

BACK TO SCHOOL CHECKLIST

FROM ASCENT

ARE YOU BACK TO SCHOOL READY?



SCHOOL SHOES

- Measured child's feet to determine the correct shoe size
- Selected comfortable and supportive school shoes from Ascent Footwear
- Consider buying a formal pair and a cross trainer style

SCHOOL SUPPLIES

- Notebooks, pens, pencils, erasers, and markers
- Binders, folders, and loose-leaf paper
- Backpack
- Calculators, rulers, and other school-specific supplies
- Library Bag
- Swimming Bag
- Lunch Box
- Water Bottle

UNIFORMS & CLOTHING

- Uniform items
- Purchase extra school-appropriate clothing, including socks and underwear

HEALTH & SAFETY

- Schedule any back-to-school check-ups
- Prepare a list of emergency contacts and medical information for the school

SCHOOL FORMS

- Complete all required school enrolment and health forms
- Verify your child's school schedule, bus route, and pickup/drop-off times

LUNCH & SNACKS

- Plan and prepare nutritious and balanced lunches and snacks
- Invest in a good quality lunchbox and reusable containers

AFTER-SCHOOL CARE

- If needed, arrange after-school care or childcare services
- Confirm pick-up and drop-off arrangements with caregivers

EXTRACURRICULAR ACTIVITIES

- Register your child for any extracurricular activities or clubs
- Ensure you have the necessary equipment or attire

HOMEWORK & STUDY SPACE

- Set up a quiet and organised study area at home
- Provide essential supplies like pencils, pens, and a desk lamp