

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Type extra information here.		<p><i>Morning</i> 1 Balance Exercises Cliches <i>Afternoon</i> Kid's Game Project Paddle Ball <i>Evening</i> 1 Minute Massages</p>	<p><i>Morning</i> 2 Upper Body Strengthening Vitale's <i>Afternoon</i> Thankful Door Quilts Patty Duke Show <i>Evening</i> Wiser Now Wednesday</p>	<p><i>Morning</i> 3 Aerobics Armchair Travels <i>Afternoon</i> Chocolate Chip Cookies Nature <i>Evening</i></p>	<p><i>Morning</i> 4 Exercise with Steve Current Events <i>Afternoon</i> Remember Will Rogers Shooting Hoops <i>Evening</i> Wheel of Fortune</p>	<p><i>Morning</i> 5 Sit and Be Fit Words that Start with V <i>Afternoon</i> Bingo Bowling <i>Evening</i> Lawrence Welk</p>
<p><i>Morning</i> 6 Tai Chi What Do You Know? <i>Afternoon</i> Hand and Nail Care Church Service <i>Evening</i></p> <p><small>Daylight Saving Time Ends</small></p>	<p><i>Morning</i> 7 Mindful Movement Family Feud <i>Afternoon</i> Book Nook Bean Bag Toss <i>Evening</i> Household Helpers</p>	<p><i>Morning</i> 8 Balance Exercises Roll and Rhyme <i>Afternoon</i> Goat Cheese Empanadas Andy Griffith <i>Evening</i> Hand Massages</p>	<p><i>Morning</i> 9 Upper Body Strengthening Resident Council Junk Drawer Detectives <i>Afternoon</i> Birthday Party Noodle Ball <i>Evening</i> Wiser Now Wednesday</p>	<p><i>Morning</i> 10 Aerobics Trivia Time <i>Afternoon</i> Outdoor Discovery Center Slow TV <i>Evening</i></p>	<p><i>Morning</i> 11 Zumba Current Events <i>Afternoon</i> Veteran's Day Program- 4th Floor Gym <i>Evening</i> Jeopardy</p> <p><small>Veterans Day Remembrance Day (Canada)</small></p>	<p><i>Morning</i> 12 Express Toning Which Came First <i>Afternoon</i> Creative Colors Bucket Bonanza <i>Evening</i> Lawrence Welk</p>
<p><i>Morning</i> 13 Yoga November Trivia <i>Afternoon</i> Hand and Nail Care Church Service <i>Evening</i></p>	<p><i>Morning</i> 14 Younger Joints Cranium Crunches <i>Afternoon</i> Kid's Game Project Ping Pong Basketball <i>Evening</i> Crafts of Sorts</p>	<p><i>Morning</i> 15 Balance Exercises Easy Trivia <i>Afternoon</i> Paint Like Georgia O'Keefe Balloon Ball <i>Evening</i> 1 Minute Massages</p>	<p><i>Morning</i> 16 Upper Body Strengthening Dutch-American Heritage Day <i>Afternoon</i> Dutch Baby Pancakes Leave It To Beaver <i>Evening</i> Wiser Now Wednesday</p>	<p><i>Morning</i> 17 Aerobics Revolutionary War Trivia <i>Afternoon</i> Book Nook Golf <i>Evening</i></p>	<p><i>Morning</i> 18 Yoga Dance Current Events <i>Afternoon</i> Cranes' In The City Denis the Menace <i>Evening</i> Wheel of Fortune Happy Birthday Martha D!!</p>	<p><i>Morning</i> 19 Sit and Be Fit Common Sayings <i>Afternoon</i> Uno Horseshoes <i>Evening</i> Lawrence Welk</p>
<p><i>Morning</i> 20 Tai Chi Which Happened Last <i>Afternoon</i> Hand and Nail Care Church Service <i>Evening</i></p>	<p><i>Morning</i> 21 HAS Fit Exercise Puzzles <i>Afternoon</i> Scenic Drive Dick VanDyke <i>Evening</i> Sort It Out</p>	<p><i>Morning</i> 22 Balance Exercises Close Up <i>Afternoon</i> Book Nook Ring Toss <i>Evening</i> Hand Massages</p>	<p><i>Morning</i> 23 Upper Body Strengthening Mathematical Minds <i>Afternoon</i> Pumpkin Pie Father Knows Best <i>Evening</i> Wiser Now Wednesday</p>	<p><i>Morning</i> 24 Aerobics Thanksgiving Day Parade <i>Afternoon</i> Turkey Humor Turkey Coloring Contest <i>Evening</i></p> <p><small>Thanksgiving Day (US)</small></p>	<p><i>Morning</i> 25 Exercise to the Oldies East or West <i>Afternoon</i> Popcorn and a Movie Bean Bag Toss <i>Evening</i> Jeopardy</p>	<p><i>Morning</i> 26 Express Toning Trivia Tidbits <i>Afternoon</i> Uno Shooting Hoops <i>Evening</i> Lawrence Welk</p>
<p><i>Morning</i> 27 Yoga Dumb Questions <i>Afternoon</i> Hand and Nail Care Church Service <i>Evening</i></p>	<p><i>Morning</i> 28 Movement with Meredith Who or What Am I? <i>Afternoon</i> Kid's Game Project Ping Pong Basketball <i>Evening</i> Household Helpers</p>	<p><i>Morning</i> 29 Balance Exercises Crossword Puzzles <i>Afternoon</i> 8th Street Walk Little Women <i>Evening</i> 1 Minute Massages Happy Birthday Shirley K!!</p>	<p><i>Morning</i> 30 Upper Body Strengthening Opposites <i>Afternoon</i> Book Nook Tai Ji with Chris <i>Evening</i> Wiser Now Wednesday</p>			

Type the name, address, and other information about your community/company here.