



Energetic Hygiene Class Agreements

September & October, 2021

Please read and acknowledge your agreement with the following:

- I understand this workshop is not for people who are emotionally or mentally unstable or who are suffering from an acute phase of an illness.
- I agree to take responsibility for my own actions, health and well-being and to be totally accountable for my experience in the class.
- I understand that Desda Zuckerman's Sacred Anatomy Teachings are a spiritual transmission. To receive the fullest benefit, I agree to hold my questions until Q&A segments.
- I understand that workshop creator, Desda Zuckerman, is a spiritual practitioner with a ministerial degree and that neither she, nor her teaching associates, are psychotherapists or traditionally accepted medical professionals.
- I do not hold either Desda Zuckerman, her certified instructors or any teaching assistants legally responsible or liable in any way for my mental, psychological, spiritual, emotional or physical well-being, or for my personal experience in the Energetic Hygiene training
- I understand that this course does not qualify or certify me to teach any aspect of these **Sacred Anatomy Teachings** to others nor does it qualify or certify me as a SAEM Practitioner.
- I understand the Essential Practice: The Sacred Anatomy Edge is the pre-requisite for Energetic Hygiene and that Energetic Hygiene is the pre-requisite for SAE Medicine Bag.
- I understand it is suggested that I abstain from other "energy work" such as: Reiki, Sound Healing, Barbara Brennen Work or Eden Energy Medicine during Energetic Hygiene so as to give the SAEM techniques a chance to be fully integrated and to honor our shared energetic field. Healing modalities such as: Acupuncture, Massage, Cranial Sacral Therapy, or Osteopathy are perfectly fine.

[Click here to agree](#)

Thank you!