

Monday November 25, 2019

*Starters*

New England Clam Chowder  
Low Sodium Sweet Potato Bisque  
Marinated Artichoke & Mushrooms  
Cantaloupe, Honeydew & Blackberries

*Salad of the Day*

Sliced Tomatoes, Mozzarella & Basil

*Specials of the Day*

**Chicken “Diane”:** Grilled chicken breast, minced shallots, Dijon mustard, brandied demi-glace sauce, steamed spinach.

**Crispy Bang-Bang Shrimp:** Spicy sweet chile glaze, Jasmine rice, scallion garni.

**Veal Cacciatore:** Tender veal, onion, peppers, mushroom and tomato sauce, served over fettuccini.

**Grilled Virginia Ham Steak:** Grilled pineapple ring, roasted peach sauce.

*Sides*

Baked Creamy “O’Brien” Potatoes

Baked Potato or Baked Sweet Potato

Wild Rice Medley

Steamed Fresh Broccoli

Harvard Beets

Organic Spinach

Steamed Fresh Baby Carrots

## *Daily Selections*

### *Starters*

Fresh Fruit Cup  
Crudit  with Hummus & Pita Chips  
Cottage Cheese & Peaches  
Domestic Cheese Sampler

### *Salads*

Fox Hill Salad  
Sliced Tomatoes  
Chopped Iceberg

### *Entrees*

**Fresh Salmon Filet** - Grilled with salt-free seasoning or poached plain  
**Yogurt Baked Salmon** - Yogurt and grain mustard topping  
**Broiled Angus Sirloin Steak** – With steak seasoning  
**Free Range Chicken Breast** – Grilled with salt-free seasoning or poached plain  
**Mediterranean Style Haddock** - Baked and topped with a Mediterranean basil, tomato and wine sauce  
**Baked Scallops** - Topped with buttered cracker crumbs  
**Quiche of the Day**  
**Fresh Chopped Garden Salad**- Mixed greens, organic beets, diced cucumbers, tomatoes, carrots, feta cheese and served with your choice of grilled beef tips, salmon, chicken or shrimp  
**Stuffed Portabella Mushroom** - Stuffed with roasted vegetables, couscous and feta cheese, topped with a sweet balsamic glaze.

### *Desserts*

**Lemon Chiffon Cake**  
**Chocolate Chip Angel Food Cake**  
**Salted Caramel Panna Cotta**  
**Sugar Free Grape Nut Custard**  
**Gluten-Free Chocolate Glaze Cake**  
**Choice of Apple or Pecan Pie**  
**Strawberry Shortcake**  
**Ice Cream** *Vanilla, Chocolate, Coffee, Peppermint Stick*  
**Flavors of the Day** *Ice Cream, Frozen Yogurt, Sherbet, Sorbet, Sugar-Free or Lactose-Free Ice Cream*

### **Jello**

*Dinner includes choice of one appetizer, one salad, entr e, Potato, two vegetables, dessert and non-alcoholic beverage*  
*Before placing your order, please inform your server if a person in your party has a food allergy.*  
*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase risk of food-borne illness*