



Category	Pos	Name	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Total time	
16-29	1st	Peter Boaden	00:04:13	00:02:38	00:03:31	00:02:52	00:05:12	00:18:26	1 st 250
16-29	2nd	Paul Cummins	00:04:14	00:02:39	00:03:31	00:02:57	00:05:21	00:18:42	2 nd 200
16-29	3rd	Gavin O Connell	00:04:27	00:02:40	00:03:35	00:02:54	00:05:14	00:18:50	3 rd 170
16-29	4th	Pearse Griffin	00:04:22	00:02:48	00:03:41	00:03:06	00:05:36	00:19:33	4 th 150
16-29	5th	Jonathan Maunsell	00:04:36	00:02:46	00:03:38	00:03:03	00:05:48	00:19:51	5 th 130
16-29	6th	Stephen Scrivener	00:04:28	00:02:50	00:03:45	00:03:07	00:05:49	00:19:59	6 th 100
16-29	7th	Mark Lennon	00:04:37	00:02:52	00:03:46	00:03:06	00:05:40	00:20:01	7 th 90
16-29	8th	Nigel Glynn	00:04:43	00:02:51	00:03:40	00:03:29	00:05:59	00:20:42	8 th 80
16-29	9th	Chris Tyndall	00:04:48	00:02:55	00:03:51	00:03:17	00:05:56	00:20:47	9 th 70
16-29	10th	Radek Szeremeta	00:04:27	00:04:12	00:03:40	00:03:12	00:05:39	00:21:10	10 th 60
16-29	11th	Ciaran O Donoghue	00:04:55	00:02:58	00:03:58	00:03:14	00:06:15	00:21:20	11 th 50
16-29	12th	Michael Mc Allister	00:04:47	00:03:01	00:04:00	00:03:15	00:06:20	00:21:23	12 th 40
16-29	13th	Leandro Ramos	00:04:46	00:02:57	00:03:51	00:03:43	00:06:12	00:21:29	13 th 35
16-29	14th	Kyle Dunn	00:04:46	00:03:17	00:03:50	00:03:18	00:06:24	00:21:35	14 th 30
16-29	15th	Raymond Mc Cann	00:05:03	00:03:01	00:03:59	00:03:27	00:06:48	00:22:18	15 th 25
16-29	16th	Fiachra Doherty	00:05:16	00:03:05	00:04:02	00:03:19	00:06:37	00:22:19	16 th 22
16-29	17th	Darragh O Connor	00:04:49	00:03:01	00:04:59	00:03:15	00:06:23	00:22:27	17 th 20
16-29	18th	Kevin O' Hara	00:05:04	00:03:03	00:03:54	00:03:43	00:06:47	00:22:31	18 th 18
16-29	19th	Radek Blaha	00:04:53	00:03:19	00:04:09	00:03:43	00:06:59	00:23:03	19 th 16
16-29	20th	William Farrington	00:05:19	00:03:09	00:04:05	00:03:34	00:07:01	00:23:08	20 th 14
16-29	21st	Colin Keegan	00:05:01	00:03:10	00:04:10	00:03:44	00:07:06	00:23:11	21 st 13
16-29	22nd	Gareth Hickey	00:05:23	00:03:11	00:03:57	00:03:28	00:07:17	00:23:16	22 nd 12
16-29	23rd	Niall Quinn	00:05:14	00:03:11	00:04:10	00:04:15	00:07:09	00:23:59	23 rd 11
16-29	24th	Stephen Gordon	00:05:31	00:03:21	00:04:23	00:03:56	00:07:03	00:24:14	24 th 9
16-29	25th	Andrew Cullen	00:05:38	00:03:18	00:04:13	00:03:48	00:07:30	00:24:27	25 th 8
16-29	26th	Daniel Jack Montgomery	00:05:40	00:03:17	00:04:21	00:03:38	00:07:35	00:24:31	26 th 7
16-29	27th	Jordan Kelly	00:05:06	00:03:24	00:04:16	00:04:34	00:07:30	00:24:50	27 th 6
16-29	28th	Joe Collier	00:07:39	00:03:06	00:04:14	00:03:32	00:07:04	00:25:35	28 th 5
16-29	29th	Jonny Coats	00:04:54	00:03:28	00:06:05	00:04:04	00:08:04	00:26:35	29 th 4
16-29	30th	Eoin O Donoghue	00:05:36	00:03:22	00:04:34	00:04:02	00:09:17	00:26:51	30 th 3
16-29	31st	Neil Lacey	00:05:37	00:03:22	00:04:43	00:04:26	00:08:51	00:26:59	
16-29	32nd	Martin Buttery	00:04:39	00:02:52	00:03:41	00:03:02	00:13:33	00:27:47	
16-29	33rd	David Walsh	00:06:10	00:03:31	00:04:28	00:04:19	00:09:25	00:27:53	
16-29	34th	Paul O' Sullivan	00:06:00	00:04:00	00:04:52	00:05:11	00:08:06	00:28:09	
16-29	35th	Brendan Costello	00:06:48	00:03:49	00:04:49	00:04:59	00:08:35	00:29:00	
16-29	36th	Aibhne Doherty	00:05:57	00:03:45	00:04:55	00:04:40	00:10:06	00:29:23	
16-29	37th	Terence Cunniffe	00:11:47	00:03:38	00:04:24	00:04:07	00:07:42	00:31:38	
16-29	38th	Reuben Cruise	00:06:39	00:04:28	00:05:35	00:04:59	00:10:22	00:32:03	
16-29	39th	Colin Burke	00:06:02	00:03:58	00:04:56	00:08:11	00:11:37	00:34:44	
16-29	40th	Oto Tomas	00:18:19	00:05:43	00:04:33	00:04:29	00:09:07	00:42:11	
16-29	41st	Conor Craig	00:07:54	00:04:36	00:06:51	00:06:08	00:19:04	00:44:33	



Category	Pos	Name	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Total time	
30-34	1st	Simon Lennon	00:04:14	00:02:45	00:03:27	00:02:51	00:05:13	00:18:30	1° 250
30-34	2nd	Daniel Collins	00:04:24	00:02:45	00:03:39	00:03:00	00:05:30	00:19:18	2° 200
30-34	3rd	Robert Storey	00:04:24	00:02:49	00:03:38	00:03:02	00:05:31	00:19:24	3° 170
30-34	4th	Sean Herlihy	00:04:16	00:03:59	00:03:27	00:02:58	00:05:27	00:20:07	4° 150
30-34	5th	Maciej Staroniewicz	00:04:36	00:02:54	00:03:44	00:03:20	00:05:43	00:20:17	5° 130
30-34	6th	Michal Kmita	00:04:38	00:02:58	00:03:44	00:03:06	00:05:53	00:20:19	6° 100
30-34	7th	John Lawlor	00:04:31	00:02:42	00:03:38	00:02:58	00:06:36	00:20:25	7° 90
30-34	8th	Damien Daly	00:04:50	00:03:05	00:04:04	00:03:09	00:05:32	00:20:40	8° 80
30-34	9th	Eamonn O Reilly	00:04:44	00:03:08	00:03:42	00:03:08	00:06:01	00:20:43	9° 70
30-34	10th	Oisín Boydell	00:04:43	00:02:53	00:03:51	00:03:12	00:06:13	00:20:52	10° 60
30-34	11th	Jeffrey Griffin	00:04:56	00:02:57	00:03:50	00:03:04	00:06:07	00:20:54	11° 50
30-34	12th	Kamil Hnyk	00:04:45	00:02:58	00:04:00	00:03:28	00:06:15	00:21:26	12° 40
30-34	13th	Stephen Nolan	00:05:03	00:03:01	00:03:52	00:03:21	00:06:16	00:21:33	13° 35
30-34	14th	Luke Goldsmith	00:04:58	00:03:03	00:03:56	00:03:24	00:06:17	00:21:38	14° 30
30-34	15th	Barry Travers	00:04:49	00:02:56	00:03:49	00:03:37	00:06:33	00:21:44	15° 25
30-34	16th	Ronan Hopkins	00:04:59	00:03:03	00:03:56	00:03:23	00:06:27	00:21:48	16° 22
30-34	17th	Brian Cooney	00:04:22	00:02:42	00:03:39	00:03:09	00:08:02	00:21:54	17° 20
30-34	18th	Robin Delaney	00:04:40	00:02:54	00:03:43	00:03:19	00:07:25	00:22:01	18° 18
30-34	19th	Conor Nolan	00:05:12	00:03:07	00:04:03	00:03:38	00:06:23	00:22:23	19° 16
30-34	20th	John Kennedy	00:05:17	00:03:02	00:04:06	00:03:31	00:06:27	00:22:23	20° 14
30-34	21st	Gene Ryan	00:05:00	00:03:09	00:04:05	00:03:28	00:06:47	00:22:29	21° 13
30-34	22nd	Brian O Sullivan	00:05:21	00:03:04	00:04:06	00:03:25	00:06:40	00:22:36	22° 12
30-34	23rd	Chris Riley	00:05:00	00:03:08	00:03:50	00:04:06	00:06:53	00:22:57	23° 11
30-34	24th	Stefan Zakutansky	00:05:22	00:03:06	00:03:50	00:04:04	00:06:36	00:22:58	24° 9
30-34	25th	Lukasz Zyska	00:05:02	00:03:09	00:04:09	00:03:33	00:07:07	00:23:00	25° 8
30-34	26th	Brian Hutchinson	00:05:11	00:03:25	00:04:12	00:03:41	00:06:38	00:23:07	26° 7
30-34	27th	Niall Meehan	00:05:22	00:03:10	00:04:16	00:03:47	00:06:46	00:23:21	27° 6
30-34	28th	Derek Hayes	00:04:57	00:03:38	00:04:19	00:03:39	00:07:01	00:23:34	28° 5
30-34	29th	Neil Martin	00:05:01	00:03:08	00:04:04	00:04:15	00:07:09	00:23:37	29° 4
30-34	30th	John Loane	00:05:21	00:03:18	00:04:17	00:03:36	00:07:36	00:24:08	30° 3
30-34	31st	Matthew Kelly	00:05:05	00:03:10	00:04:03	00:04:24	00:07:42	00:24:24	
30-34	32nd	John Flatley	00:05:38	00:03:19	00:04:24	00:03:38	00:07:32	00:24:31	
30-34	33rd	Liam Cleary	00:05:27	00:03:18	00:04:21	00:03:41	00:08:01	00:24:48	
30-34	34th	Niall O' Hara	00:05:34	00:03:28	00:04:30	00:04:05	00:07:29	00:25:06	
30-34	35th	Conor Duffy	00:05:35	00:03:25	00:04:23	00:04:25	00:07:25	00:25:13	
30-34	36th	Steven Oldham	00:05:41	00:03:34	00:04:19	00:04:05	00:07:56	00:25:35	
30-34	37th	Mark Mc Court	00:05:35	00:03:27	00:04:34	00:03:48	00:08:20	00:25:44	
30-34	38th	Fran Kearns	00:05:29	00:03:21	00:04:27	00:04:21	00:08:15	00:25:53	
30-34	39th	Stephen Brennan	00:05:40	00:03:26	00:04:30	00:04:01	00:08:21	00:25:58	
30-34	40th	Milos Hajek	00:05:43	00:03:22	00:04:31	00:03:56	00:08:35	00:26:07	
30-34	41st	Sean Harris	00:05:32	00:03:20	00:04:20	00:04:59	00:08:22	00:26:33	
30-34	42nd	Brian Mc Carthy	00:06:04	00:03:35	00:04:40	00:04:02	00:08:19	00:26:40	
30-34	43rd	Claude Lacey	00:06:05	00:03:29	00:04:45	00:04:13	00:08:17	00:26:49	
30-34	44th	David Farrell	00:05:59	00:03:26	00:04:25	00:04:32	00:08:29	00:26:51	
30-34	45th	Tony Flynn	00:05:48	00:03:37	00:05:06	00:04:32	00:08:15	00:27:18	
30-34	46th	Dave Cummins	00:06:19	00:03:37	00:04:50	00:04:58	00:08:55	00:28:39	
30-34	47th	Shane Bolster	00:05:58	00:03:29	00:04:44	00:06:32	00:08:16	00:28:59	
30-34	48th	Dara O' Daly	00:14:49	00:03:03	00:03:55	00:03:45	00:06:50	00:32:22	
30-34	49th	Marc Palmer	00:05:41	00:03:22	00:04:24	00:03:31	00:17:28	00:34:26	
30-34	50th	Stephen Connolly	00:06:12	00:13:09	00:04:57	00:04:26	00:08:38	00:37:22	
30-34	51st	Emmet Stokes	00:05:27	00:23:47	00:04:34	00:04:09	00:07:22	00:45:19	



Category	Pos	Name	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Total time	
35-39	1st	Kevin Moran	00:04:29	00:02:39	00:03:38	00:03:01	00:06:03	00:19:50	1° 250
35-39	2nd	Mark Mc Gauley	00:04:40	00:02:49	00:03:41	00:03:08	00:06:07	00:20:25	2° 200
35-39	3rd	Peter Durbridge	00:04:46	00:02:55	00:03:45	00:03:25	00:05:57	00:20:48	3° 170
35-39	4th	Stephen Pollock	00:04:41	00:02:57	00:03:54	00:03:17	00:06:01	00:20:50	4° 150
35-39	5th	Bruce Murphy	00:04:46	00:02:56	00:03:51	00:03:06	00:06:17	00:20:56	5° 130
35-39	6th	Mark Perry	00:05:00	00:03:03	00:03:58	00:03:19	00:05:53	00:21:13	6° 100
35-39	7th	Stephen Halligan	00:04:52	00:02:59	00:03:57	00:03:12	00:06:28	00:21:28	7° 90
35-39	8th	John Mason	00:04:51	00:03:00	00:03:53	00:03:19	00:07:04	00:22:07	8° 80
35-39	9th	Graham Mc Garry	00:05:04	00:03:11	00:04:04	00:03:22	00:06:51	00:22:32	9° 70
35-39	10th	Brendan Mulvey	00:05:15	00:03:07	00:04:20	00:03:24	00:06:31	00:22:37	10° 60
35-39	11th	Brian Coughlan	00:05:15	00:03:08	00:04:04	00:03:29	00:06:48	00:22:44	11° 50
35-39	12th	Garry Davoren	00:04:51	00:03:20	00:03:56	00:04:00	00:06:37	00:22:44	12° 40
35-39	13th	Eoin Fitzgerald	00:05:13	00:03:13	00:04:15	00:03:26	00:06:39	00:22:46	13° 35
35-39	14th	Conor Conneff	00:05:20	00:03:26	00:04:12	00:03:38	00:06:45	00:23:21	14° 30
35-39	15th	Gareth O Callaghan	00:05:06	00:03:14	00:04:18	00:04:02	00:06:49	00:23:29	15° 25
35-39	16th	Clement Kinsella	00:05:14	00:03:22	00:04:19	00:03:35	00:07:17	00:23:47	16° 22
35-39	17th	Sean Egan	00:05:19	00:03:13	00:04:18	00:03:31	00:07:33	00:23:54	17° 20
35-39	18th	Tom Cribbin	00:05:08	00:03:11	00:04:17	00:03:54	00:07:30	00:24:00	18° 18
35-39	19th	Steeve Marianne	00:05:21	00:03:20	00:04:20	00:03:33	00:07:30	00:24:04	19° 16
35-39	20th	John Kelly	00:05:21	00:03:22	00:04:07	00:03:50	00:07:35	00:24:15	20° 14
35-39	21st	Ian Meredith	00:05:41	00:03:18	00:04:20	00:03:35	00:07:25	00:24:19	21° 13
35-39	22nd	Ivan Allen	00:05:15	00:03:18	00:04:09	00:03:41	00:07:58	00:24:21	22° 12
35-39	23rd	Paul Mc Carthy	00:05:06	00:03:16	00:04:20	00:03:53	00:07:53	00:24:28	23° 11
35-39	24th	Tom Hubbard	00:05:33	00:03:23	00:04:30	00:03:44	00:07:31	00:24:41	24° 9
35-39	25th	Roger Condon	00:05:46	00:03:19	00:04:20	00:03:40	00:08:00	00:25:05	25° 8
35-39	26th	Martin Wickham	00:05:37	00:03:25	00:04:44	00:03:38	00:07:46	00:25:10	26° 7
35-39	27th	Sean Molyneaux	00:05:21	00:03:16	00:04:23	00:04:04	00:08:19	00:25:23	27° 6
35-39	28th	Alan Hickey	00:05:05	00:03:13	00:04:08	00:03:20	00:09:41	00:25:27	28° 5
35-39	29th	Thomas Hoeverkamp	00:05:44	00:03:26	00:04:35	00:03:50	00:08:17	00:25:52	29° 4
35-39	30th	Daragh Grant	00:05:30	00:03:22	00:04:32	00:04:23	00:08:12	00:25:59	30° 3
35-39	31st	Ian Jackson	00:05:52	00:03:23	00:04:12	00:04:04	00:08:55	00:26:26	
35-39	32nd	Sergio Schuler	00:06:02	00:03:30	00:04:51	00:04:01	00:08:19	00:26:43	
35-39	33rd	Arjan Delaney	00:06:31	00:03:41	00:04:35	00:04:14	00:08:26	00:27:27	
35-39	34th	John Galvin	00:05:46	00:03:59	00:04:37	00:04:22	00:09:32	00:28:16	
35-39	35th	Rory Skeath	00:06:02	00:03:43	00:05:15	00:04:53	00:08:41	00:28:34	
35-39	36th	Morgan O' Connell	00:06:21	00:03:57	00:05:07	00:04:20	00:09:00	00:28:45	
35-39	37th	David Lenehan	00:13:19	00:02:55	00:03:56	00:03:11	00:06:01	00:29:22	
35-39	38th	Rory O' Connor	00:05:33	00:03:33	00:11:31	00:03:49	00:07:25	00:31:51	
35-39	39th	Robert Kennedy	00:04:57	00:03:08	00:04:16	00:03:42	00:21:05	00:37:08	
35-39	40th	Neil Kennedy	00:05:18	00:03:23	00:04:21	00:04:05	00:20:39	00:37:46	



Category	Pos	Name	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Total time	
40-49	1st	Joules Dormer	00:04:21	00:02:48	00:03:32	00:03:04	00:05:26	00:19:11	1° 250
40-49	2nd	Brian Steele	00:04:32	00:02:52	00:03:44	00:03:03	00:05:24	00:19:35	2° 200
40-49	3rd	Geraint Florida-James	00:04:35	00:02:51	00:03:46	00:03:09	00:05:34	00:19:55	3° 170
40-49	4th	Derek Tracy	00:04:47	00:02:54	00:03:53	00:03:03	00:06:01	00:20:38	4° 150
40-49	5th	Gary Hamilton	00:04:47	00:02:57	00:03:57	00:03:07	00:06:10	00:20:58	5° 130
40-49	6th	Chris Ocallaghan	00:04:56	00:02:55	00:03:51	00:03:10	00:06:16	00:21:08	6° 100
40-49	7th	Brendan Masterson	00:05:10	00:02:56	00:03:49	00:03:30	00:06:12	00:21:37	7° 90
40-49	8th	Chris Maguire	00:04:53	00:03:04	00:04:05	00:03:08	00:06:34	00:21:44	8° 80
40-49	9th	Alan Kilkenny	00:05:00	00:02:59	00:04:00	00:03:16	00:06:32	00:21:47	9° 70
40-49	10th	Joe Jackman	00:04:52	00:03:04	00:04:07	00:03:32	00:06:41	00:22:16	10° 60
40-49	11th	Carl Young	00:05:11	00:03:04	00:04:05	00:03:28	00:06:31	00:22:19	11° 50
40-49	12th	Thomas Quirke	00:04:55	00:02:53	00:04:04	00:03:30	00:07:05	00:22:27	12° 40
40-49	13th	Brendan Moore	00:05:27	00:03:07	00:03:56	00:03:25	00:06:50	00:22:45	13° 35
40-49	14th	Ian Gormley	00:05:22	00:03:11	00:04:17	00:03:26	00:06:32	00:22:48	14° 30
40-49	15th	Scott Barkley	00:05:03	00:03:08	00:04:05	00:03:44	00:07:03	00:23:03	15° 25
40-49	16th	Sean Holland	00:05:15	00:03:13	00:04:15	00:03:44	00:06:40	00:23:07	16° 22
40-49	17th	Nigel Rutherford	00:05:12	00:03:19	00:04:10	00:03:38	00:07:12	00:23:31	17° 20
40-49	18th	Richard Hayter	00:05:12	00:03:13	00:04:27	00:03:59	00:06:57	00:23:48	18° 18
40-49	19th	Chris Handley	00:05:12	00:03:15	00:04:24	00:03:51	00:07:44	00:24:26	19° 16
40-49	20th	Mark Sullivan	00:05:07	00:03:12	00:04:21	00:03:41	00:08:23	00:24:44	20° 14
40-49	21st	John Taylor	00:05:30	00:03:26	00:04:34	00:03:55	00:07:26	00:24:51	21° 13
40-49	22nd	Paul Byrne	00:05:56	00:03:24	00:04:20	00:04:01	00:07:14	00:24:55	22° 12
40-49	23rd	Pete Barton	00:05:41	00:03:27	00:04:32	00:03:50	00:07:53	00:25:23	23° 11
40-49	24th	Lawdie Austin	00:05:23	00:03:30	00:04:18	00:04:17	00:07:56	00:25:24	24° 9
40-49	25th	Edwin O Connor	00:05:39	00:03:38	00:04:47	00:04:10	00:07:23	00:25:37	25° 8
40-49	26th	Brian Cribbin	00:05:23	00:03:17	00:04:21	00:04:11	00:08:27	00:25:39	26° 7
40-49	27th	Aidan Duffly	00:05:31	00:03:25	00:04:23	00:04:57	00:08:55	00:27:11	27° 6
40-49	28th	Deiric Lynch	00:05:46	00:03:31	00:04:43	00:04:41	00:08:35	00:27:16	28° 5
40-49	29th	Mark Williams	00:05:48	00:03:26	00:04:44	00:04:08	00:09:24	00:27:30	29° 4
40-49	30th	Brian Farrelly	00:06:09	00:04:04	00:05:02	00:04:23	00:10:20	00:29:58	30° 3
40-49	31st	Michael Mc Ginty	00:06:24	00:03:49	00:05:03	00:05:00	00:10:01	00:30:17	
40-49	32nd	Eamon Keenan	00:06:59	00:03:55	00:05:40	00:04:31	00:10:02	00:31:07	
40-49	33rd	Mark Fitzgibbon	00:06:43	00:03:48	00:05:10	00:05:07	00:10:20	00:31:08	
40-49	34th	Ned Gaynor	00:06:07	00:03:45	00:04:47	00:04:38	00:12:09	00:31:26	
40-49	35th	Craig Elliott	00:06:51	00:04:10	00:06:05	00:05:31	00:10:49	00:33:26	
40-49	36th	Philip Ryan	00:06:39	00:04:01	00:05:22	00:05:45	00:11:49	00:33:36	
40-49	37th	Tom O' Rourke	00:07:43	00:04:39	00:06:26	00:07:25	00:12:59	00:39:12	



Category	Pos	Name	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Total time	
50+	1st	Brendan O Ruanaidh	00:05:04	00:03:08	00:04:06	00:03:27	00:06:24	00:22:09	1 ^o 250
50+	2nd	Jeff Rhodes	00:05:21	00:03:17	00:04:27	00:03:52	00:06:57	00:23:54	2 ^o 200
50+	3rd	Richard Byrne	00:05:08	00:03:18	00:04:12	00:03:42	00:09:00	00:25:20	3 ^o 170
50+	4th	Kevin Cronin	00:05:23	00:03:23	00:04:39	00:03:55	00:08:11	00:25:31	4 ^o 150
50+	5th	Karl Thomas	00:05:34	00:03:41	00:04:49	00:04:19	00:08:15	00:26:38	5 ^o 130
50+	6th	Peter Popham	00:05:50	00:03:38	00:04:43	00:04:24	00:08:13	00:26:48	6 ^o 100
50+	7th	John Timmins	00:07:55	00:04:42	00:06:22	00:05:46	00:13:48	00:38:33	7 ^o 90



Category	Pos	Name	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Total time	
F	1st	Fiona Beattie	00:05:32	00:03:23	00:04:32	00:03:52	00:06:56	00:24:15	1° 250
F	2nd	Barbara Wiczorek	00:05:55	00:03:46	00:04:25	00:03:41	00:07:21	00:25:08	2° 200
F	3rd	Kate Rudd	00:05:33	00:03:37	00:04:43	00:03:50	00:07:54	00:25:37	3° 170
F	4th	Michelle Muldoon	00:05:42	00:03:26	00:04:31	00:04:13	00:08:05	00:25:57	4° 150
F	5th	Michelle Giltrap	00:06:03	00:03:41	00:04:50	00:04:40	00:08:08	00:27:22	5° 130
F	6th	Liz Hastings	00:06:18	00:03:46	00:04:57	00:04:13	00:08:43	00:27:57	6° 100
F	7th	Aine Mc Kenna	00:05:44	00:03:31	00:05:07	00:05:17	00:09:17	00:28:56	7° 90
F	8th	Fiona Ninaber	00:06:43	00:04:05	00:05:38	00:05:18	00:10:20	00:32:04	8° 80
F	9th	Aoife Carpenter	00:06:45	00:04:01	00:05:31	00:06:15	00:10:54	00:33:26	9° 70
F	10th	Orla O' Regan	00:07:05	00:04:00	00:05:28	00:06:04	00:11:42	00:34:19	10° 60
F	11th	Trish Doyle	00:07:28	00:04:11	00:05:42	00:06:44	00:12:19	00:36:24	11° 50



Category	Pos	Name	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Total time	
FPRO	1st	Jess Stone	00:04:52	00:02:55	00:03:54	00:03:09	00:05:52	00:20:42	1 st 250
FPRO	2nd	Silvia Gallagher	00:04:56	00:03:10	00:04:01	00:03:23	00:06:22	00:21:52	2 nd 200
FPRO	3rd	Meave Baxter	00:05:17	00:03:06	00:04:14	00:03:25	00:06:30	00:22:32	3 rd 170
FPRO	4th	Eidin Clery	00:05:15	00:03:16	00:04:24	00:03:38	00:07:12	00:23:45	4 th 150
FPRO	5th	Rose Griffin	00:04:50	00:05:20	00:04:02	00:03:22	00:06:28	00:24:02	5 th 130
FPRO	6th	Orla Mc Clean	00:05:40	00:03:28	00:04:26	00:03:53	00:07:01	00:24:28	6 th 100
FPRO	7th	Shona D'Arcy	00:05:31	00:03:29	00:04:51	00:04:02	00:07:18	00:25:11	7 th 90



Category	Pos	Name	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Total time	
MPRO	1st	Joe Barnes	00:03:49	00:02:26	00:03:11	00:02:42	00:04:30	00:16:38	1° 250
MPRO	2nd	Greg Callaghan	00:03:55	00:02:27	00:03:41	00:02:41	00:04:37	00:17:21	2° 200
MPRO	3rd	Niall Davis	00:04:05	00:02:36	00:03:25	00:02:55	00:04:57	00:17:58	3° 170
MPRO	4th	Glyn O' Brien	00:04:14	00:02:35	00:03:29	00:02:50	00:04:57	00:18:05	4° 150
MPRO	5th	Gavin Carroll	00:04:12	00:02:39	00:03:25	00:02:45	00:05:10	00:18:11	5° 130
MPRO	6th	James Mac Ferran	00:04:16	00:02:40	00:03:27	00:02:50	00:05:00	00:18:13	6° 100
MPRO	7th	Rob Davis	00:04:14	00:02:36	00:03:25	00:02:59	00:05:10	00:18:24	7° 90
MPRO	8th	Robin Seymor	00:04:06	00:02:37	00:03:26	00:02:55	00:05:23	00:18:27	8° 80
MPRO	9th	Conor Campbell	00:04:16	00:02:47	00:03:41	00:02:57	00:05:15	00:18:56	9° 70
MPRO	10th	David Lawless	00:04:29	00:02:52	00:03:41	00:03:04	00:05:21	00:19:27	10° 60
MPRO	11th	James Mc Cluskey	00:04:44	00:02:58	00:03:46	00:03:13	00:06:10	00:20:51	11° 50
MPRO	12th	Alfie Wallace	00:04:42	00:03:01	00:03:52	00:03:16	00:06:17	00:21:08	12° 40
MPRO	13th	Dave Carroll	00:05:18	00:03:18	00:04:10	00:03:20	00:06:21	00:22:27	13° 35