



May Hero Profile 2017

Children's Bill of Rights #5: As the children and youth of San Luis Obispo County, may we each enjoy daily physical activity and time outdoors.

MAY'S HERO
Darrell Goo

PASSION
Helping mentor young people
in sports and life

ONE WORD TO DESCRIBE DARRELL
Dedicated

NOMINATED BY
SLO County YMCA



Darrell Goo is a champion for children, encouraging and empowering young athletes to become their best personal selves.

As Coach of the SLO County YMCA Youth Roller Hockey Program, Darrell sets up tryouts, organizes teams, and leads several himself. He has seen countless kids begin the program as early as 6 years old— and has remained a steady part of their hockey journey through high school and beyond.

Darrell is a continuous source of support to other local Roller Hockey coaches, parents and young athletes as they learn the sport. But beyond just teaching the basic skills of the game, colleagues say Darrell helps participants better understand sportsmanship, discipline, and how to navigate challenges they may face on or off the rink. He cares deeply about youth development, and does all he can to make sure young people are given the best opportunity to succeed.

Darrell is always working on ways to improve and expand the program. He runs hockey demonstrations at local elementary schools and invites all of the kids to skate

in the annual SLO Holiday Parade. Those involved say it's these little moments that make the athletes and their families feel more deeply connected to the community.

When an athlete has an "off" day, gets frustrated, or is struggling with something personal, Darrell takes the time to help that player work through the problem and overcome the mental block. Kids look to Coach Darrell for guidance because they know they can count on him. He is a positive role model, wise mentor, enthusiastic encourager, trusted friend and so much more.

**Thank you, Darrell.
You are a true Hands-On Hero.**

*Look for more on all of our Hands-On Heroes
on COE-TV channel 19!*



Hands-On Heroes is a special recognition of dedicated individuals who believe in and support the Children's Bill of Rights, an achievable vision that our children grow up with healthy minds, bodies and spirits that enable them to maximize their potential. This program is coordinated by First 5 San Luis Obispo County in collaboration with local organizations that make a difference in the lives of children in our community. To find out more about First 5 and the Children's Bill of Rights, please visit first5slo.org.

