



Sacred Anatomy Energy Medicine

Strengthening the Integrity of the Soul Layer

What?

This procedure is used liberally to strengthen and reconstruct a too porous edge. Often seen in empaths and hypersensitive-hypervulnerables a diffused or porous edge is caused by excessive and inappropriate merging or a heavy exposure to EMF radiation. When the hyper-sensitive learns to use the edge technique their life will get a lot easier. Even people new to SAEM can be helped immediately with this simple procedure, which can be done at any time in the personal healing journey.

A need for this procedure can also be seen in drug users especially potheads; although ex-heroin addicts, sleeping pill users, heavy drinkers, cocaine addicts, or even dabblers will also need it badly. Any act that damages the integrity of the soul, anything that is self-destructive, even unconsciously so, will affect the Edge membrane, the villi antenna and the receptor sites at the Edge. It will make them more vulnerable to other energies and cause a leaking of life force fuel out of the soul layer. When this happens it makes people tired, grumpy and depleted. They feel discouraged and let down by life. Strengthening the Edge of the Soul Layer can change the mood almost immediately.

NOTE: *I do not advise working on an abuser still engaging in addictive process as nothing will hold and it is like moving a mountain with a teaspoon! SAEM is not indicated for drug addicts, alcoholics, sex addicts, or food addicts who are actively abusing.* For them first, their underlying issues must be determined, the addiction must be addressed, and then, when they are in effective treatment SAEM is incredibly helpful in the rebuilding process. Strengthening the Integrity of the Soul Layer, for the earnest



individual who has set substance abuse aside is a positive step toward reclaiming their life.

Why?

People who regularly need this procedure may have difficulty containing or holding themselves steady, in other words, keeping their own energy in their own system and not merging or enmeshing with others. Frequent need for Strengthening the Integrity of the Soul Layer is the equivalent to experiencing a chronic debilitating condition. As a result they may need to receive it a few times before their structure is able to hold the change.

How?

Simply building up the edge with *Universal Love and Light (UL&L)* doesn't seem like much! But the results from this very basic procedure are amazing causing even the most experienced practitioners to swear by it!

Sacred Anatomy Energy Medicine

Strengthening the Integrity of the Soul Layer

This is not a print out to handout to your friends and 'clients' but is a procedure to be done during a Hygiene session. This will help their energy increase and to return to normal but they will still need to learn how to use the Edge more effectively to sustain the health and well being of the subtle structure.

- 1) At the Edge and with permission determine the need to Strengthen the Integrity of the Soul Layer. It is not necessary to determine origin of the issue.



- 2) Set your intention to Strengthening the Integrity of the Soul Layer. This will keep you focused on your primary task of building up the Edge of the HES.
- 3) Bring in *UL&L*. Direct it to wrap around the Edge liberally, filling gapes and holes as well as rebuilding weak or thin sections.
- 4) Continue bringing it in until the Edge feels stronger and much thicker (aim for 1-2 feet in thickness).
- 5) Waft the *UL&L* through the entire structure. Monitor with the Dowsing Rod.
- 6) *Integration and Blending*