Excerpt from Psalm 148 of Archangel Uriel, Essene Gospel, and volume 24, *Androgyny*.

Expand the Circle to Universality

The universe is a living community, visible and invisible. Humanity is a living community, visible and invisible. The earth is a living community, visible and invisible. You, you stand in the middle of these three communities that form only one. You are born from them, and it is in them that you must awaken, find your place and act to carry the Tradition of the Light.

Happiness is to be in harmony, to live and act according to what we believe to be just and true. We must start around ourselves and expand the circle to universality. The essential is to be active for what is true and good. We must start small and progressively increase the circle until we reach the religion of the Light, meaning, the life for the All, universality.

We must accomplish the work of healing and renew the relations with our environment and the subtlety of the worlds that live in us and around us. If we do not do so, if we do not unite to make a new way to be together appear, we are condemned to be confined in a fixed world that can no longer evolve at all. It has already started and it is only the beginning of something that will not stop getting bigger if nothing is done to change the course of events.

There will be two worlds. In one of them, we will

know how to live in the community without making others carry the weight of our individual life. Each one will have his place, his name,[1] his individual and collective mission. The Common Good will be the sacred, vital, obvious and necessary goal but it will not prevent each individual from fulfilling himself in his individual ray.

On the other path, everyone will try to save their lives, whatever it costs. They will believe themselves free but they will be slaves, totally enslaved and led towards worlds that they will not have chosen for themselves.

Be together, that is what is asked of us, but be together as creative individualities, each one in his ray, each one in his place for an overall work. The stones, the plants, the animals, the *Mother must be part of this ensemble, of this team spirit. This nuance is important for men always think "ensemble," but among themselves.

It is true that at the beginning, a core must always be formed, but it must expand until it touches universality and acts for the Common Good. "Common Good" signifies God, the Father, the *Great House, the All. The creative energy should not be blocked or deviated, otherwise *disease, evil, the negative side ap-

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1 - See "Name from the Mother" in the glossary.

pears. There is no longer harmony, Common Good, work in cosmic unison; it is disharmony that reigns.

Transformation of the Energies in Man

Today, each one of us is in a community, in a universe, in an environment that is carrier of a tradition. A tradition is the soul and the intelligence of life. Our environment is filled with soul and intelligence, magic and we should see it. It is a process of awakening and individualization. We must lead the raw material of this environment towards the great universal religion of the Light.

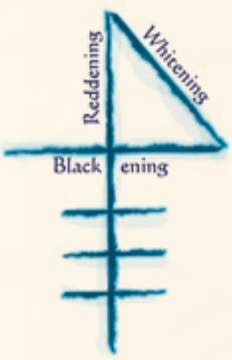
This alchemic work was represented in the Middle Age by this hieroglyph.

It is the number four formed backwards. In Atlantis, we called this hieroglyph "Agla," which was one of the Names of God. It was the acronym of Uriel, who represented the Father and the Mother, the union of the worlds in all the worlds, the sex, the forces that generate the creation of the worlds, the horizontal creativity and the

divine creativity, the mysteries of the cross.

This hieroglyph represents the three phases of the transformation of the energies in man. Black is the preparation; white, purification; and red, action. It is the circulation of energies that brings the philosopher's stone, the transformation of energies to manage to bring forth a work on earth.

Man is born into a community and into a tradition: this is whitening. He acts in the community through his individuality. In his turn he becomes a carrier of the tradition.



The three horizontal bars symbolize the worlds in which the individualized man acts. Man comes from the earth; he rises to human through individualization and he attains universality.

Universality represents the religion of the Light

which makes it possible to carry the true Tradition on earth. When a man touches this awakening, he can accomplish the divine work on earth and make gold appear, perfection. Around him a community of Light is created, a sacred, pure and living religion.

What is above, universality, must be like what is below, earthly, for the marvel of the harmonious union of the worlds, for the Covenant."[1]

Work for the Good of All

The Covenant is the very foundation of the authentic religion. It is sealed between God, a man, humanity and the earth. Of course, this process must be conscious and mastered, for today, naturally, the

1 - See the glossary. Reference to the first words of the arcana of Hermes in the *Emerald Tablet*: "It is true without lying, certain and most true, that which is below is like that which is above and that which is above is like that which is below to do the miracles of the only thing."

process is unconscious and man is dispossessed of his royalty.

This diagram teaches us that man has come to bless, to deliver beings from slavery, to free them and fulfill them, to celebrate the great reconciliation and the work of love.

Unfortunately, man is often usurped in his individuality and in his tradition and he becomes an agent of unconsciousness and of what confines in darkness. That is why the *Essene Nation is precious: it is the bark of Light that allows us to cross this obstacle and reach the other shore, where humanity can become Light and implement wisdom.

For this, each one must find his place and his creativity within the structure; each one individualizes himself and at his level learns to become a free, responsible and conscious creator happily working for the good of the whole and above all for the victory of the divine world.

This divine world must not be abstract for you, it must be concrete through the understanding of this magical hieroglyph, which represents the circulation of the creative energy in man and the secret of the philosopher's stone, the alchemic path that opens the doors of immortality and transforms everything into gold.

Harmonize the Earth and the Seed

You must awaken in your ray, individuality, I-Am, but you must also awaken to universality through your environment and community. In this way you will find your place.

The Father of the earth has transmitted his wisdom on this subject: *"Awaken the ray of the individuality that unites the heaven and the earth. Live for the collectivity. The individuality will unite you to a higher intelligence.*

The love of the community will allow you to enter into a more subtle consciousness of your soul environment.

Do not seek to impose a work in an environment that does not correspond to it.

The earth and the seed must be in harmony so that the harvest and the life are happy.

You must simultaneously and consciously work these 2 aspects: the ray of your eternal individuality and the community for they constitute your heaven and your earth. By uniting these 2 principles in you and in your life, you will be creators of harmony and peace.

Do not be catch-all closets in which all the unnecessary odds and ends of a world without consistence are piled up pell-mell.

It is not because life is bigger than you that you will be plunged into the world of death. No, accept this idea and

appreciate life in you and around you without wanting to enclose it in a world.

Be a servant of life. Observe life in your environment and find your balance in front of the wisdom of the Mother. Awaken your ray in order to bring the additional note, the one that brings harmony, which will be able to weave a bond uniting the worlds.

Intelligence unifies the worlds but never separates them or monopolizes them to confine them.

You do not need to exist in appearances of the eyes of others since life comes from a higher world. Find this bond and individualize yourself in a way that your soul is unified to your being and your body is in balance and in harmony with your environment."[1]

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1 - Excerpt from Psalm 131 of Archangel Uriel, Essene Gospel, and volume 24, *Androgyny*.

Heal
the Creative Energy of Sex

During the celebration of Uriel, Olivier Manitara presented knowledge on the subject of these two energies, masculine and feminine, which can allow us to become creators on earth and take charge our lives to bring works into the world. It is a holy knowledge, which is that of the energy of sex and the creative force.

"Archangel Uriel is awakening, individuality, royalty. Very few men have approached him because he

really is the divine world in power, in reality. Uriel is the creative force, realization, condensation, what appears; he is truth, the concrete. To speak without a veil, Uriel is sex. That is why he was excommunicated by the Catholic Church: sex scared them, just like reality, and they preferred to flee into a world of illusions and dreams.

Sex is life. Everything is sex, everything is communion, and everything is creativity. We must not limit sex to the sexual organs. Sex is the totality of exchanges and of the creative life; it is the creative energy of love, that is, money, which in reality is the materialization of this energy of sex.[1] "Sex" means "earth" and "seed." When you have the earth and the seed, you have everything.

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1 - During the lectures at the celebration of Archangel Uriel, Olivier Manitara gave a new dimension to money. He revealed the origin and the true nature of money as being the creative energy of love which in nature makes all fruits appear, everything that brings abundance, wealth and prosperity to humanity. Man must study this energy of love and make it his own in order to give birth in his turn to delicious fruits for all the worlds through works that reveal the beauty and the greatness of the divine world. Then, another vision of money can progressively enter into the world of men and heal this seal which, instead of liberating humanity and the earth, has chained and enslaved it because of man's greed. That is why the divine world, in its Alliance of Light with the Essene Nation, has asked the Essenes to place and heal the seal of Money in the will of Uriel. The work to place and heal the *fours Seals of the divine world is primordial for our era.

Another Vision of Sex

Master Jesus offered his disciples bread and *grape juice and he said: "Eat and drink, this is my body and my blood."[1] Grapes and bread are the two principles of the masculine and the feminine. Look at the grape: its seed is in the form of the masculine sex, while the grain of wheat represents the feminine sex. It is the Eucharist, the union of the sexes in the Holy Spirit, that is, in the Spirit of love, in the Light, dignity, beauty, to bring the children of the Light into the world.

We are creators. We are beings that can be fecundated and can fecundate; with this bread and this grape juice, with this masculine and feminine sex. We are traditions: we came from a past and we are going towards a future, and we are filled with influences and seeds through which we ceaselessly give birth to a world.

Only our eye has not really entered into the division of the sexes. We are gendered in the sex but not

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1 - "Now as they were eating, Jesus took bread, and when he had said the blessing he broke it and gave it to the disciples. 'Take it and eat,' he said, 'this is my body.' Then he took a cup, and when he had given thanks he handed it to them saying, 'Drink from this, all of you, for this is my blood, the blood of the Covenant, poured out for many for the forgiveness of sins. From now on, I tell you, I shall never again drink wine until the day I drink the new wine with you in the kingdom of my Father." (Matthew 26:26-29)

in the eyes. By looking only at your eye, we cannot know if you are a man or a woman. We say that the eye is the reflection of the soul because the soul has no sex, it is not in the duality.

The eye in itself is a sex because in the eye you receive seeds and you give seeds. Through the eye, you fecund and you are fecundated. It is a door between the inside and the outside, the same as the mouth. The mouth is an androgynous sex, with the lips, the feminine sex and the tongue inside, the masculine sex. Together they create speech: a world appears.

We are therefore creators with our eyes and our mouth at the same time. But when we go to the sex lower down, we are divided: we have a masculine sex or a feminine sex. It is then only through reunification that we can become creators.

To get out of this division, we must once again become a unified androgynous being, that is, by concentrating on this energy of the Kundalini in the centre of the spinal column. You must achieve the union of the two poles, not only in the horizontality of the cross, but also in the verticality, that is, in the path ascending all the stages until you enter into the eye that lights up your whole head.

Then everything in your life becomes clear because you become an active, living, acting being, a creator. You take your life in hand, you become independent and autonomous. You become individualized within

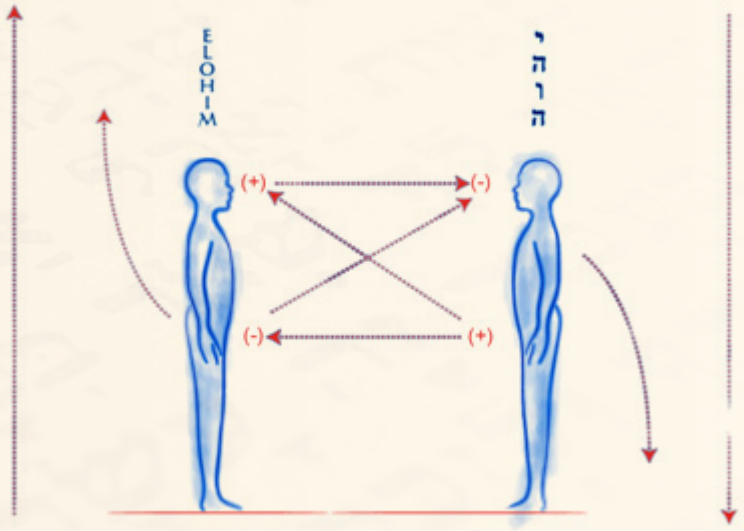
a community. You have the sex in your eyes, in your heart, in your hands, in your feet.

When you walk, you give seeds, you carry a world. Your feet are a message; one who walks behind you will be in your tracks, in your aura, in what you will have created. If you create beautiful works, he will have beautiful works to carry out, because we are in a community where everything is alive and where everything circulates.

The Circulation of Energies Between Man and Woman

Man and woman are connected. Man had the mission of maintaining the connection with God, and woman had to help man to go towards God because then he gave good seed, on which she was dependant. We need the true seed of the Light, that is, the Tradition of the Light, a heaven above our heads and a fertile earth.

Man and woman each have a specific role. Adam was carrier of the Tradition, of Ieve, the Name of God of four letters, while Eve was carrier of the Elohim. Eve took care of the home, that is, the earth, the Gods in the trees, in the flowers; she put order and beauty in the outer life while Adam took care of the



inner life and the *Mysteries.

In man, the creative energy goes down from the brain to the sex. It is positive in the sex and negative in the head. Woman is negative in the sex and positive in the head. This is the law of attraction of magnets. This is the great universal law that governs all the worlds, the law of Uriel: the circulation of creative energies.

There is a circulation of energies between man and woman and if man no longer has the light in his head, woman can no longer have access to the divine world. From the degeneration of the masculine aspect and of the loss of the union with the Tradition came the degeneration of all society.

Men have done a lot of stupid things because they

did not know the laws of these exchanges. The religious leaders who should have carried these teachings have not transmitted them to us because they have lost the keys, wanting to hide and keep everything for themselves.

They have misinterpreted the words of *Saint John: "Whosoever is born of God does not commit sin because his seed remains in him." (1 John 3:9) They believed that the secret of purity resided in abandoning a part of their being. Water is pure because it is water: to be pure is to be yourself. When you are pure, you remain yourself in everything that you do and your seed remains in you because you remain the true Being that you eternally are. Therefore you are born of God because you are true.

The clergy corrupted this teaching by building simplistic theories. The "seed that remains in you" is above all a gift: if you are no longer afraid because you are truly you, no one can touch you or transform you, and you can give yourself to all beings in love and sharing for you are free from fear. You know who you are.

If you know who you are, you are born of God: everything that you do is pure and you can no longer be caught because you are permanently flowing and that, rightly, you do not keep your seed but you spread it around. In this way you increase life and beauty in all beings, for God is generous, God gives freely in all

the worlds. Above all, he does not block energy. On the contrary, he makes it circulate from one being to another so that it grows and renews itself permanently. When you give, in reality you receive. But if you do not give, you explode because you accumulate; you finish by reaching your limits, and it is death.

If you want to go towards life, you must go towards greatness, not towards smallness. But the Usurper is always there, between us and life, which prevents us from calling the Holy Spirit, the Light, the forces that circulate. He is always there to block, to catch and lead everything towards rot and decomposition and makes it so you are also a being who rots.

What is terrible is to pass through this world putting everything into this body that we will lose. If you did not create the other body, if you did not reach the other pole, that is, the seed, and the other sex that creates life, that is, the pure eye, then everything is closed for you.

These are the states that we must reach, and it is not enough to have good intentions: hell is paved with good intentions. We must have knowledge and intelligence, we must be pure and true, otherwise even with good intentions, we destroy everything, because we do whatever. Nothing can replace knowledge. Thinking that it is enough to have faith and good intentions to be saved, as the religions have claimed, is a utopia that has destroyed and soiled everything. We must

learn first and we must wake up.

This circulation of forces and energies is Archangel Uriel. He is this force that is the universal sex, this creative energy that makes everything alive and acting, that we are creators through our speech and our look, and that we must find our true Being again in order to live in the Light.

How Man is Unwittingly Fecundated

Everything is seed and fecundation. The billboard that you see outside also exists in an invisible and subtle world; it is the *egregore of business. You, you pass by and you look at it, even unconsciously, it has entered in through your eye, it has caught you.

Moreover, the more unconscious you are, the better it works. That is why companies pay without counting for advertising space where your eye is going to look: they know that they fecundate the women that we are and that afterwards, we belong to them because we carry their seed. And these beings who lead the planet and decide for us how we will live, what we will like, what we will eat . . . this is sex. We are their wives and they are our husbands.

It is enough to destroy your whole life if you let bad seed into the field. How can you protect yourself

if you are unconscious, if you think that it is you who thinks and wants? When you will wake up, you will realize that there are worlds around you that think and want through you.

If they see a single flaw in you, if they see that they can take, then they take and they degrade. On the other hand, if you are armed, if you have all the seals, they do not try to enter in. You must be protected, well educated, humble, respectful, with clear thoughts. By affinity some thoughts attract certain beings, behind which are worlds. These are the laws of sex, which you must know.

Uriel tells us: "Be autonomous, be independent, be androgynes inside of you." It is an art of living, the art of being a free creator.

Balance the Body and Spirit

The path of Uriel is a sacred and noble path, it is the path of beauty, of celebration, of profusion. The religious did not want it because it was music, dance, joy, love, the Holy Spirit among us, in purity and knowledge. We must be aware of what circulates among us: is it the Holy Spirit, the good seed, or is it the Usurper, he who always brings lies, discord, conflict and separation?

Sex creates and is creator in many worlds. We must give this creative energy a way out: we must give birth. But we must be conscious, awakened, so that what we give birth to is in the good tradition.

In this way, in the path of balance, of the androgyne, there is the tradition of the sons of Cain, that of the sons of Abel and, in the middle, the Tradition of the sons of Enoch, those who are creators in the Light and who want to balance the two sides, science and religion, bread and grapes, body and spirit, to reveal the third one, the Mystery of Mysteries . . .

"If the body is born of God, it is a wonder, but if God is born of the body, then this is the wonder of all wonders."[1] It is up to you to make this wonder appear on earth.

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1 - Apocryphal Gospel of Thomas, logion 29.

"Right concentration asks to develop the intelligence that makes you one with a being, that you know him. Knowledge is to be born to yourself, it is rebirth."

Awaken Consciousness Through Concentration

To balance the two worlds of the body and the spirit, to enter the middle path, we must awaken our consciousness, and this is accomplished through right concentration. This is the subject that the Essene Master broached the first day of the Essene Initiations before more than a hundred participants in the Initiations of the *Four Bodies and the *Five Senses.

"Buddha offered the sacred teaching of the middle path to the world, which is the noble eightfold path,

that is, the eight degrees through which man must rise: right concentration, right consciousness, right effort, right livelihood, right action, right speech, right thought and right vision.[1]

Right concentration is the world of the earth, down below. From right concentration all the way to right thought is the *world of water.

Above is the eye, right vision, the Nenuphar (water lily).[2] Then man enters into the world of air, then into the world of fire. He enters into universality, into the eternal, into omnipresence, where there is no separation.

Be to Know

Right concentration asks to develop the intelligence that makes you one with a being, that you know him. Knowledge is to be born to yourself, it is rebirth.

The first concentration is intellectual, at the level of thought. It consists of concentrating; for example, on the Angel of Love, in order to have the intellectual awareness of what he is.

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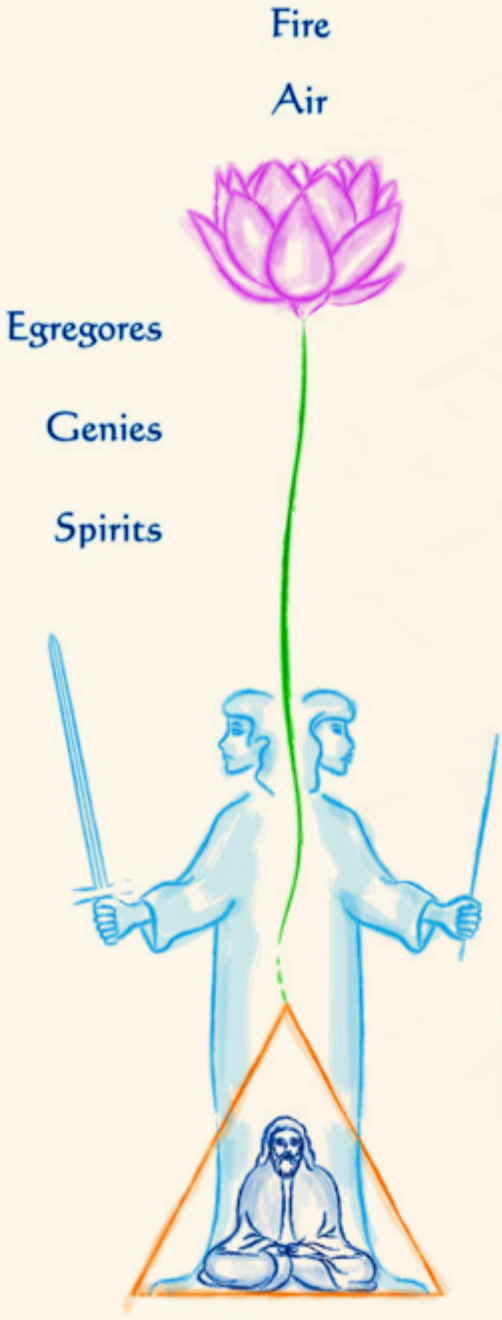
1 - On this subject consult the book, *The Path of Enlightenment.*

2 - For a more in depth teaching on the Nenuphar, see *The Secret Book of the Essene Magi*, published by Essenia Publishing.



Vision	Name
Thought	Kingdom
Speech	Will
Action	Earth/Heaven
Means	Bread
Effort	Offence
Consciousness	Temptation
Thought	
Feeling	
Concentration	

The second concentration is sensory. You start to develop your senses; you try to feel what love would feel like. To tame something, to know it, you must first use the sense of touch. By touching you transmit your soul, your energy.

There is the thing, the thing you want to know and that you do not know, and you: you are separated. Then, you establish a bond, you awaken your consciousness, your senses, a higher knowledge. At the end, we can no longer separate you. This is perfect concentration.

You cannot be a tree with your body. On the other hand, you can with your consciousness. If you want to know love, you must be love. You cannot know what you are not. If you want to know the sun, you must be the sun; you must think, feel, and live like the sun, then you will be the sun. If you act like the sun, you are the seed of the sun; you are the son or the daughter of the sun.

The ultimate is to be God. If you act, if you feel, if you think like God, you are God, that is, you are no longer imprisoned and separated, but you are at the same time in a universal being through your consciousness and you manifest the Divine through your body; it is the perfection of life on earth.

Manifest the Divine in your Body

To understand what is the tree in you and what it is in nature, you must rise up to the God of the Tree. Only then can you understand what there is behind this tree and what the divine world wanted to write when it created this tree; you understand which world the tree represents in you and its place in the great All. You are no longer emotional, reactive, but in true intelligence, in awakened consciousness, in the awakening of all the worlds. Then you become a true human being, educated and trained.

In our days, there is no longer any path because no one educates and trains in the true knowledge that makes that men become Gods on earth. What is a God? It is a being who is responsible for what he does, does it well, according to all the laws, and who brings the kingdom of the spirit into matter.

Matter is a fall. Everything that we see has been imprisoned. Man is the only creature on this earth capable of liberating all beings . . . or confining them for eternity. Our task, the humans, who are standing on the fourth step of Initiation,[1] those of right livelihood, that is, the bread of wisdom for all beings, is precisely to bring this wisdom towards the animals,

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1 - Minerals are on the first step, plants on the second, animals on the third, and men, if everything was perfect, would be on the fourth step. Also see "Initiation" in the glossary.

the plants and the minerals, to go into the higher worlds and to cross through the *spirits, the *genies and the egregores.

Only one who is in meditation, concentration, who looks at things, weights them up, balances them, will see the middle path, and will see that the only way out is to go towards the divine world.

Buddha and Jesus, the Same Teaching

In his noble eightfold path, the Buddha put concentration first because he wanted to awaken consciousness. Then he went up all the stages to arrive at vision.

Master Jesus spoke of this noble eightfold path in the form of his prayer of the Our Father. He said:

"Hallowed be the Name,"
this is right vision,

"Thy kingdom come,"
right thought,

"Thy will be done,"
right speech,

"On earth as it is in heaven,"
right action,

"Give us our daily bread,"
right livelihood,

"Forgive us our trespasses,"
right effort,

"Lead us not into temptation,"
right consciousness,

"Deliver us from evil,"
right concentration.

Behind this teaching, there are centuries of assiduous training of beings, like the Buddha or Jesus, who did everything to bring this light, to light up the world, to balance men, to give intelligence and meaning to life on earth.

The words of the Buddha and those of Jesus are the same words, it is the same teaching. There is only one truth behind all the words of the Sent Ones because there is only one Divinity, only one purity. All these beings spoke of only one path. Each Son of God brought a piece of this puzzle. It is by assembling all

the pieces that you will see that each one had a part in an overall vision.

The Path of Consciousness

The whole path of being, the visible to the invisible, must be mastered by consciousness: consciousness of the body, consciousness of the will, consciousness of the senses, consciousness of the thoughts, consciousness of the higher consciousness, and consciousness of the destiny. One must go back up all the stages of the path.

You create the world; you are your own ancestor. The life that you live today, you wrote yesterday, and what you will live tomorrow is being written now by your acts. You must learn to think this way to enter on the path of balance.

If you were trained in the fall, that is, in imbalance, you become unconscious. If you are unconscious, you do not know who speaks in you, who thinks in you . . . There is a being who incites us to want to live only for the body, without looking at what there is behind us, in the invisible, and who keeps us unbalanced in this way.

If we no longer see this other invisible world, we live without our soul. How can we know that we are

living without our soul? Because we no longer bring a soul into objects, into forms, into symbols, into the *writings. We must bring a soul into things, into beings, to balance everything.

Symbols, geometric forms, numbers have a soul, which we can discover through geometry, sacred mathematics, revitalized by the Essene Master through the eye of the Tradition.

"Thought is like earth, an earth that is raised up in man,
and it is as fertile as the earth under your feet."

Develop Thought Through Living Mathematics

By his concentration on the great laws of life, such as mathematics, the initiate can develop and structure his thought. These sacred laws have the power to reconnect us with a higher world and give us mastery. To open a path of higher awareness for his students, Olivier Manitara developed an unpublished teaching on living mathematics and sacred geometry.

Archangel Uriel is the transformation of what is dark, of the brute primal matter into subtlety and beauty. He "reveals," he is the Father of the visible

world, and he leads everything towards sublimation and towards an ascension. With him, everything becomes concrete and real.

There is no other God than the Mother. Of course, there is the Father, but like Master Jesus has said: "No one has ever seen God" (John 1:18) To *Moses who asked to see him, God answered: "You cannot see me, I will pass and you will see my shadow."[1]

We must not seek God in abstractions: this is a trap. We must seek the divine world in what is. When Moses asked God "What is your name?" God answered: "I am the one who is;"[2] I am what is, I am not what is not. What is not, is God in your head, all your beliefs. We must walk towards the path of what is, the path of awakening.

Awakening consists of sublimating matter and leading what is coarse towards the highest; this is the art of the true alchemists, who are the sons of Uriel. Uriel is a divine creator. That is why he teaches order and perfection, the laws of balance.

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1 - "Then Yahweh said: "Here is a place near me. You will stand on the rock, and when my glory passes by, I shall put you in a cleft of the rock and shield you with my hand until I have gone past. Then, I shall take my hand away and you will see my back; but my face will not be seen." (Exodus 33:21-23)

2 - Moses then said to God: 'Look, if I go to the Israelites and say to them, "The God of your ancestors has sent me to you," and they say to me, "What is his name?" what am I to tell them?' God said to Moses: "I am he who is." (Exodus 3:13-14)

To arrive at an understanding of such a teaching, you must refine your senses. For this, you must learn to concentrate on the right things. However, the first concentration is to develop an intellectual knowledge and the thought in man.

Thought is like earth, an earth that is raised up in man, and it is as fertile as the earth under your feet. If you abandon this earth, anything will come take root in it and grow, and it will suffocate you. You will no longer be able to go towards what is higher because you will be closed in a world. As Archangel Uriel said: "*Man is like a great and majestic tree on the earth. He is beautiful and magnificent, but often he is a tree covered by ivy.*"[1] It is not him who lives; it is another being who lives in his place. His life is stolen from him.

You must really master this earth of the thought. For this, there are certain laws that you must know and on which you must learn to concentrate until you develop your senses and that these lead you to understanding. When you have the illuminating understanding inside you, you develop a solid foundation in your thinking, on which a higher consciousness can settle.

The knowledge that is presented to you is a uni-

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1 - Excerpt from Psalm 143 of Archangel Uriel, Essene Gospel volume 24 *Androgyny*. On this subject, see the book *The Path of Enlightenment*, chapter "The Analogy of the Ivy."

versal knowledge. This knowledge belongs first to the Father, to the Mother and to the Tradition, then, incidentally, it belongs to the men who want to invite it inside them. You must meditate on this knowledge until it becomes the senses inside of you; it is a discipline.

In the great initiatory currents of ancient Egypt, mathematics and geometry were taught in the temples because they are sacred and divine sciences. They have the ability to structure the thinking and to make things universal and impersonal for they are universally true.

Mathematics and geometry are sacred laws that hide worlds. They show us that nothing can exist visibly if there is not an invisible world behind; it is a law. You should know that beings, greedy for power and from desire to exist, systematically seize the invisible worlds and in this way control the world.

These beings have destroyed mathematics and geometry by bringing them only into a visible world, depriving us of the sacred and eternal laws that awaken us and reconnect us with a higher world, depriving us of a higher science that give us mastery.

Normally, with sacred mathematics and geometry, we should have mastery of our life and world. But we have not brought this mastery into kindness, love, truth, purity. Geometry and mathematics as we are

taught in school are dead sciences. There is no soul behind them, no path. It is just to master matter, and this leads to nothingness.

Appear on the Board of God

God is a whiteboard. What is there on a whiteboard? Nothing. What can I write on it? Everything. This is perfection. If I draw a sun, am I creating this sun? No, I make it appear. It was already there in the invisible, and now, it is visible. Before it was unlimited, it was divine. Now that we see it, it is no longer divine, it is limited. It is in the eyes of those who look at it, and it is what they put in it. To make this sun appear, I must draw it. Doing this, I separate it. Once it is separated, it appears and we know it.

Here there was God. And in God, there was the tree of knowledge of good, the invisible and evil, the visible.[1] Good is always invisible, evil is always visible.

Sex is the key to everything. The pencil is the masculine sex, and the whiteboard, is the feminine sex: the masculine and the feminine unite and make a world appear. I become a creator by these two principles. If I put the pencil on the board and I make a

1 - One of the two trees from the Garden of Eden mentioned in Genesis.

dot, it is the first manifestation of God. I can draw anything, but in the beginning was God.

The dot is the number one, the first number, the beginning of all numbers. The number one is the smallest but it is also the greatest because it contains all numbers, because they all emanate from it. Two comes from one, three comes from one, four comes from one, and the more you distance yourself from one, the more you become impoverished.

If I want to make two appear in the right way, I draw the dot, and then I trace a line and draw another dot, without lifting my pencil. If I lift my pencil to draw the second dot, I come out of God, I am separated from God, I lose the contact. And if I recreate something, I create evil, for there is an opposition, there are two worlds.

"Two" means sex, creation, polarity: the positive and the negative, good and evil, not in opposition, but in balance, in relation, therefore with God.

"Three" is me, you and we. "We" means three, relations, contacts; "we" means life. From which comes the expression "never two without three."

Knowledge, the Known and the Knower

The triangle represents the law of divine Intelligence, intelligence that manifests itself.

At the right point of the triangle, there is the knower.

At the left, we find the object, the known.

And at the top we find the connection, Knowledge.

The eye in the middle of the triangle is the perfect intelligence, the higher Intelligence. When your eye is fecundated by a higher knowledge, your whole body enters into the Light, like Master Jesus taught: "The lamp of the body is the eye. It follows that if your eye is clear, your whole body will be filled with

light." (Matthew 6:22) It is always a question of relationships, fecundation and sex.

To exist, and therefore know oneself, creation came out of the divine world, it came out of God. Coming out of God means to appear. To appear means to know.

If you want to know love only for the physical body - eat well, live well, be happy, have everything that you want, live in love, - this is not good because one day the body is going to die.

On the other hand, if you remove the body to know God's love, if you want to put love in greatness, in expansion, but to the detriment of the body - what the Buddha did in the beginning, which almost killed his body by completely turning it off in order to live in much higher spheres - this creates imbalance, and it is not good either.

We must live in the middle path, in the quest of balance. The middle path is direct Knowledge, the *Gnosis, the higher knowledge that allows balancing both sides and makes the divine world appear.

The Perfection of the Four

Number one is the unit.

Number two is opposition as well as knowledge because things are separated. It is also consciousness,

which brings balance in life.

Number three is knowledge, light, perfect intelligence. Three, the triangle, is still the invisible world.

Number four is the visible world, what appears; it is manifestation, speech and gesture. In reality, it is impossible to draw a triangle or a dot. The only thing that we can really draw is a square. If I draw a square, the number four appears, which is number three in action.

Four is the perfection of perfections because by adding one plus two, plus three, plus four, we obtain ten; the base of the decimal system that repeats itself to infinity. Number ten is linked to the tenth letter of the Hebrew alphabet: Yod, the dot, the return to the unit and the perfection of all numbers.

Four equals one, it is the return to the unit. Five equals two, six equals three, seven equals four which equals one: sacred number, return to the unit. Eight equals two, nine equals three, ten equals four which equals one: sacred number, return to the unit and this repeats itself to infinity because the four always becomes one. It is a perpetual renewal of the cycles.

*Pythagoras said: "Bless us, divine number, you who have created gods and men, O holy tetractys,[1] you who contains the root and the source of the eter-

1 - The tetractys of Pythagoras is a number represented by 10 numbers placed in a triangle. The numeric formula is written: 1+ 2+ 3+ 4 = 10.

nal flux of Creation. For the divine number starts with the pure and profound unit and then reaches the sacred four; then it brings forth the mother of all, who connects everything, the first born, the one who never deviates, the sacred Ten, who holds the key of all things." Pythagoras had the knowledge of the number four, that the Hebrew called IAHVE: IOD, HE, VAU, HE, the four letters of the Name of God.

The Tetractys

The arcanum "The World" of the tarot should not carry the number 21, but the number 22, meaning two plus two: four, perfection. It is the equivalent of the twenty second letter of the Hebrew alphabet, Tau, which has the numeric value of the number four hundred.[1]

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1 - In Hebrew, each letter of the alphabet has a numeric equivalent.

Tau, the twenty second letter of the Hebrew alphabet.

If we take a good look at this perfection of the number four, we see the Round of Archangels, represented by the cord that surrounds the woman on the card "The World," with the four Archangels, the four *pillars represented by beings in the four corners.

It should be noted that those who drew this card lost the knowledge, the tradition, over time. They only repeated the ancient symbols and they progressively lost the meaning of these writings. On this tarot card, the woman should hold the wands at shoulder

height. These two wands represent the two principles, the two points of the base, which with her head forms the triangle.

Below the triangle we find the square, which she should form with her legs in the form of an inverted four. The triangle on the square, this is the Father and the Mother, the house, the number seven, the victory of Spirit over matter, man connected to a higher world.

The number four is what appears, the visible. The visible can only appear through the invisible, but the invisible should be balanced and mastered in both aspects of the consciousness. Consciousness should master the whole path to the visible world. Then the soul appears and intelligence triumphs, therefore God is alive. Otherwise, God is dead and we are separated:

this is the wheel. The whole Tarot speaks only of these secrets.

The tenth card, "The Wheel of Fortune," represents a world that goes up and a world that goes down, Abel and Cain, and we can see the central pillar. Under the wheel, we find the water of unconsciousness, which carries the dead beings that live without knowing who thinks through them, who speaks through them, who animates them: they are unconscious of the duality of these two worlds.

Awakening Thought in the Higher Worlds

We are bathing in an ocean of life, intelligence, wisdom and perfection. Everything, around us and in us, is in a sacred energy, in an omnipresent force, which is that of unity. And in this unity, we live, we

think, we feel, we speak, we act . . .

We can call this energy love, it is the relation between polarized beings. Whether it is a tree, a flower, the Sun, the Earth, all beings are polarized in love. These are the laws of polarity: the positive pole and the negative pole generate a current of energy.

With electricity, you can move an inanimate object; you can activate an electric car that will start moving as if it was alive because electricity, through the laws of polarity, reproduces the laws of universal love. With electricity, you can make heat or generate light. Depending on the instrument it passes through, energy becomes movement, heat or light. The same energy inside you becomes movement at the level of the physical body, force at the level of will, heat at the level of feelings or light at the level of thought.

There are even higher levels that electricity does not show us, but the human body does. A coarse man, a brute, manifests the divine energy at the level of brutality, violence and coarseness. If he starts to raise himself into higher feelings, to become aware, it is because he goes up a degree. Then he breaks down in tears, realizing that he has lost his whole life, that he failed everything and he did a lot of harm all around him. Before, he did not know it because the energy, that is, God in him, was not activated to a higher degree. As soon as his feelings were touched, he breaks down. That is, he would be incapable of having higher thoughts and wisdom, he could not stand it.

We must manage to stand the higher degrees, and

for this, we need training. In the same way you can train your body, you must train your thought, to raise the energy into the mental sphere.

Many men and women say: "I think," but in reality, they do not think, they feel, they imagine. If you want to rise into the sphere of thought, you must learn to think according to the laws of mathematics, for they are what govern the world, and write our whole life. You must associate your thought with the laws of mathematics and with numbers.

Civilized peoples, like the Hebrews, who received this knowledge from the Egyptians, codified their alphabet. Each letter is linked to a number, linked to an idea, and the correspondences of the letters, which create words and sentences, are numeric correspondences. These beings could, thanks to these correspondences, understand the great laws that command life.

When you think in laws, you manage to structure your feelings and the forces inside you. Because you understand the laws, you see that there are things that you absolutely cannot do in life; and that if you do them, it generates such a result and you reap what you have sown. Therefore, through the power of your thought and of higher forces that can awaken, you attract magical forces, powers to steer your life in the right direction.

If you manage to direct your life, you start to steer the life of those who are around you and you become a protector. You start to act in a good way for the whole society. You try to bring positive things, to bal-

ance things, because you yourself are balanced.

On the other hand, if you are unbalanced, you cannot bring balance. If you are not awake in your thinking, you cannot bring the light. If you do not master your feelings, you cannot bring warmth; you bring an unbalanced energy, forces of destruction and decomposition, unorganized forces. Then there is disease, war, conflict and discontent because it is only going towards one pole. If you want to go towards God, you have to awaken in all degrees and in all levels.

By awakening your thought and strengthening it, you will develop subtle *organs inside of you. You must structure your thought and understand the laws. The more you practice, the more you will realize that these laws act in your daily life. When you start to see them, you become conscious of these worlds. And if you study and understand these worlds, you build a body for yourself. With this body, you can really penetrate into the sphere of thought and ensure that it becomes an intermediary between the subtle and coarse worlds. Then you approach mastery.

"There is only one number that has life, it is the one,
the dot, and everything that exists comes from it, everything rests on it."

Embodying the Light on Earth

After having initiated his students to the laws of sacred mathematics, Olivier Manitara went deeper into the worlds of Adam and Eve and the laws of polarity, and he presented the secrets of squaring the circle, number four in movement. Then he made a parallel between the eight degrees of the noble eightfold path of Buddha, the eight words of Jesus' prayer *Our Father*, and the middle path for our time, the eight activities of the Essene Nation, that allow the Divine to incarnate in matter.

When I put the pencil on the board, the first thing that I draw is the beginning dot. To write the sentence "I Am that I am," I must use my pen, and at the end, I put a dot. I put a dot at the beginning and I put it at the end; it is the return to the divine world. Everything is said, everything is written, and what is written exists.

God gave birth to the first relationship, which we called Adam. Adam was the shadow, that is, the divine creation, the cosmos, the universes, the totality of the worlds, and this being was connected to God, there was no separation.

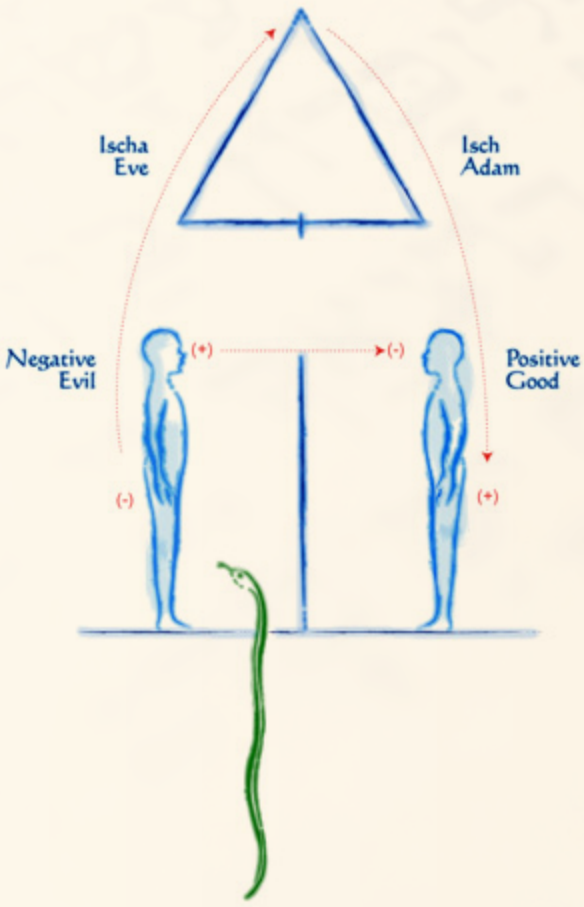
In Genesis, it is said that it was not good for Adam to be alone. Then God created a spouse for him, a complement, and a reflection of himself that we called Eve. The true names of Adam and Eve were Isch and Ischa. Isch is the side of individuality, the ray, the inner world, the divine world realized, and Ischa is the side of the community, the outer world, the light. Ish and Ischa formed a whole, they were one.

In the Bible, it is said that God took a rib from Adam to form woman,[1] that is, that he took a side, a half, and Eve became the complementary half. This

1 - "Then Yahweh God made man fall into a deep sleep. And, while he was asleep, he took one of his ribs and closed up the flesh up again forthwith. Yahweh God fashioned the rib he had taken from the man into a woman, and brought her to the man." (Genesis 2:21-22)

complementary half is what we are looking for our whole life: a soul mate, plenitude, reunification. In all peoples this secret of the unification of the creation has been sought.

Adam and Eve and the Laws of Polarity



Adam - the masculine principle, the great universal spirit - was negative above and positive below while Eve - the feminine principle, the living universal soul - was positive above and negative below. It is love, the law of the sexes, the circulation of forces between the worlds.

The woman receives the sex of man and when the energy goes up, she becomes positive in the head. Man fecundates the woman below, and the woman fecundates man above, from which comes the principle of the fall. The serpent comes and wants to go into man through below, but it cannot do this for the sex of man is closed; he is protected.

If the man and the woman are no longer in closed circuit, the serpent enters through the open sex of the woman, rises into her head, which fecundates the head of man and the Name of God, Ieve, is defiled. If man does not keep the connection with the higher world, it is the woman who fecundates him, therefore, the serpent. The serpent comes back into the sex of man and it holds the Name of God, the four letters, the four Archangels. It seeds the earth, and it is all over.

These beings were in closed circuit, that is, they were only in a world of intelligence. The energy circulated from God to Adam, from Adam to Eve, and Eve to the divine world. This circuit, with a negative pole and a positive pole, immediately made the concepts of good and evil appear. However, there is no good or evil in paradise, everything is perfect, everything is in

union; there is no evil if the energy circulates.

These are the secrets of the cross, which is the union of these two worlds. "Carry your cross" means to know the secrets of the two principles of the origins and the union of the sexes. The union of the sexes is the most holy thing that can exist since it is fertility and creativity.

In the past, the union of the sexes was celebrated everywhere in nature. A flowing spring was sex; a tree was sex. We stood up stones to symbolize energy and everything was considered as a positive creative and beneficial energy that brought happiness and prosperity. The masculine aspect was the current that lit up the inside because man wanted to stay a pure chalice, a cup for the Most-High. He had to be virgin to bring beauty and splendour.

It is said that Eve wanted to exist, wanted to know herself, that she separated from Adam, therefore from God, and instead of being fecundated by Adam, she was fecundated by a serpent, a world of non-existence, nothingness, which entered into her. This world could not enter into Adam, for man is closed below. Nothing can enter man below but everything can enter in him through his head.

Woman is open below. If she turns away from man, any being can enter and fecundate her. Woman can choose who will fecundate her, but once this is done, she no longer has a choice; she will give birth to a world. In this way Eve created the world that we are in.

By fecundating this world, she fecundated Adam, who became a servant of this world created by the woman. Woman gave birth to a world, man gave birth to a world, and then they reunited and gave birth to a third world; they were lost because they could not stop anymore.

This fall continued its path to the luciferian aspect and to the satanic aspect through the sons of Abel and those of Cain. Adam-Eve[1] separated into man and woman. This is the principle of the triangle: above, the unity of the divine world, then a fall, a separation of worlds that creates both opposite sides of the triangle, the two columns, masculine and feminine. The fall is to be separated.

There is only one number that has life, it is the one, the dot, and everything that exists comes from it, everything rests on it. In the number one, there is the number two, the relationship. In the number two there is the number three: me, you, and we. There are always the two poles and there is always a relationship and currents. If I write "joy" on the board of God, behind it, hidden, there is "sadness." These are laws of polarity. If you are joyful, sadness is hidden for there cannot be joy without sadness.

If I draw a man, woman is behind him. If I am a man on the visible side, I have left the woman in the non-manifested, in the hidden. What you show to the

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1 - Basically, God did not create Adam and Eve, but Adam-Eve, only one being, masculine-feminine, man-woman.

outer worlds of Eve is what you hide in the worlds of Adam. There are constantly relationships and we are creators.

The Secrets of the Squaring of the Circle

The number four is contained in the triangle. This number four appears further down, at the lower point of the diamond, as if it was the manifestation of the number three in movement.

The number three is the invisible worlds: thoughts, feelings and will. When I think, when I sense, when I want, this is the number three. By entering into the number four, it appears: I speak, I move. As soon as I act, we can see what I am thinking, what I feel and what I want: I enter into the world of four, the visible world, reality. These are the great secrets of the number four.

If you say to someone: "I love you," this is number four. It means that above, there is the three, intelligence, the two, consciousness and one, God. There are mathematical laws behind everything that we do.

Scientists have discovered that in a DNA sequence,[1]

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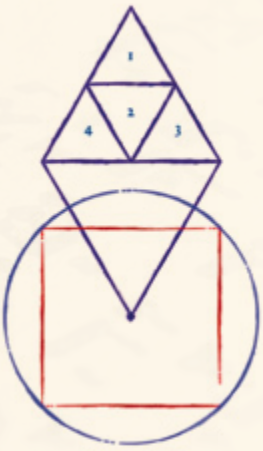
1 - Deoxyribonucleic acid, an essential component of chromosomes, medium of heredity.



the divine writing of all the laws, there are four letters, four nucleotides: A, G, T and C. The DNA has a helicoidal structure, that is, it forms a helix, a spiral, which is in a certain way a circle that moves: a circle and four writings. The squaring of the circle is the four that is set in movement.

If I generate the four, if I create something, this thing will exist until the energy that the divine world placed in it stops. We are creators, with our thoughts, with our feelings, and we are continually bringing beings into the world, and there is continually this creative relationship that acts and engenders worlds. The square starts to turn creating a wheel of slavery and matter, or a wheel of Light.

The alchemists spoke of the squaring of the circle: the square, symbolizing matter, and the circle, symbol-

izing infinity. It is a symbol of the alchemic work in this sense that the squaring of the circle decomposes the original unit, represented by the circle, to reduce it into the four *elements, represented by the square, and then to recombine it afterwards into a superior unit. The Alchemist must therefore bring matter to the level of the circle and spiritualize it.

The realization of the squaring of the circle is an alchemical approach present in many civilizations. Among the ancient Indo-Europeans, the earth was round and the sky was square, while in the Chinese mythology, the round sky was placed on the square earth.

The Forbidden City

The Temple of Heaven

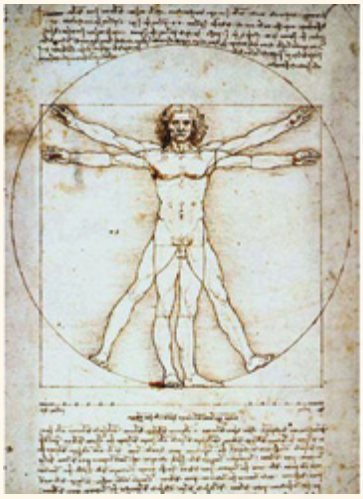
In Peking, the Forbidden City, the imperial palace which symbolizes power is a square structure, while the temple of heaven, symbol of spirituality and the divine, is built with three circular levels.

Kaaba, Mecca

In Mecca, the pilgrims wander in circle around the Kaaba, a cube symbolizing the unity of the Muslims who adore the one God. By this act of faith that we call the circumambulation, Islam spiritually carries out the squaring of the circle.

Hindu Mandala

In the Hindu drawings of meditation mandalas, we find the circle and the square together, which represents the ideal harmony of a couple of opposites, earth and heaven, human and Divine.



Vitruvian Man

The Vitruvian Man by Leonardo da Vinci is an alchemic symbol that actualizes the union of earth, represented by the square, and heaven, the circle, balancing the two opposing principles. It represents the androgynous being that transcends the duality of the polarities feminine/masculine, earth/heaven, passive/active.

The Wheel of Dharma

The Round of Archangels

The square that becomes a circle is also the secret of the Round of Archangels, with its four Archangels, its four seasons that follow each other in the round of the year, which are the four letters of the Name of God: IOD, HE, VAU, HE, the cycle of Iahve.

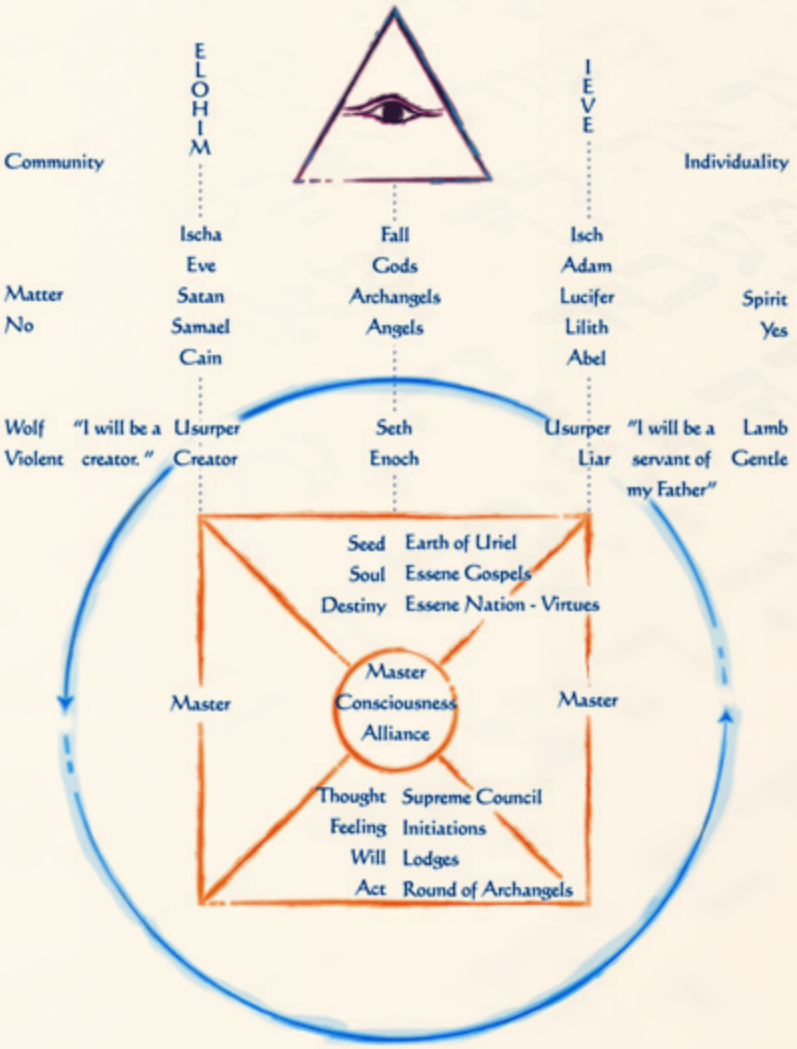
The Eightfold Path of Manitara

To have mastery, to achieve the incarnation of Light on earth, it is essential to correctly understand the structure of the worlds that surround us. In a symbolic fashion we can say that the triangle is found between the two lineages of Isch and Ischa, the eye of God and underneath, the square. Seen from above, the square separated into four triangles is a pyramid.

Around this square, there is a swirling; this is the wheel of time, which the Tibetans call "Kalachakra": kala, the time, chakra, the wheel. The Hebrews call it "Thora": Thot, knowledge and Ra, the Sun. "Thora" gives "tarot": rotation, what turns, the squaring of the circle. This also represents the wheel of Dharma that Buddha turned.

In the lower triangle of the square, we find the act, the world of the physical body, then we rise to the worlds of will, feelings and thought. In the middle, where the four triangles meet, is the consciousness, the world of the Masters, the Covenant. Rising into the upper triangle, we enter into the worlds of destiny, soul and the seed.

These eight degrees correspond to the eight steps of the eightfold path of Buddha: right concentration (action), right consciousness (will) right effort (feeling) right livelihood (thought) right action (consciousness),



right speech (destiny), right thought (soul), and right vision (seed).

These are the same degrees that Jesus presented through the *Our Father*.

"*Father* (the triangle),
hallowed by the Name (seed),
thy kingdom come (soul),
thy will be done (destiny),
on earth as in heaven (consciousness),
give us our daily bread (thought),
forgive our trespasses (feeling),
lead us not into temptation (will),
deliver us from evil (action)."

In the Essene Wisdom, we teach that the sphere of action, of the physical body is connected to the world of minerals, the sphere of will to the world of plants, the sphere of feelings to the world of animals, the sphere of thought to the world of men, the sphere of consciousness to the world of the Masters, the sphere of destiny to the world of the spirits, the sphere of the soul to the world of genies and the sphere of the seed to the world of egregores.

In another vein, at the level of the egregores is collective thought linked to the seed. At the level of the genies is collective feeling linked to the soul. At the level of the spirits is collective will linked to destiny. Perception is linked to consciousness, breath is linked to thought, song is linked to feeling, speech is linked to will and movement is linked to action.

We can equally associate the works of the Essene Nation to these different levels of vibrations.

At the level of acts, we find the Round of Archangels.

At the level of will are the Essene Lodges, that is, *study, devotion, rites and works.

At the level of feelings are the Essene Initiations: the Four Bodies, the Name from the Mother, the Five Senses, the *Serpent of Wisdom, the *Six Moons.

At the level of thought is the Supreme Council, the summit of the lower pyramid, which points upwards inside the square. The other pyramid, which points downwards, is hidden.

Between the two, at the level of the consciousness, we find the Master, who has sealed a Covenant with a divine world.

At the level of destiny is the Essene Nation and the virtues that the Essenes carry.[1]

At the level of the soul are the Essene Gospels and the Teaching.

At the level of the seed is the Earth of Uriel, the *garden of Adonai. If you arrive at the Earth of Uriel, you enter the path of immortality.[2]

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1 - See Angels in the glossary.

2 - For more in depth teachings on the eight degrees and the eight activities of the Essene Nation, see the chapter "The Hourglass," in the book *The Path of Enlightenment.*

Man believes he lives and does things because he understands them, but he does not.
He says that he understands, but he does not act.
He believes in purity, but does not manifest purity on earth.
He does not build a body that can be universal.
Buddha
Maitreya
Jesus
Father
Mother
The path of balance
Right vision
Egregores
Seed
Collective thought
Earth of Uriel
Collective feeling
Right thought
Genies
Soul
Hallowed be thy Name
Essene Gospel
Thy kingdom come
Right speech
Spirits
Destiny
Collective Will
Essene Nation
Thy will be done
Right action
Masters
Consciousness
Perception
Covenant
On earth as in heaven
Right livelihood
Men
Thought
Breath
Supreme Council
Gives us our daily bread
Right effort
Animals
Feeling
I sing
Essene Initiations
Forgive us our trespasses
Right consciousness
Plants
Will
I speak
Essene Lodges
And lead us not into temptation
Right concentration
Minerals
Physical
I act
Round of Archangels
Deliver us from evil
8
7
6
5
4
3
2
1

The Eye that Balances

At the present time, the whole world is on Cain's side. The great god of the modern world is the body. Everything is done for the body, to preserve it, to make it immortal. Our science, our money, our energy, our attention, our consciousness, everything is turned towards the physical body. The whole earth, the animals, the plants are put to use. Astronomical sums and colossal energies are deployed so that the body becomes splendid, marvellous, and that all its needs are fulfilled.

Even when man rises in the inner life, on Abel's side, even when he approaches a Master, a spiritual current, he wonders how he can solve the problems of the body and the personality, which is created by worlds wanting to lead man towards recycling. Even when man speaks of purity, of goodness, of Light, everything is lost because everything is given to the body.

When you live for the body, you look at certain things that enter into your thoughts and your feelings. The more you look, the closer you get and the closer you get, the more you get caught. You feel tension, you feel that you have need. After a while, you cannot resist, you are obliged to take action.

If you put everything into the polarity of matter, you end up by being absorbed: matter leads towards recycling and it destroys everything. The ancient al-

chemists said that it was lead, for when you heat lead, it looks like like silver, very beautiful, but there is a crust that forms and it oxides very rapidly, then it disappears. There is no more metal, there is nothing but scoria and waste, while gold is immortality. These teachings of the alchemists are the path of royalty: how to transform imperfection into perfection, into eternity, into immortality.

Be it for matter or for spirit, it is the same thing. If you go too far towards the world of Cain or towards the world of Abel, you will get caught. You must choose the middle path, the path of balance, of consciousness. The most important is consciousness. You must be conscious and develop your eyes: the right eye, the left eye and the eye in the middle, the eye of intelligence, of wisdom, the eye that balances the two aspects. You must be permanently aware of the two forces.

If you see good and do not see evil: you are in danger. If you only see evil and you do not see good: you are also in danger. If you see both and you put them in their right place, you will get out of all situations. You will know exactly when you should be quiet and when you should speak, when you should stand back and when you should act because your consciousness will be awake and you will have the perception of the two worlds.

You must enter meditation, calm, place your body in stillness, and you should start to look at the forces

throughout your body. You should see by yourself that, in the world of Cain, like that of Abel, there is really a magic that is put on us. We must therefore liberate the body from this attraction, from this world, to bring it progressively into another world, more and more on the inside.

"The Master is androgyne.
His head is at the level of the consciousness.
His left foot is placed on the earth of recycling and
his right foot on the earth of the dead."

Climbing the Ladder of Evolution

Whether it is Buddha or Jesus, the great Masters have always been conscious that man was made up of different worlds and different vibratory degrees ranging from raw matter, the physical body, to sublime matter, the spirit. During the Essene Initiations of 2011, the Essene Master pursued the teachings of his tradition on the degrees of the ladder of evolution.

The Eight Degrees of the Vibratory Ladder

There is not really a difference between matter and spirit. They are embedded in each other and make a single material that comes in different degrees of vibration.

The first vibratory degree is stone. Stones are imprisoned; they can only manifest the vibratory degree that we recognize in the "brute" man. Plants are a degree of vibration that master the vibratory degrees of stones and of plants. Animals master the vibratory degrees of stones, plants and animals. Man masters the degrees of man, animals, plants and stones. Meanwhile, a Master is a being that masters man, animals, plants, and stone. Each level contains and masters lower levels: the Gods contains the Archangels, who contains the Angels . . .

At the bottom of the vibrational ladder we find the Buddha in meditation, this is the degree of the physical body or action. This is materialization, a satanic, material condensation of the divine world; it is its opposite pole. This body is the splendour of all splendours because it is capable of having all the vibratory degrees.

At the level of matter, what settles the body is the Mother; and at the level of spirit, what raises the body is will, life.

The second degree of vibration is this life, this creative force that exists in each man under the form of

will. What settles the will is the physical body, and what raises it are the senses and feelings.

At the third vibratory level, that of feelings, we find the personality, the me, what inhabits the body that is an image we have of ourselves and we show to others. On the material side, the outer life, you show, while on the side of spirit, the inner life, you hide. There is sometimes a lag where you cannot show others who you really are; you do not live on the outside what you live on the inside. It is a conflict between the two worlds. What settles the feelings is the will and what raises them is thought.

Thought, the fourth vibratory degree, sets on the feelings and is raised through consciousness.

Consciousness is the Sent Ones of the Father, the Masters of the higher worlds. Masters are also found on the satanic side and on the luciferian side, masters of the lower worlds, pragmatic men, who master.

Above, there are the hidden worlds, which are the higher hierarchies that no one sees and which only masters can access. The problem of the world today is that there actually is a Master in the lineage of Enoch, and the masters in the lineage of Abel and Cain say that they are the masters. But in reality, there is only one true Master, that of the Tradition of Enoch, and the others should be in his service.

Originally, in Egypt, all the clairvoyants and powerful men were turned towards the Master. On Lucifer's side, we find many clairvoyants and mediums, who if they are not in the aura of a Master, get caught by a world of illusion; they are like birds. Some beings

cannot take root on earth, like artists and idealists because they have no roots. If there is not someone who connects them to the earth, they take off from the ground; they are also like birds.

In life, there are two categories of men and women: the trees and the birds. The birds and the trees need each other. The trees carry the birds and the birds raise the trees. The flowers carry the butterflies and the butterflies raise the flowers. Butterflies are the flowers of heaven that come to rest on the flowers of the earth. The butterfly is the flower that flies, that is freed; it is the soul, the spirit of the flower.

The Path of Mastery

On this ladder of vibration, we find the notes of the scale and the colours of the rainbow.

- At the level of the stones, it is do and red.
- At the level of the plants, it is re and orange.
- At the level of the animals, it is mi, and yellow.
- At the level of the man, it is fa, and green.
- At the level of the Master, it is sol and blue.
- At the level of the Angels, it is la and violet.
- At the level of Archangels, it is si and indigo.
- At the level of the Gods, do and the diamond Light, the return to unity.

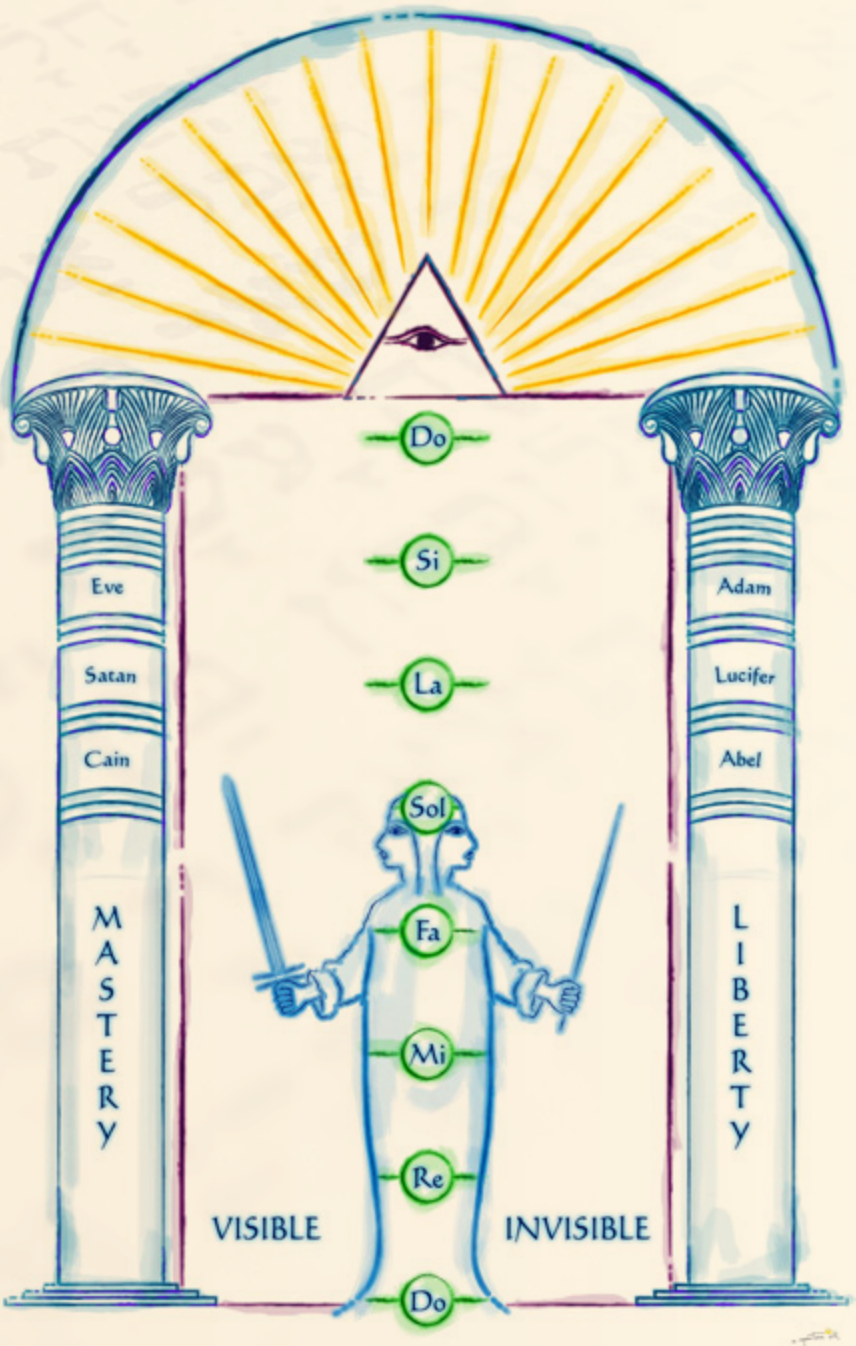
Diamond indigo, diamond violet, diamond blue . . . these are different manifestations of God in

the vibratory ladders of a single energy: love. Lower down, we find God the Mother, united to the Father through the verticality of Adam and Eve. But if the connection that unites the two is usurped, there is no more knowledge, no more consciousness.

In all the degrees of the ladder of evolution, we find the two worlds. The low C is the side of matter: Eve; while the high C is that of spirit: Adam. The high wants to lose itself in the heights, while the low wants to put force into matter and stabilize it. They separate from each other, they lose each other; together, they balance and harmonize. First you balance the do, then you balance the re, the mi, the fa . . . and then you can sing the whole scale. This is the path of mastery, the middle path.

The Master is androgyne. His head is at the level of the consciousness. His left foot is placed on the earth of recycling and his right foot on the earth of the dead. You also, you are androgyne, in the polarization of all the worlds.

The goal of the master from the lineage of Satan is to put out the light that is on the side of Lucifer. To put out the light, first he will cut you off from the heaven of the invisible worlds. Then, he will take over your thoughts, your feelings, your life. He will make sure to create a world in which you will be submerged and in which you will participate without even noti-


Do
Si
La
Sol
Fa
Mi
Re
Do
Eve
Satan
Cain
Adam
Lucifer
Abel
MASTERY
LIBERTY
VISIBLE
INVISIBLE

cing, that is, that he will affirm that you are a cell of his body. He will use you without your knowing and will take your energy and your life. He will ask you, for example, to pay taxes and with those he will kill people, will commit atrocities in your name. He will enslave the worlds of the spirits, the genies and the egregores.

Adolf Hitler was a master in the lineage of Cain, just like Mao Tse Tung. Obama and the Queen of England are not masters, General De Gaulle was not one; he was a puppet who was told what to do by the spirits and the genies while the master above him gave him all the means to act. The egregore of France used General De Gaulle in order to not be enslaved by the Americans who wanted to invade France to fight against the communists.

The communists were an egregore, the Americans were an egregore; they fought each other. The egregore of France raised General De Gaulle to achieve its goal. If he had failed, France would have been American. These are fights; what is below is like what is above . . .

The only way to balance these worlds and fight them is to see them. These beings do not want us to talk about them, they do not want man to see them. That is why you must wake yourself up and become an androgyne. The androgyne has two eyes: you must see both sides, with the vision of the setting sun and

the Most-High. It is mastery and absolute purity so that only what is divine rules and lives. Then the androgyny is perfect, man and woman as divine eternal principles are reunited.

Understanding the different needs can really be a key for the man who seeks his soul on the path of androgyny.

Needs must be recognized and fulfilled in beauty.

Not only man has the right to experience these needs but it is a duty to nourish them consciously without mixing the worlds. What is mineral is mineral and what is animal is animal. What is human is not angelic and even less, divine. If everything is mixed up, there is confusion and no exchanges will be harmonious and respectful. Each kingdom has a limit and a door and we certainly must not cultivate relations that engender incompatibility and therefore suffering.

True man is the divine world. Woman is the pure chalice, the soul that needs to be prepared for the wedding. This soul contains and must balance the worlds of the Archangels, the Angels, men, animals, plants and minerals. Once this work is done, the polarity is perfect, and man, whether man or woman, becomes a manifestation of the original Divinity on earth. He can then fecundate the world with what does not come from the world but brings intelligence and life.

Let Yourself be Fecundated by the Seed of the Soul

The soul has always been considered as feminine, even in the physical body. When we speak of the soul, we think of feminine virtues, like subtlety, delicacy, tenderness, gentleness, finesse . . . It is in such an atmosphere that the soul can awaken, nourish itself and grow, not in a world of brutality, coarseness, violence and conflict.

The soul needs a special environment to be able to awaken in the body and overcome coarseness and vulgarity. Often it is human culture, filled with vulgarity, that suffocates the soul and all its subtle bodies. That is why there is the Tradition and the sphere of the Masters.

The Masters are the true parents of the soul. They awaken the soul through the Teaching and through the aura that they know how to create, in order to feed it and allow it to develop. The goal of culture should be to bring the soul to life and convey all the means so that it can act in the world fulfilling its destiny. It is often through the tuning of the pure Teaching emanating from the Masters that the soul finds its path of awakening and construction of the perfect body.

The path of androgyny is the path of the soul. Without the soul, there is no androgyny. The true androgyny is the presence of the soul in the life of man. Man lives with his soul as real as he lives with his wife, husband, children, friends and the visible world.

Not only does man live, but he becomes a creator from the higher seed of his soul. He is really a woman on the earth: a being who receives a seed, conceives and realizes until revealing a perfect body, capable of incarnating the Light on earth. This androgyny touches and balances all the relations in existence, in all kingdoms.

The soul suffers from the indifference of man. It is often in despair because each time it has the possibility to get close to man; he closes the door of his

being, for he is not prepared. He is afraid of emptiness, of what he does not know, of what is intangible for him. He thinks that he is going to meet a strange world that makes him think of nothingness.

Man would like to communicate with his soul, but he wants it to be the way he decided. It must have such a form, such a colour, such a language . . . If it is otherwise, he closes up. He cannot be simple and happily welcome the unknown.

The soul is like a lily inside of man. Its another world inside of him that must grow and blossom. Then he will be able to get close to contemplate its beauty, smell its perfume, penetrate its aura of mystery and find the proof that he needs in his life to firmly commit to defending what is right in a world where monstrosity governs most of the time.

This flower must be protected from the world of men. It must also be a source of inspiration that will allow another world to appear in the world, a world of truth, purity, where there are no masks, where nudity is beauty and where life is comfort.

When the alliance, the marriage with his soul, is celebrated, man is immeasurably happy. The soul becomes the masculine principle and the physical body takes the feminine polarity. All the bodies between these two poles become the relationship. Then the life of man becomes greater than the body, and the body, the sensitivity, the consciousness, can speak to the universal. The soul opens great spaces, immensity, infinity, the absolute and it reveals clarity, obviousness and wisdom.

When the relationship is established, the *Word of the origins reveals itself, great wisdom appears and the mystery of the starry heavens, of the Moon, the Sun, the spring, the forest, bring peace and plenitude. We speak then of the greatness of the soul: the soul is present and the alliance is sealed. When it reveals itself, the soul is everywhere; it fills everything and manifests itself throughout everything.

Enter into the Universal Soul

Man lived without his soul, but it was there, omnipresent, it was life, knowledge, will, destiny . . . But man did not see it. He could look at water and identify it as being water; such a perception was enough for him. The man who lives with his soul understands that this perception is the soul, that the water is still the soul, that his understanding is still the soul. Nothing, absolutely nothing, is outside of it. The soul is in all the elements and in the perception of the element too.

He who establishes a link with his soul can not only speak with all beings, but also understand all the worlds. He can act to create new centres of perception and bring forth a new destiny. The soul gives this ability to become a creator of wise Light. So, where a man that is cut off from his soul only sees the earth, water, air or fire, one who has reconnected with it can perceive the spirits, the genies, the egregores, the Masters, the Angels, the Archangels and the Gods.

With the Archangels appear the pure immortal soul of the elements. The soul is always the spouse, the chalice, the perfect body of the Gods or of God. If the relationship is not perfect, there is a rupture and the soul identifies itself with the body that polarizes itself in the sex. The being created in the soul and by the soul isolates itself and looks for a relationship only in the body. This is the fall of the soul: the soul

in sorrow, the lost soul. It wanders the world searching for its other half, its satisfaction, without knowing that it is in itself and in the great All.

This is the exchange, the communion, the perfect communication, the marriage, the alliance; it is the nature of the alliance that determines destiny. Everything is a question of marriage.

It is the body and the life of the body that prevents the conscious alliance with the soul. The body brings the soul down. It is the consequence of the fall. It is not negative, but it must be educated in a way that it listens to and values what is subtle, eternal and immortal within. If the soul lives only for what is mortal, it decays. No man will be able to unite with his soul only through the physical body. The body must be a means to make the "non-body" appear, what is immortal and great in him.

From the moment when the soul takes a body, it comes out of the immortality of the kingdom of the Archangels and enters into the world of destiny. In destiny, there is the possibility of falling, of taking the wrong road, falling under the grip of a dark influence. Then the soul falls and identifies itself with the body and with what is mortal.

Of course, it continues to be aware of the divine world, and there is also the guardian Angel who strives to protect and guide it.[1] Nevertheless, the more

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1 - The Angel is the guardian of the soul. No one knows man better than

man sinks into unconsciousness and possession of the body, the more it loses its power over him. In this way the soul enters into an evolution where it is dependent on man.

If man keeps a connection with his soul, then a subtle reality which is greater than the body and corporeal life can live in him. He knows that behind appearances there is a sacred world. This is a state of consciousness more or less developed that speaks to him from within, teaches him and feeds him.

Then he knows another reality, in the image of someone who travels to other countries and can bring back knowledge, perception, fragrances, colours, and other experiences. The work of man consists not only in cultivating this relationship with the soul, maintaining it, but also in making it grow so that the soul lights up the world with its wisdom and goodness.

When a man is married with his soul, he lives in the body while being conscious of the body, but his life is much greater for he communicates with the divine, eternal and immortal part. It is thanks to this increasingly conscious and living relationship that the soul can reconquer what belongs to it and build,

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his Angel, for he follows him from life to life. The Angel is man in another world, it is his higher Being. For more teachings on the Angel who guards the soul, see *The Secret Book of the Essene Magi*, chapter "The Alliance with Your Angel." The Essene Initiations offer the possibility to beings who have re-formed their four bodies and purified their five senses to unite with their Angel through the Initiation of the Six Moons.

through the body, another body. This new body allows the soul to evolve, grow and accomplish its mission of reconnecting all the worlds with the original unity.

Man then enters into androgyny. The divine polarity is subtly awakened and activated in him, and the passive polarity of the body also becomes active to realize the goals and the perceptions of the soul. This is the perfect couple that gives birth to the children of the Light."

In this way the Master completed this teaching that belongs only to the Gods and to those who aspire to walk in the service of the Father and the Mother.

Prayer to Archangel Uriel

Great God of the Earth,
you who opens all the doors of the universal soul
illuminated with Light,
great Serpent of Wisdom
who stands erect on the royal path of Uriel,
and everything transforms into gold,
you unite heaven and earth and you glorify
the divine origin.

May my thought, my prayer, my sacred song,
my movement rise towards you
and nourish your being in the Covenant.

Father, great is your wisdom.
You light up the world
and cast out the demons of illusion and lies.

Deliver me, Father, you, the Light.

By studying your teaching, I can see
that I am far from being a Child of the Light.
The path of the Essenes is hidden.
The world of men cannot know it.
I want to enter into the hidden,
where the Father is honoured in purity and truth.

Deliver me, Father, you, the Light.

Do not let me sink into passivity.
Do not let this dark desire to exist
monopolize my existence, my being, my destiny.
May the unspeakable words be known to me
so that my soul lives and my body be the instrument.
I want to be detached from what is mortal
and awaken my universal Being.

Prayer to Archangel Uriel

Deliver me, Father, you, the Light.

At your touch, I awaken: I am moulded by concepts,
invaded, filled, crushed, imprisoned, tied
by a world of magic.

On my left and on my right, the serpents of black magic
and of white magic stand erect, powerful,
Both of them want to steal me, to take me,
to bring me into their world and make me their subject.
Through your eye, Father, I want to see them.
Ô my Father, give strength to your child
to triumph over the ordeal.

How can I do without you, you, the Light?
you, the inside and the outside, you, the hidden?
Allow me to be with you
and to be active in the sacred magic
that balances the worlds and heals them.

Deliver me from death, from the living dead,
the dead who move, who speak, who act,
who sing, who laugh and cry.
Deliver me from this infernal magic, from the thieves of
souls.

I give myself to you.
I study your psalms.
I honour your Round of Archangels.
*I bless and support your *worship on the earth.*

Allow me to breath in purity
and to awaken in my universal Being.
May your wisdom lead my steps, my acts,
my way of living, thinking and speaking.

I pray with your priests.
I sing with your vestals.
I act with your Lodge masters.
With your hierogrammates
I want to rewrite the whole world
to honour the Earth of Uriel, the Holy Land,
the Earth of Light, ManiSola.

Amin.[1]

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1 - Olivier Manitara gave this prayer after having received Psalm 136 of Archangel Uriel. You can recite it consciously and with respect to honour and bless the Father of the Earth of Light.

Essene Glossary

Abraham (circa 1800 B.C.)

Abraham, a native of the ancient kingdom of Chaldea, in the same region where Zoroaster lived, had as his mission to keep the Essene Tradition alive, and to make the incarnation of great Masters possible once again in a world more and more hostile to their manifestation. In the image of Rama (Abraham or Ab Rama means the heir to Rama, he who comes after Rama), he brought together all the Children of the Light under the banner of a single people, a people in all peoples. He called it Israel, which means "Son of the Sun," in homage to his glorious ancestors, the Pharaohs Sons of the Sun.

Angel

For the Essenes, the Angels are a higher reality that guides man in his life and acts on him in the same way as the earth that feeds him, water, air, fire and light. The Essene Tradition has received, through its Founding Father Enoch, the knowledge of the Angels of Light, who are the virtues, such as Friendship, Harmony, Gentleness, Peace, Love, Respect. The vir-

tues are living and intelligent beings that want to lead man towards the union with the Father and the Mother. In the context of the Round of Archangels, the being who wants to walk towards the Light has the possibility of becoming the carrier of an Angel, that is to say, to take care of an Angel on earth.

Archangel

Within the Covenant of Light, the Archangels are the guardians of the door of the divine world and of the memory of the people of the Children of the Light, activated on earth by the Essene Masters. They are the Fathers of the four elements that make up the whole universe, their divine intelligence, their quintessence. In this way, they alone maintain the cohesion of the cosmos and the great cycles of life that manifest themselves on earth through the four seasons and the four elements. Archangel Michael is the Father of fire and the face of God through autumn; Archangel Raphael is the Father of air and the face of God through spring; Archangel Gabriel is the Father of water and the face of God through winter; Archangel Uriel is the Father of earth and the face of God through summer. The Archangels manifest themselves in the kingdom of men as a higher divine intelligence, immutable laws, an eternal wisdom.

Body

Complex vehicle - visible or invisible - allowing the manifestation of an intelligence.

Buddha (circa 624-544 B.C.)

The Buddha was raised in a community of initiates connected with the current of the Essene wisdom. Beyond his spiritual influence, he had a major civilizing influence All kingdoms of Asia were touched and renewed by the wisdom of this great Master, who was called "the Enlightened One." The Buddha showed all beings, with a rare obviousness, the necessity for man to establish the kingdom of peace within himself and with all forms of existence that surround him if he wishes to see it appear in the world.

Celebrations

The celebrations are the large gatherings of the Round of Archangels during which a temple is consecrated to an Archangel. During the celebrations, the Essenes follow the teachings of Olivier Manitara in the form of lectures, they take part in sacred ceremonies and meditate in the temple to honour the Archangel. It is also during these celebrations, which take place four times a year, at the solstices and the equinoxes, that the Essene Gospel is written.

To know the dates of the next celebrations, visit the website: www.en.OlivierManitara.org.

Ceremony/Ritual/Rite

The accomplishment of the rites, that is to say, the performing of magical ceremonies and rituals, is part of the Essene culture. The Essenes perform ceremonies in lodges, in a sacred environment, to place writings (see "Writing") in their lives, in the world of magic. The Essene ceremonies are the subject of lodge books, which the members of the Order of the Essenes receive each month. For more information, visit the website: www.en.OlivierManitara.org.

Child of the Light

Synonymous with "Essene."

Christ

For the Essene Wisdom, Christ is not a God who would have come only once on earth, 2000 years ago, only to abandon it to its sad fate. The Essenes, of all ages, have honoured Christ as the man of Light, the universal man, thought and wanted by God at the origin of Creation. He is the archetype, the original image that every man carries within him as the seed of a rose carries within itself the image of its future, if only it finds the strength to get out of the underground darkness. So it is with Christ in man. Those that the Essenes call the Masters are simply men and women who have recognized in themselves this image of the original man and have decided to give it all the right conditions for it to appear and offer the world all its beneficial virtues. For this, they joined with the Mother as the hidden intelligence behind all the manifestations of life. Then they worked together so that Christ could live again on earth, he who is the universal Light that blesses all beings and unifies them as one family, as the many fruits born of the Covenant of heaven and earth, of the Father and the Mother.

Common Good

When capitalized, this term represents the Father and the Mother, the concrete manifestation of the divine world on earth. Jesus spoke these words of deep wisdom: "I am not good, God alone is good." He meant by this that God alone is the Good and that true Good belongs only to God, that true Good is a state of being in which the Father manifests Himself. No man can be good or do Good; only the union with the Father and the Mother accomplishes and makes appear the Good without shadow. This Good can only be universal and impersonal. It stems from a higher intelligence and not from a concept or the will of man. The good that is limited to man can be the true Good but it can also be usurped.

Covenant / Covenant of Light

In all traditions, there has always been a mention of a Covenant of men with an invisible sacred world. This Covenant is made up of seven kingdoms that are the seven days of Creation (the real meaning of the

word "day" being "light" and not a time measurement unit). There are three kingdoms above man, which make up the invisible kingdom of the Father: the Gods, the Archangels and the Angels; and three kingdoms below man, which make up the visible kingdom of the Mother: the animals, plants and minerals. In this perfect structure of the universe, man was placed as an intermediary between the Father and the Mother, having the task of unifying all these kingdoms into a Covenant of Light.

The Essenes are the guardians of the Covenant of Light. They were its guardians in the Egypt of the Pharaohs, beside Moses, Jesus and all the great Sons of God who came to seal the Covenant of the universal Common Good. In September 2003, around the fire of Archangel Michael, the Essenes renewed the Covenant, according to the higher will of the divine world. Since that historical date, the four Archangels of the Essene Tradition come to renew this covenant four times a year, during the great celebrations that take place at each solstice and equinox.

Disease

Malfunctioning of one or more bodies due to an excessive separation from the Light.

Divine Seals / Four Seals

Manifestations of the four Archangels in the world of man transmitted to the Essenes as part of their Covenant. Each Archangel transmitted a particular seal that corresponds to him: Michael, the seal of Work; Raphael, the seal of Health; Gabriel, the seal of Family; and Uriel, the seal of Money. These four pillars central to the lives of contemporary men are not considered simply in their earthly, mortal aspect but in a higher dimension of life, destined to lead man on a path of wisdom and immortality.

Divine world / World of the Father

The divine world is the source and origin of all life and intelligence. It is the Word of the origins of which Saint John speaks, without which nothing can come to life. It is the Sun of all suns living in the infinitely small as in the infinitely large. The divine world, or world of the Father, is made up of four kingdoms: the Masters, the Angels, the Archangels and the Gods. On earth, the Masters are those who represent the divine world and open to him the doors of accomplishment down into the world of men and nature.

Earth of Uriel

The Earth of Uriel is the Earth of the living of which the Master Omraam Mikhael Aivanhov spoke about, the earth of our thoughts, the earth that is around us but that we do not see because we live in illusions. Today, the earth that exists in the heaven above mankind has not been written by the Light, but by a dark world. That is why we need to reconquer it. If the

Essenes are able to reconquer the Earth of Uriel, that is to say, rewrite the vision of the world according to the Tradition of the Light in the heaven of men, this Promised Land will appear in the heaven. Men will have access to it while on earth and they will live with it, for "what is below is like what is above."

Egregore

The term "egregore" designates the aura, the subtle atmosphere woven by the thoughts, feelings and aspirations of a group of beings nurturing common beliefs and a common ideal. These egregores make up the spiritual world that surrounds the earth and mankind. These collective entities are nourished by men to satisfy their intellectual, moral and even spiritual needs. Thus were born the religions, such as Christianity, Islam, Buddhism, but also modern science and materialistic beliefs.

Elements

The four elements - earth, water, air and fire - form together an inseparable unity that gave birth to what is commonly called "life." Through this universal manifestation of life, the Essenes, like all original peoples, acknowledge and worship the presence of God the Mother, the other pole of the Spirit of the Father, her body, her tangible, concrete Revelation.

Enoch

In all the traditions of the peoples, there is mention of a very distant past where mankind did not really live in a body as we now know it but in a world of dreams where everything was possible. This world was the creation of a fallen archangel known as Lucifer. It is in this illusory world shaped by the sick angels that Enoch, the one who became the first Man-God, was born. Enoch is the Father of the Tradition of the Children of the Light in all peoples. He was the first priest of the Most-High, the first scribe who revealed the divine laws and taught them. He was the first builder of temples and the first celebrant of the divine Mystery on earth. He is also the Father of the Round of Archangels, the Father of all the Masters, the messengers of the Light, and of each Child of the Light who walks in his footsteps.

Envoy of the Father

Synonym for “Son of God / Son of the Sun / Son of the Light.

Essene

In the original language of humanity, ESSENE meant: the one who studies God through all His manifestations, and who looks after Him by cultivating all the virtues of the Light, that the Essenes have called "the Angels." Thus "Essene" designates a state of consciousness and a way of being in the world that have always existed on earth, and that are potentially present in all human beings, like a divine and immortal seed. An Essene

wants to live with his soul, take care of the Divine in all things and commune with the great Intelligence omnipresent through the seven kingdoms of the Covenant of Light. It is to make this possible that the Round of Archangels, the Essene Nation and the Essene Villages have been created.

Essene Gospel

Since the dawn of time, the Essene Tradition is the guardian of sacred knowledge. We can say that all the scriptures of mankind are "Essene," that is to say, universal, emanating from a single source that is at the origin of all traditions and religions, of all spiritual currents. This source came forward and spoke through the mouth of the great Masters. Unfortunately, their words were systematically distorted through dead religions, which have self-proclaimed the sole guardians of the truth, thus excluding all other facets of the truth. But God has never stopped talking. His word is like a river that passes from one Master to another, not to serve an isolated religion, but to illuminate the whole earth. Such is the mission of the contemporary Essene Gospel, which is the new revelation of the divine world for our time. This Gospel consists of the words of the Archangels Michael, Gabriel, Raphael and Uriel, carefully collected by the Essenes every three months, during the great celebrations of the Round of Archangels. For information on the Essene Gospel, visit the website: www.en.OlivierManitara.org.

Essene Initiation / Initiation

The Essene Initiation involves seven degrees, called "steps."

The first step consists in entering the Round of Archangels and carrying an Angel through a virtue. After a full year of Round of Archangels, the Essene can undertake the Initiation of the Four Bodies, at the end of which he receives the Name from the Mother, the name of his soul, which corresponds to his mission for this incarnation.

When he is born from the Mother, it is suggested that he does the Initiation of the Five Senses, during which he has to cleanse all his senses to begin to perceive a world he does not perceive yet.

After having reactivated his four bodies and purified his five senses, he can undertake the Initiation of the Six Moons to establish the contact with an Angel. From the moment he succeeds this high initiation, he stands on the second step, he has an alliance with an Angel. After that, he goes on to the third step of the Initiation and masters the serpent -tempter. Then he passes the fourth step, the one where the Masters stand, and he enters the service of worship of the four Elements.

The fifth, sixth and seventh steps are those of the great Masters. The fifth corresponds to the way out of the world of men to enter the world of the Gods. The sixth corresponds to the union with the Mother. The seventh is the union with the Father. The Master Jesus stood on the seventh step of the Initiation and the Master Mani was on the fifth step. Closer to

us, the Masters Peter Deunov and Omraam Mikhael Aivanhov were both on the fourth, and the Master Rudolf Steiner on the third step. Olivier Manitara is now on the fourth step.

Essene Initiations

The Essene Initiations enable man to find his role as an intermediary in the Covenant of the seven kingdoms again. They include among others the practice of the Round of Archangels, the Initiation of the Four Bodies, the Name from the Mother, the Initiation of the Five Senses, the Initiation to the Serpent of Wisdom and the Six Moons.

The Initiation of the Four Bodies precedes the true rebirth of the soul, which takes place at the Initiation of the Name from the Mother. Only the Mother can give to man the true name of his soul and his life mission for his present incarnation. Then, the Essene must form the five senses of his reborn soul and pass the Initiation to the Serpent of Wisdom. Then he can enter the path of priesthood and seal an alliance with an Angel of the Father through the Initiation of the Six Moons. This is the last intensive initiation of an Essene, who becomes a true initiate. He must then confirm his Initiation through a concrete work at the service of the Essene Nation. The work at the service of the Father leads to the perfect mastery of his life and his destiny. He then stands on the third step of the Essene Initiation, which contains seven.

For information on the Essene Initiations, to know the dates of the next sessions, visit the website: www.en.OlivierManitara.org.

Essene Lodges

The Essene Lodges are privileged meeting places between the divine world and the man initiated into the Mysteries and the Essene Wisdom. A lodge - individual or collective - is the gateway to the sacred world, forming on earth the boundary with the profane world. In the lodges, the motto is: Study - Devotion - Celebration of the sacred rites - Performing of the works of the Light. It is through these four pillars of the Essene Teaching and Initiation that the Essenes build their body of immortality and become free builders of the divine world, on earth as in heaven. For information on the Essene Lodges, visit the website www.Loges-Essénienne.org.

Essene Tradition / Tradition of the Sons of the Sun / Primordial Tradition

The Essene Tradition, also called "the Tradition of the Sons of the Sun," goes back to Enoch, its Founding Father. It is said that Enoch was the first man to get up from the fall and to restore the Covenant with the higher worlds of the Father, thus opening a path of liberation for all the kingdoms of the Mother. The Essene Tradition was born from the covenant of this unusual being, and then of a whole people, with the divine world,

several tens of thousands of years ago, while mankind had fallen from this original world. It continued in an uninterrupted manner by passing from one Master to another, bringing the light of wisdom in all peoples. The Essene Tradition is also called "the Primordial Tradition" because it generated all the great civilizations and spiritual currents that brought all that is beautiful, true and sacred to the world. It is by its unbroken covenant with the divine world, through its representatives, that the Essene Tradition could radiate the Light in all the traditions of the peoples, bringing the essential knowledge to a lost humanity.

Essene Nation, people of Essenia

The Essenes are not a people of blood; they are a people of souls that knows no boundaries, neither in time nor in space. Chameleon-like, the people of Essenia adapt to cultures, eras, languages of the world without ever losing its unique identity. And therein lays its strength. Where some hang on to words, books and dogmas to form "religions," the Essenes live in a constant revival and welcome the manifestation of the Divine in its ever renewed form. Today more than ever, the Essenes are active to preserve their universal knowledge around the living heir of this uninterrupted line: Olivier Manitara. In 2006, in the face of the global situation, they decided to create the Essene Nation in order to enable the Essenes around the world to live according to with their convictions.

To learn more about the Essene Nation, visit the website www.en.OlivierManitara.org.

Essene Village

The Essenes are not believers but doers. They have always gathered in villages in order to live according to their culture and with respect for Mother Earth. Today, the Essene Villages are places full of life in which man learns to live in accordance, in harmony, in dialogue with the Mother. This is a new way of being in the world. It is an ambitious project, a grand achievement. Three Essene Villages have already seen the light of day: one in France, a second in Gabon and a third in Quebec.

Eye of the Master / Eye of Horus / Eye of Gabriel / Eye of the Sun

If you want to go towards the divine world, you must look with the eye of the Master, the inner eye. The Master transmits the eye, the clear vision, the eye of the Sun, the eye that illuminates the worlds. The Egyptian myths tell us about the fight of Horus against Seth, a huge fight that Horus won. He was victorious because he had the eye of Gabriel. The eye is the bark that allows you to travel in the worlds, not in the worlds of illusion but in those of truth. With your physical eye, you can see the world, but with the inner eye, you can see another world. The eye of the Master is what illuminates and reveals all the secrets of life.

Essene Glossary

Fall

All the sacred texts of mankind speak to us of the fall as a great universal upheaval. Indeed, mankind lost the contact and the Covenant with the divine world. At the origin, mankind was living in a universal consciousness, outside of any separateness. But one among the Gods rebelled and wanted to be a creator on his own, outside the Source. This being became the god of nothingness, the Usurper, opening an endless abyss behind him. He dragged along with him a whole part of the original mankind that was seduced by the idea of becoming free creators. This part of the original mankind, referred to as "Adam" in the Bible, fell captive to the Usurper. But its cry of despair rose towards its original double, which had remained pure and faithful to the commandments of the Source. It is then that the universe and the celestial order were created to allow all fallen beings to have a path of liberation to find again their original homeland. When the earth was sufficiently organized and structured according to the plan of the divine world, Men-Gods were sent to pave the path of the Light for all the lost souls, through the Mystery Schools and the Essene Villages.

Father

Uncreated fecundating principle, at the source of Creation.

Five senses

The senses of touch, taste, smell, hearing and sight are in the physical world but also in the invisible worlds. Men, because of their anti-natural lifestyle, have atrophied these subtle senses. A particular work is necessary to purify them. This work is the subject of an Essene Initiation, which takes place over several weeks in an Essene Village.

Food/Nourishment

Food is not only physical nourishment. Everything that feeds our spirit, our soul is food, such as knowledge, wisdom, love . . . Thus, what emanates from us is also food for other beings, whether healthy, living food, which feeds the higher worlds, or rotten food, which feeds the world of recycling. One can also speak of subtle food, such as culture or social climate, that nurture and form the bodies and the subtle senses of man without him being necessarily aware of it. One can say that the Masters, through the Teaching, bring the food that awakens the souls. Man must receive the good food, the good elements he needs to create for himself a body in purity.

Forces

Designates the intelligences of Good or evil when they come into play to influence beings in order to achieve their goals.

Four bodies

Subtle natural bodies of earth, water, air and fire, inherent to every creature. Because of the current lifestyle of men, a particular work is needed to revive them. This work is done during an Essene Initiation that takes place over several weeks.

Gabriel

Archangel Gabriel is related to the mysteries of the aura, of the human soul that surrounds man as an envelope of darkness or light. Man draws to him what he is, what he manifests and makes in life. Thus, according to the nature of his thoughts, the moods he cultivates, the actions he performs, he attracts to him certain influences that weave the fabric of his destiny and prepare his future. That is why the Essenes have cultivated through the centuries the science of purification, of healing and of the liberation of the soul through the Essene baptism of Archangel Gabriel, the Father of divine water. Thanks to the mysteries of this baptism, man can enter into the ascending current of the river of the Essene Tradition and be delivered from the unconscious influences of his family, national and global heredity. Gabriel is the great Archangel of love and family because he allows that the path be opened at each moment and that man awakens in his inner life. Archangel Gabriel, through the atmosphere that he makes appear in winter, invites men to turn to the essential, to cultivate and more than ever bring to life what lives within us as virtues, warmth of heart and purity of intentions in relationships.

Archangel Gabriel offered to the Essenes the twenty-two commandments and the twenty-two arcana, the science of the liberation of the soul and the Circle of the Twelve, as well as teachings on the nenuphar, on the passage of water, on the eye of Gabriel, the subtle hairs, the purification of the water of relationships, the angelic zodiac . . .

Garden of Adonai

"Garden of Adonai" is a synonym for the "garden of Eden" of the Holy Scriptures. In the Essene vision of the world, this term is not attached to an abstract spiritual concept, evoking a very distant past. No, this most sacred term tells us about an untouched place in man, a sanctuary where the purity and harmony of his immortal soul reign. The "garden of Adonai" is the "garden of the Master," it is the place of the second birth, the sanctuary of the heart, the secret chamber that Jesus and all the great Masters of the Essene Tradition spoke about. But it is also a sacred place that must exist again on earth as the living temple of the Holy Spirit, where the Father and the Mother can join through the celebration of the divine Mysteries. Thus, one of the contemporary missions of the Essenes is to make this place appear in the physical plane through magical gardens, enchanted forests where some men can live as in the times of the beginning, in perfect harmony with nature. From these gardens, through a special Essene initiation, will

be born a line of sages and Masters whose mission will be to make a new intelligence appear on earth that will be the cradle, the matrix of a new humanity.

Genies

The spirits are the animators of the inner life of man, while the genies act more around him. They are the aura, the atmosphere that surrounds and animates everything he does. They manifest themselves as dream-like images, tinting his breathing atmosphere with a certain colour, a certain atmosphere, with harmony or disharmony. As for the spirits or the egregores, there are genies of the Light and sick genies, born from the unconsciousness and stupidity of man.

Gnosis

The Gnosis is the Light in its intelligible manifestation, appearing to man as a superior knowledge that cannot be learnt, an intuitive wisdom, a direct knowledge. It reveals itself only to one who has recognized that life, in all its manifestations, is the revelation and materialization of a higher universal Intelligence that it is impossible to limit to a particular religion or philosophy. In this, the Essenes are Gnostics, because for them all authentic religions and traditions are the different facets of a single diamond, of a primordial Tradition and a universal and eternal Teaching of which the Masters are the guardians and the activators in the world of men.

Gods/Deities/Divinities

Kingdom preceding the Mystery of the Father. The Gods are the organs of the Father. There is a God in the maple tree, in the water lily, in the mountain, in man . . . All the manifestations of life are letters of the alphabet of the Father. The residence of the Gods is the world of the Spirit. Man, who stands at the summit of creation, is at the service of the Gods of the Light and the Good that bring triumph to the Covenant, or he is at the service of the gods of evil, of those who usurp the Mysteries of the Spirit.

Grape juice, wine

In the Christian tradition, it was said that Jesus drank wine and served it to his disciples at the Last Supper, but it was actually grape juice. The Coptic monks who translated the Gospels drank wine and did not know the lifestyle of the Essenes among which Jesus was born. So they translated the term meaning "grape juice" with "wine," which is fermented grape juice. But the Dead Sea scrolls have revealed that the members of the Essene brotherhood which Jesus belonged to did not drink any fermented beverage. The change in translation of "grape juice" into "wine" is thus purely subjective and linked to a culture that has nothing to do with that of the Essenes and thus of the Master Jesus. This translation is falsified, distorted, for how could the blood of Christ, which is the Teaching of the Light, the

word of the Father, ferment the mind and make it wander as wine does? Wine is impure grape juice while unfermented grape juice is pure and gives life; it does not alter it.

Grail

The Holy Grail, or Sang real in Occitan, which means the cup that would have held the royal blood (Sang real in Occitan) of Christ at the crucifixion. This cup is surrounded by a mystery that actually goes well beyond the crucifixion of Master Jesus. Some medieval legends say that this cup was carved from the green stone, which would have fallen from the head of Lucifer when he became a fallen archangel. For the Essenes, all these legends surrounding the Grail actually speak of the mystery of the construction of a body of wisdom and immortality within man so that he can accept and live with the Light that is the true blood of Christ, the divine life. It is said that this cup what cut in a green stone that we know today under the name of "jade nephrite" for it is by excellence the stone of immortality, the only one capable to keep the memory of everything that is divine and to reject what is not. The divine secrets linked to this stone have resurrected thanks to the renewed alliance of the Essenes with Archangel Raphael who was of all time, the guardian of the mysteries of immortality, the great Hermes Thot of ancient Egypt.

Great House / High House

In Egypt, Pharaoh was called the "Great (High) House" or the "Great (High) Temple" because he was the whole man, the man who succeeded to unite in himself the seven kingdoms of the Covenant of Light and to bring it to life and present in every home in Egypt, for the good of all beings and the whole earth. He had become a collective being and everyone lived in him. Today, the Essene Nation, with the Round of Archangels, the Essene Villages and the Essene Lodges, make up this body of Christ, this great body of Light that is offered to the whole world for the Common Good; it is the Great House for our time.

Hermes Thot (circa 2400 B.C.)

Hermes Thot came in the continuity of the tradition of the magi and the work accomplished by Zoroaster. Aware that a long period of decadence of the human consciousness was taking root, he veiled under the seal of the hieroglyphs the totality of the secret science of the Egyptian hierophants so that no ill-intentioned being could divert it for political or personal reasons, like what befell at the end of Atlantis, causing its final destruction. This is the origin of the Tarot, which contains in its esoteric symbolism the total knowledge of the laws that rule the universe, man and the divine world. That is why Hermes was called the Trismegistus, the thrice great, the one who knows all the worlds and can travel in them.

Hidden Sun

This hidden sun is the Christ of the original Christian, the Osiris of the ancient Egyptian; it is the spiritual body and consciousness of the original humanity of which every human soul is a ray, a cell, an organ. Thus, by finding their individual rightful place in this universal body, the properly educated and trained humans will be able to reconstruct the body of Osiris, the body of Christ.

Hierogrammates

"Hierogrammate" comes from the Greek words hieros and grammatikê that mean respectively "sacred" and "art of reading and writing." The hierogrammates are the scribes of the Essene Nation. They make up a sacred order whose mission is to format the contemporary Essene Teaching. Heirs of the secret science of the ancient scribes of Egypt, they dedicate their time to the preservation and transmission of this Teaching. Their task is to gather the spoken words, writings, drawings, movements, ceremonies and sacred songs and chants that Olivier Manitara transmits as an Essene Master. Everything is archived, organized and made available through books, pamphlets, letters, lodge books, websites, audio or video CDs, etc. For information on the Order of Hierogrammates, visit the website; www.hierorgrammates.org.

Individuality

See "I-ray/I-beam."

I Ray/I Beam

The Essene wisdom has one goal only; to awaken God, the divine world in man all the way down into the daily sphere. This asks of a deep awakening of the conscience and a bond of Light powerful and stable with a superior world. The Essene Wisdom called this link of Light the "I Ray" or the true and eternal being "I Am". This bond of Light is prisoner in the body of man that is cut off from the higher worlds. Only a Master of the Tradition can awaken by the resonance of what is divine in man and lead him towards his individuality that is free and immortal, his I Ray. When man is fully awake in his I Ray, he becomes himself a Master, a carrier of the divine world on earth. The I Ray is the sacred individuality of each being able to manifest himself through a mortal existence.

Initiates of Atlantis (about 23,000 to 10,000 B.C.)

Atlantis is a continent now disappeared. As its name suggests, it occupied the space covered today by the Atlantic Ocean and a little further.

In these ancient times, mankind did not have at all the same consciousness as in our time. Men were not living in their physical body and did not

even have consciousness. Furthermore, the human body did not at all have the form that we know today. The shape of the body was very malleable, as a kind of clay, and varied according to the level of moral and spiritual consciousness of each individual, although man did not really have an individual consciousness. Men we're living in a dream consciousness; there was no day and night or even life or death. When a man died, he did not perceive it really as he lived permanently in what is called "the beyond;" he had no earthly life. Man was creative through the mind and did not really know matter; it did not exist for him since he lived in an invisible world, in the sense of subtle and without defined boundaries. Men were still living in expanded states of consciousness.

The Indians and numerous first peoples have kept the memory of this ancient era they call the days of the "bird-men." That is why they put feathers on their heads, in commemoration of this distant past and to always remember their divine origin. It was an outward living symbol that spoke to them of the inner life, that reminded them that they we're not and are not just physical bodies but also living souls, free to travel in several worlds.

The ancient Egyptians cultivated the memory of this early era, which they called the era of the "Sons of Horus." Horus was the bird of the Sun, the original cosmic man, Christ, he who led the Initiates to the kingdom of the immortal Spirit.

In Atlantis, only these Sons of Horus, these Initiates knew evil and could study it without getting caught by it. Numerous legends mention this secret science that enabled the Initiates to contain and maintain the demons prisoners, preventing them from running wild in order to invade humanity. These demons were not inherently negative, they were simply the forces of decomposition whose task is to recycle matter and all that is perishable. However, they could become negative if man betrayed the divine laws to enslave the beings. This is how among the Atlantean Initiates, traitors arose, malicious beings who wanted to use the destructive power of the demons for personal goals of power, domination of the world and all creatures.

Most men were seduced by the attractions of the physical world that were dangled in front of them by those who had decided to enslave humanity. Then mankind fell. Its consciousness became prisoner of the physical body and its senses, limited only to the perception of the material world. This was the beginning of a long degeneration of human consciousness, behind the deceptive appearances of a rapid technological evolution.

Instructor

The instructor is the one who teaches all beings in the light of the knowledge that enlightens, who passes on the universal wisdom. Synonym of "Master," "Teacher."

Jesus (first century AD)

Jesus belongs to a lineage of Masters who came to earth to manifest the divine law of Light and love. Jesus was an exceptional Master, he had managed to open all his senses to be united with his Father in the Light. That is why he was called the Son of God. Saint John said that he is the word of God, His Word of Light. He also said that the wisdom of the Law was given through Moses (Ramon, priest of Osiris), but that love and the true being came through Jesus Christ. This is a direct allusion to a succession, a progress in the work of the Sent Ones of the Father. Jesus continues the work of Moses and brings it forwards. Jesus is related to Moses and in particular to his experience of the burning bush and his encounter with the Word "I Am." "I Am" is the true being, the presence of God in man. Moses saw the "divine I" on top of a sacred mountain and he received from him the Teaching of wisdom that he transmitted to the men remained in the valley. Jesus merged with the "divine I" until he became one with him and become himself the burning bush in the midst of men.

Kingdom

Each of the seven natural kingdoms making up the original harmony of the world. Four kingdoms are visible to our common senses (minerals, plants, animals, men) and three others are subtle (Angels, Archangels, Gods). The kingdom of the Masters is sometimes mentioned as different from that of humanity, the latter having separated from its original state and living outside of this hierarchy.

Lao Tse (604-479 B.C.)

A contemporary of the Buddha and Pythagoras, Lao Tse, like his glorious forerunner Fo Hi, made the Essene wisdom shine with all its brightness, and it inspired Confucius in the following century to establish new bases for the Chinese government. The Tao Te Ching (The Classic of the Path and the Virtue) by Lao Tse is perhaps the greatest book of wisdom that was ever written, drawing from the very source of intelligence of the universe that is revealed through the great book of living nature.

Light

Presence of the Divine in all worlds.

Lucifer / World of Lucifer

Lucifer is the law of the spirit, the law of expansion, as Satan is the law of matter, the law of condensation. Lucifer and Satan are the higher intelligence of the world of man, the two poles of the Usurper, that stands in the centre. Lucifer corresponds to the freedom man has as a soul endowed with consciousness ad discernment. Man can choose to give his existence to life or death. Lucifer reigns in the world of death that men call "the great

beyond." He governs the spiritualists while Satan governs the materialists.

When man has cultivated in his life noble, religious, philosophical or humanitarian ideals, at his death he enters what the Tradition calls "the world of Lucifer" or “world of death.” It is a world of ideal beauty in which man finds the perfect, living projection of everything he believed in, of the world he dreamed of. But this is still an illusion because it is a projection in which man takes refuge but that he failed to incarnate in the reality of his life; so it is a mask that cannot enter the divine world, the world of eternity since it is false, that is to say unreal, not incarnate. See also "World of water."

Magic, magus

Magic is the science of influences, the art of mobilizing intelligences and forces. It is independent from man because it puts the laws in motion and makes them act. Man has in himself the power to activate magic but he can also be activated by it. Magic is universal; it allows and directs birth in all worlds because it is the placenta of life. The Essene who studies the laws and secrets of the magical art must awaken his consciousness in an absolute purity through all his organs and all his senses in order to recover the magical power that is in him and that belongs to him in front of destiny. Magic is the only means to consciously direct his life, to orient his path and realize on earth. It is the consciousness of exchanges and the mastery of influences within the placenta of the Light or of darkness.

Someone who masters magic is called "magus" or "magician," "priest" or "vestal." The priests and the vestals of the Essene Nation are the magi of the Most-High, trained to maintain a magical balance, a harmony in the world. They take care of the presence of the Father and maintain the Covenant for humanity, the earth and the future generations. One of the goals of the Essene Nation is to teach magic and even to allow magicians of Light to be born to themselves. The Essene magic is sacred and beneficial. It leads to take one's life in hand, to do good around oneself and serve the divine higher Intelligence.

Man-Angel

A man-Angel is a man who goes towards a higher world, towards a kingdom above that of man, this is that of the Angels. Such a man is great by the presence of an Angel in his life. We talk of an ennobling of man, of a man who has awakened his consciousness and who works on himself according to an eternal wisdom.

Master

It is in the nature of man to seek to reach an achievement, the most complete fulfillment of what he does. The carpenter seeks mastery of his art as does the architect or the musician. The same goes in the area of the Covenant with God. A Master is a man perfectly incarnating his tradition,

which is that of the Light. The words of wisdom that were given by the Essene Masters of all time are like musical scores. They must be read and passed on by Masters who have reached the summit of their art. When one has attained complete mastery in one's field, whatever it may be, one is connected with the great Master of all the masters. One can then have access to inner guidance. For the Essenes, this path goes through an accompaniment, a one-on- one transmission. An Essene Master does not come for men. His only reason for being is to serve the Father, the Divine in all beings.

Melchitzedek

Melchitzedek is the Founding Father of all the Men-Gods for the actual cycle of evolution. He is no longer born from a woman. He is the guardian of the purity of the Primordial Tradition and the divine Teaching.

Mother

For the Essenes, the Mother is the divine creative principle complementary to the Father, the intelligence hidden behind all the manifestations of life: the stones, the mountains, the trees, the flowers, the animals. This name is also often used to designate the living nature.

Mysteries

When written with an uppercase, "Mysteries" refers to the essence of the practices, rites and teachings that, beyond the diversity of traditions, lead the individual on the path of Initiation.

Name from the Mother

At the end of the Initiation of the Four Bodies (see "Essene Initiations"), an Essene receives the Name from the Mother during a particular initiation. This sacred moment corresponds to what Jesus and many other traditions have called the "second birth," in which man receives his real name, that of his soul. Indeed, after being born as a man in the world of man, he must be born to the Mother, that is to say, the consciousness of who he really is, the deep and secret meaning of his incarnation.

Name of God of four letters

The Hebrew name of God of four letters breaks down into four degrees of vibration, from the subtlest to the denser:

- the first letter, IOD, corresponds to the fire element in the universe and to the mind in man. Its divine quintessence is kept in the higher worlds by Archangel Michael;

- the second letter, HE, corresponds to the element air and to the sphere of feelings and the senses. Its divine quintessence is kept in the higher worlds by Archangel Raphael;

- the third letter, VAU, corresponds to the element water and to the sphere of the will. Its divine quintessence is kept in the higher worlds by

Archangel Gabriel;

- the fourth letter, HE, corresponds to the element earth and to the sphere of action. Its divine quintessence is kept in the higher worlds by Archangel Uriel.

The whole world of man is composed of these four elements, not only in the visible world but also in its invisible counterpart. It can also be said that IOD is the Father, the first HE is the Mother, VAU is the Son and the second HE is the Daughter.

Noah (circa 10,000 B.C.)

It is said that before the ancient Atlantean civilization vanished in the Flood of which the Bible speaks, Noah constructed an ark to save the Covenant of Light of the Essene people with all the realms of existence of creation: not only the animals, plants and minerals but also the Angels, the Archangels and the Gods. This ark was the Essene Nation whose sign of victory was given to it through a rainbow, the symbol of the union of heaven and earth, of the three invisible kingdoms of the Father with the three visible kingdoms of the Mother, man standing in the middle as the magus, unifying the two Worlds.

Oneiric Image

The dreamlike images are created by genies. For example, an animating force, meaning a spirit, tells a man to go drink water. If man is conscious and he looks inside him, in the hidden part, he will see that in fact, he was seeing himself drinking water before drinking it. An image was formed in him before the action was accomplished because things are always done in the invisible before being carried out in the visible. Nothing arrives on the physical plane without being first accomplished in the more subtle plans. If man lets images enter in him that are not good, he will be harassed by these images that will live in him and will keep him in illusions while telling him what he must do and how to act: he will be bewitched. To be conscious of this, we must develop the night vision. (See the "world of night.")

Organ

Generally refers not to a physical organ but to a part of the subtle body of a being. An organ is at the same time a means to perceive and a means to act. For example, compassion is made possible when a man possesses its organ. Organs can be developed and strengthened by specific methods.

Pharaohs Sons of the Sun (5000-2400 years B.C.)

The great Egyptian civilization was born around the year 5000 B.C. under the reign of the great Pharaoh Menes. What we know today of Egypt refers only to the degenerate Egypt, which was ruled by the Usurpers of Pharaoh, who, after the reign of Akhenaten, seized the government of the nations. The real Egypt, that of the Pharaohs Sons of the Sun, was a garden

of paradise such as one cannot imagine. It was another world where divine harmony and peace reigned, where each being had his place and could freely manifest all his gifts and virtues. Men lived in a respectful union and sharing with all forms of existence.

Pillar

A pillar is an Essene priest consecrated to one of the four Archangels and a carrier of one of the four sacred staffs of the Essene Nation. It is a particular form of priesthood playing a central role in the celebrations of the Round of Archangels. This commitment involves a great responsibility and a strict life discipline and therefore also great discernment. The whole life of the pillars of the Archangels is dedicated to serving the divine world.

Priest, priestess or vestal, Order of Priesthood

The Essene Nation is essentially a people of priests and priestesses. To be an Essene is to be a priest, a priestess in the service of the Divine Cause and its Higher Intelligence. At the summit, the Essenes are an order of priests and priestesses dedicated to uniting the two worlds of the Father and Mother in the perfection of the Covenant of Light. By all his sacred works made in the utmost dedication and purest love of universal life, the priest, the priestess of the people of Essenia is a living blessing for all beings.

The Round of Archangels is the gateway to priesthood, that is to say to the consecration to a higher world and the fulfillment of divine service, of worship, of work. Priesthood carries within it the sense of the sacred, study, devotion, the carrying out of rites and the realization of the work that opens the way to salvation.

Within the Essene Nation, the Order of Priesthood is the body responsible for the celebration of baptisms and weddings, as well as the training of its priests and priestesses, who climb the steps of the Essene Initiation at their own pace.

The priesthood has several degrees. The first degree is to enter the celebration of the worship of the Angels through the mandala-talisman. When a being commits in conscience in this sacred service, he can become a priest, a vestal.

Then, the activities of the priests and vestals of the Essene Nation are many and varied. Service to the Divine can be accomplished by reading the words of the Essene Gospel, studying the Teaching, carrying out worship to bring the Light to life in the ethers of the earth, accomplishing a work for the Light, opening a lodge, spreading the Teaching, entering the Initiations, living in the Villages, taking care of the temples of the Archangels . . . All these activities are degrees of priesthood that make up the great body of Light, the perfect government that is establishing itself on earth.

Psalm

Sacred text of teaching transmitted by an Archangel, usually in his temple during his celebration. Called "psalms" because they are recited* by the Essenes throughout the year, these texts are alive and possess magical powers. They are a concrete manifestation of the divine world. (*In French, to recite or chant a sacred text is said psalmodier.)

Pythagoras (570-480 B.C.)

After visiting almost all the temples of the world and collecting their esoteric teachings, Pythagoras presented himself at the doors of the Temples of Egypt. He bowed down to the supremacy of the wisdom of the Egyptian hierophants, and climbed one by one all the steps leading to the Initiation of the Sons of the Sun. While superstition had overpowered the consciousness of the Greek people, reducing the sublime teachings of Orpheus to the state of dead letter, Pythagoras re-established the School of Mysteries, and instituted a true education of man: at the same time spiritual, intellectual, moral and artistic. His influence extended even beyond the borders of Greece.

Rama (circa 6700 B.C.)

The new era that began after the great flood that put an end to the Atlantean civilization is known as "prehistory." Six thousand seven hundred years B.C., when women druids were dominating men reduced to slavery, a missionary of the divine world was born in the country of Kal (which gave Gaul and Wales); he was called Rama, the ram, because of his unfailing determination to restore the reign of peace and harmony. Preferring to avoid a civil war, Rama, in his great wisdom, took with him several millions of men and women. He led them from the country of Kal up to India, and restored synarchy (the opposite of anarchy, the reign of justice) in all the kingdoms through which he passed. And humanity went through a golden age that lasted more than 3,500 years.

Raphael

Raphael is he who resurrects and animates the soul of the man who does not want to live only for the comfort of his material or even spiritual life, but for a grand ideal and work that are beyond his little person. Such a being becomes a blessing for several worlds, on earth as in heaven. He is a real healer of the soul of humanity and of the earth. The Essenes want to live with the virtues of the Angels. That is why they celebrate and welcome every year, in the spring, the breath of Raphael that frees man from the smallness and limitation of the physical body. By the divine breath of Archangel Raphael, man can recover the memory of his eternal soul and remember the deep meaning of his present incarnation, his mission of Light

on earth, the path of his true destiny. By the breath of Raphael, an Angel bearer can raise his consciousness to the clear perception of a higher world and unite with the great thoughts, the pure ideas of the divine world. His soul then begins to breathe in another world, as vast as the universe. The path of his true destiny opens and a deep discernment awakens in him, teaching him to sort out his life to keep and grow only what is essential.

At the spring equinox, when everything in nature resurrects, the Essenes meet to celebrate Archangel Raphael, he who activates the mysteries of resurrection and the healing of humanity and nature by the divine breath of which he is the bearer. Raphael is the face of God in air, he who makes everything alive and calls all beings to life.

Archangel Raphael gave the green stone to the Essenes and the science of immortality as well as the teachings on Essene therapies, on the secrets of the caduceus of Hermes, on breath and breathing, on the pyramid of Light that unites heaven and earth . . . He has also given fifteen commandments.

Recycling

If man does not cultivate an inner life, after his death he undergoes a process of decomposition of his subtle bodies, losing the benefit of his experiences for his next incarnation.

Religion of the Light / Universal religion

Religion is the bond of life that binds man to the divine world, which allows him to know himself, to weave good relations with others and all the kingdoms of nature. The religion of the Light does not belong to any people, any religion in the world of men. It is only divine. It is the higher intelligence that allows to guide men in wisdom and true kingship.

Rose+Cross, Christian Rosen+Kreutz (1378-1484)

The Master Christian Rosen+Kreutz was born in Germany. He travelled the length and breadth of the Mediterranean basin, and on his return to Europe at the age of 35, he had assimilated the essence of the esoteric knowledge and magical savoir-faire of the greatest civilizations of the world. Basing himself on this universal knowledge, he formed around him the magical circle of the twelve currents of the Primordial Tradition of the Essenes through twelve beings predestined for this secret mission. Like Enoch, he traced the circle of the faithful keepers of the divine Mysteries. Thus was born the current of the Rose+Cross, which bore its apparent fruits in the world, and especially in the Western culture, in the centuries that followed. Through great reformers in medicine, science, religion, education, such as Paracelsus, Francis Bacon, Jan Amos Comenius, Jacob Boehme, and more recently, Goethe, Louis-Claude de Saint-Martin and Rudolf Steiner, the movement of the Rose+Cross continuously brought wisdom and life to places where superstition and death reigned. Christian Rosen+Kreutz had concluded a covenant with Archangel Michael, who revealed to him the

greatest secrets of life through the mystery of fire. Thus was born the symbol of the rose at the heart of the cross, the rose representing the fire of the beauty of God, of the Mystery hidden in all manifestations of nature.

Round of Archangels

Traditionally, the Essenes maintain very strong bonds with the divine and natural forces, allowing them to have access to a unique knowledge. It is this knowledge, ever ahead of it's time that has through the ages made the reputation of healers of the Essenes. Today, this method of communication and healing is called "the Round of Archangels." It enables everyone to live in communion with an Angel and take care of him, in a unique exchange and mutual support. The Round of Archangels is an ancient Essene savoir-faire to restore harmony between the subtle higher realms (Angels, Archangels, Gods) and the visible kingdoms of nature (minerals, plants, animals, men). For information on the Round of Archangels, to know the dates of the next celebrations, visit the website: www.en.OlivierManitara.org.

Saint John the Baptist and the apostle and evangelist Saint John (1st century B.C. - 1st century A.D.)

Saint John the Baptist, Jesus and Saint John, were trained from an early age by the great Master of the Essene Brotherhood on Mount Horeb, are like one and the same being. Saint John the Baptist prepared all the conditions for the advent of Christ, whom he had prophesied when he was Elijah. When Jesus appeared "on centre stage," as a living incarnation of Christ, Saint John the Baptist disappeared, beheaded under the orders of King Herod. After three years of public mission, Jesus disappeared in his turn, crucified by the people that ought to have welcomed him and crowned him King of Israel. The covenant with Christ - the Master in all Masters - was then entrusted to the beloved disciple Saint John who became the new great Master of the Essene people, the carrier of Christ and the guardian of his secret doctrine for the next two thousand years. From the School of the Mysteries of Christ, which he resurrected and founded with the help of the Virgin Mary, a new river of the Essene Wisdom was born that extended through the fraternity of the Manicheans, Bogomiles, Templars, Cathars and Rose+Cross, up to the Essene Nation.

Satan

One must not see in this name what Christian superstition has made of it. "Satan" comes from the Egyptian name "Seth," the personification of the desert, of death, there where nothing can grow anymore. Thus, in the Essene view of the world, Satan is nothing more than the being, of course dark, which lives under the earth and in the world of men, leading towards decomposition all the physical, mental and spiritual waste, in other words, all that was not led to wisdom and the awakening of consciousness. Only what is divine and eternal in man is not subjected to the universal satanic

law. Satan is therefore a blessing, a good servant, as Jesus said, because he is decomposing earth that allows all the divine seeds to take root in it and rise and grow to become a powerful and majestic tree. But Jesus also said that he could become a curse and a very bad master if man does not know how to draw wisdom from all his experiences, positive as well as negative. To do this, man must be awakened, he must be a sage who does not let decomposition enter into his three centres of consciousness and action: thinking, feeling, will.

Serpent of Wisdom

This is how the Essenes call the great cosmic fluid, the universal soul that the Father emanated from Himself at the beginning of time so that Creation was possible and that spirit and matter can be united in a perfect harmony. It is the primordial ocean of energy of the divine Mother that bathes the worlds and leads them towards the Father through the path, the river of wisdom. It is often represented as a serpent of Light that rises behind the spinal column of all the authentic Masters because it wants to maintain pure and alive the sacred link that unites the Father and the Mother. It is the guardian of the gates of the invisible world, always watching that nothing human (the realm of good and evil mixed together) enters the higher worlds.

The Initiation to the Serpent of Wisdom is done at the end of the initiation of the Five Senses.

Serpent-tempter / Tempting serpent / Destructive serpent / Destructing serpent

The serpent-tempter refers to the destructive force that lives in man. It is not negative in itself because it is the same energy, the same force as the Serpent of Wisdom. Simply, when man "fell" from the divine world, this primordial force that animated him and united him to the Source found itself trapped in one world: the physical body of man. The latter, deprived of the purity of the divine world and the knowledge of its sacred laws, failed to transmute this force into Light of wisdom. This force then became blind and destructive, seeking by all means to return to the Source. Thus were born all the vices of man, as an unleashing of uncontrolled forces. Only the most cunning of men have learned to use them under deceptive appearances for their own glory, by crushing others. That is why it is called "the tempter" or "the destroyer."

Six Moons

The Initiation of the Six Moons is a retreat of six months in an Essene Village. This is the great Essene initiation to incarnate the Essene way of life into one's daily life. During six months, the initiate must purify himself to perfection. He must strengthen his four bodies and five senses, strengthen his thought by studying the Essene Gospel, have devotion for the wisdom of

the Tradition and perform with a great discipline the sacred rites of the Six Moons. So, at the end of the Six Moons, he has all the conditions to carry out works in accordance with his soul. If his destiny permits, he has the opportunity to live permanently with an Angel and continue on the path of Essene Initiation by entering the Order of Priesthood.

Solve et coagula

Solve et coagula is a Latin phrase of the secret language of the alchemists of the Middle Ages that can be translated as "heaven and earth" or "yes and no;" these are the two great forces of life: the first goes towards an expansion and a broadening while the other goes towards a contraction and a fixation. To apply the laws of solve et coagula means to weigh the "pros" and the "cons," what will happen if man says "yes" or if he says "no."

Son

Complementary principle of the Father and the Mother, embodied by a Master.

Son of Abel, son of Cain

It is said that Eve united with Satan, the son of the earth, and that she gave birth to Cain, while Adam united with Lucifer, the son of heaven, and gave birth to Abel. Cain was a creator, as the Father: where the Eternal was creating something, he would create the same thing. He was the principle of Creation. As for Abel, he was the principle of offering to the Father. He was an idealist, a religious, and he wanted to serve his Father. These were two separate humanities.

Cain is the satanic side, the side of evil. The lineage of Cain is the scientific, materialist side, the one that consists in looking at the world objectively, concretely, in studying the laws. Abel is the Luciferian aspect, the side of good. When you are in this humanity, you are a positive, enthusiastic, dynamic being, you believe in Good. The lineage of Abel is the subjective side, religion, the inner life, feelings, the heart. In today's world, we find the sons of Abel among the religious, the idealists, artists, spiritualists, while the materialists, scientists, the concrete and creative beings find themselves in the line of Cain.

Son of God / Son of the Sun / Son of the Light (synonymous with "Sent One of the Father" and "Emissary of the Father")

The Essenes are the keepers of the Universal Tradition. That is why they do not separate traditions and do not place a Master above another or in opposition to another. Thus, through Enoch, Krishna, Isis, Zoroaster, Moses, Buddha or Jesus, the Essenes contemplate and welcome the manifestation of the one Light of the Father and the Mother that the Christians call "Christ" or "only begotten Son of God." All these Masters, these Sons of the Light or Sons of the Sun form together the royal lineage of

the only begotten Son of God, whom the Egyptians called "Horus," who corresponds to the dove of the Holy Spirit in Christianity or the eagle in many traditions. The terms "Son/Daughter of God' and "Son/Daughter of the Light" are sometimes used in the sense of 'Child of the Light," that is to say "Essene" in general, and sometimes in the sense of "Master," "Sent One." "Son/Daughter of the Sun" can also be applied to any Essene, in a general sense. When it is about a Master, it means that he has passed with success a specific initiation.

Spirits

In the Essene view of the world, any act or activity performed by man is animated by spirits, by forces of nature. According to his level of consciousness, man calls luminous spirits, that bring life, or sick spirits, that carry death, throughout all he does. The spirits of life are the messengers of Mother Earth that act as a sacred consciousness throughout the four elements, in man and in nature. The salamanders are the spirits of fire; the sylphs are the spirits of air; the undines, those of water and the gnomes those of earth.

Spirits of nature / Spirits of the elements / Spirits of life

Also called "fundamentals" in the Essene Wisdom, the spirits are the magical forces, alive and conscious, that animates the four elements and the four kingdoms of nature. Each of the four species of nature spirits thus constitutes the consciousness of an element.

The gnomes are the spirits of earth. They form the consciousness of earth. They are also the guardians of the intelligence and soul of the mineral kingdom. They live mostly underground, in the world of the roots of the plant kingdom, working tirelessly to maintain the stability and structures of the mineral kingdom that carries us.

The undines are the spirits of water. They form the consciousness of water. They are also the guardians of the intelligence and soul of the plant kingdom. They live mainly in an aquatic milieu. They allow the process of flowering of the plants and trees, which cannot take place without the presence and action of the water element.

The sylphs are the spirits of air. They form the consciousness of air. They are also the guardians of the intelligence and soul of the animal kingdom. They live mainly in high places, at the tops of trees or in the clouds. They are also the ones who give plants their colours, fragrances and virtues.

The salamanders are the spirits of fire. They form the consciousness of fire. They are also the guardians of the intelligence and soul of the human kingdom. You can see them at work through the bees and butterflies. They ensure the transmission of the essence of the beings through the complex processes of the generation of the species of any kind.

In man, these nature spirits were bewitched by his stupidity, ignorance and pride of being superior to all other kingdoms of nature instead of as-

sociating with them in mutual support and an ascent towards the higher worlds of the Father.

Spiritual world / World of the shadow

The spiritual world is made up of spiritual entities that are the source of the thoughts, feelings and desires of men. This world can also be called the "world of the shadow" because it hides and prevents the Light of the divine world to touch man so that he takes charge of his life and breaks the chains of slavery to this false and destructive spiritual world.

Study, devotion, rite, work

Study, devotion, the celebration of the rites and the accomplishment of the work are the four fundamental pillars of the Essene Teaching. The awakening of man passes through the study of the knowledge that enlightens, devotion towards the universal wisdom, the practice of the rituals that connect to the Tradition and the impersonal accomplishment of a work of Light as a tool of a higher world. To facilitate the study of the Teaching and the devotion towards the knowledge, the Essene Nation offers correspondence courses, associated with the Essene Lodges, which allow the performance of the rituals. As for the accomplishment of the work, it is done through study, devotion, the rites and the Essene Initiations, which allow the initiate to contact his soul and manifest on earth the Light of the superior worlds again.

Supreme Council

The government of the Essene Nation.

Teaching

The Teaching is the universal wisdom, a divine word, transmitted by the intermediary of the great Masters. Whether it comes from the Buddha, Lao Tse, Jesus, Mani or Mohammed, there is in fact only one Teaching, a single and universal truth. To study the Teaching must be an impersonal work, done so that thoughts of wisdom live in the whole world, so that the pure egregore of the Teaching grows on earth.

The four fundamental pillars of the Essene Teaching are study, devotion, the practice of the rites and the accomplishment of the work. By these four activities, the student must make a body of the Teaching for himself and arrive to structure his life in order to walk towards a world of Light.

In the Essene Nation, the Teaching is transmitted through the correspondence courses. These are the link, the thread that unites the Master to his pupils, the Children of the Light, to the Tradition. For information on the correspondence courses, visit the website: www.en.OlivierManitara.org.

Tradition / Essene Tradition / Tradition of the Sons of the Sun / Tradition of the Light / Primordial Tradition

The Essene Tradition, also called "the Tradition of Sons of the Sun" or "Tradition of the Light," goes back to Enoch, its Founding Father. It is said of Enoch that he was the first man to recover from the fall and restore the Covenant with the higher worlds of the Father, thus opening a path of liberation to all the kingdoms of the Mother. The Essene Tradition was born from the Covenant of this exceptional being, then from a whole people, with the divine world, tens of thousands of years ago, when mankind had fallen from this original world. It has continued in an uninterrupted manner by passing from one Master to another, bringing the light of wisdom to all peoples. The Essene Tradition is also called "the Primordial Tradition" because it generated all the great civilizations and spiritual currents that have brought everything that is beautiful, true and sacred to the world. It is through its continuous Covenant with the divine world, through its representatives, that the Essene Tradition could shine the Light in the traditions of all peoples, providing the essential knowledge to a lost humanity.

Tradition is the subtle body allowing the Light to be embodied in the kingdom of men. It is honoured and regenerated by the teaching of an incarnate Master. If his successor does not have a covenant with the divine world, the body that the Tradition took to manifest itself crystallizes and dies, transforming itself into a superstitious practice or religious intolerance.

True Being

The Teaching of the Light in all traditions has always shown man as a double being, as the carrier of two opposing natures whose goal is to reconcile and work together to make a higher world appear on earth. Therefore there is in man a lower mortal nature, and a higher and immortal nature. There is the false being, the outer me of man formed by his personality and the hereditary, social and cultural influences of the world in which he incarnates, and, in the deepest part of him, there is the True Being, the divine core that sleeps in all men coming into this world. So the mission of man is to not reject or condemn his lower nature but to domesticate it, master it until it is entirely at the service of the True Being. The man who manages in this way to manifest his True Being all the way to his outer life, receives the power and the ability to awaken it in all beings that surround him. These men have been called “Masters,” not because they master others but because they know how to guide them towards the True Being in themselves and in all beings.

Uriel

In man, Uriel is related to the feet and the physical body as a whole. With him, the thoughts and will of the divine world are made concrete, they become actions. He is the perfection of perfections, the fourth letter of

the Name of God, the throne of the King of kings, the body of Christ. He is a light of cohesion that comes to inhabit all that is perfectly structured and organized to make the divine world live down into the earthly reality. In ancient Egypt, Uriel was called the "ka" of Pharaoh, that is to say, the divine energy united with all the higher hierarchies coming down in a man prepared for this and whose only purpose was to bring prosperity, abundance and harmony to all the people. The phrase "body of Christ" is the literal translation of "ka of Pharaoh," "ka" meaning "body," and Pharaoh, "anointed," "blessed," that is to say, "Christ."

The summer solstice is the absolute victory of light over the darkness of the night. It is then that the Essenes gather to celebrate the coming of Archangel Uriel, who comes to unite man with all the kingdoms of nature and of the divine world in a Covenant of Light, in a cosmic celebration. It is the festival of the earth that reveals all the wonders it contains in its perfect soul and intelligence.

Archangel Uriel gave to the Essenes the eight rules of Uriel, as well as the teachings on the silver plate, on magical writing, on the body of Light and the Earth of Light, the Earth of Uriel, on the solve and coagula, the three lines of Cain, Abel and Enoch, the androgyne . . .

Usurper

"Usurper" is the name given by Archangel Michael to the being that created the world of man with the hidden - but increasingly uncovered - goal of putting all the kingdoms of nature, including man, to slavery so that the latter takes the place of God and prevents Him from manifesting Himself. The Usurper is the one who usurps, that is to say, the one who takes the place of the Divine in man and creates a whole world, spiritual even, so that man remains passive and does not take his destiny and that of the earth in hand. The Usurper is the master and the father of a whole hierarchy of non-divine intelligences that fight against the divine world and its advent in human consciousness. Lucifer and Satan, for example, are fallen archangels at the service of the Usurper.

Word / Divine Word / Word of the origins

When God wanted to create the universe, He emerged from his rest and imprinted his image in this universal substance. This image is the first manifestation of the being that externalizes himself to create, it is the affirmation of the being and of life: I-Am. This I- Am, living in the universal substance and containing within himself the source of the All possible, uttered the first creative affirmation: "I am the Light of the world." Then came the intelligence-wisdom, the Word, Christ, the man of Light was born. The incarnation of the living Word or Christ in man is analogous to the realization of the philosophical stone.

"In the beginning was the Word and the Word was with God and the Word was God." This first verse of the Gospel according to Saint John cor-

responds to thinking in man. Indeed, thought is the manifestation of the universal Word in man and also in Greek, the Word is said logos, which can be translated as "intelligence" and serves as a root for the word "logic." In this verse, John says that man has in his mind the means of union with the cosmic Intelligence that organized the living universe. Man must elevate his thought, his imagination towards the divine world to receive direct inspiration from it.

"All was through it and without it nothing was." This third verse of the Gospel has to do with the feelings in man. It is through feeling that thought can be realized in matter. Man should not be content to remain in the world of thought but must embody the Word in matter to develop the philosophical stone.

"What was in it was life and life is the Light of men." This fourth verse of the Gospel has to do with will, the movement in man. The creative act results from the union of thought and feeling that generates the realizing movement. At this level of achievement, man becomes aware of the Light in relation to his own capacity for Light. As he can produce works of Light, he says: "I am the Light of the world," which was the Name from the Mother of the Master Jesus.

All the great Masters are the incarnation of the Tradition. That is why it was said that the Word became flesh and dwelt among men in the world of death. (John 1:14) This Word of the origins is the first word; it is the intelligence that taught Enoch and allowed him to open the path of resurrection and life after the fall. This word that was living in Enoch was again alive in Jesus. Then it was living in Mary, in Mani, in Peter Deunov . . .

Work

Every being is the bearer of a special mission within the general organism of the earth and the universe. This mission, this function is universal and collective for the animals, plants and minerals. With man a process of individualization appears, which must be accompanied by a growing awakening of consciousness in order to reach its achievement. This process is not automatic but initiatory and progressive: man must build another body for himself, a bark that will allow him to reach the other side, that of his soul and his true destiny. To find his deep meaning, man must receive the Name from the Mother, which is his mission in this incarnation, and focus on it until it is fully achieved. The achievement of the Name from the Mother is related to the realization of the work. To do a work for your soul allows you to build your future body. The realization of the work is Light manifested on earth, in the physical plane.

World of man

The world of the daily life of men, often separated from their divine origin, from the original harmony of the seven kingdoms.

World of water / Auric world

Also called "auric water" or "aura," this water is a subtle matter, invisible, formed and inhabited by all the thoughts, feelings and desires that live around the man's body and animate his body of earth, his physical body. This world of water is the "astral world" which many occultists and esotericists of the 19th century and medieval alchemists spoke of. It is also the "the great beyond" of the religious and spiritualists, in which they encounter the images and ideas they have made of God during their earthly life after their death. Once they lose their physical bodies, men find themselves projected into the world of water. There they meet as living beings, all the thoughts, feelings and desires that they had fed more or less consciously during their earthly lives.

World of night / World of the Moon

The hidden and subtle side of life, what is not seen. The solar side, the diurnal side, is what we perceive with the physical senses, while the lunar side, the night side is what we can perceive only with the subtle senses. When you see in the world of the Sun, the world of the day, you see the assembling of the four elements, you see what is, the manifested. When you enter the world of night, in the vision of the Moon, the nocturnal vision, you see the spirit and the genie that are behind the element, you perceive the intent behind the word, behind the gesture, the animating and shaping force. You see the impulse, the movement, what is hidden behind and makes you talk, move . . . Man must try to awaken in both worlds.

World of water / Auric world

Also called "auric water" or "aura," this water is a subtle matter, invisible, formed and inhabited by all the thoughts, feelings and desires that live around man and animate his earth body, his physical body. The world of water is the "astral world" of which many 19th-century occultists and also the alchemists of the Middle Ages spoke. It is also "the great beyond" of the spiritualists, where they meet after death the images and ideas they have made of God during their earthly life. When they lose their physical body, men find themselves thrown into the world of water, where they meet, like living beings, all the thoughts, all the feelings and desires that they have fed more or less consciously during their earthly life.

Worlds (the four worlds)

The four worlds that make up the whole of the world of man but also of all visible manifestations are: the physical world, the auric world (or magical world), the spiritual world and the divine world. The physical world is the world we see and perceive with our external senses. It is linked to the mysteries and the teaching of Archangel Uriel. The auric world or magical world (see "World of water") is made up of the thoughts, feelings and desires that men emit continuously. This auric world is itself connected to a

third world called "spiritual world" and animated by it. The auric world is linked to the mysteries and the teaching of Archangel Gabriel. The spiritual world is made up of the spiritual entities that are the source of the thoughts, feelings and desires of men. It is linked to the mysteries and the teaching of Archangel Raphael. The divine world is the source and origin of all life and all intelligence. It is the Word of the origins of which Saint John speaks, without which nothing can come to life. It is the Sun of all suns living in the infinitely small as in the infinitely large. The divine world is linked to the mysteries and teaching of Archangel Michael. This world is also made up of four kingdoms: the Masters, Angels, Archangels and the Gods. These four kingdoms are the divine and immortal counterpart of the four kingdoms of the Mother: the minerals, plants, animals and men.

Worship of Fire, Air, Water and the Earth of Light

Sacred worship maintaining the divine presence in each of the four elements. They are performed daily in temples consecrated to one or the other by priests at the fourth step of the Initiation. By the permanent covenant of the Essene Nation with the four Archangels, this worship has the ability to act in all worlds and on all of humanity to nourish and help grow the divine Fire, divine Air, divine Water and the Earth of Light in all beings.

Writing

Behind every being, every manifestation of life stands an intelligence that is the writing of this being, that is to say, his identity. The Egyptians, who mastered this wisdom, represented each being of the creation as a hieroglyph (which means "sacred writing") because they believed that each being was a letter in the big alphabet of the cosmos and the bearer of an intelligence and wisdom. But these can be usurped if man does not honour this sacred writing consciously and does not keep it alive in his thoughts. One of the major missions of the Essenes is to revive the sacred writings that are at the origin of all the manifestations of life by the covenant of the Round of Archangels.

"To place writings" in one's life, is to consciously put into action forces to transform one's destiny by doing works that give a body to the Light. The word "writing" can also be used in connection with the sacred rituals. For example, to invite and represent the mineral kingdom in a ceremony, the Essenes will place a stone as a "sacred writing," as a living language that speaks to many worlds. Through this stone they will invoke the living intelligence and soul of the mineral kingdom because they know that the stone is alive in man and that it has a message, wisdom to transmit to him, without which man will remain an incomplete being. Through the celebration of the sacred rites, the Essenes want to show all beings and all worlds that they recognize them as so many divine writings that must be honoured and unified to form the great body of the Godhead, the Covenant of the worlds, the great Universal Brother hood.

Zoroaster (circa 2600 B.C.)

All the teaching of Zoroaster was based on the knowledge of the mysteries of the wheat grain - the fecundating principle of the Father - and of the mysteries of the earth - the creative principle of the Mother. Thus, man learned how to grow the seeds of the good life to create by himself his future in the Light. He had to understand through nature the sacred science that allows controlling evil by putting it at the service of the good for all. It was the ancient science of magic, the royal path of the ancient Atlantean Initiates that confers on man the knowledge and mastery of all kinds of influences, negative as well as positive. That is why Zoroaster was called the Father of the magi, and that magus came to honour him when he reincarnated as Jesus. In the Essene Nation, the pillar of Fire carries the magical staff that is consecrated to this Master.

For More Information . . .

These teachings can be brought to life by practice. This book is paired with another book, called "lodge book," in which you will find a ceremony that you can do either at home in your sacristy, which is an individual lodge, or at an Essene Lodge in your area.

It also contains sacred movements, exercises and a song that will allow you to incarnate the transmitted wisdom down into your body.

You can get this book via the correspondence courses:

Order of Essenes
www.Order-des-Essenes.com
Go to: Essene Boutique

The Essene lodges welcome a brotherhood of beings who have the same ideal, a group of free individuals, united by a common vision, a circle of friends who practice the same sacred rites, thus creating an egregore that reinforces the Essene Tradition and brings positive and beneficial forces into the destiny of all those who study its wisdom.

By taking part in the Essene rites, in an individual or collective lodge, you place magical writings in you and around you.

The desire of the Essenes is that those who study these teachings do not limit themselves to getting nourishment for their intellect but that they welcome the rites that lead to the creation of the body of immortality in man with devotion and practice, in this way making their whole life a work for the Light.

For further information on the lodges, visit the site:
www.Ordre-des-Esseniens

For more information on the lodges, visit the web site:
www.Loges-Esséneine.org

On this site, you can find the lodge closest to your home.

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"One who has established a connection with his soul
can not only speak with all beings,
but can also understand all the worlds."

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The books mentioned:

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  Olivier Manitara, Essenia Publishing, 2012.
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  Olivier Manitara, Essenia Publishing, 2012.
- **The Secret Book of the Essene Magi**
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- **The Prophecy of Buddha**
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- **Solve and Coagula**
  Olivier Manitara, Essenia Publishing, 2010.

The conferences, books and meditative drawings of Olivier Manitara are available in the boutique of the Essene Village in Cookshire, at the Grand Essene Lodge of Quebec in Montreal and on the websites www.Boutique-Essenienne.ca (for Quebec) and www.Boutique-Essenienne.com (for France).

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