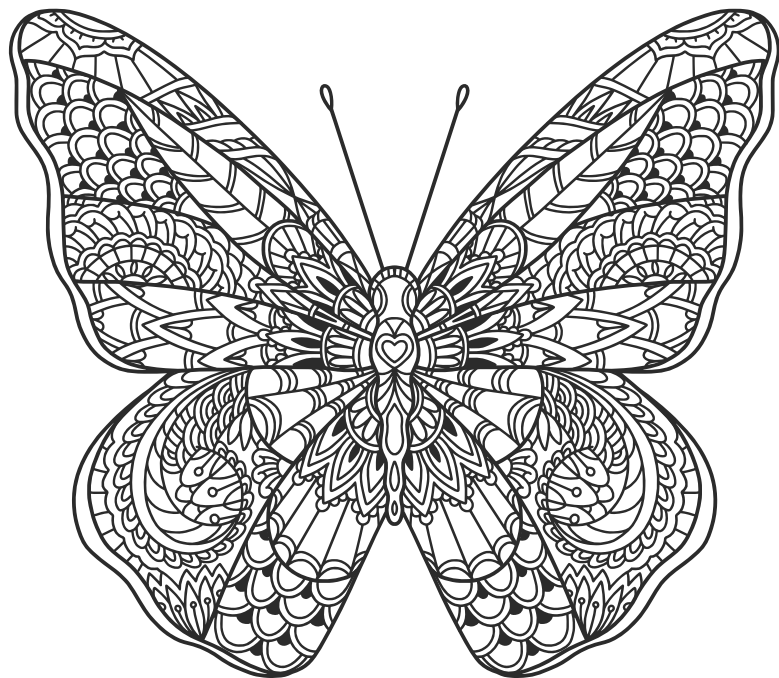


WEEK OF

.....



I can't wait for...

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Today, I feel...

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Tonight, I will take the time to...

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

I did a physical  
activity that made  
me feel good.



I laughed.



I took a relaxing  
moment for myself.



I got enough sleep.



PERSONAL SPACE

Handwriting practice area for the left page, featuring a grid of dotted lines on a light blue background.

PERSONAL SPACE

Handwriting practice area for the right page, featuring a grid of dotted lines on a light blue background.

WEEK OK

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The next time it's sunny, I'm going to...

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What I found perfectly imperfect today :

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For fun, I'd like to...

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

I went outside.



I drank water.



I spent time with a friend.



I did an artistic activity.



