

May 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Morning Tai Chi Name That Tune Afternoon Hand and Nail Care Church Service Evening The Fabulous Dorseys	2 Morning Exercise To The Oldies Jack Benny Afternoon Plarn Project Bowling Evening Sort It Out	3 Morning Balance Exercises Crust 54 Afternoon Festive Banner Bewitched Evening 1 Minute Massages	4 Morning Upper Body Exercises Junk Drawer Detectives Afternoon Milky Way Lasagna Dick VanDyke Evening Grumpy Old Men	5 Morning Balance Exercises Never Have I Ever... Afternoon Book Nook Parachute Evening News of the Week	6 Morning Pilates Current Events Afternoon Corsages Dean Martin Evening Wheel of Fortune	7 Morning Sit and Be Fit Spot the Difference Afternoon Group Up Basketball Evening Lawrence Welk
8 Morning Yoga All About Moms Afternoon Hand and Nail Care Church Service Evening Heartbeat	9 Morning Sliding Feet What Ever Happened To...? Afternoon Book Nook Ping Pong Basketball Evening Household Helpers	10 Morning Balance Exercises Resident Council Paul Harvey Afternoon Strawberry Shortcake Petticoat Junction Evening Hand Massages	11 Morning Upper Body Exercises Puzzles Afternoon Birthday Party Balloon Ball Evening News of the Week	12 Morning Balance Exercises Inventions Afternoon Kinderparade Evening Royal Wedding	13 Morning Exercise for Osteoporosis Current Events Afternoon Paper Flowers Andy Griffith Evening Jeopardy	14 Morning Express Toning Easy Trivia Afternoon Puzzles Kick and Toss Evening Lawrence Welk
15 Morning Tai Chi Piggy Bankers Afternoon Hand and Nail Care Church Service Evening Damn Yankees	16 Morning Exercise With Steve Who or What Am I? Afternoon Make A Kite Vitamin D Hour Evening Crafts of Sorts	17 Morning Balance Exercises Cranium Crunches Afternoon Tulip Tours Sing-a-long Evening 1 Minute Massages	18 Morning Upper Body Strengthening Armchair Travels Afternoon Learn to Draw Perry Como Evening News of the Week	19 Morning Balance Exercises Roll and Rhyme Afternoon Garden Club Bean Bag Toss Evening Guys and Dolls	20 Morning Chair Exercises Current Events Afternoon Plarn Project Horseshoes Evening Wheel of Fortune	21 Morning Sit and Be Fit Creating a Monster Afternoon Yahtzee Bowling Evening Lawrence Welk
22 Morning Yoga Name a Dozen Afternoon Hand and Nail Care Church Service Evening Trapeze	23 Morning Zumba Happy Neurons Afternoon Book Nook Corn Hole Evening Sort It Out	24 Morning Balance Exercises Live to Learn Afternoon Peachwave Rosemary Clooney Evening Hand Massages	25 Morning Upper Body Strengthening Inventive Songs Afternoon Lilac Painting Golf Evening News of the Week	26 Morning Balance Exercises Last to First Afternoon Blueberry Cheesecake Vitamin D Hour Evening Junior Prom	27 Morning Head to Toe Workout Current Events Afternoon Garden Club Yard Yahtzee Evening Jeopardy	28 Morning Express Toning Words That Start With G Afternoon Georgia O'Keefe Painting Paddle Ball Evening Lawrence Welk
29 Morning Tai Chi Reminisce Afternoon Hand and Nail Care Church Service Evening Don't Fence Me In	30 Morning Celebration Exercises Name That Tune Afternoon Book Nook Horseshoes Evening Household Helpers	31 Morning Balance Exercises Word Games Afternoon Sous Chefs Noodle Ball Evening 1 Minute Massages				