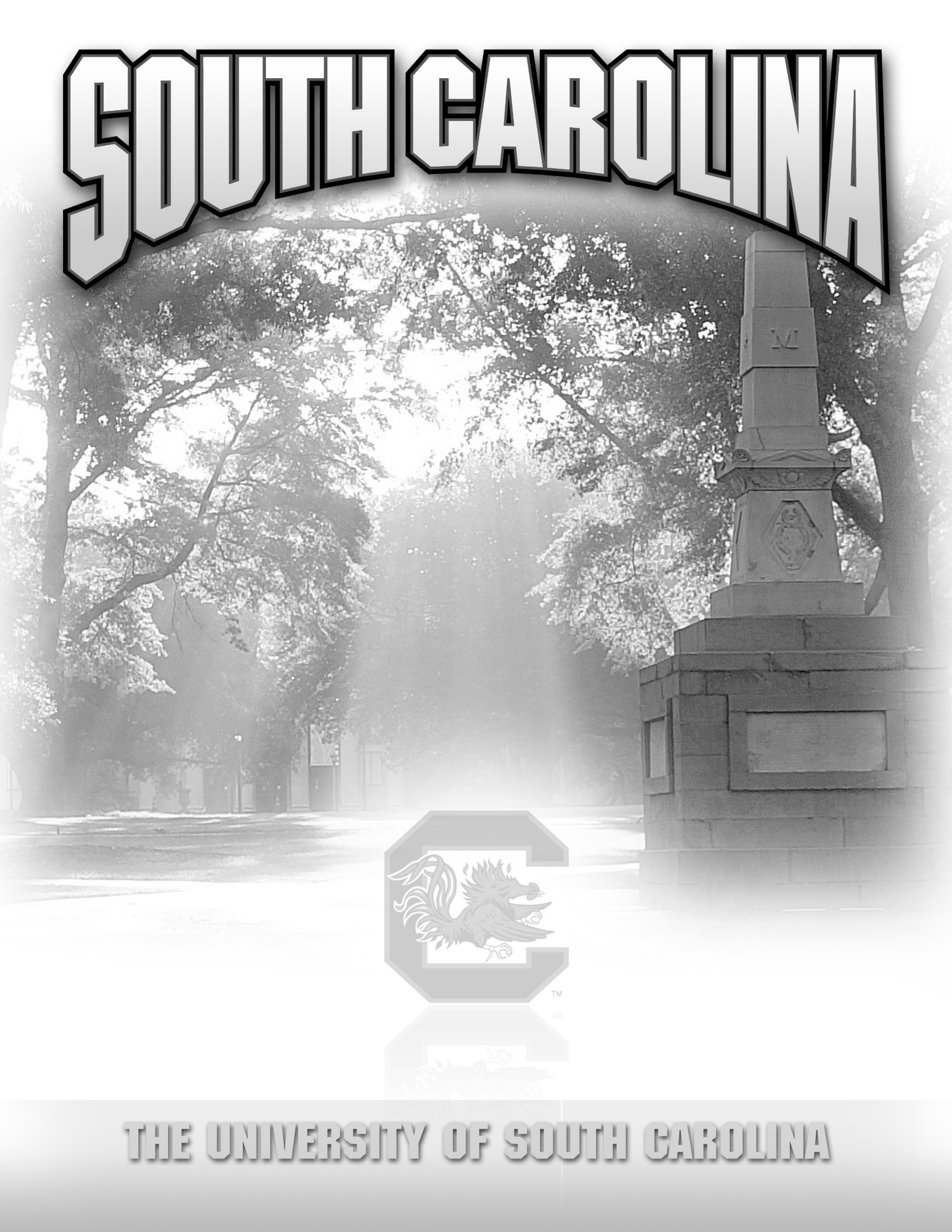


# SOUTH CAROLINA



THE UNIVERSITY OF SOUTH CAROLINA



# UNIVERSITY OF SOUTH CAROLINA

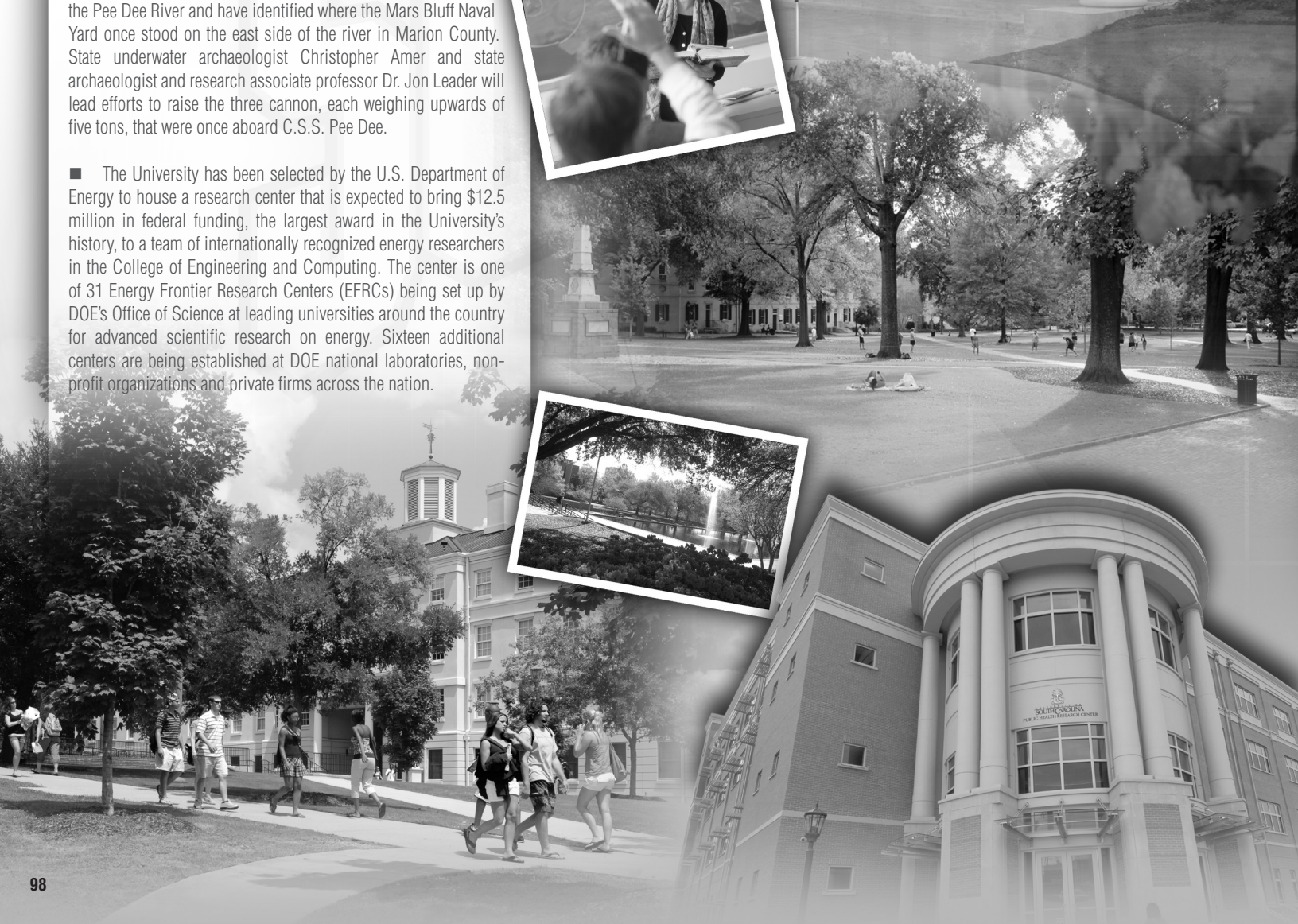
■ Researchers at the College of Engineering and Computing are part of a national team that will develop technologies to assess the structural health of the nation's aging bridges. The National Institute of Standards and Technology (NIST) awarded the \$14 million dollar project, which will include the Physical Acoustics Corp. (PAC) of Princeton, N.J., the University of Miami and Virginia Tech as partners, with \$4 million going to Carolina for its part of the study.



■ University archaeologists from the University of South Carolina and East Carolina University have located two large cannon from a sunken Confederate gunboat in the Pee Dee River and have identified where the Mars Bluff Naval Yard once stood on the east side of the river in Marion County. State underwater archaeologist Christopher Amer and state archaeologist and research associate professor Dr. Jon Leader will lead efforts to raise the three cannon, each weighing upwards of five tons, that were once aboard C.S.S. Pee Dee.



■ The University has been selected by the U.S. Department of Energy to house a research center that is expected to bring \$12.5 million in federal funding, the largest award in the University's history, to a team of internationally recognized energy researchers in the College of Engineering and Computing. The center is one of 31 Energy Frontier Research Centers (EFRCs) being set up by DOE's Office of Science at leading universities around the country for advanced scientific research on energy. Sixteen additional centers are being established at DOE national laboratories, non-profit organizations and private firms across the nation.





## DEGREE PROGRAMS

■ The University's graduate programs in international business, school-library media and social psychology have earned top rankings in U.S. News & World Report's annual issue, "America's Best Graduate Schools." The Moore School of Business is recognized as the nation's highest-ranked public-university MBA program for international business and No. 2 among all institutions in that specialty. This marks the 20th-consecutive year that the Moore School's International Master of Business Administration (IMBA) Program has been ranked either No. 1 or No. 2 in the publication. The University also was ranked No. 2 for its program in school-library media, and in social psychology, the University ranked No. 4, alongside Cornell University and ahead of Duke University, Emory University and the University of Michigan, among others.

■ University research awards totaled nearly \$83 million for the first half of fiscal year 2009, an increase of almost 5 percent from the same time last year. An increase of 10.2 percent in federal grants and an award of more than \$2.2 million from the Duke Endowment put the University in position to surpass its record \$206 million in grants last year.

■ The University's three-part mission – teaching, research and outreach – received significant applause from the Carnegie Foundation for the Advancement of Teaching recently when the University joined that organization's "Curricular Engagement and Outreach & Partnerships" classification. Carolina is the only University from this state and one of only 23 public Universities nationwide to receive the foundation's highest ranking in both research and service to their communities.

■ BlueCross BlueShield of South Carolina and the University have created the Consortium for Enterprise Systems Management, a unique collaboration that will build information technology (IT) opportunities of the future. The consortium, believed to be the first of its kind anywhere, aims to converge business, academia and economic development to collaborate in growing IT talent, nurturing IT management expertise and cultivating related business and organizational relationships.

■ The National Resource Center for The First-Year Experience and Students in Transition received the 2008 Special Merit Award from the Association for the Study of Higher Education (ASHE). The ASHE Special Merit Award is presented to a person, group or organization in recognition of influential leadership and contributions to the understanding and study of colleges and universities.

■ Representatives from China were on campus last fall for the official launch of a prestigious Confucius Institute at the University. The institute is expected to impact K-12 education and business and trade in South Carolina, as well as undergraduate education at the University.

■ The S.C. Rural Health Research Center has received \$2.6 million for research on rural healthcare needs, particularly among minorities. The grant, which continues through September 2012, is one of only six nationally from the Office of Rural Health Policy at the U.S. Health Resources and Services Administration.

■ A new library of special collections will be named for former U.S. Senator Ernest F. "Fritz" Hollings. The \$18-million, 50,000-square-foot building, to be named The Ernest F. Hollings Special Collections Library, will house the library's growing Rare Books and Special Collections and provide a permanent home for the University's S.C. Political Collections, which document the careers and contributions of many of the state's political leaders.

### ARTS AND SCIENCES

- African American Studies
- Anthropology
- Art Education
- Art History
- Art Studio
- Biological Sciences
- Cardiovascular Technology
- Chemistry
- Classics
- Comparative Literature
- Creative Writing
- Criminology and Criminal Justice
- Dance
- Earth and Environmental Resources Management
- Economics
- English
- Environmental Science
- European Studies
- Film and Media Studies
- Foreign Languages
- French
- Geography
- Geology
- Geophysics
- German
- History
- Industrial Statistics
- Interdisciplinary Studies
- International Studies
- Italian
- Latin American Studies
- Linguistics
- Media Arts
- Marine Science
- Mathematics
- Philosophy
- Physics
- Political Science
- Professional Science
- Psychology, Clinical-Community
- Psychology, Experimental
- Psychology, School
- Public Administration
- Public History
- Religious Studies
- Russian
- Sociology
- Spanish
- Statistics
- Theatre
- Women's and Gender Studies

### BUSINESS

- Accounting
- Business Administration
- Business Economics
- Economics
- Finance
- Human Resources
- Insurance and Risk Management
- International Business
- Management
- Management Science
- Marketing
- Real Estate

### EDUCATION

- Community and Adult Programs
- Counselor Education
- Curriculum and Instruction
- Early Childhood Education
- Education Administration
- Educational Psychology and Research
- Educational Research
- Educational Technology
- Elementary Education
- Foundations of Education
- Health Education Administration
- Higher Education and Student Affairs
- Language and Literacy
- Middle Level Education
- Natural Sciences
- Physical Education
- Secondary Education
- Special Education
- Social Studies
- Teaching

### ENGINEERING AND COMPUTING

- Biomedical Engineering
- Chemical Engineering
- Civil and Environmental Engineering
- Computer Engineering
- Computer Information Systems
- Computer Science
- Computer Science and Engineering
- Computer Software Engineering
- Electrical Engineering
- Engineering Science
- Mechanical Engineering
- Nuclear Engineering

### HOSPITALITY, RETAIL, AND SPORT MANAGEMENT

- Business and Technology Education
- Hospitality Management
- Interdisciplinary Studies
- International Hospitality and Tourism Management
- Retailing
- Sport and Entertainment Management
- Technology Support and Training Management
- Tourism Management

### LAW

### MASS COMMUNICATIONS AND INFORMATION STUDIES

- Journalism and Mass Communications
- Advertising
- Broadcast Journalism
- Information Science
- Journalism (Print)
- Library and Information Science
- Mass Communication
- Public Relations
- Visual Communications

### MEDICINE

- Biomedical Science
- Genetic Counseling
- Nurse Anesthesia
- Rehabilitation Counseling

### MUSIC

- Composition
- Conducting
- Education
- History
- Jazz Studies
- Opera Theatre
- Performance
- Piano Pedagogy
- Theory

### NURSING

- Nursing Administration
- Clinical Nursing
- Community Mental Health and Psychology
- Health Nursing
- Nursing Science

### PHARMACY

- Pharmaceutical Sciences

### PUBLIC HEALTH

- Biostatistics
- Communication Sciences and Disorders
- Environmental Health Sciences
- Epidemiology
- Exercise Science
- Health Education
- Health Promotion, Education, and Behavior
- Health Services Policy and Management
- Physical Activity and Public Health
- Physical Therapy
- Speech Communication
- Speech-Language Pathology

### SOCIAL WORK

- Social Work

### SOUTH CAROLINA HONORS COLLEGE

- Baccalaureus Artium et Scientiae





# MY CAROLINA

WHAT CAROLINA MEANS TO ME



*"My Carolina is living in Columbia, a great place for my wife and I to raise our kids; meeting great people, from Augusta to Florence, from Greenville to Charleston; working at the flagship university in our great state; coaching in the premier conference in the country in the SEC and competing at a high level; and looking forward to packing the Colonial Life Arena!"*

- Darrin Horn, Carolina Men's Basketball Coach

*"My Carolina is living and working in one of the best states in America. My Carolina is coaching at a wonderful state university, the University of South Carolina; competing at the highest level in the Southeastern Conference; and hopefully one day soon being the Southeastern Conference football champions! This is My Carolina!"*

- Head Ball Coach Steve Spurrier



*"My Carolina is the chance to build a championship caliber program in the Southeastern Conference, helping our players reach their potential on and off the court, being active in our local community, and great fans in the Colonial Life Arena."*

- Dawn Staley, Carolina Women's Basketball Coach

## My Carolina

The Carolina Alumni Association wants to know what "My Carolina" means to you.

[MYCAROLINA.ORG](http://MYCAROLINA.ORG)

*"My Carolina is a place where dreams can be reached by anyone willing to put forth the effort, and we have had a lot of young people put forth a great deal of effort in the 13 years we've been here. I look forward to every time I see a young face walking on the Horseshoe, or a young face come out to the track, or go for a run, or go to our weight room and use all of our great facilities with great enthusiasm."*

- Curtis Frye, Carolina Track Coach



*"My Carolina is the equestrian team; it's winning a national championship; and it's beating Georgia at home."*

- Boo Major, Carolina Equestrian Coach



*"My Carolina is recruiting on the Horseshoe, mingling with students at the Russell House, and enjoying a Gamecock victory at our new Carolina Stadium."*

- Ray Tanner, Carolina Baseball Coach



*"My Carolina is walking with recruits and their families around the Horseshoe, the sunsets here at the end of the day when we're walking to the locker room after practice. And of course, the electric atmosphere here at 'The Graveyard,' Stone Stadium, one of the great venues in college soccer across the country, the support of our fans and the community. That's all part of what My Carolina means to me."*

- Mark Berson, Carolina Men's Soccer Coach

# DR. PASTIDES

UNIVERSITY PRESIDENT



Harris Pastides was named the University of South Carolina's 28th president on August 1, 2008, following a decade of service at Carolina as a professor, dean and vice president. He was the first internal candidate to be elected as President of the University of South Carolina in over half a century.

Under Pastides' leadership as Vice President for Research and Health Sciences, research funding and sponsored programs at South Carolina increased 89 percent since 2002, reaching a record \$206 million for fiscal year 2008. Pastides continues to take a leading role in the development of Innovista, the research innovation district he helped design and launch during his tenure.

With Focus Carolina, one of his first major initiatives as University president, Pastides has launched the most comprehensive strategic planning initiative in the University's history. The effort is expected to result in



transformational goals that will steer a course for the University's long-term future.

Pastides has identified sustainability, innovation, the University's role in development of a knowledge economy, more access to education for South Carolinians, and stronger cohesion among the University's eight campuses among his major goals. To accomplish those goals, he has solicited ideas from the University community and all South Carolina citizens through Carolina's Ideas, a Web-based virtual suggestion box that is yielding a bounty of good counsel.

Before joining the South Carolina faculty, Pastides was a professor of epidemiology and chairman of the Department of Biostatistics and Epidemiology at the University of Massachusetts at Amherst. He received his master's of public health and his Ph.D. in epidemiology from Yale University.

Harris Pastides and Patricia Moore were married April 27, 1980. They have two children: Katharine, an education specialist at the Getty Villa in Malibu, Calif., and Andrew, an equity stage actor in New York City.



## DR. BILL BEARDEN

FACULTY ATHLETIC REPRESENTATIVE



William O. Bearden is in his third year as the University of South Carolina's Faculty Athletics Representative. Bearden is The Bank of America Chaired Professor of Marketing in the University's Moore School of Business.

As Faculty Athletics Representative, Bearden's duties include advising University President Dr. Harris Pastides on matters related to the athletics program and working with Dr. Pastides to determine the university's position on NCAA legislation. Bearden will also review the eligibility, admission and progress of student-athletes. He also assists in evaluating compliance with NCAA regulations and attends SEC and NCAA meetings, serving as the University's voting delegate at the NCAA's annual meeting and participates in the organization's certification program.

Bearden received his Ph.D. from the University of South Carolina in 1975. Before returning to South Carolina, he served on the faculties of Western Kentucky University and the University of Alabama from 1976-1978.

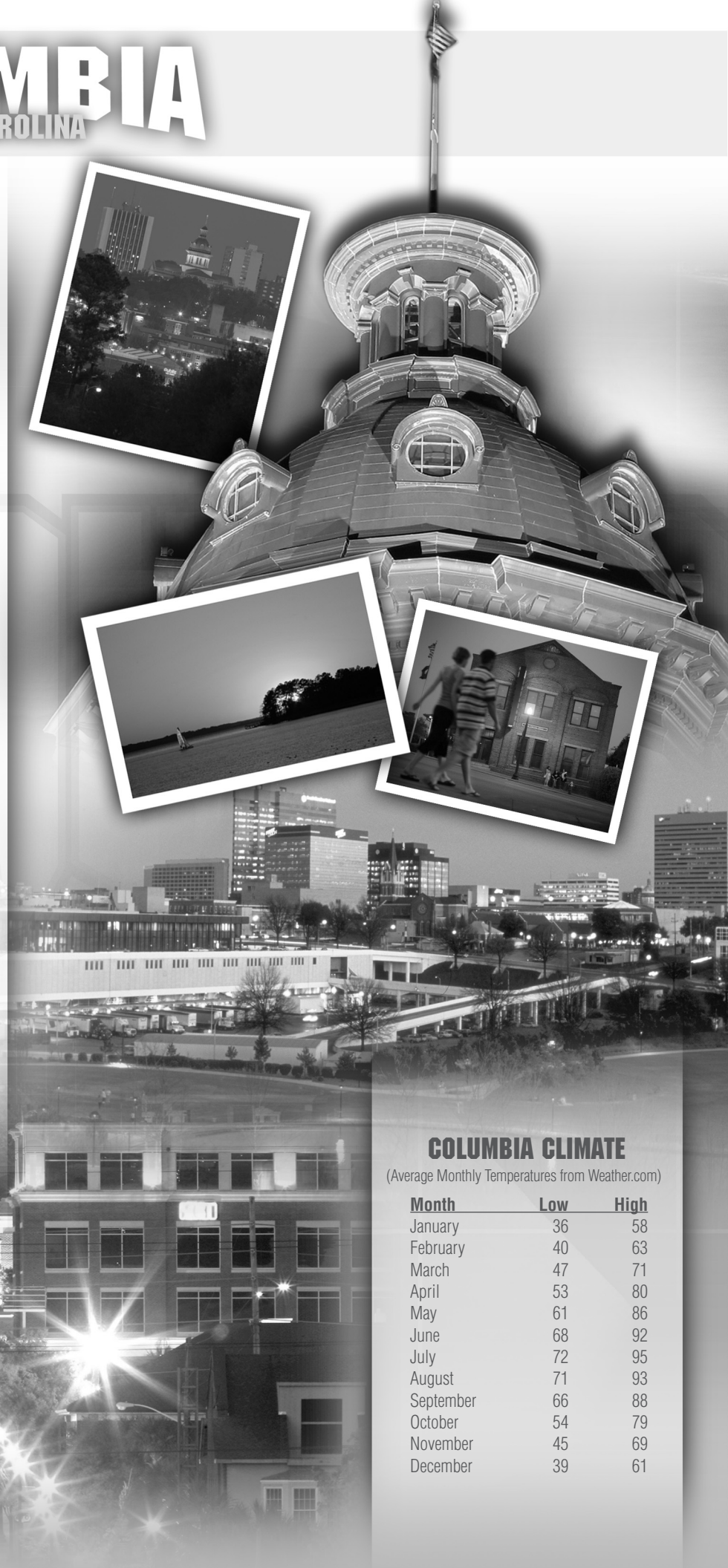


# COLUMBIA

SOUTH CAROLINA

Located in the heart of South Carolina, Columbia combines the graces of a rich past with the vibrance of the emerging Southeast. The city serves as center for education and government as the State Capital and offers something for everyone.

- Columbia's Population: 116,287 (2000 U.S. Census)
- Metro Area Population: 664,229  
(Source: Columbia Convention and Visitors Bureau – columbiacvb.com)
- Columbia is the largest city in the state of South Carolina, which provides University of South Carolina student-athletes with an array of opportunities for internships and networking while in college.
- *Expansion Management* magazine ranked Columbia among its "50 Hottest Cities for 2007."
- In June 2006, Richland County, which encompasses the majority of Columbia, was one of 10 cities to earn an All-America City award from the National Civic League.
- In 2009, *Forbes Magazine* listed Columbia No. 34 on its annual "Best Places for Business and Careers" list.
- The area is often cited for its high quality of life offerings, with its many cultural amenities, parks and recreational features. The city is at the confluence of two major rivers, which makes it one of the best destinations in the country for kayak and canoe enthusiasts.



## COLUMBIA CLIMATE

(Average Monthly Temperatures from Weather.com)

Month	Low	High
January	36	58
February	40	63
March	47	71
April	53	80
May	61	86
June	68	92
July	72	95
August	71	93
September	66	88
October	54	79
November	45	69
December	39	61

# SOUTH CAROLINA

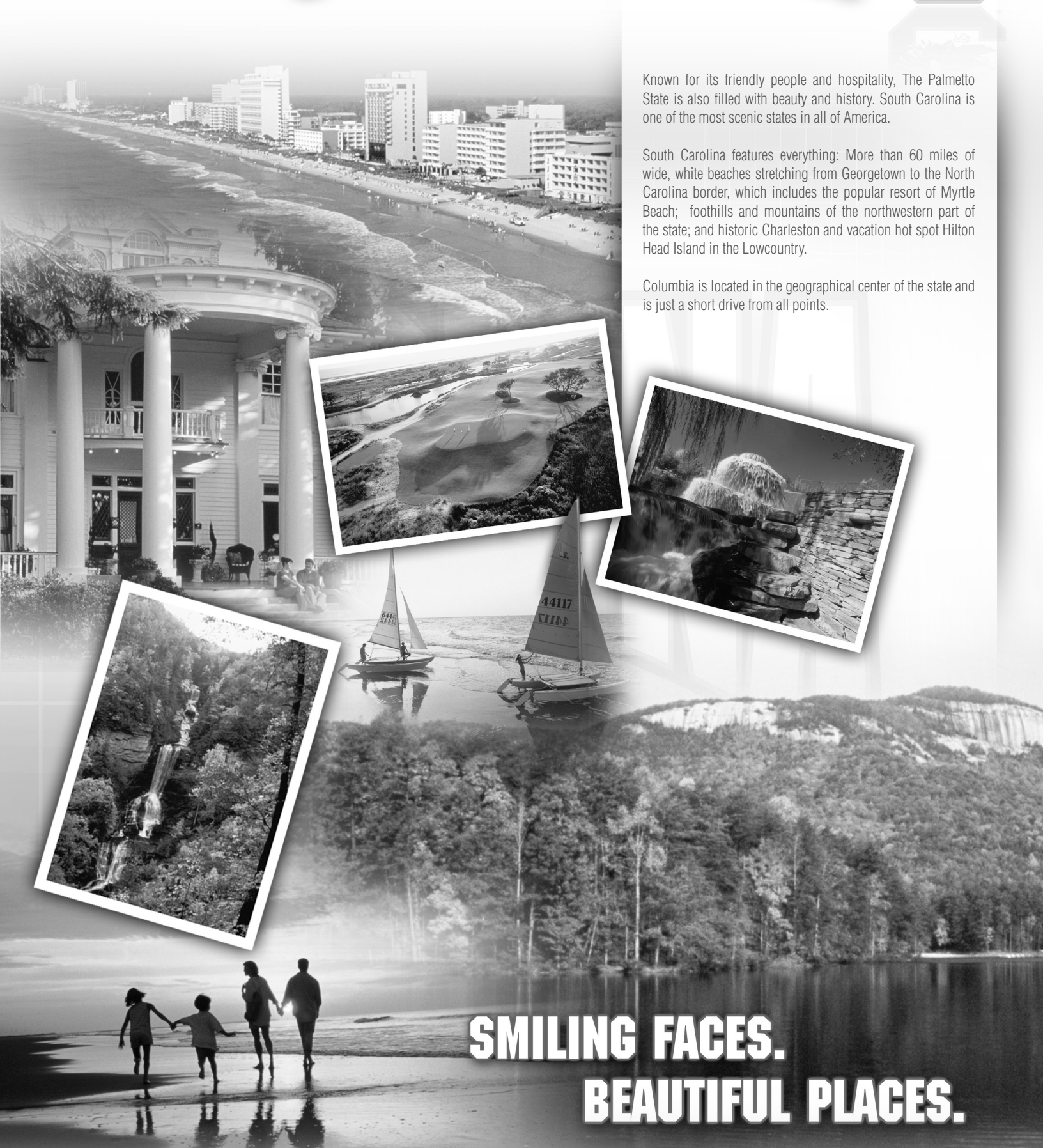
THE PALMETTO STATE



Known for its friendly people and hospitality, The Palmetto State is also filled with beauty and history. South Carolina is one of the most scenic states in all of America.

South Carolina features everything: More than 60 miles of wide, white beaches stretching from Georgetown to the North Carolina border, which includes the popular resort of Myrtle Beach; foothills and mountains of the northwestern part of the state; and historic Charleston and vacation hot spot Hilton Head Island in the Lowcountry.

Columbia is located in the geographical center of the state and is just a short drive from all points.



**SMILING FACES.  
BEAUTIFUL PLACES.**



# ERIC HYMAN

DIRECTOR OF ATHLETICS

Regarded as an architect of championship programs, an advocate for academic success and a skilled administrator, Director of Athletics Eric Hyman began his duties at South Carolina on July 1, 2005.

Hyman has developed an outstanding reputation as a leader among his peers. He was named the 2003-04 *Street and Smith's Business Journal* National Athletics Director of the Year and was also selected as the Division I-A West Regional Athletics Director of the Year by the National Association of Collegiate Directors of Athletics (NACDA). In September 2008, he assumed the duties as President of the Division 1A Athletic Directors' Association.

Hyman has been a featured speaker at numerous conventions, including the NCAA Champions Forum concerning diversity and the American Football Coaches Association on the topic of how to become a head coach. He is also a regular presenter at the I-A Athletic Directors Institute on how to become an athletics director.

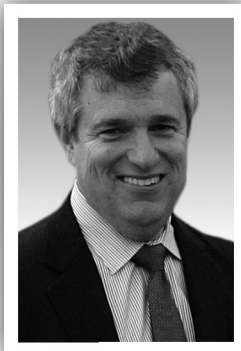
Under Hyman's leadership, the South Carolina Athletics Department has made tremendous strides in becoming a nationally prominent program with the goal of competing for championships. His hiring of successful head coaches, like men's basketball coach Darrin Horn and women's basketball coach Dawn Staley, the development of a \$200 million master plan of facilities, and the school's first athletics capital campaign have taken South Carolina Athletics to new heights. Hyman has successfully guided the department through a football seat donation initiative, which, along with philanthropic gifts and money guaranteed through the new television agreement, has provided the financial resources to bring the Gamecock facilities up to the standards of their SEC rivals.

Hyman's fingerprints can be seen in Carolina Stadium, the state-of-the-art baseball facility that opened in the spring of '09, and in the Dodie Anderson Academic Enrichment Center, which will open its doors in late 2009. In addition, the athletic training room, recruiting room, locker room and entryway at Williams-Brice Stadium have all recently received major upgrades.

Over the next couple of years, Hyman's master plan includes converting the Farmer's Market into a football parking lot and tailgate area for the fans, building a coaches' support building, a parking garage and tennis courts, and renovating the softball and track facilities at the Athletics Village, as well as further improvements to Williams-Brice Stadium.

During Hyman's tenure at Carolina, the Gamecocks have enjoyed their share of success on the field with nearly every athletic team having competed in the postseason. During the 2008-09 campaign, South Carolina football, men's basketball and baseball all finished with a .500 or better league mark for the first time since joining the SEC. In addition, the women's tennis team reached the NCAA Elite Eight, while the men's outdoor track & field team posted a sixth place finish at the NCAA Championships. Off the field, South Carolina student-athletes have combined to surpass the 3.0 grade point average plateau for five consecutive semesters and are regularly among the leaders in the SEC Academic Honor Roll. In the Spring of 2009, a record 15 of 17 athletic teams topped the 3.0 standard, with football, men's basketball and men's soccer all achieving their highest team GPAs on record.

Hyman came to South Carolina from TCU,



where he served as the athletics director for over seven years. Under his direction, TCU teams recorded 32 conference titles and consistently posted a graduation percentage rate higher than that of the overall student body. Hyman was instrumental in orchestrating TCU's invitation to join Conference USA in July 2001 and spearheading the effort for the Horned Frogs to join the Mountain West Conference in July 2005, moving the program from the Western Athletic Conference it was in when Hyman arrived. During Hyman's tenure, the TCU football team went to six bowl games in seven seasons, boasted a Heisman Trophy candidate in LaDainian Tomlinson and was ranked as high as sixth in the BCS polls; the women's basketball team went to five straight NCAA Tournaments; the baseball team earned back-to-back regional appearances for the first time in school history; and the men's indoor and outdoor track and field and men's tennis teams finished their seasons ranked among the top five in the nation.

As TCU's athletics director, Hyman worked diligently to improve athletic facilities. He helped raise over \$30 million in facility improvements and directed a three-phase building plan that completely renovated the athletic department's facilities.

Prior to his stint in Fort Worth, Hyman was the athletics director at Miami University in Oxford, Ohio. During his tenure, Miami had the fifth-highest student-athlete graduation rate among all NCAA Division I schools in the country. His last two years at Miami brought home 10 conference championships. Hyman also served as athletics director at VMI in Lexington, Virginia, in the 1980s.

No stranger to the Carolinas, Hyman coached football at Furman University for nine years under Art Baker and Dick Sheridan and was an associate athletics director for two years. Eric earned a master's degree in educational administration (1975) from Furman. He and his wife, Pauline, coached the women's basketball team at North Greenville University in Tigerville, South Carolina, leading the team to national rankings in the '70s.

Hyman played football at the University of North Carolina at Chapel Hill where he was an all-ACC football player, on the Dean's list and selected for the Hula Bowl. He also served as the Executive Associate Athletics Director at North Carolina State University in Raleigh in the early 1990s.

His wife, Pauline, is a native of North Carolina and also has her undergraduate and graduate degrees from the University of North Carolina at Chapel Hill. She did some post-graduate work at South Carolina in the early eighties. She played and later coached women's college basketball, taught sociology and psychology and served as a college administrator. Pauline developed and taught the NCAA CHAMPS Life Skills course and various seminars for student-athletes at both Miami University and TCU. Since coming to South Carolina, she has taught the Etiquette Seminar in the Gamecocks' CHAMPS Life Skills course and assists with other seminars in preparing the student-athletes for their futures, such as the Dress for Success and Networking and Interviewing seminars.

The Hyman's have a daughter and son-in-law, Corrine and Michael Quast, and a son and daughter-in-law, Ryan and Carolyn Hyman. Corrine is a realtor; Michael is a financial analyst; Ryan is in the property and casualty insurance business; and Carolyn is a lawyer. They all reside in Fort Worth, Texas.





# DODIE ANDERSON

ACADEMIC ENRICHMENT CENTER



When University of South Carolina Athletics Director Eric Hyman talks about "the Dodie," the \$13 million state-of-the-art facility set to open in the winter of 2009, he enthusiastically refers to it as, "the heart of the athletics department and the place where the ebb and flow of student-athletes' days will be centered."

"The Dodie" is named for Dolores F. Anderson of Greer, S.C., whose philanthropic gift is helping to fund the center for University of South Carolina student-athletes. Anderson is the widow of Robert Anderson, the former president and chairman of Anderson Hardwood Floors, the largest privately-owned hardwood floor manufacturer in the United States. A 1981 graduate of USC Upstate with a degree in interdisciplinary studies, Dodie Anderson is co-owner of Anderson Hardwood Floors and a longtime supporter of USC Upstate's athletic programs.

The three-story, 40,000-square-foot center will be located across Heyward Street from Stone Stadium, the Gamecocks' soccer facility, in the 41-acre footprint known as "the Roost." It will be the focal point of and the first piece in the re-developed area that eventually will include an athletics administration building, a sports-medicine facility, a volleyball facility, a Gamecock Club building, improvements to the tennis courts, soccer practice fields and outdoor track.

Student-athletes are expected to be in and out of "the Dodie" throughout the day as they use computers and study areas, receive tutoring, counseling and advising and even eat their meals.

Some other features of the building include:

- \* Full-service cafeteria
- \* Dietitian's office
- \* Audio/visual multi-purpose room
- \* 20 tutoring rooms (accommodates 2-4 people)
- \* 15 seminar rooms (accommodates 6-8 people)
- \* Math and English labs
- \* Special needs learning lab
- \* One large quiet study room
- \* One small quiet study room
- \* One large computer lab containing 58 computers
- \* Two small computer labs containing 16 computers
- \* Student-athlete lounge
- \* Academic support staff offices
- \* Full wireless capabilities throughout the facility
- \* Academic Hall of Fame

“Almost all major universities have a free-standing building for academics. It is crucial that we build ours. Thanks to Dodie and her family, this is going to happen.”

-Head Football Coach  
Steve Spurrier

“With the plans we have in place, we believe this will be if not the best, then certainly one of the best facilities of its kind in the country, and it will be the cornerstone of our Athletics footprint and something in which the Gamecock Nation can take great pride.”

-Athletics Director Eric Hyman





# FACILITIES

GAMECOCK ATHLETICS



**COLONIAL  
LIFE ARENA**



**VOLLEYBALL  
COMPETITION  
FACILITY**



**BECKHAM  
FIELD**



**WEEMS BASKIN  
TRACK**



**WILLIAMS-BRICE  
STADIUM**



**EUGENE E. STONE III  
STADIUM**



**CAROLINA  
NATATORIUM**



**ONE WOOD  
FARM**



**INDOOR  
FACILITY**



**COBBLESTONE  
PARK**



**MAXCY GREGG  
TENNIS CENTER**



**SAM DANIEL  
TENNIS FACILITY**



**CAROLINA  
STADIUM**



# LIFE SKILLS

PREPARING FOR THE FUTURE

The Carolina Academic Resources and Enrichment Services program employs a team of dedicated staff and tutors who work to assist student-athletes with day-to-day activities. It is the mission of the C.A.R.E.S. staff to help all student-athletes realize their personal, academic and athletic potentials. The Athletics Department is dedicated to developing the total student-athlete.

## CHAMPS/LIFE SKILLS

South Carolina was selected by the NCAA to begin a CHAMPS/Life Skills Program in 2000. CHAMPS is an acronym meaning CHallenging Athletes' Minds for Personal Success. The Life Skills Program addresses commitment to five areas: academic excellence, athletic excellence, personal development, career development and service. Additionally, in 2003, South Carolina was recognized by the Division I-A Athletics Directors' Association as a CHAMPS/Life Skills "Program of Excellence."

## ETIQUETTE SEMINARS: "MANNERS MATTER"

The Etiquette Seminar prepares student-athletes for internships and job hunting by emphasizing table manners and other etiquette appropriate for interview situations in an interactive, formal dinner setting.

## GAMECOCK ATHLETICS CAREER NETWORK

It is essential for student-athletes to plan for the future and to prepare for life outside college athletics. A component of the CHAMPS/Life Skills Program, the Gamecock Athletics Career Network has resources available for identifying practicum and internship experiences to enhance the career development process. Other programs include mentoring, assistance with resume development and job interviewing skills, resume books, student-athlete networking seminars and collaborations with the University Career Center.

## GAMECOCK NETWORKING SEMINARS

In the fall of each year, the Athletics Department invites South Carolina lettermen and members of the career network to assist the department staff in training student-athletes in the skills needed to begin their professional careers. These seminars include topics such as interviewing, resume and cover letter writing, networking skills, dress and presentation.

## DRESS FOR SUCCESS

In the spring of each year, the Athletics Department invites local business partners and South Carolina lettermen to assist the department staff in training student-athletes in the skills needed to appropriately present themselves in all professional settings. This seminar has a male and female presentation and covers all current trends of what is acceptable proper business attire.

## THE STUDENT-ATHLETE ADVISORY COMMITTEE

South Carolina has a Student-Athlete Advisory Committee (SAAC) made up of student-athlete representatives from each team within the Athletics Department. SAAC has been active in promoting department-wide community service projects and student-athlete camaraderie and is a means for student-athletes to communicate with administration about issues that affect student-athletes.

## SENIOR RING CEREMONY

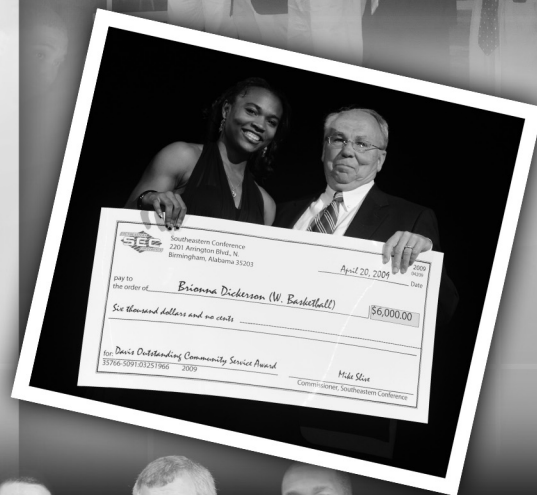
In April of each year, the Athletics Department presents each of its graduating seniors with a South Carolina class ring. At a dessert reception, individual recognitions and presentations are made to each senior by his/her head coach.

## MEDIA TRAINING

Through the Life Skills program and the Media Relations Department, Carolina student-athletes participate in media training sessions that are designed to make them more comfortable in dealing with members of the media. The sessions include tips on dealing with the media and give student-athletes the opportunity to practice interviewing and speaking publicly.

## CONSEQUENCES FOR YOUR ACTIONS

"Consequences for your Actions" is a seminar the Life Skills Department presents to all incoming student-athletes during all orientation sessions. A panel of members from the community, including judges, solicitors, head coaches, attorneys, and judicial staff members, answer questions and address many issues student-athletes face. The purpose of the event is to encourage responsibility and mature behavior among students and to teach them that there are consequences for the decisions they make.



# TEAM GAMECOCKS

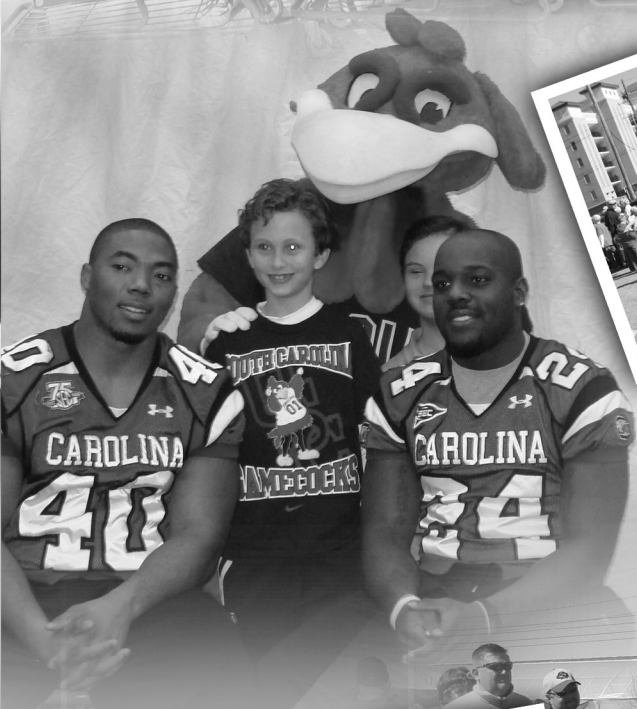
STUDENT-ATHLETES WHO CARE



The Athletics Department's community service program, "Team Gamecocks," represents a continuing commitment by Gamecock student-athletes, coaches and staff to respond with both time and effort to the needs of their local communities.

## TEAM GAMECOCKS

- In 2008-09, South Carolina student-athletes participated in over 130 community service projects, logging more than 4,000 hours of service.
- The Volleyball team won the Athletic Department's 2008-09 Life Skills Team of the Year award.
- "Team Gamecocks" annually participates in a variety of service projects, including Pigskin Poets, Children's Chance, Harvest Hope/SEC Food Drive, hospital and elementary visits, and various summer camps.
- Brionna Dickerson of women's basketball and Jay Brown of baseball were the recipients of 2008-09 SEC Brad E. Davis Community Service Post-Graduate Scholarships.





# ACADEMIC SUPPORT

GAMECOCK ATHLETICS

## ACADEMIC SERVICES

- Tutoring and Mentoring
- Technology Resources (laptops, calculators, voice recorders, educational software, flash drives)
- Course Registration/Major Selection
- Textbook Distribution
- Travel Letters
- Objective Based Study Hall
- Educational Testing
- Academic and Attendance Monitoring
- Counseling Services and Referrals (Sport Psychologist)
- Orientation Sessions
- Provide Study Skills/Learning Strategies
- Progress Reports
- Graduation Plans
- Internship Placement

## ACADEMIC HIGHLIGHTS FROM 2008-09 ACADEMIC YEAR

- Record 15 of 17 teams with a 3.0+ GPA (Spring Semester)
- Led SEC Honor Roll for six consecutive semesters
- Five consecutive semesters with a departmental GPA of 3.0+
- 99 student-athletes named to President's List (4.0 GPA)
- 563 named to AD's Honor Roll (Fall and Spring)
- 249 named to Dean's List
- Several teams recorded highest GPA on record – Baseball, Men's Basketball, Football, M. Soccer, W. Track and Cross Country
- Highest Team GPA (Fall 2008) – Men's Golf
- Highest Team GPA (Spring 2009) – W. Swimming and Diving



# TOTAL CARE

GAMECOCK ATHLETICS



## SPORTS NUTRITION

Healthy eating can be challenging for busy student-athletes attempting to excel in the classroom and on the field. The University of South Carolina Athletics Department recognizes the need for a well-balanced diet and proper hydration to thrive in sports and academics. To help student-athletes minimize nutritional challenges and optimize their performance, the athletics department's sports dietitian serves as an involved member of the sports medicine team. The sports dietitian provides nutrition education and counseling to student-athletes, coaches and athletic training staff. Understanding that appropriate food choices and meal timing enhance performance and gains, the sports dietitian is also involved in planning travel meals, one-on-one and team nutrition education, nutritionally related health issues and designing Training Table menus. Training Table, which opened in 2007, provides student-athletes with a variety of well balanced, nutritious meals. For breakfast, a buffet, a yogurt/granola bar and a complete hot line are available, while a stir-fry station, salad bar, smoothie machine, a hot line and ice cream machine are provided for dinner. Breakfast is served Monday through Friday and dinner is served Monday through Thursday.

## SPORTS MEDICINE

Injuries are unfortunately a common part of participation in intercollegiate athletics. The University of South Carolina is strongly committed to providing its student-athletes with the best medical care possible in order to maximize performance in the athletic arena and the classroom. Gamecock student-athletes are provided medical care 24 hours a day, seven days a week. This includes daily medical clinics in the athletic training room by team physicians, including specialists in family and preventative medicine and orthopedic surgery. In addition, numerous consultants are available to Carolina student-athletes, including optometry, dentistry, cardiology, sports psychiatry and sports nutrition.

Health care for University of South Carolina student-athletes is provided by the USC Sports Medicine Center, a collaboration between the USC Department of Orthopedic Surgery and Department of Family and Preventative Medicine.

Orthopedic care is provided by Dr. Jeffrey Guy, who serves as medical director for the Athletics Department, and Dr. Christopher Mazoue, both of whom are sports medicine fellowship trained orthopedic surgeons. Dr. Jason Stacy and Dr. Ramon Ylanan, who specialize in primary care sports medicine, work hand-in-hand with the surgeons to provide superior care for Gamecock student-athletes.

The South Carolina athletic training staff provides the day-to-day care of Gamecock student-athletes. The athletic training staff consists of nine full-time certified athletic trainers and 10 graduate assistant athletic trainers who are responsible for emergency care, initial evaluation and diagnosis of injuries and post-injury treatment and rehabilitation for South Carolina student-athletes.

## STRENGTH AND CONDITIONING

The University of South Carolina is dedicated to helping its student-athletes reach peak physical condition, allowing them to be at their best. Eight full-time strength and conditioning coaches are on staff at South Carolina and every athletic program is assigned one of those eight individuals. Strength coaches develop workout programs specific to each sport and provide guidance to assist student-athletes in reaching their full athletic potential.





# TRADITION

GO GAMECOCKS!



## COCKY, THE SOUTH CAROLINA MASCOT

South Carolina's official mascot, Cocky, appears at many Gamecock athletic events. Cocky is widely recognized around the country and makes countless appearances at events throughout Columbia and The Palmetto State. Cocky first took action at Carolina events in 1980 when he came in to take his father's (Big Spur) place. Cocky soon won the hearts of Gamecock fans all over and now is one of the most recognizable figures to young and old at Carolina. Cocky has also captured national attention in the UCA (Universal Cheerleading Association) Mascot Competitions. In 1986, Cocky brought home his first UCA Mascot Championship. Cocky was chosen National Mascot of the Year in 1986, 1994, 2004 and again in 2009. Cocky is recognized as one of the most colorful mascots in collegiate athletics.

## THE COCKABOOSE RAILROAD

The Cockaboose Railroad is like no other tailgating tradition in the country. Twenty-two cabooses line a railroad track just outside Williams-Brice Stadium - but these rail cars don't move, and they certainly aren't something you would see passing by on the end of a train. Running water, cable television, air conditioning and heating, and a living room highlight each and every Cockaboose.



## "2001"

The theme "2001" corresponds with the University's Bicentennial, which was celebrated eight years ago. The theme song from "2001 - A Space Odyssey" is played at nearly all Gamecocks Athletics events and is most widely recognized for its use with the Carolina Football team's pregame entrance, which is regarded as perhaps the most unique and electrifying in all of college football.

## ALMA MATER

### "We Hail Thee Carolina"

We hail thee, Carolina, and sing thy high praise/With loyal devotion, remembering the days/When proudly we sought thee, thy children to be: Here's a health, Carolina, forever to thee!

Since pilgrims of learning, we entered thy walls/And found dearest comrades in thy classic halls/We've honored and loved thee as sons faithfully: Here's a health, Carolina, forever to thee!

Generations of sons have rejoiced to proclaim/Thy watchword of service, thy beauty and fame/For ages to come shall their rallying cry be: Here's a health, Carolina, forever to thee!

Fair shrine of high honor and truth, thou shalt still/Blaze forth as a beacon, thy mission fulfill/And crowned by all hearts in a new jubilee: Here's a health, Carolina, forever to thee!

## FIGHT SONG

### "The Fighting Gamecocks Lead the Way"

Hey, Let's give a cheer, Carolina is here, The Fighting Gamecocks lead the way.

Who gives a care, If the going gets tough, And when it is rough, that's when the 'Cocks get going.

Hail to our colors of garnet and black, In Carolina pride have we.

So, Go Gamecocks Go - FIGHT! Drive for the goal - FIGHT! USC will win today - GO COCKS! So, let's give a cheer, Carolina is here. The Fighting Gamecocks All The Way!