

Bar Menu Nutrition Guide

	Calories (cal)	Calories from fat (cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Signature Cocktails												
Bourbon Blackberry Palmer	200	0	0	0	0	0	5	70	13	0	12	0
Cinnamon Toast Cereal Milk	260	50	5	4.5	0	0	5	70	35	0	33	0
Morning Glory	210	0	0	0	0	0	0	170	22	1	18	1
Pomegranate Sunrise	330	0	0	0	0	0	0	210	37	0	31	1
Vodka Kale Tonic	210	0	0	0	0	0	15	280	19	1	12	2
Brunch Classics												
Million Dollar Bloody Mary	300	35	3.5	1.5	0	5	610	75	33	0	28	3
Mimosa	260	0	0	0	0	0	0	370	38	0	29	1
Sparkling	180	0	0	0	0	0	0	0	19	0	14	0
Bottled or Draft Brew												
221 B.C. Berry Hibiscus Kombucha (12 fl Oz Draft)	45	0	0	0	0	0	15	0	7	0	6	0
Angry Orchard Crisp Apple Hard Cider (12 fl Oz Draft)	200	0	0	0	0	0	10	0	29	0	23	0
Angry Orchard Rose Hard Cider (12 fl Oz Draft)	170	0	0	0	0	0	15	0	17	0	12	0
Blue Ridge Black Raspberry Kombucha (12 fl Oz Draft)	60	0	0	0	0	0	0	0	16	0	12	0
Drink Buchi Seed Kombucha (12 fl Oz Draft)	70	0	0	0	0	0	20	0	16	0	16	0
Health-ade Pink Lady Kombucha (12 fl Oz Draft)	60	0	0	0	0	0	15	0	13	0	11	0
Health-ade Pink Lady Kombucha (16 fl oz Bottle)	80	0	0	0	0	0	20	0	18	0	14	0
Truly Pure Hard Seltzer (12 fl oz Draft)	110	0	0	0	0	0	15	40	4	1	0	0
Truly Wild Berry Hard Seltzer (12 fl oz Can)	100	0	0	0	0	0	10	0	2	0	1	0

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

The nutritional information seen here was prepared by a 3rd party and is based on standard serving sizes and product formulations prepared with approved ingredients. The nutritional data is based on representative values from the USDA Nutrient Database for Standard Reference and information from product manufacturers. All of our nutritional values are rounded according to NLEA/FDA rounding regulations, so the sum of the ingredients may not always equal the total. Variation may occur due to the handcrafted nature of our menu items or due to seasonal influences and/or sources of supply of our ingredients. Additionally, formulations may change on occasion or the substitution of ingredients or suppliers may be necessary which will alter the nutritional values.



Bar Menu Allergen Guide

	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Tree nuts	Wheat	Celery	Mustard	Sesame	Gluten
Signature Cocktails												
Bourbon Blackberry Palmer												
Cinnamon Toast Cereal Milk							X					
Morning Glory												
Pomegranate Sunrise												
Vodka Kale Tonic												
Brunch Classics												
Million Dollar Bloody Mary						X			X			X
Mimosa												
Sparkling												
Bottled or Draft Brew												
221 B.C. Berry Hibiscus Kombucha												
Angry Orchard Crisp Apple Hard Cider												
Angry Orchard Rose Hard Cider												
Blue Ridge Bucha Black Raspberry Kombucha												
Drink Buchi Seed Kombucha							X				X	
Health-ade Pink Lady Kombucha												
Truly Pure Hard Seltzer												
Truly Wild Berry Hard Seltzer												

Please inform your server before ordering if you or someone in your party has a food allergy, sensitivity or other dietary concern.

This information details which of the most common allergens are present in each menu item. According to the FDA, highly refined soybean oil is not considered one of the major food allergens and therefore is not listed here. All ingredient statements were found on manufacturer-generated spec sheets. It is possible that formulations may change or an ingredient or vendor substitution might be made which may not be immediately reflected in this chart.

Please know that we practice caution and proper procedures when preparing allergen-free items, however, all allergens may be present in our kitchens. Be aware that there may still be a chance for cross-contact on shared surfaces. Guests are advised to consider this information as it relates to their individual dietary needs. This information was provided by a third party consultant, MenuTrinfo, to help give our guests the tools to make an informed decision.

