

How To Make Laundry Day More Energy Efficient



Laundry is a never-ending task, especially if you have young children who specialise in getting dirty. However, tiny changes can significantly reduce energy use and utility bills because household appliances account for 13.6% of the energy used in the typical Canadian home. With these suggestions, you can improve your loads' efficiency and reap the savings:

Tips to Save Energy On Laundry Day:

#1 - Choose Energy Efficient Machines:



Choosing energy-efficient equipment is a great way to start making laundry day more eco-friendly for clothes washers and dryers. All you need to do is search for the tiny blue star. According to [laundry service](#), clothes washers that have earned electricity will usually use 25% less energy and 33% less water than conventional models. But, of course, you can save even more when paired with a certified energy-efficient dryer, which generally consumes 20% less power than conventional units.

Check the Guide label if you're on the market for a new washer or dryer. You may know about the model's energy usage and how it compares to other models using this label. Remember that your electricity costs will lower the annual energy consumption rating.

#2 - Wash in Cold Water:



Save energy by washing your clothes in cold water instead of the hot water that is usually used. If you must wash with hot water, adjust the water level to use the least amount and opt for a cold water rinse cycle.

Also Read: [Laundry Stripping: Extra Clean Clothes Guide](#)

#3 - Avoid Overfilling:



Always use the washer and dryer with full loads, but be careful of your machine's capabilities. To determine the right load size for your machine, refer to the manufacturer's instructions. Your washing machine may become less effective, and your clothes may come out less clean if you pack too many items into one load.

The same is true for your dryer; if you stuff it with too many garments, you might run them through many drying cycles, which puts extra stress on the motor. Running full, suitably sized loads through your washer and dryer will keep your appliances operating efficiently.

#4 - Minor Changes and Good Habits:

To improve your washer's ability to store energy:

- To remove more water from your clothes and shorten the drying time for your dryer, select the "high speed" or "extended spin" options.
- Extra soiled objects should be pre-soaked to avoid having to wash them twice.

When it comes to improving the ability dryer:

- To improve airflow, clean the dust trap after every load.
- Sort items according to thickness; put heavy items like towels in one load and light, quick-drying items in another.
- Don't use the dryer at all! Instead, enjoy that [fresh laundry smell](#) by hanging your things outside to dry. An interior drying rack is an alternative.

Also Read: [Effective Ways To Wash And Clean Bed Sheet](#)

Conclusion:

Are you looking for more laundry tips on energy efficiency? Then, hire [Hello Laundry](#), the best laundry and [dry cleaning service in London](#), to maximise your energy savings and get the latest energy-efficient laundry solutions.

Original Source:

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