



# SAEM Energetic Hygiene Session Sequence

## Operating Protocols

1. Set Discerning Field
2. Edge 360
3. Permission / Dowsing Questions
4. Thought Form - M1

**After operating protocols- follow this general Rule of order for a session:**

1. IER
2. Clearing
3. Alignments/ Procedures
4. Replenishing
5. Closing Protocol

## SAEM Energetic Hygiene Order of Session Sequence – Dowsing List

This is the basic sequential order after Operating Protocols; not everything will be called for every time. Dowsing if needed (yes or no) and skip the procedure if no. Reference PDFs and videos on class page; Module # listed

*Always follow instructions as written: assessment, implementation, & closing protocol.*

1. IER Removal - M5
2. Light Body Stamina Boost – M5
3. Vacuum Cleaner - M1
4. Japanese Rake - M1
5. Basic Clearing of the Layers - M3
6. Hand washing, Shaking Hands; Salt & Soda & Water - M1
7. Severing Entanglements - Intro
8. Emotional Peel – M5
9. Strengthen Containing Membrane – M5
10. Compressed Framework – M5
11. Expand Template - M4
12. Strengthening the Soul Layer – M6
13. Seal Tech Equipment – M5
14. Correcting Imbalances with Specific Energies - M2
15. Closing Protocol

## EDGE Practice

- ❖ Embody Presence
- ❖ Anchor Ground - *Dropping the Tail*
- ❖ HEMF Focus- *Set Focus Discerning Field*
- ❖ EDGE 360
- ❖ Mindful Intention- *give your monkey mind a job*