Recommended Use:

Take 3 - 6 capsules approximately 30 minutes before high calorie "Cheat-Meals".

Take with at least 16 ounces of water.





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Supplement Facts

Serving Size: 3 Capsules Servings Per Container: 30

	% DV
750mg	
750mg	*
750mg	*
	750mg

Other Ingredients: Magnesium Stearate, Gelatin

The statements made hereon have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.