FORM no. 19

(See rule 116)

Notice of period of work for Adult workers

Name of factory: Address:

First day of the week:

Registration number: Licence number: NIC Code number: (As given in the licence)

Periods of work	Men												Women											Identification of the group*		Remarks	
	Total number of men employed										Total number of women employed											Alphabet	Nature of				
Groups		A			В			С			D			A			В			С			D		assigned	work	
Relays	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	A,B,C, etc.		
On working days																											
From																									A		
to																									В		
From																									С		
to																											
From																											
to																											
On partial																											
Working days																									D		
From																									E		
to																											
From																											
to																											

^{*} Date on which this notice is first exhibited: Describe the groups and explain the nature of work against Identification letter marked A, B, C,D, E..... rest interval for each shift should be indicated clearly

Signature of manager Name (in block letters)

Date: