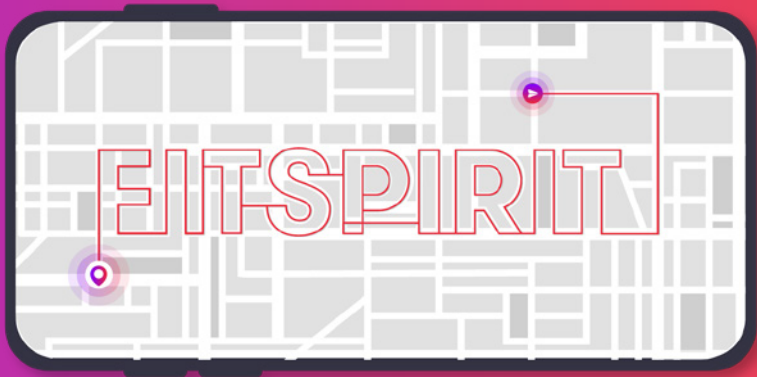


CHECKLIST



WHEN	TO DO	DETAILS	FINISHED
BEFORE THE EVENT	Event promotion or recruitment	<ul style="list-style-type: none">Encourage girls at your school to sign up for FitSpirit. For example, set up an attractive information booth. Encourage all of them to take part in the FitSpirit Routes!Talk about FitSpirit at school (PA system, posters, website, school social media accounts, school newsletter, sharing Paroles de Filles and/or 2021 FitSpirit Celebration videos, etc.).Use the digital tools available on your portal to drum up registrations!Hand out FitSpirit fridge magnets and stickers (provided in the box).Put up FitSpirit posters (provided in the box).	
	Date and time	<ul style="list-style-type: none">Choose a date and time for your event (between Novembre 6 and 17, 2023).	
	Location	<ul style="list-style-type: none">Choose an outdoor location where you can set up your route: the schoolyard, a park, in the neighbourhood, etc.Avoid gymnasiums, since the GPS won't pick up your movements there.	
	GPS application or printed maps	<p>If you choose to participate with an application:</p> <ul style="list-style-type: none">Refer to the list of recommended free apps in the Event Guide and choose one.Familiarize yourself with your chosen app and try it out a few times.Ask participants who have a cellphone to download the app.Create an account and invite your participants to connect to it.Consult the "Practical tips for using them" section of the Event Guide.If possible, identify a resource person who is available to help out on the day of the event. A nice role for a Student-Leader! <p>If you choose to participate with printed maps:</p> <ul style="list-style-type: none">Print out several maps of the neighborhood or park where you'll be your routes.	
DAY OF THE EVENT	Team	<p>Using an application:</p> <ul style="list-style-type: none">If you have enough smartphones, create subgroups of about four or five girls. This will allow each of them to take part in charting their route. If there are too many on one team, you run the risk of having some participants feeling that they aren't contributing. For bigger groups, prioritize Routes requiring assembly. These routes require participants to create parts of images or phrases (see the Route catalogue for examples).If you don't have enough smartphones and therefore must divide your participants into larger teams, ask them to share the device among themselves while they chart their route. <p>Using printed maps:</p> <ul style="list-style-type: none">Create subgroups of around 4-5 girls and encourage them to draw the route they wish to walk or run.	
	Route	<ul style="list-style-type: none">If needed, bring the Route catalogue provided in the box or available on the Internet to inspire your participants. If it rains, make sure to cover it in plastic.If you've selected a space out in the open (a large park or a vacant lot) you can bring objects that will act as visual landmarks.	
	Photos	<ul style="list-style-type: none">Share photos of your event, we want to see them!Invite participants to share their route on Instagram and tag us @Fillactive_FitSpirit #FitSpirit.	
	Private Facebook group	<ul style="list-style-type: none">Join the private Facebook group for FitSpirit Program-Leaders. This will serve as the virtual meeting place for the event, where we will share photos, routes, and a ton of useful information.	
POST-EVENT	Get creative	<ul style="list-style-type: none">If you wish, add a creative touch to your route (see the Event Guide for examples).	
	Route	<ul style="list-style-type: none">If you have not already done so, share your images and routes on the private Facebook group for FitSpirit Program-Leaders. You have until November 24 to do so. This will also make you eligible for the contest!	