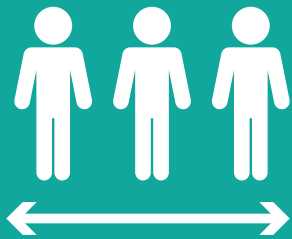


SOCIAL DISTANCING – QUARANTINE – ISOLATION WHAT IS THE DIFFERENCE?



Social distancing

Used when in public or at work and not sick.

Why?

To reduce face-to-face contact and reduce the spread of disease.

How?

- Encourage people to stay at home.
- Give six feet of space from others.
- Work to minimize close contact between people.



Quarantine

Used for people who may have been exposed but are not sick.

Why?

The person could have the virus in their body even if they don't have symptoms. They need to stay away from others until they find out for sure.

How?

- Separate living quarters if possible.
- Keep six feet away from other people.
- Have food and necessities delivered.



Isolation

Used for people suspected or confirmed to have COVID-19.

Why?

To keep the person from infecting others.

How?

- Separate living quarters and bathroom facilities secured against unauthorized access.
- Keep six feet away from other people.
- Have food and necessities delivered