

UPDATED SCHEDULE
Weems Baskin Invitational
March 23/24, 2012
Schedule of Events

Friday, March 23

| | |
|-----------|-----------------|
| Noon | Hammer- Men |
| Noon | Javelin- Men |
| 3:00 p.m. | Pole Vault- Men |
| 3:30 p.m. | Discus-Men |
| 3:30 p.m. | Long Jump-men |
| 7:15 p.m. | 5,000M- Men |

Saturday, March 24

| | |
|------------|---------------------------|
| 10:15 a.m. | 3,000M Steeplechase Women |
| 10:30 a.m. | 3,000M Steeplechase Men |
| 11:00 a.m. | 4 x 100M Women |
| 11:15 a.m. | 4 x 100M Men |
| 11:30 a.m. | 1,500M Women |
| 11:55 a.m. | 1,500M Men |
| 12:25 a.m. | 400M Women |
| 12:45 p.m. | 400M Men |
| 1:15 p.m. | 100H Women |
| 1:45 p.m. | 110H Men |
| 1:55 p.m. | 100M Women |
| 2:25 p.m. | 100M Men |
| 2:55 p.m. | 800M Women |
| 3:10 p.m. | 800M Men |
| 3:40 p.m. | 400H Women |
| 3:55 p.m. | 400H Men |
| 4:10 p.m. | 200M Women |
| 4:40 p.m. | 200M Men |
| 5:10 p.m. | 5,000M Women |
| 5:35 p.m. | 4 x 400M Women |
| 5:55 p.m. | 4 x 400M Men |

****Running Events- Athletes must check in with clerk 60 minutes before their event or they will be scratched and return to the clerk 20 minutes before to get hip number****

Field Events

| | |
|------------|---|
| 10:10 a.m. | Hammer- Women |
| 10:10 a.m. | Javelin -Women |
| 10:40 a.m. | Long Jump- Women |
| 10:40 a.m. | Triple Jump-Men |
| 11:40 a.m. | Pole Vault- Women |
| 1:40 p.m. | Triple Jump Women - Follows Women's Long Jump |
| 1:40 p.m. | Discus- Women |
| 1:40 p.m. | Shot Men (Women to Follow) |
| 1:40 p.m. | High Jump Men (Women to Follow) |

IMPORTANT MEET INFORMATION

Field Event Minimums

| <u>M</u> | <u>Event</u> | <u>W</u> |
|----------|--------------|----------|
| 150' | Hammer | 140' |
| 140' | Discus | 120' |
| 160' | Javelin | 110' |
| 45' | Shot Put | 35' |
| 22' | Long Jump | 17'6" |
| 45' | Triple Jump | 34' |
| 12' | Pole Vault | 9' |
| 6' | High Jump | 5' |

*Athletes will receive one fair measured attempt. All other attempts must meet the required minimums.

**Saturday's 4x400m will use lanes 1-7. Lane 8 will be left open for teams and coaches to assemble around the track. Our goal is to have the track completely lined with cheering athletes and coaches for a great finish to the meet.

***Running events will run ahead of schedule when possible. It is imperative that your athletes check in one hour before their event.

****Field event check in will begin one hour ahead of the event. All athletes must be checked in 40 minutes prior to the start of their event. The implement weigh in schedule for throwing events will be posted the week of the meet.