



6 Steps to Bring in Specific Energies

1. **Tune In**
2. **Visualize**
3. **Manifest**
4. **Direct**
5. **Release**
6. **Give Thanks**

Important Facts

- Each one of these steps is important.
- Interact with the subtle energy of the universe with respect and consistent clarity and you will make friends with the energies that pour upon you every moment of every single day.
- Take them for granted and watch the potency of the relationship fade.
- It is absolutely critical you remember these are intelligent and beneficent energies.
- It is your need to control, your difficulty accepting responsibility or your inconsiderate behavior that will cause the energies of the universe to be wary of you.
- Nothing else will stop the Source from showering powerful and beneficial energies upon you.