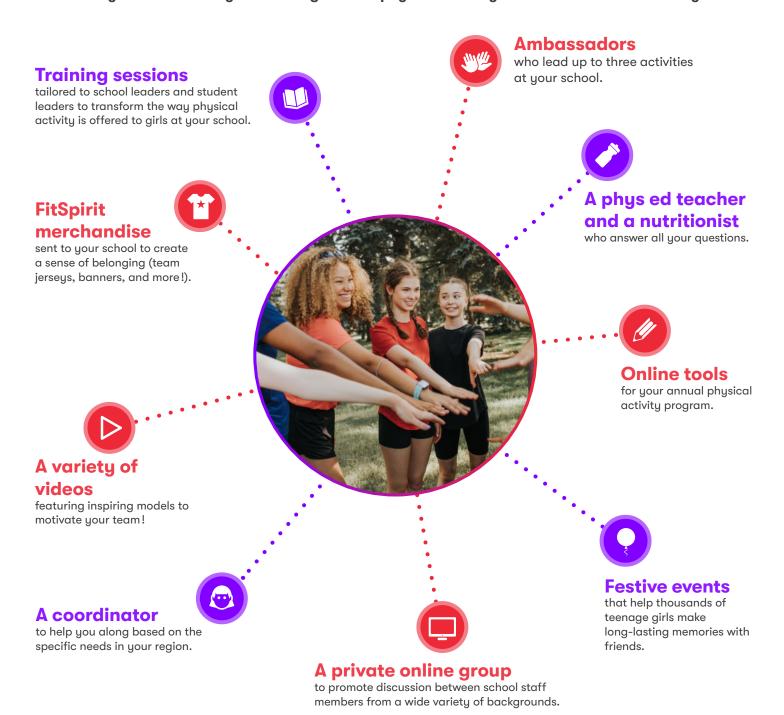
FITSPIRIT

AN EXTRACURRICULAR ACTIVITY

THE HIGH SCHOOL NON-COMPETITIVE

MULTI-SPORT TEAM

FitSpirit is an extracurricular activity specially designed for girls aged 12-17. Get girls to stay active for life by introducing them to physical activity in a new and innovative way.





Why become a FitSpirit partner school?



9 out of 10 girls aren't active enough.

Is your school taking concrete actions to address the situation?



As teenagers, girls become more enthusiastic about sports or physical activity in groups.

With FitSpirit, equip your school with an engaging program designed to get and keep the attention of girls who don't currently take part in team sports.

How

to become a FitSpirit partner school:



IDENTIFY ONE OR MULTIPLE SCHOOL LEADERS



EASY REGISTRATION: \$425*

ANY NUMBER OF REGISTRETED PARTICIPANTS



CREATE **YOUR PROGRAM WITH FITSPIRIT'S HELP**

All the students interested in joining the team are welcome FITSPIRIT



For more information, visit fitspirit.ca