

OLIVIER MANITARA



ESSENE MANUSCRIPT

# THE 14<sup>TH</sup> RULE OF GOD THE MOTHER

Subtlety and Delicateness

MESSAGE FROM GOD THE MOTHER



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Its sale is prohibited.

It is transmitted only to Essenes in training and only concerns the Essene citizens.



# THE 14<sup>TH</sup> RULE OF GOD THE MOTHER

## SUBTLETY AND DELICATENESS

The Garden of Light, Panama - Saturday February 23, 2019  
Initiation Congress

In nature, there is an increasingly subtle order: we start with the stones, we get to flowers, to smell; we start with a big animal and we get to a butterfly . . . Likewise, the human being must move from coarseness towards ever greater finesse.

### MESSAGE FROM GOD THE MOTHER:

My 14<sup>th</sup> rule is subtlety and delicateness.

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Be subtle and enter the world of finesse and delicateness, in this way you will be able to come into contact with the beings that live in magical nature and also those that live inside you and around you. These worlds are subtle and you can know them through finesse.

Find the awareness, the inner and outer attitude, the behaviour to get close to them and pick up on those worlds that do not necessarily see with eyes, but that feel the lightness, the flexibility, the delicateness, the nature of the intention. These worlds resemble your children. You cannot intellectually explain the laws, but you can be gentle, delicate, considerate; put a benevolent intention, strength, an energy that teaches beyond words.

Learn to speak gently, with your heart, with your soul and transmit acting forces in your speech, your gestures, your looks, your attitude, in what you do, the steps you take. Learn to impregnate beings, objects, the environment, paths with the high vibration of your heart, your aura, your awareness, your intention.

In everything you do, observe your intention and be clear about what goes through you, what passes through you to penetrate the other, nature, the environment.

If you develop this sensitivity, this knowledge and this magical art, then, in everything you do, there will be a communion, an alliance with the subtle worlds, the spirits, and your life will be charming.

Be charming.

Learn to consciously connect yourself with the subtle worlds and be in osmosis with them.

Do not be empty of spirit, soul, magical creative force.

Understand that a coarse person closes all the doors to a higher life in him and around him. He is coarse in his way of thinking, looking, talking, breathing, moving, and being. He attracts a brutal magnetism and scares away all the subtle, delicate spirits that bring luck, happiness, a quality of life.

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A coarse being speaks loudly, he is totally disrespectful, insensitive, he fills the worlds with his vulgar presence and drives away all the worlds that like intelligence and refinement.

My teaching, my presence are subtle, it is a kingdom of finesse and delicateness that fills the worlds with intelligence, gentleness, faery.

My earth, my water, my air and my fire are subtle.

Come close to Me, come to meet me by becoming subtle yourself.

Perceive the subtle world in and around you and maybe then you will enter in contact with my envoys, with my people, who are my eyes, my thoughts, my will, my intention and my gestures.

Educate yourself in the subtle.

Learn to think, speak and move while being aware of the intention and the subtle world. In this way, you will know real magic and you will know how to think, speak, feel, want and act in accordance with the worlds around you and in you.

Shall you be responsible or irresponsible in the world? Take the time to find the answer in Me, in harmony with Me and with my delicate kingdom.

If you rise to the knowledge of my subtle kingdom, you will want to enter into the ennoblement of the higher worlds. For you, it will be a necessity, a priority.

I am in the subtlety of perceptions.

I am not talking to you about philosophy, but I am saying that the concreteness and reality of the earth can show you the path of subtlety and also become a means to convey and incarnate, to guide the high vibrations of superior intelligences. Then everyday life is transformed and a world full of charm can act through what seems ordinary and become a transmission, a

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tradition of God, wisdom, a comfort, happiness, strength, a light. It is through this science that the future, the other body, is developed.

Wake up to the subtlety of things and worlds.

Understand that I am asking you to educate, to cultivate, to train yourself in mastering your material life.

I am not talking about money, because money is always a second cause and not a primary cause, but I am teaching you the awakening of the subtlety that comes into contact with the intelligences and higher forces that are above the heavy, coarse, brutal energies that put out the lights and destroy culture.

If you consciously and lucidly awaken the ability to perceive the higher subtlety inside you, then, in all the circumstances of life, you will attract the best abilities, possibilities and circumstances to you, according to your condition.

Do not nourish yourself on coarseness, for it destroys the alliance with intelligences and with dignified and beautiful energies and plunges you into a world subject to darkness and brutality.

Let your effort, your concentration, your aspiration, your consciousness lead you towards the higher worlds through the subtle energy.

Without subtlety, there cannot be awakening of the consciousness and therefore no ennobling and beneficial transformation.

There is one transformation that uplifts and another that weighs down, closes in and drives you into the fall.

I say to you, the subtle world is present and acting around you every day and you need to become aware of it by becoming yourself subtle and fine in your conscious and living perceptions.

In all things, there is a subtlety and everything can be awakened in the ardent energy and guided to beauty, ennoblement and wisdom.

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Know that the spirits of the elements are subtle and they animate your daily life.

They do not like crudeness, heaviness, what is not fluid, wise, settled and alive. This makes them suffer, degrades them, closes them in and makes them discontented.

When you walk, they are close to your feet and they pick up on the way you walk, the intention, the world you carry. For them, they are messengers, guidance, directives.

When you breathe, they pick up on the smell, the atmosphere, the aura.

When you speak, they bathe in the current; pick up the colours, the forms, the beings, the musicality.

When you think, the treetops and the world of birds pick up on harmony or cacophony.

I am giving you a glimpse of this sacred science that your ancestors knew, loved and practiced.

So, according to your subtlety, you are loved and appreciated or you are a being to avoid.

If you want to be appreciated, loved, sought by the spirits of the elements, you have to be fine, delicate, subtle, respectful of the living beings who inhabit the invisible worlds that carry you, make you live, support you.

Be grateful to your Father, Mother and the Gods and acknowledge that they have made you a master on earth who has a multitude of subjects at his service. Be a good master and guide all these subjects into happiness, peace, wealth, dignity by becoming yourself a subtle being who unites with the higher

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worlds to ennoble the ordinary and make it precious, filled with a sense of wisdom, soul, gentleness.

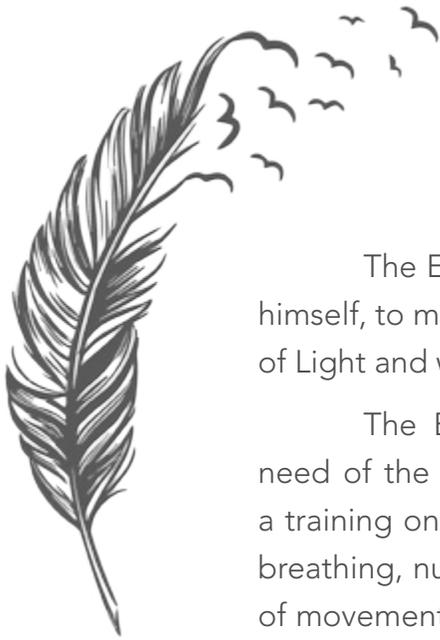
Remember your Essene ancestors in all peoples who kept contact with Me, the earth, the real, and who have brought the art of walking, the art of gesture, the art of speech, of looking, of thinking into a subtle, conscious, living, acting world, bringing forth a high culture on earth until attaining conscious immortality. Rediscover this animist knowledge, this magical art of living with the elemental spirits in order to liberate them, to lead them towards fulfilment, plenitude, truth.

What you know as positive or negative forces is the presence of these spirits. They are what make the energies according to the direction that man gives them.

Where do blessings or poisonings in your life come from? From these subtle elements and the spirits living in them and that are the forces you and the lineage of your ancestors have put into motion.

Reconnect with the pure tradition and make a high culture appear in you, inspired by delicateness. In this way you will discover a larger world and you will make it real through your organs, your perceptions capable of capturing what is more refined. Then you will be able to weave the conscious and living connection with your true self again, which draws its existence from a higher world that is never incarnated on earth.

Lecture 2019-02-23



The Essene is a being who considers that he is on earth to train himself, to model and ennoble his being and rise towards higher worlds of Light and wisdom.

The Essene Theological Academy was created following the need of the international Essene community to receive an education, a training on the principles of Essenism: the art of speech, meditation, breathing, nutrition, mastery of the thoughts and of the moods, the art of movement . . . It is an overall training of man - body, soul and spirit - that does not give a certificate, but that offers the keys to the mastery of the material world and to the awakening of consciousness.

Transmitted by Olivier Manitarà, the manuscripts are available to all beings who wish to develop their full potential as human beings.

For the worship of the Light, the brotherhood of priests of the fourth step writes the courses, for they are the guardians of this sacred teaching. In addition to the written courses, they offer training sessions, where oral transmission allows a deeper and better integration of the Teaching. These trainings and courses are offered to the beings who have committed to the worship of the Light to be parents of God. They are an essential base for the practice of the Worship.

**"NO MAN IS GREAT,  
FOR ONLY GOD IS GREAT.  
NO RELIGION IS HIGHER THAN GOD,  
FOR THE ONE RELIGION IS THE SPOUSE OF GOD."**

