

Virtual Provider Training

Nov. 4, 2021 • 10:00-11:30 am

Trauma-Informed Practices

This virtual training will help staff who work with families and young children to understand the impact of trauma, recognize signs of trauma, and respond to clients in ways that support healing and resiliency and prevent re-traumatization.

The training will include:

- What is trauma? What are ACEs?
- The impact of trauma on the brain and behavior. What are trauma responses?
- Core elements of trauma healing
- What does it mean to be trauma-informed?
- Simple ways you can support your clients to self-regulate and heal
- Self-care so you can continue to help others
- Local mental health resources for families

Presenter: Leslie Bullock, LCSW, Trauma Therapy specialist



Register today at
www.SLOHealthAccess.org

Questions?
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