



July 1, 2015

Congratulations on your upcoming tryout as a non-scholarship student-athlete at the University of South Carolina. To ensure that your tryout proceeds successfully and safely, we have enclosed a list of items to be completed prior to your tryout date.

**1. Pre-Participation Physical (including proof of sickle cell testing):**

Enclosed is a form for medical clearance that must be completed and signed by a certified physician prior to your participation in the tryout. We recommend this pre-participation medical evaluation be performed by your primary doctor, as this doctor will likely have greater knowledge and records of your past medical history. Alternative options are: University of South Carolina Student Health Center, if you are a student, (803) 777-3175; or call for an appointment at the University Specialty Clinics-Family and Preventive Medicine (803-434-2467) in Columbia. Although urgent care centers are acceptable facilities to obtain an exam, they are not ideal and are discouraged by our medical team. **Any charges related to obtaining your exam are your responsibility.** In the event that you are under current treatment for a musculoskeletal problem that may limit your abilities to tryout, or if you have had a recent surgery, a clearance letter from your treating physician or surgeon is also required.

**2. Proof of Insurance:**

All applicants must bring proof of a Health Insurance Policy under which you are currently covered. Again, this must be a current up to date policy with eligible benefits in the state of South Carolina. You will be responsible for medical expenses, exclusive of primary insurance, up to \$7,500.

**3. Signed Waiver:**

Enclosed is a waiver which includes release information regarding protected medical information, shared responsibility for sport participation, etc. Completion of a pre-tryout physical and a successful tryout does not automatically clear you for your sport. *All student-athletes must undergo a screening pre-participation physical exam annually by the University of South Carolina Team Physicians.*



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Try-Outs

Thank you for your interest in becoming a student-athlete at the University of South Carolina. Please review the information in this letter and have all of the required information completed prior to your try-out date. If you have questions, please do not hesitate to call me at (803) 777-7885.

Sincerely,

John J. Kasik, MS, ATC, Cped,  
Associate AD/Sports Medicine

encl:  
Pre-Participation Physical Evaluation Form  
Primary Insurance Form  
Consent Waiver