

EASIER TO SWALLOW 2 TABLET SERVING. NEW AND IMPROVED WITH MICRONIZED AMINO ACIDS.

**THE TRUE STRENGTH OF AMINO ACIDS**

Amino Acids are the "building blocks" of protein including proteins used to grow, repair, and maintain muscle tissues. Our Superior Amino 2222 Tabs provide a full spectrum 2,222 mg array of essential, conditionally essential, and non-essential amino acids derived from a blend of isolated, concentrated, and hydrolyzed protein sources and fortified with additional Micronized Amino Acids. Bottom line: It's one powerful pill.

**TYPICAL AMINO ACID PROFILE (milligrams per serving)**

| Essential Amino Acids (EAAs) | Conditionally Essential Amino Acids (CAAs) | Nonessential Amino Acids (NAAs) |     |
|------------------------------|--|---------------------------------|-----|
| Tryptophan                   | 40   | Arginine                        | 120 |
| Valine                       | 130  | Cystine                         | 30  |
| Threonine                    | 109  | Tyrosine                        | 70  |
| Isoleucine                   | 130  | Histidine                       | 40  |
| Leucine                      | 240  | Proline                         | 130 |
| Lysine                       | 159  | Glutamic Acid /                 | 388 |
| Phenylalanine                | 89   | Glutamine                       |     |
| Methionine                   | 40   |                                 |     |
|                              |  | Aspartic Acid                   | 239 |
|                              |  | Serine                          | 100 |
|                              |  | Glycine                         | 69  |
|                              |  | Alanine                         | 99  |

KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.

**TRUE STRENGTH**  
WWW.OPTIMUMNUTRITION.COM



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in the by:

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➔ **160**  
➔ TABLETS

# SUPERIOR AMINO 2222 TABS

FULL SPECTRUM BLEND | MICRONIZED AMINOS



**SUGGESTED USE:** As a dietary supplement, consume 2 tablets before meals and again before and after training.

## Nutrition Facts

Serving Size 2 Tablets  
Servings Per Container 80

| Amount Per Serving        |     |                       |
|---------------------------|-----|-----------------------|
| <b>Calories</b>           | 15  | Calories from Fat 0   |
|                           |     | <b>% Daily Value*</b> |
| <b>Total Fat</b>          | 0g  | <b>0%</b>             |
| <b>Sodium</b>             | 0mg | <b>0%</b>             |
| <b>Total Carbohydrate</b> | 2g  | <b>1%</b>             |
| <b>Protein</b>            | 2g  |                       |

Not a Significant Source of Saturated Fat, Trans Fat, Cholesterol, Dietary Fiber, Sugars, Vitamin A, Vitamin C, Calcium, or Iron.

\* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

**INGREDIENTS:** Protein Blend (Whey Powder, Whey Protein Concentrate, Soy Protein Isolate, Whey Peptides), Stearic Acid, Croscarmellose Sodium, Micronized Amino Acid Blend (L-Leucine, L-Isoleucine, L-Valine, L-Glutamine, L-Arginine), Silica, Lecithin, Enzyme Complex (Amylase, Protease, Cellulase, Lactase, Lipase).

**ALLERGEN INFORMATION:** CONTAINS MILK AND SOY (LECITHIN) INGREDIENTS.

**NOTICE:** To facilitate faster nutrient delivery, always consume Superior Amino 2222 Tablets with plenty of water.