

# INTERPRETAÇÃO

**Prof. Thaysa**  
**Inglês**

## Técnicas de leitura

- Leia título e subtítulo;
- Explore fotos, gráficos e legendas de imagens;
- Analise cada parágrafo como um texto isolado, lendo apenas a primeira sentença dele;
- Para cada sentença, defina um tema central para o parágrafo.

A sequência de temas centrais é o resumo de todos os dados que o texto traz, e já funciona como localizador para questões. Você acaba “lendo tudo sem ler quase nada”.

## Copenhagen has taken bicycle commuting to a whole new level

by Erik Kirschbaum  
August 8, 2019  
Copenhagen

01 Soren Jensen sold his car six years ago and joined the rivers of rolling humanity who bicycle  
02 through Copenhagen every day. He quickly lost about 20 kilos on his hour-a-day bike  
03 **commutes**, while saving time and a small fortune. "I had a Mercedes but it sat in the garage  
04 all the time because it was so much easier to get everywhere by bike," said Jensen, a 51-  
05 year-old who works in a downtown investment bank.

06 Cycling has been a part of life in Copenhagen for decades **despite** windy and rainy conditions  
07 for much of the year. In recent years, cycling has enjoyed yet another **surge** in popularity –  
08 the result of constantly improving bike lanes coupled with fears of climate change.

09 Copenhagen's City Council reported in early July that 62% of its residents are now commuting  
10 to work or school by bike. According to local reports, there are more bikes than people in  
11 Copenhagen, and five times as many bicycles as cars.

12 To make commuting by bike even easier, faster and more comfortable, there has been a  
13 **spate** of activity in recent years to improve the already impressive biking infrastructure.  
14 Copenhagen has built 17 new bridges over the city's canals for bicycles. Also, more than a  
15 dozen cycle superhighways have been set up to create higher-speed, traffic-light-free bike  
16 paths.

17 Klaus Mygind, a member of Copenhagen's City Council, believes that many more Danes are  
18 switching to cycling because they feel a responsibility to future generations. "I do think the  
19 climate change problem is what has been motivating even more people to take the bike," he  
20 said.

21 All walks of life can be seen pedaling against the wind during the morning and evening rush  
22 hours. It's not unusual to see lawyers and business professionals in suits or dresses standing  
23 on their bikes at red lights next to butchers, bakers and clerks.

24 Taken together, the efforts to bolster the cycling infrastructure while making driving and  
25 parking into the city prohibitively expensive and difficult send strong signals to commuters  
26 about where the priorities lie in the city that has **pledged** to become the world's first carbon-  
27 neutral capital by 2025.

Select the correct proposition(s) according to Text 1.

- 01. In Copenhagen, all social classes can be seen on a bike.
- 02. Cycling is the most popular means of commuting in Copenhagen.
- 04. Cycling is so popular in Copenhagen because the weather conditions are optimal year around.
- 08. Residents of Copenhagen are not worried about the environment.
- 16. Riding bikes was introduced to Copenhagen in the last decade.
- 32. The city's cycling structure was designed so well that it hasn't been altered recently.
- 64. Soren Jensen obtained only health benefits when he switched his car to a bike.

**RESPOSTA**

## Copenhagen has taken bicycle commuting to a whole new level

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**RESPOSTA**

**03**

## Localização de respostas

- Leia o enunciado de cada uma delas e defina um tema central para cada questão;
- Estabeleça relações com o tema de cada parágrafo;
- Leia somente o parágrafo necessário para responder àquela pergunta;
- Elimine respostas erradas antes de assinalar a correta.

Fazendo isso, é como se você estivesse lendo vários textos curtos, com uma questão em cada e não um texto longo com várias questões.

## **New vaccine could fight nicotine addiction**

Cigarette smokers who are having trouble quitting because of nicotine's addictive power may some day be able to receive a novel antibody-producing vaccine to help them kick the habit.

The average cigarette contains about 4 000 different chemicals that — when burned and inhaled — cause the serious health problems associated with smoking. But it is the nicotine in cigarettes that, like other addictive substances, stimulates rewards centers in the brain and hooks smokers to the pleasurable but dangerous routine.

Ronald Crystal, who chairs the department of genetic medicine at Weill-Cornell Medical College in New York, where researchers are developing a nicotine vaccine, said the idea is to stimulate the smoker's immune system to produce antibodies or immune proteins to destroy the nicotine molecule before it reaches the brain.

BERMAN, J. Disponível em: [www.voanews.com](http://www.voanews.com). Acesso em: 2 jul.

2012.



Muitas pessoas tentam parar de fumar, mas fracassam e sucumbem ao vício. Na tentativa de ajudar os fumantes, pesquisadores da Weill-Cornell Medical College estão desenvolvendo uma vacina que

- A) diminua o risco de o fumante se tornar dependente da nicotina.
- B) seja produzida a partir de moléculas de nicotina.
- C) substitua a sensação de prazer oferecida pelo cigarro.
- D) ative a produção de anticorpos para combater a nicotina.
- E) controle os estímulos cerebrais do hábito de fumar.

1 (1) This summer Jeni Stepien walked down the aisle in Swissvale, PA, arm-in-arm with the man whose life was saved  
2 10 years ago by her murdered father's donated heart. Though bitter-sweet for assembled family members, the  
3 moment clearly demonstrated how deeply **moving** and important organ donation can be. In fact, one person can  
4 save or improve the life of up to 50 other people by sharing his or her organs, eyes and tissue. But sadly, over 20  
5 people die every day because of organ **shortages**.

6  
7 (2) Only 40 percent of U.S. adults are registered organ donors (48 percent offer their leyes; 45 percent tissue). And  
8 if you're one of the reluctant who worry a doctor won't do everything possible to save your life because you are a  
9 donor, that's just not true and here's why.

10 (3) You're seen by the doctor who specializes in your condition, not the one who **harvests** organs. And doctors have  
11 every incentive to save you. **Not only do they care about you, their reputation is on the line!** You also may worry  
12 you'll be declared **dead** prematurely. In fact, organ donors have a right to extra tests to determine if they really are  
13 deceased, at no cost.

14 (4) So if you've been **on the fence** about becoming a donor, think about what your legacy could do! And it's easier  
15 than **ever** to sign up. You don't have to wait until you **renew** your driver's license. Apple's updated Health app lets  
you register to become an organ, eye and tissue donor.

BY DR. MEHMET OZ, MD AND DR. MICHAEL ROIZEN, MD

(Source: <https://www.sharecare.com/health/surgical-procedures/article/busting-organ-donation-myths>, retrieved  
on April 10, 2019)

Which of the titles below reflects the main idea of **Text 1**?

- A) Organ Donors: The Right to Extra Tests
- B) Apple's App Aiding Organ Donation
- C) Organ Donation Assembling Families
- D) Busting Organ Donation Myths

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