

90
TABLETS

NUTRIENT OPTIMIZATION SYSTEM

OPTI-MEN[®]

HIGH-POTENCY

75+ INGREDIENTS



DIETARY SUPPLEMENT

➔ **SUGGESTED USE:** As a dietary supplement for men, consume 3 tablets daily with food.

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A (as beta carotene and natural mixed carotenoids)	10,000 IU 200%
Vitamin C (as ascorbic acid)	300 mg 500%
Vitamin D (as cholecalciferol)	300 IU 75%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU 665%
Vitamin K (as phytonadione)	75 mcg 90%
Thiamin (as thiamin hydrochloride)	75 mg 5000%
Riboflavin	75 mg 4410%
Niacin (as niacinamide)	75 mg 375%
Vitamin B ₆ (as pyridoxine hydrochloride)	50 mg 2500%
Folic Acid	600 mcg 150%
Vitamin B ₁₂ (as cyanocobalamin)	100 mcg 1665%
Biotin	300 mcg 100%
Pantothenic Acid (as d-calcium pantothenate)	75 mg 750%
Calcium (as calcium carbonate, citrate)	200 mg 20%
Iodine (as kelp)	150 mcg 100%
Magnesium (as magnesium oxide, aspartate)	100 mg 25%
Zinc (as zinc citrate)	30 mg 200%
Selenium (as selenomethionine)	200 mcg 285%
Copper (as copper gluconate)	2 mg 100%
Manganese (as manganese gluconate)	5 mg 250%
Chromium (as chromium GTF)	120 mcg 100%
Molybdenum (as molybdenum A.A. chelate)	80 mcg 110%
Amino-σ Blend	800 mg
L-Arginine, L-Glutamine, L-Valine, L-Leucine, L-Isoleucine, L-Cysteine, L-Lysine, L-Threonine	
Vit-σ Blend	525 mg
Saw Palmetto, powdered (berries), Damiana, powdered (leaf), Korean Ginseng, powdered (root), Pygeum Africanum, powdered (bark), Ginkgo Biloba, powdered (leaf), Raw Oyster Concentrate, Nettles, powdered (leaf), Pumpkin Seed	
Phyto-σ Blend	240 mg
Citrus Bioflavonoids (fruit), Deodorized Garlic, powdered (bulb), Green Tea Powder, Grape Seed Extract (<i>Vitis vinifera</i>) (seed) (standardized to 95% polyphenols), Blueberry Powder, Cranberry Powder, Wild Yam Powder, Carrot Powder, Papaya Powder, Orange Fruit Powder, Pineapple Powder, Spinach Powder, Elderberry Fruit Powder, Bilberry Fruit Powder, Black Currant Fruit Powder, Cauliflower Powder, Kale Powder, Brussels Sprouts Powder, Broccoli Powder, Apple Fruit Powder, Kiwi Fruit Powder, Grapefruit Powder	
Enzy-σ Blend	50 mg
Papain, Bromelain, Alpha Amylase, Lipase	
Alpha Lipoic Acid	25 mg
PABA (para-aminobenzoic acid)	10 mg
Choline (as choline bitartrate)	10 mg
Inositol	10 mg
Silica	5 mg
Boron	2 mg
Lycopene (as Lyc-O-Mato [®] natural tomato lycopene)	500 mcg
Lutein	500 mcg
Alpha Carotene	140 mcg
Vanadium	100 mcg
Cryptoxanthin	34 mcg
Zeaxanthin	28 mcg

† Daily Value not established.

ALLERGEN INFORMATION: CONTAINS SHELLFISH (OYSTER INGREDIENTS).

OTHER INGREDIENTS: Microcrystalline Cellulose, Stearic Acid, Croscarmellose Sodium (disintegrant), Magnesium Stearate, Silica, Pharmaceutical Glaze.

CAUTION: KEEP OUT OF REACH OF CHILDREN. CHECK WITH A QUALIFIED HEALTHCARE PROFESSIONAL BEFORE USING THIS PRODUCT IF YOU ARE UNDER 18 YEARS OF AGE OR IF YOU HAVE ANY KNOWN OR SUSPECTED MEDICAL CONDITION(S) AND/OR ARE TAKING ANY PRESCRIPTION OR OTC MEDICATION(S). STORE IN A COOL, DRY PLACE.

Carefully Manufactured
in the by:

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