

ACTIVITY

We offer a varied program with many exciting activities. In addition to yoga sessions, you can also enjoy the beautiful nature on mindful walks or play a round of table tennis. Another highlight is our BODY ART session, where you can express yourself in flowing movements together with our instructor Pia. Of course, there is also time for relaxation and recovery. Use the breaks to unwind in the beautiful surroundings and recharge your energy. We are sure that you will enjoy the diverse leisure activities and have an unforgettable time with us.

activity

