



Description Sacred Anatomy Energy Medicine Procedure

Strengthen the Containing Membrane of the HEMF

The need for this procedure is an indication of inappropriate boundaries or the breakdown of physical stamina. It might indicate an issue of merging with the world in general and maybe even greater vulnerability in intimate situations with family and loved ones. Most likely they have never actually learned how to distinguish between themselves and others.

This kind of merging is a classic issue for energy workers and healers. It is also something we see within families that are incestuous in nature. Although there may not be a sexual violation, incest style families rely *too much* on each other for emotional support and psychological justification for their behaviors constantly reaching for the family and not developing a healthy circle of friends. People with this issue feel weak and struggle with identity: "Who am I?" and "What am I?" are the constant questions. They are always seeking approval of some sort or another from outside themselves.

People struggling with this reoccurring issue are giving their vital life force away and so are often tired, unfocused, depleted, struggling financially, confused in relationships and very easily wounded emotionally. They also will be lonely and somewhat neurotic about business and social relationships and the boundaries of their friendships and family. They are missing a critical sense of how they are in relationship with the world.

This helpful procedure may need to be repeated frequently and is not something people with this issue will be able to do for them self. To shift a weak HEMF container permanently it is important for the client to be witnessed and held consistently over a period of time. This process actually re-trains their structure and personality to accept that they can be seen and received without it costing them their life force. That's a big lesson and not always quickly acquired.



Sacred Anatomy Energy Medicine Healing Procedure

Strengthen the Containing Membrane of the HEMF

1. At your Edge and with permission, dowse a need for the procedure.
2. Confirm this by dowsing to see if the HEMF percentage is less than 100%.
3. Bring in the Source energy- the *Attitude of the Strength of Archangel Michael*
4. As you bring in the energetic of the attitude use it to strengthen the container of the HEMF- slather this energy all over the containing membrane at the edge of the HEMF.
5. Bring in *Universal Love and Light*.
6. Bring in *Integration, Blending*