



The Essential Practice: Your Sacred Anatomy Edge

What is Sacred Anatomy Energy Medicine?

Sacred Anatomy Energy Medicine is a big tent. It is a philosophical approach based on universal operating principles and the development of skills and techniques that enhance human potential. It is also a sophisticated holistic healing system.

It uses practices to unlock the individual Human Energy Structure (HES) and assesses it to discover unique presentations of blockages, holding patterns, misalignments and pathology the sacred anatomy accumulates.

Then, using clearings, alignments, and procedures, a Sacred Anatomy Energy Medicine Practitioner acts to rebalance and support the structure. This allows the individual to live from a more authentic and vibrant expression of who they truly are.

People typically work with a practitioner over time to peel back layers of debris, patterning and trauma revealing the true nature and their soul's purpose. Practitioners train for several years and study directly with Desda Zuckerman who certifies each one.

Sacred Anatomy Energy Medicine Practitioner Oath

I do swear before my ancestors, my teachers, my guides and guardians and my loved ones to use the Principles, methods, procedures and techniques of Sacred Anatomy Energy Medicine for the good of all sentient beings.

I realize that by accepting this responsibility I consciously join the ancient community of light workers dedicated to the growth and expansion of all human potential.

I promise to practice to the best of my ability, seeking always to improve my skills, to keep my agreements with others and myself and to represent the community of Sacred Anatomy Energy Medicine Practitioners with the highest personal integrity.

I will respect and honor the contribution and trust of those who have gone before me and those who will come after me. I am thankful for the opportunity to serve the highest good.