Recommended Use:

Take 2 capsules 1-2 hours before bedtime. Take with 8-12 ounces of water

Do not exceed recommended use. As with any dietary supplement or vitamin, consult with your physician before using. NOT to be sold to, or used, by persons under 18 years of age.

The statements made hereon have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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(NEW FORMULA!)





Ingredient Highlights:

No. 745-9035468-2

GABA	500mg
Irvingia Gabonensis	300mg
Chromax®	500mca

Dietary Supplement | 60 Capsules

Apidextra Research Laboratories

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving		% D
Vitamin C (as Ascorbic Acid)	60mg	100
Vitamin D3 (as Cholecalciferol)	800 IU	200
Chromium	60mcg	50
(as Chromax®, Chromium Picolinate)		
Chromax®	500mcg	
GABA (Gamma-Aminobutyric Acid)	500mg	
Irvingia Gabonensis (7% Albumins)	300mg	
Magnolia Bark Extract (2% Honokiol)	150mg	
Phellodendron Amurense Bark Extract	150mg	
Melatonin	2.5mg	

(Lactobacillus Sporogenes)

LactoSpore®

Other Ingredients: Gelatin, Silicon Dioxide

Rev 2001 Made In

100 Million CFU

^{*} Daily Value not established