



peacock CRIME & UNWIND

SELECT YOUR TREATMENT

THE AIRTIGHT ALIBI

(Hyberbaric Oxygen Chamber)

Step into The Airtight Alibi where high pressure oxygen becomes the perfect accomplice in the pursuit of cellular healing.

HOT PURSUIT

(Infrared Sauna)

The heat is on in this cutting-edge sauna experience. Like suspects in the hot seat, we're turning up the temperature on toxins until they break. Emerge feeling like you've closed the case on stress and tension. Warning: extreme relaxation may occur.

KNOT GUILTY AI MASSAGE

(AI Bodywork Scan and Massage)

Our AI detective conducts a thorough investigation of every muscle, hunting down tension like a seasoned pro. No knot can hide from this high-tech treatment.

CAUGHT RED HANDED MANICURE

(Signature Manicure)

Leave your mark with this bespoke nail treatment. Choose your colors and designs for a manicure as unique as your fingerprints—no two sets are ever the same

**This service will be made available in between services and is non-bookable.*

DETECTIVE DRAINAGE

(Lymphatic Drainage Massage Suit)

On a mission to track down and eliminate unwanted fluid retention? This compression suit has a flawless record for flushing out the fluid felons. No bad guys (or puffiness) escape this dragnet.

COLD CASE PLUNGE

(Breathwork and Ice Bath Class)

A full body reset that uses the penetrative power of cold and vibrational energy of breath work together. A rush of endorphins and healing within the body are stimulated to help recover from workouts and wash away any pain.

PREMEDITATED RELAXATION

(Red Light Bed)

Stimulate the production of collagen, elastin, and adenosine triphosphate (ATP) to create more energy for your cells, improve circulation, repair damaged tissue, and decrease inflammation.