



# 2011 CROSS COUNTRY MEDIA GUIDE

#### **TABLE OF CONTENTS**

Quick Facts / Schedule	2
2011 Roster	3
2011 Outlook	4
Gamecock Bios5-	13
South Carolina Coaching Staff	14
Support Staff	15
University/Academics 16-	18

### QUICK FACTS

Location	Columbia, S.C.
Founded	
Enrollment	
Colors	Garnet & Black
Nickname	Gamecocks
President	Dr. Harris Pastides
Athletics Director	Eric Hyman

Head Coach	Stan Rosenthal (11th Year)
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2010 Results	
SEC Meet.	10th
NCAA Sou	theast Region18th

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Beatrice Biwott returns to the Gamecocks for her senior season. Biwott has been South Carolina's top runner for the past three seasons and won two meets in 2010, including the Gamecock Invitational.

## 2011 Schedule

Date	Event (Site)	Distance	Time
09/02/11	Gamecock Invitational (Fort Jackson, S.C.)	5K	6 p.m.
09/17/11	Winthrop Invitational (Winthrop, S.C.)	5K	10 a.m.
09/24/11	26th Roy Griak Invitational (Minneapolis, Minn.)	6K	2:10 p.m.
09/30/11	Charlotte Invitational (Charlotte, N.C.)	5K	4 p.m.
10/08/11	Gene Mullin Furman Invitational (Greenville, S.C.)	5K	9 a.m.
10/16/11	ISU Pre-National Invitational (Terre Haute, Ind.)	6K	11 a.m.
10/31/11	SEC Championship (Knoxville, Tenn.)	6K	11 a.m.
11/12/11	NCAA Southeast Regional (Louisville, Ky.)	6K	10 a.m.
11/21/11	NCAA Championship (Terre Haute, Ind.)	6K	12:58 p.m.

## Roster

### 2011 Roster

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Morgan Allman Carolyn Batke Laura Beggs **Beatrice Biwott** Emma Borowicz Penny Boswell Bryttin Boyde Ginsie Britton Kayli Buckley Maura Craney Kristina Cribb Erin Fedewa Patrice Frierson Rachel Grochowski Jessica Hartman Maggie Henderson Sierra Henderson Kelsey Hill Kathleen Jacob Scolastica Jepngetich Kayla Lampe Tara Lindeman Liz Locke Liz Meier Meredith Mill Alex Mullin Jessica Muse Kelly Newcomb Sarah Pellegrini Ellyn Quigg Nicole Rheinlander Megan Rother Kelsey Rudeck Michaela Trew Caitlin Williams Liz Wilner

Head Coach: Stan Rosenthal

Year Freshman Freshman Junior Senior Junior Sophomore Freshman Freshman Sophomore Sophomore Freshman Senior Junior Sophomore Junior Freshman Sophomore Junior Sophomore Sophomore Freshman Senior Sophomore Junior Freshman Freshman Freshman Sophomore Freshman Junior Senior Junior Freshman Freshman Junior Sophomore

Hometown McDonough, Ga. Novelty, Ohio Frankfort, III. Iten, Kenya Greenville, S.C. Canal Winchester, Ohio Magnolia, Texas Milton, Ga. Waxhaw, N.C. Maple Glen, Pa. Rock Hill, S.C. Dewitt, Mich. Dalzell, S.C. Herndon, Va. Centreville, Va. Marietta, Ga. Columbia, S.C. Severna Park, Md. Simpsonville, S.C. Kapsabet, Kenya Downingtown, Pa. Hendersonville, N.C. Mickleton, N.J. Des Plaines, II. Ellicott City, Md. Lakesite, Tenn. Roswell, Ga. Toms River, N.J. Sayville, N.Y. Ellicott City, Md. Rochester Hills, Mich. Langhorne, Pa. Hyannis, Mass. Myrtle Beach, S.C. Goose Creek, S.C. Jacksonville, Fla.

**High School** Eagles Landing Laurel School Lincoln Way East Nietkei Girls HS JL Mann Canal Winchester Magnolia Milton Marvin Ridge Archbishop Wood South Pointe St. Johns Lee Central Chantilly Westfield Marietta **Ridge View** Severna Park Mauldin Kapsabet Girls School Bishop Shanahan Hendersonville **Kingsway Regional** Maine West Howard Notre Dame HS Roswell Toms River Sayville Mt. Hebron Adams Villa Joseph Marie Barnstable Myrtle Beach Stratford **Bolles School** 

Managers: Ashley Vaughn, Laura Pramstaller



From left, seniors Beatrice Biwott, Sara Hartley, Erin Fedewa, Nicole Rheinlander and Tara Lindeman will be expected to lead the way for South Carolina in 2011.

## Outlook

## Gamecocks prepared for promising 2011 campaign

The 2011 cross country season holds much promise for the Gamecocks. The top five returners all ran PRs during the 2011 track season. No. 1 runner, Senior Beatrice Biwott, ran 9:39 indoors, 17:13 for the 5K outdoors and once again was an NCAA qualifier in the 3K steeplechase, where she placed fourth in the SEC and missed qualifying for the NCAA Finals by four seconds.

Sophomore Penny Boswell, dropped her 5K PR from 19:20 to 17:49. Senior Nicole Rheinlander improved from 18:32 to 17:57. Sophomore Liz Locke improved her 5K PR from 19:10 to 18:20, and sophomore Scola Jepngetich dropped to 18:18 and a track PR of 2:10 in the 800.

The race to make the final varsity Southeastern Conference squad will have many competitors, giving the team much depth. Sophomore Sierra Henderson, a 2:10 runner on the track, was in the top seven in 2010 and has run 18:41 for a 5K race. Senior Erin Fedewa has had a good summer of training and was a top seven runner her first two years on the team. Junior Jessie Hartman had big PRs on the track in the 5K and 1500 during the 2010 season. Hartman has trained very well this summer and should be able to drop her 5K times into the low 18s.

Junior Laura Beggs returns from an illness that knocked her out of cross country last season. As a freshman, Beggs was in the team's top seven. She is healthy and is expected to once again be one of the team's top runners and run in the 18s in the 5K. Sophomore Rachel Grochowski is also returning from an abbreviated cross country season. Grochowski has PRs in the low 11s and mid 18s from high school and will be a good addition to the team's depth.

The 2011 signing class is made up of 11 student-athletes. Leading

the class are several runners who will fight for top 10 spots and the chance to race at the SEC Cross Country Championships.

Kayla Lampe from Downingtown, Pa., has the fastest high school PRs, running 11:18 and 18:28. Lampe was a top finisher in the state meet, with a high placing of 12th in the large school class in Penn-sylvania. Bryttin Boyd from Magnolia, Texas, improved her two-mile PR 45 seconds in 2011 to 11:36. She has also raced in the 18s in 5K road races. Transfer sophomore Kelly Newcomb ran 18:55 during the indoor track season and freshmen Alex Mullin from Chattanooga, Tenn., Jessica Muse from Roswell, Ga. and Carolyn Batke from Chagrin Falls, Ohio have all run in the low 19s.

The 2011 meet schedule is a mix of local and national meets. Following the Gamecock Invitational, the Gamecocks will compete in the Winthrop Invitational. The team will then travel to Minnesota for the prestigious Griak Invitational. The Griak meet will showcase a dozen nationally ranked teams and another dozen regionally ranked teams, making it one of the strongest fields in the country. Following the Griak Invitational is the Charlotte Invitational on the Foot Locker South course. The B team will then race at the Furman Invitational before the varsity travels to Indiana for the NCAA Preview race at Indiana State, host of the NCAA Championships. This race will also have a field of nationally and regionally ranked teams, helping the Gamecocks prepare for the grueling SEC Championships, which follows.

Tennessee will host the SEC Championships on Monday, Oct. 31, followed by the NCAA Southeast Region Championship race in Louisville, Ky. The NCAA finals are November 21 in Terre Haute, Ind.



The Gamecocks won two meets during the 2010 season, including the Disney World Invitational in Orlando, Fla. Pictured above is the South Carolina team with the Mickey Mouse Trophy.

4





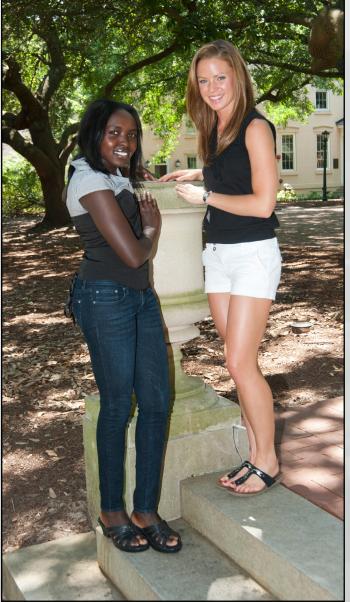








Top left: Former Gamecock Dani Barnes being interviewed after the Gamecock Invitational. Top right: The Gamecocks doing the Charlie's Angels pose at the Penn State meet in 2007. Middle left: Nicole Rheinlander competing at the 2010 Gamecock Invitational. Middle right: South Carolina head coach Stan Rosenthal with former Gamecock Ashley Evens, a two-time team captain. Bottom left: Beatrice Biwott with her medal after winning the 2010 SEC Steeplechase. Bottom right: Former Gamecock Shay Shelton, who was a three-time NCAA qualifier, an All-American in the 4X400 relay and a SEC champion in the 800-meter run.



South Carolina's Co-Captains: Beatrice Biwott & Nicole Rheinlander



Morgan Allman Freshman • McDonough, Ga. Marine Science

Morgan joins the gamecocks as a freshman with a passion for running. She began running her sophomore year of high school and quickly made a name for herself. Morgan acquired seven variety letters in cross country (three), swimming (one), and track and field (three). She also captained both the cross country and track teams her junior and senior year, holds the school records for the 800 and mile, and was a national qualifier in the 800.

While at USC Morgan plans to major in marine science and continue to improve in running as much as she can. Morgan is the daughter of Danny and Suzanne Allman and is the sister of Logan and Brandee.



#### Carolyn Batke Freshman • Novelty, Ohio Liberal Arts McKissick Scholar

Carolyn graduated from The Laurel School where she earned seven varsity letters, four in cross country and three in lacrosse. Carolyn was captain of her high school's cross country team for three years. She was a member of league and district championship teams in 2008, 2009, and 2010. She was a member of her high school team's regional runner-up team in 2007, 2008, and 2010. Carolyn was awarded MVP for her high school team all four years.

Outside of school, Carolyn enjoys doing community service work. She has traveled to Honduras the past two summers to help teach English to the boys of the Flor Azul orphanage.



### **Laura Beggs** Junior • Frankfort, III. Journalism McKissick Scholar / Honors College

As a freshman, Laura was a constant top ten runner for the Gamecocks. She improved her PR by almost 30 seconds, running in the low 19's during cross country. During her Sophomore season, Beggs was stuck down with an illness, that caused her to miss so much training she was redshirted. With the good summer of training, Coach Rosenthal expects Laura will run in the 18's during this fall.

Laura earned four varsity letters in cross country and three in track and field. Laura was a member of the cross country conference championship teams in 2005, 2006, 2007, and 2008, and also helped her team earn regional championships in 2006, 2007, and 2008 and a sectional win in 2008. She was a three-time state qualifier in cross country and ran a three mile PR of 18:20. Laura was the cross country team's MVP her junior year and served as the team's co-captain her sophomore, junior, and senior years. She also qualified for state in the 3200 meter in track her junior year.

Laura was a Scholar-Athlete, a member of National Honors Society, Pi Sigma Pi, Mu Alpha Theta, and Key Club. She also participated and served as the squad leader on the Poms dance team at her high school both freshman and sophomore years. Laura was named an Illinois State Scholar, and was her school's nominee for the Illinois State All Academic Team. Her parents are Edward and Emily Beggs.



Beatrice Biwott Senior • Iten, Kenya Public Health

Biwott has been the teams No. 1 runner the past three years. Coach Rosenthal expects her to lead the team once more. Her leadership by example will be a very important factor in leading the Gamecocks to continued improvement.

Biwott won two meets during the 2010 season, the Gamecock Invite and the Winthrop Invitational. During the 2011 track season, Beatrice set many new PR's. Indoors she ran 17:13 in New York City's Armory track. She also run 9:39 for the 3K at Texas A&M indoors. Outdoors the highlight was qualifying for the NCAA's for the third consecutive year. 2011 will be here best season yet. Her goals are to be top ten at the SEC and race for an NCAA qualifying spot during the NCAA Southeast Regional Championship.

Beatrice is a member of the PANASA (Pan-African Student Organization) at South Carolina. The organization empowers students on tackling issues affecting African communities.



### Emma Borowicz Junior • Greenville, S.C. International Business/Marketing

Emma starts her junior season for the Gamecocks. She has been a successful runner in South Carolina for the past six years. She was an 11-letter varsity athlete in high school, competing in swimming (2), cross country (5), and track (4). Emma was a member of a five-time state championship track team, making all-state each year in the 4x800 meter relay (9:36), the 1600 meter run (5:12), and the 3200 meter run (11:33), and a four-time state runner-up on the cross country team, making all-state all four years. Her best 5k time is 19:05. Emma's first and second yearsas a South Carolina Gamecock have been troubled by injuries after racing only three races in cross country and three races in track.Emma is coming in for her junioryear injury free and is ready to get back in to the racing world.

Emma finished her freshman year at South Carolina with a 3.93 GPA, a 4.0 in the fall semester and a 3.8 in the spring. Rounding out her sophomore year, Emma was accepted into the Moore School of Business International Business program and finished with a GPA of 3.8. In addition to running, Emma enjoys cooking, hanging out with friends, and singing.

Her parents are Jackie and Eric Borowicz. She has three siblings: a twin sister at Clemson University (Kate), an older sister at Clemson University (Sarah), and a younger brother at J.L. Mann Academy (Robert).



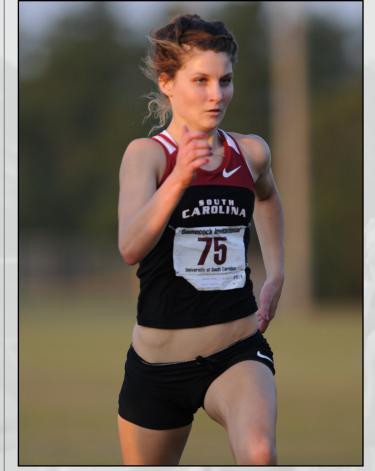
#### Penny Boswell Sophomore • Canal Winchester, Ohio Exercise Science McKissick Scholar

Penny was the teams seventh runner during cross country. It was during the track season, that she really blossomed. Indoors Boswell dropped her 3K PR to 10:35. Outdoors is where she really shined, as Penny lowered her 5K PR from 19"20 down to 17:49. With her huge improvements, Coach Rosenthal expects her to be a top racers for the Gamecocks and to set a great example for the incoming class, what can be accomplished with hard work.

Boswell earned four varsity letters in cross country and three in track and field at Canal Winchester High School. She also earned a varsity letter in track from Vicenza American High School in Italy, where she spent her Senior Spring semester. She helped Canal win three league championships and qualify for the Ohio State Cross Country Meet three years in a row. Penny is a two-time state qualifier herself in cross country and has made All-Ohio honors twice. Her teammates voted her Most Valuable Player in 2006 and 2008.

In track, Penny was part of her school's record holding 4x800m team. She helped her team win two league titles. Penny finished her high school running career as the 3000m and 1500m Department of Defense Dependents Schools European Track and Field Champion.

Her parents are Robert and Julie Boswell. She has two brothers, Jack who attends the Virginia Military Institute, and Joe who attends Vicenza American High School.



The Gamecocks will rely on sophomore Penny Boswell to be one of their top runners in 2011. Boswell improved from 19:20 to 17:49 as a freshman.



7

### Bryttin Boyde Freshman • Magnolia, Texas Anthropology/Journalism McKissick Scholar/Honors College

Bryttin joins the Gamecocks as a freshman with a love for distance running. She competed all four years of high school in both cross country and track, becoming a seven-letter varsity athlete. Bryttin was a member of the 2010 State Qualifying cross country team ( the first in her high school's history ), and the 2009 and 2010 Regional Qualifying cross country teams. She also advanced to Regionals individually her sophomore year during the 2008 cross country season. Bryttin was also an all-district finisher her sophomore and junior seasons in cross country, and her junior and senior seasons in track. Additionally, she was named an All-District Academic athlete for three years in high school.

Among other honors, Bryttin captained her cross country and track team both her junior and senior seasons, was named as one of the Texas State Farm Scholar Athletes for 2010, and was named as the All-Montgomery County Scholar Athlete of the Year for Cross Country in 2010.

Bryttin was a Scholar-Athlete and a member of the National Honor Society. She was also named as an AP Scholar and graduated as Valedictorian for the Magnolia HS class of 2011.

Bryttin hopes to pursue her studies both inside the classroom and abroad, gaining anthropological knowledge from all over the globe. Her parents are Ben and Nicole Boyde, and she has a younger brother, Brayson, currently at Magnolia High School.



### **Ginsie Britton** Freshman • Milton, Ga. Exercise Science Woodrow Scholar

Ginsie comes to Carolina after only running for two years at Milton High School but has found a huge love for running and racing. Before running she rode horses competitively for 10 years and was on the Area three Young Rider Team.

During the last year of riding, she severely broke her ankle and for three years was on and off crutches until surgery during her sophomore year of high school. The following year, her junior year, is when she began running and quickly made progress.

She was a four time Scholar-Athlete and received four varsity letters, two in cross country and two in track. Her senior year she was all-county for Fulton County in cross country and helped her team win their first region cross country championship title in school history on their way to qualifying for the state meet.

Ginsie's personal best for the 5k is 20:20 which she ran at the Atlanta Women's 5K and placed second in her age group. Her senior year she was the girls' distance track captain, a member of the school record holding 4x1600 (22:13) relay team and received the Most Improved Runner award. Ginsie's personal best for the 1600 is 5:39 which is the 10th fastest time ran for Milton High School. She also has run the 11th fastest 3200 time for Milton.



#### Kayli Buckley Sophomore • Waxhaw, N.C. Exercise Science McKissick Scholar/Honors College

Kayli graduated from Marvin Ridge High School and was a captain for the cross country team her senior year. In high school, she was a three-time letter winner for cross country and fourtime letter winner for both indoor and outdoor track and field. She was the 3200m regional champion her sophomore year and a member of her high school's two-time state champion 4x800 relay team.

She was named Union County Cross Country Athlete of the Year her senior year.

As a member of the South Carolina Honors College, Kayli is excited to excel both academically and athletically. Her parents are John and Tracie Buckley.



### Maura Craney Sophomore • Maple Glen, Pa. Business

Maura joins the Gamecock cross country team from Archbishop Glenn High School in Pennsylvania. She was three-time First Team All-Catholic League in high school for cross country. She took second at the District 12 AAA meet in the 3,200 (12:00) and has also run 5:30 in the 1600.

Her parents are George and Jacki Craney.



### Kristina Cribb Freshman • Rock Hill, S.C. Nursing

Cribb is from Rock Hill, S.C. She graduated from South Pointe High School in 2010, and is a walk on returning from injury for the 2011 season.

She is studying Nursing where she has been on the Deans List for the past two semesters. She is currently a Peidmont Medical Scholar and is looking forward to contributing to the team this 2011 Cross Country and 2012 Track Seasons.

#### Erin Fedewa Senior • DeWitt, Mich. Marine Science McKissick Scholar

Erin has been one of the teams consistent members during the past three years. She has run anywhere from No. 5 to No. 10 on the varsity. She has also run the 800 and 1500 during track season, including being on an SEC DMR scoring team.

During college, Erin received the SEC Community Service Award for 2010 and has been on the Dean's List every semester. Last year, Erin received an outstanding undergraduate award through the Marine Science Department and was selected as a 2010 NOAA Hollings Scholar. Through the program, Erin spent the summer in La Jolla, CA tagging sharks and completing a research project on blue fin tuna. As a Spanish minor, she also spent a month this summer studying abroad in Spain. In addition, last spring Erin was named a Udall Scholar and a USC Leadership Scholar, enabling her to help initiate the athletic department's first carbon-neutral athletic event. Erin is looking forward to her senior year and a strong cross country season.

In high school, she earned all-state in track from her sophomore to senior year, running a PR of 2:15 in the 800. Erin was all-state in cross country as a junior (18:58). She was four-time academic all-state and four-time all-area. Erin was also the Wendy's Heisman State winner for Michigan. She was a member of the conference champion track team in 2008 and a member of the state qualifying equestrian team.



The Gamecocks having fun after the 2009 Southeastern Conference Championship in Oxford, Miss.



Jenny Lake (2002-05 wrapped up her career as one of the most decorated athletes in South Carolina cross country history. Lake, who was a two-time NCAA qualifier, finished sixth at SEC Championship as a junior and earned All-SEC honors. Lake set the 3,000m record at the SEC Indoor Championships, which has now been broken by current Gamecock Beatrice Biwott. She was also named the USC Scholar Athlete of the Year and earned the NCAA Post-Graduate Scholarship.



Patrice Frierson Junior • Dalzell, S.C. Accounting Valedictorian Scholar

Entering her third year on the cross country team, Patrice will be helping out in any way that she can. She did not compete last year due to a knee injury. As a freshman, she competed in one race, the Charlotte Invitational with a PR time of 22:03.

Patrice is a Valedictorian Scholar and this past year received the A. Byrnes Bryant, Jr. Business Scholarship. In high school, she lettered in volleyball and five-times in track and field. Coached by Laverne Knox at Lee Central High School, Patrice served as captain three times and holds the school record for the 800, 1600, and 3200. She was named Impact Player of the Year her first year on the track team and was a four-time MVP. She was a two-time state qualifier for the 1600 and made All-Conference four years in a row for the 800, 1600, and 3200. She was the Upper-State Champion and was named an All-State Selection for the 800 her senior year.

Patrice was the 2008 Wendy's High School Heisman school winner and received the SCHSL Scholar Athlete Award and the American Legion School Award. She was president of Fellowship of Christian Athletes and the Student Council. She was an AmeriCorps member and a member of the National Beta Club, National Technical Honor Society, and Newberry College and WLTX-19 2009 Best of the Class. She also graduated as valedictorian.

Born on February 14, 1991 to William and Patricia Frierson, her hobbies are running, drawing, and dancing.



### Rachel Grochowski Sophomore • Herndon, Va. Elementary Education Woodrow Scholar

Rachel was redshirted as a freshman. With a good summer of training, coach Rosenthal has high hopes for her in 2011.

She is a six-time captain and a ten-time All-District selection at Chantilly High in cross country, indoor track and outdoor track, three-times earning All-Region honors and was also a two-time State qualifier. She was a nine-time letter winner in cross country and track and received several awards, including Rookie of the Year, Most Improved, Coach's Award, and was named a four-time MVP. She finished No.11 all-time in school cross country history. Rachel also competed in soccer and field hockey in high school. She chose South Carolina over James Madison University and Christopher Newport University.

In her free time, Rachel enjoys shopping, listening to music, and going to the beach. She is the daughter of Randy and Melinda Grochowski.



### Sara Hartley Senior • Naperville, III. Print Journalism Cooper Scholar/Honors College

Sara enters the 2011 cross country season looking to make an impact for the Gamecocks. After a successful high school career, Sara was redshirted her freshman cross country season when she suffered a foot injury a week before she reported to school at the end of the summer. After her long layoff, Sara raced the 800 outdoors. Her best time of 2:16 was her fastest time in two years.

In high school, Sara was voted team captain by her teammates in both cross country and track. She helped her team to a memorable state experience. She placed 18th at the 2007 IHSA Cross Country state meet running a PR of 17:38 for three miles. She was all-state in the 800m (2:14) as a junior and competed at state in the 4x800m relay all four years. She was three-time MVP and received the Outstanding Senior Award for cross country. Sara earned academic all-conference awards all four years and was an Illinois State Scholar.

Sara has won academic awards during her time at South Carolina, including being on the President's Honor List every semester so far. During the school year she is an assistant news editor at the Daily Gamecock and is a student mentor for BGTIME, a program that engages and connects senior citizens through a community website.



### Jessica Hartman Junior • Centreville, Va. Exercise Science Woodrow Scholar

Jessie had a breakout season during the 2011 track season, running new PR's in the 1500 and 5K. She trained well this summer and has high expectations for continued improvement during cross country. She was the No. 10 runner on the team for most of the 2010 cross country season.

Hartman had a great deal of experience in high school from her 12 seasons of varsity cross country and track and field at a competitive AAA high school level. She holds 14 varsity letters from Westfield High School: cross country, indoor track and field, outdoor track and field,

#### Tri-Athlete and 3.5 Athlete.

Jessie was a member of the three-time state championship 4x800 relay team, a two-time regional qualifier in the open 800, a four-time member of the regional cross country team, and team captain for four seasons in high school. She was awarded the Coach's Award and Team MVP Award her senior year. Jessie competed in four meets during her first cross country season with the Gamecocks but wasn't able to compete during the indoor track season due to injury. She came back to race the 800 and 1500 during the 2010 spring season.

When she's not running, Jessie likes to spend time with friends and family, swim, and cook. Jessie chose the University of South Carolina over James Madison University, East Carolina University, and the University of North Carolina at Charlotte.



#### Maggie Henderson Freshman • Marietta, Ga. Nursing Woodrow Scholar

Maggie joins the Gamecocks as a freshman and has enjoyed running for the past four years. She was a four year varsity letter athlete in cross country and track. She also lettered as a member of the swimming team and diving team. During her high school career Maggie was a member of the All-County (Cobb) Team, Marietta Daily Journal Runner of the Week, and two- time Cross Country individual state qualifier. She was the captain of the women's cross country and track teams her senior year. She received the Cross County Coach's Award her senior year. She received the Track Distance MVP Award her freshman, sophomore, and senior years. She currently holds the Marietta High School records in the 5k (19:27), 3200 meter (11:35), 1600 meter (5:18), and pole vault (9').

Maggie was a member of National Honor Society and Math Honor Society. She was a Scholar-Athlete and graduated with High Honors in the International Baccalaureate Program.



### Kelsey Hill Junior • Severna Park, Md. Sports and Entertainment Mgt.

Kelsey returns to the cross country team as a junior.

In high school, she was a two-time all-county and all-region selection. She was named Freshman Runner of the Year after earning all-state honors and becoming the first freshman to win the Arundel County championships. Kelsey was named team captain as a junior and senior. Her parents are Bill and Terri Hill.



### Scolastica Jepngetich Sophomore • Kapsabet, Kenya Nursing

"Scola" had an up and down cross country season in 2010. She finished from No. 1 to No. 5 for the Gamecocks during the fall season. She was the team's No. 1 runner as they won the Disney World Invitational, running 18:18 for 5K. With more patience at the beginning of her races, she will have better and more consistent results in 2011. Her track season, she her PR in the 800, dropping down to 2:10. Now that Scola has had a year to adjust to her new home, coach Rosenthal knows she will do even better this fall.

Scola had never raced competitively in cross country, but her field race and track times lead coach Rosenthal to believe she will have a great career. She comes from Kenya with a prep PR of 4:40 in the 1,500.



Scola Jepgnetich poses with the Disney World Invitational trophy last season. Jepgnetich helped lead the Gamecocks to the win with an eight-place finish.

In high school, Jepngetich played soccer, volleyball and hockey in addition to track. A nursing major, Jepngetich may be a surprise runner for the Gamecocks and member of the pack.



#### Kayla Lampe Freshman • Downingtown, Pa. Nursing Woodrow Scholar

Kayla was an eight-time letter varsity athlete, running both track and cross country for four years. Her best times are 18:20 for the 5k and 11:18 for the 3200m. She was a PIAA state qualifier three years in cross country and she medaled in 2009, finishing 14th in the state Pennsylvania as a Junior. She was also named second team for the All state team. She was captain in cross country two years and received three MVP awards.

In track she was a three-time district qualifier and received two MVP awards.



### Tara Lindeman Senior • Hendersonville, N.C. Pre-Pharmacy Woodrow Scholar/Capstone Scholar

Tara enters her second cross country season with valuable experience from her high school career.

During her time at Hendersonville High School, she served as co-captain of the indoor and outdoor track teams. She was all-state two times in the 800m relay and claimed two state 800 meter championships, winning in 2008 with a dive across the finish line. Taking five seconds from her PR of 2:20 to win in 2:15. Tara also finished fourth in the 4x800m at the state meet. She was All-Western North Carolina in track, academic all-conference and Academic Conference Female Most Valuable Player. She was all-conference in track and volleyball. She also served as the co-captain for the three-time State Championship volleyball team. Tara is new to cross country due to her very successful volleyball career. Given her very competitive nature, coach Rosenthal has very high expectations for Tara.

Tara was awarded the Jim Pardue (highest GPA for a senior athlete) and Jim Hunt (three sports in three years) Awards. She was also a US Army National Scholar-Athlete.



### **Liz Locke** Sophomore • Mickleton, N.J. Exercise Science

During her Freshmen year as a Gamecock, Liz ran 18:23 (a new PR) for 5k and 22:48 for 6k. She was awarded SEC freshmen of the week and also got a team award for rookie of the year. As a freshmen Liz was in the team's top seven for the entire season and helped the team greatly.

During indoor track, she led off the SEC scoring DMR, with a PR of 3:36.0. she also ran well in the 800. During outdoor track she was hampered by shin splints. A solid summer of training should she her to PR's in the 17's this fall.

Liz entered her first year at South Carolina having come from Kingsway Regional High School where she competed in track and cross country. She earned two varsity letters in cross country and four varsity letters in track. In track Liz holds her high school record in the DMR, 4x800, mile, and 800. She entered with times of 2:12 (800) and 4:56 (1,600) and competed regularly as the New Jersey State Non- Public Championships with third place finishes in each event in 2010. Locke's times indicate that she could have a strong first season at South Carolina under Coach Rosenthal.

Her parents are Mary and Steve Locke, and she has a brother, Ryan



#### Liz Meier Junior • Des Plaines, III. Chemical Engineering Cooper Scholar/Honors College

Liz is excited to run for the Gamecocks as a sophomore. As a freshman, her 5k best for the year was 20:13. At Maine West High School, Meier received eight varsity letters and eight all-conference honors, receiving four each in track and cross country. She also contributed to her team by being a three-year team captain. Her other achievements include being a two-time state qualifier in track and receiving three MVP's in cross country and two in track.

Meier has also achieved academic success. As a Gamecock, she was named apart of the 2010 SEC Freshman Academic Honor Roll. In high school, she received the Illinois High School Association Scholar Athlete Award twice in both track and cross country and was an Illinois State Scholar. She also graduated in the top five percent in her class

Her parents are Carol and Bruce Meier

### Meredith Mill Freshman • Ellicott City, Md. Journalism McKissick Scholar

Meredith graduated from Howard High School in 2010 after earning letters in both cross country and track. She was a member of the Maryland State Cross Country championship team in both 2006 and 2007. Her best times are a 2:19 (800), 5:16 (1600) and 20:20 (5k). In 2008 and 2009, she was also captain of her cross country and track teams.

Meredith did not run competitively her freshman year at USC, but is excited to begin competing again this season. She is a journalism major and McKissick Scholar.



#### Alex Mullin Freshman • Lakesite, Tenn. Biology Capstone Scholar

Mullin was an ten-letter varsity athlete, competing in cross country (four), soccer (two), and track (three). She was a member of the Notre Dame High School cross country team that won the Region Championship three years during her high school career. She was a four-time state qualifier in cross country and a three-time all state finisher, placing ninth, sixth, and fifth. Mullin was a three-time state champion in track in 2007, winning the 3200, 800, and helping her team with the 4x800 victory. In the following years, she earned eight more state track medals. She was a nominee for the Chattanooga Times Free Press Best of the Preps five times throughout her high school career.

Mullin was a member of the National Honor Society, the Beta Club, and graduated in the top ten percent of her class. She was the president of the Mu Alpha Theta Math Honor Society and the vice president of the Green and Gold Ambassadors Club. She also completed over one hundred community service hours throughout high school and served as a lector at her Church.



#### Jessica Muse Freshman • Roswell, Ga. Liberal Arts Cooper Scholar/Honors College

Jessica ran on Roswell High School's varsity cross country and track team all four years. She was the recipient of nine letters in swimming (one), cross country (four), and track (for). She and her team qualified to run in the Georgia State Championship Cross Country meet all four years. She also competed in the 2011 Georgia Track and Field State Championship for the 800m run. Her best times are 19:27 in the 5k, 5:19 in the 1600, and 2:18 in the 800.

She was awarded the title of cross country MVP her sophomore and senior year. Jessica was a member of the Beta club and was a Georgia Merit Scholar recipient.



Gamecock sophomore Liz Locke (right) competing against Zola Bud at the Gamecock Invitational. Bud is a former world record holder in the 3K and 5K and world cross country champion.



### Kelly Newcomb Sophomore • Toms River, N.J. Public Relations

Kelly attended Toms River High School North in Toms River, N.J., where she received 12 varsity letters as a cross country, indoor and outdoor track athlete. Her team was the 2007 and 2008 South Jersey State Sectional Champions in cross country. Her cross country team won several championships including the Group Four Championships in 2007, the Shore Conference Championships in 2009, the South Jersey Group Four Championships for three straight years, the Ocean County Championships in 2008 and 2009, and the Class "A" South Cross Country Champions in 2008. Kelly helped lead her indoor track team to an Ocean Country Championship in 2008 and 2009. She received the Ocean Country Sportsmanship of the Year Award in 2010.

For her team she received the most Improved Award in 2007, the Most Dedicated Award in 2008, and the Most Valuable Runner in 2009. Kelly was selected to the cross country All-Shore third team and the All-County second team in 2008 and was named All-County in 2010. She was named Most Dedicated on her indoor and outdoor track teams in 2010. Kelly will be a sophomore and has transferred from Quinnipiac University. Her 5k best is 18:55, 3200 11:39, and 1600 5:21.

Kelly also competes in triathlons during the summer and has placed in the few that she has competed in.

Her parents are James and Diane Newcomb. She has one sister Jenna Newcomb who graduated from the University of Notre Dame and now attends grad school at Notre Dame.



#### Megan Rother Junior • Langhorne, Pa. Biology Woodrow Scholar

Rother is entering her third year on the team. During the Gamecock's 2009 cross country season, she ran her personal best in the 5K. She also bettered her high school 800m time during the Gamecock's 2010 Indoor season.

During her time at Villa Joseph Marie High School, she was captain of her Cross Country, Indoor, and Outdoor Track teams. Throughout her four years, she qualified in multiple events for both Indoor and Outdoor States. She was an Outdoor State Bronze Medalist her sophomore year after anchoring the 4x400m relay. During her senior year, Megan helped her 4x400m relay team receive a sixth place medal at the Indoor State Championship Meet. This marked the first time that Villa Joseph Marie had a relay team achieve an Indoor State Championship Medal. Also during her senior year, Megan led her team in winning the Outdoor District Championship. During that same season, Megan led off the 4x800m relay and anchored the 4x400m relay and earned two Outdoor State silver medals. She holds Villa Joseph Marie's Indoor records for the 600m, 800m, and 1000m run, as well as the mile.

She was also a member of the school record holding SMR, DMR, 4x800m relay, and 4x400m relay teams. Megan was a fourtime competitor at the Penn Relays in the 4x400m relay and a onetime competitor in the 4x800m relay. She was named Athlete of the Week and given Honorable Mention by the Bucks County Courier Times. She was also a four-time member of the Buck County Courier Times' Golden Team for both Indoor and Outdoor Track. In 2009, she was an AAU Junior Olympic Silver Medalist in the 3000m run.

During her four years at Villa Joseph Marie, she was a member of the Latin Club and the Science National Honor Society. She



The team showing school spirit at a Gamecocks home football game during the 2008 season.

also served as Parliamentarian and Vice-President of the National Honor Society. The Kiwanis Club named her Villa Joseph Marie High School's Scholar Athlete and she graduated in the top ten percent of her class. She was also a three-year starter in field hockey and played with the East Coast National Field Hockey team for three years.



#### Kelsey Rudeck Freshman • Hyannis, Mass. Psychology Woodrow Scholar

Kelsey joins the Gamecocks as a freshman with a strong desire and passion for running. She joined her high school cross country team her sophomore year and immediately fell in love with the sport. Kelsey was a nine-letter varsity athlete, competing in cross country (three), swimming (four), and track (two). She was team captain both her junior and senior years and helped lead the team to become league champions in 2008, 2009, and 2010. She competed in the Eastern Mass Championships all three years, placing in the top 30. Her best 5k time is 19:12 and was awarded League All-Star in 2008 and 2009.

Kelsey graduated high school as a member of National Honor Society as well as Latin Honor Society. She participated in various community service projects and finished off her high school career in the top 5 percent of her class.



### Sarah Pellegrini Freshman • Sayville, N.Y. Chemical Engineering

Sarah has been apart of her high school's varsity winter and spring track team for 12 seasons and was captain for the last six seasons. She was a member of the varsity cross country team for five seasons and was captain her senior year.

Sarah qualified and competed in the cross country state championship in 2006 and 2008. In 2006 the team placed 3rd and Sarah, 37th. She raced at Penn Relays as a freshman on her school's 4x800m relay. Sarah has made Cross Country first team All League in 2007 and 2009. She was awarded MVP for cross country in 2009 and Academic All County for the spring track 2011 season and the Scholar Athlete Award. Her best times are 19:45 for the 5k, 10:53 for the 3000m, 5:26 for the 1600m, and 2:27 for the 800m.

Sarah was a member of the National Honor Society, Anchor

Club, Interact Club, Chem Club, and a cabinet member of her school's class government for the last 3 years. She graduated in the top 10 percent of her class. Daughter of Sallie Pellegrini, Sarah has found passion for running and dedication for her studies and is proud to be a Gamecock.



#### Ellyn Quigg Junior • Ellicott City, Md. Exercise Science McKissick Scholar/Honors College

Ellyn enters her third year on the cross country team. She was a two-time letter winner in cross country and track and field where she ran the 800m.

Ellyn is a National Merit Commended Student. During her summers, she is a marketing manager for \*\*\*\*\*\* Teas,where she travels the entire east coast doing promotional events. She enjoys running.

Her parents are Jim and Mary Quigg.



#### Nicole Rheinlander Senior • Rochester Hills, Mich. International Business & Accounting McNair Scholar/Honors College

During cross country in 2010, Nicole was in the team's top five the entire season. Nicole made big strides in the 5K in indoor track, improving her PR by 35 seconds to 17:57. Coach Rosenthal expects Rheinlander to be one of the top runners again this fall. She was selected to be a team captain again for 2011, where her leadership is expected to help the team continue its climb up the SEC rankings.

During cross country in 2009, Nicole was in the team's top seven the entire season. After redshirting indoor track, Nicole made big strides in the 5K in outdoor track, improving her PR by 32 seconds to 18:32. Coach Rosenthal expects Rheinlander to be one of the top runners this fall after a good summer of train-ing in Michigan. She was selected to be a team captain for 2010, where her leadership is expected to help the team continue its climb up the SEC rankings.

Nicole is a world traveler, having traveled throughout North America, Europe, and Thailand. In high school she participated in a month-long student exchange program in Bad Neustadt, Germany. She has kept her love for travel in college, studying and traveling in Europe each summer. This summer after returning from a cruise in the Greek Isles, she had an internship in Greenville, SC working for KPMG, one of the Big 4 International Accounting Firms. Last summer she took a May semester course touring around Italy. The summer before, Nicole was in Germany for two months, where she studied at the University in Wittenberg and then taught English at a German elementary school. She also volunteers her time doing community service, where her efforts earned her a spot on the 2009 SEC All-Conference team, one of only eight SEC athletes.

Nicole joined the Gamecocks as a freshman with a passion for running and competing in cross country. In high school, she was an eight-letter varsity athlete, competing in swimming, cross country, and track. She was a member of the Cross Country League and Regional Championship Teams in 2006 and 2007. She was also on the 2006 Michigan Cross Country State Championship Team. She placed seventh individually for Cross Country Academic All-State in 2007 and was a three-time state qualifier on the 4x800 relay team. She was awarded the Cross Country Coach's Award her senior year. Nicole was a Scholar-Athlete and a member of the National Honor Society and the National Germany Honor Society. She was named Scholar-Athlete of the Year at her high school and received the Michigan Honor Girl Award amd also graduated as Valedictorian.



#### Caitlin Williams Junior • Goose Creek, S.C. Nursing

Caitlin enters her third season for the Gamecock Harrier team.

At Stratford High School, she was named all-county and allregion three times in addition to helping her team finish in the top 10 at the state championships. A captain in her senior season, she was also named all-county in track.

Caitlin is a recipient of the 2009 Bob Hayes/James Day track scholarship. She enjoys helping people and spent two years a freshman mentor. She also was a Leadership Development participant. Her mother is Pam Williams.



#### Liz Wilner Sophomore • Jacksonville, Fla. Exercise Physiology

Liz joins the cross country team for the 2011 season after spending the last two seasons as a member of the Gamecock swimming and diving team.

In high school, Liz helped lead The Bolles School to the Florida state championship all four years.

Liz is majoring in exercise physiology. Her parents are Norwood and Merrie Wilner.



Former Gameccoks Dani Barnes (front) and Ashley Evens compete at the Gamecock Invitational.

## **Coaching Staff**



### **Stan Rosenthal**

Head Cross Country Coach 11th Season at South Carolina

Stan Rosenthal enters his 11th year as head cross country coach at South Carolina. Rosenthal also coaches the distance runners during track and field season and was instrumental in helping the South Carolina women's team to its twelfth consecutive NCAA indoor top-12 finish in 2009.

The past four seasons, the Gamecock women's team has been ranked in the NCAA Southeast Region top 15. During the past several years, the distance runners have also done well on the track. Dani Barnes was a NCAA qualifier in the mile in 2009, while Beatrice Biwott was the Southeastern Conference champion in the steeple-chase in 2010 with a school record and also qualified for the NCAA Track Championships in 2009, 2010 & 2011. As freshmen in 2011, Scola Jepgnetich ran a 2:10 in the 800-meter run and Penny Boswell improved her time in the 5K from 19:20 to 17:49.

The South Carolina cross country team has also performed well in the classroom, receiving USTFCCCA All-Academic Cross Country Team honors last season for the 10th consecutive time of coach Rosenthal's tenure with a No. 13 national ranking. In 2008, the Gamecocks were ranked No. 1 in the NCAA with a team cumulative GPA of 3.76, which was the highest of all 340 Division I teams.

Shay Shelton added to Rosenthal's total of SEC champions by claiming the indoor league crown in the 800 in 2006. Rosenthal coached Jenny Lake to a record-breaking 3,000-meter performance at the SEC Indoor Championship in 2006. Lake, who ran 9:41, broke the school indoor record she set in 2003 with a fourth-place finish. Rosenthal also coached the DMR team to a second-place finish at the SEC Championships.

In 2002, South Carolina's women finished fourth at the NCAA Indoor Championships and won the SEC and NCAA Outdoor Championships, giving the Gamecocks their first national team title in any sport. Additionally, Rosenthal oversaw the men's sprint medley relay team that was ranked No. 1 in the USA and NCAA that year, while his 2006 women's squad accomplished the same feat with a No. 1 ranking in the sprint medley relay.

Prior to joining the South Carolina staff, Rosenthal was the head men's and women's cross country and track and field coach at UNC Asheville. During his seven-year tenure, the women won four Big South Conference Cross Country Championships. In the three years the women did not win, UNC Asheville finished as runner-up. The men's cross country team was Big South Conference runner-up in three of his last four years.

Rosenthal's runners have achieved success from the conference level to the world championship level. Two of his freshmen runners



earned spots on the USA Junior Team and competed in the IAAF World Cross Country Championships, where they placed 40th and 43rd, respectively. Five other runners competed in the USA Olympic trials. Many of his runners have qualified for the NCAA Track and Field Championships. During his seven years as a high school coach in Virginia, two runners qualified for the Foot Locker/Kinney National Cross Country Championships.

Rosenthal has served on several USA international coaching staffs. He coached on three USA staffs for the IAAF World Cross Country Championships and was a coach at the USA Olympic Festival. In 2001, he was appointed to the NCAA Track and Field Committee. As a member of the Executive Committee for the Women's Cross Country Coaches Association, Rosenthal acted as the Southeast Region representative. he earned USA Track and Field Level I and II certifications for the endurance events.

Academic success is very important to Rosenthal. Jenny Lake was named 2005 USC Scholar Athlete of the Year, a McWhorter Scholar and the recipient of an NCAA Post-Graduate Scholarship. The first-team academic All-American graduated with a 4.0 GPA in mathematics and with honors from South Carolina's Honors College.

Seven other athletes were selected as Conference Scholar-Athletes of the Year during his coaching career. Many have later earned graduate level degrees, including three who are currently in medical school and three others who are in PT School.

In addition to his coaching stint at UNC-Asheville, Rosenthal coached at Long Beach State, Georgia, South Alabama and was a graduate assistant coach at Tennessee. He also coached at Albemarle High School in Charlottesville, Va., and Spotsylvania, Va., where he started his coaching career in 1976. Coach Rosenthal earned his master's degree in education from Tennessee in 1983. His undergraduate degree came from Indiana University of Pennsylvania in 1975, where he majored in history and elementary education. While at IUP, he was a four-year varsity letter winner. In 1973 he competed in the six-mile run at Nationals. He was a member of two national qualifying cross country teams for IUP in 1970 and 1972.

### **STAN ROSENTHAL FILE**

Born: Feb. 21, 1952, Philadelphia, Pa.

**High School Education:** Pennsbury High School, Levittown, Pa. **College Education:** Bachelor of arts, history and elementary education, Indiana University of Pennsylvania, 1975 Master of Education, Tennessee, 1983

High School Athletics: Lettered in track and cross country for two years College Track: Four-year letterwinner, competed in six-mile race at NAIA in 1973, two-time qualifying cross country team in 1970 and 1972 Coaching Career:

2001-Present, Assistant Coach/Cross Country Coach, South Carolina 1993-00, Head Coach, UNC Asheville

1990-91, Assistant Coach/Cross Country Coach, Long Beach State 1988-89, Assistant Coach/Cross Country Coach, Georgia 1984-87, Head Coach, South Alabama 1982-83, Graduate Assistant, Tennessee **Wife:** Gayle

**2011 MEDIA GUIDE** 

## Administration/Staff

## Gamecock Cross Country Administration and Staff



Dr. Harris Pastides South Carolina President



Charles Waddell Associate Athletics Director



Eric Hyman South Carolina Athletics Director



Maulies Pettaway, Jr. Academic Counselor



Justin Holt Media Relations Contact



Scott Gardner Cross Country and Track and Field Athletics Trainer



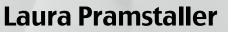
## **Ashley Vaughn**

Manager

Ashley Vaughn enters her second season with the South Carolina cross country program. A 2010 graduate of Clemson, Vaughn ran cross country and indoor and outdoor track all four years for the Tigers and was a four-time member of the ACC Academic Honor Roll.

The Monroe, N.C., native graduated from Clemson with a Bachelor of Science in health science. Vaughn will graduate from South Carolina in May 2012 with a master's in sport and entertainment management and is pursuing a career in athletic administration at the collegiate level.





Manager

Laura Pramstaller enters her first season as a manager with the South Carolina cross country team. Pramstaller was a member of the Gamecock cross country team during the last four years.

Laura earned five academic scholarships over the past two years due to her very high performance in the classroom. In high school, Laura lettered in cross country (2005-07) and track (2003-07), as well as soccer and field hockey. She graduated magna cum laude and received the Fairfield University Book Award. She was born to Michael and Anna Pramstaller.

## **The University**

**The University of South Carolina** is home to more than 200 years of history and tradition, rising from a single building in 1805 on what would become the heart of the campus, the Horseshoe.

Today, the 11 buildings that make up the Horseshoe frame a lush lawn that is an irresistible gathering place for students, faculty, staff and alumni and the scene of many important university events.

And while the Horseshoe will always be the symbol of Carolina's proud tradition, the University's presence and reach stretch across the Palmetto State, with baccalaureate universities in Aiken, Spartanburg (Upstate) and the sea islands (Beaufort and the gateway to Hilton Head), and two-year regional campuses in Allendale and Walterboro (Salkehatchie), Sumter, Lancaster and Union. Together, they are building economic prosperity; fulfilling the University's mission of teaching, research and service to the state, and preparing future leaders in business, law, education, the arts, tourism, communications, medicine and the health sciences.

• The University of South Carolina's Columbia campus has 319 degree programs through its 14 degree-granting colleges and schools.

• Students at the University of South Carolina have earned 538 national fellowships and scholarships valued at \$15.3 million since 1994.

• University of South Carolina faculty generated \$218.8 million in funding for outreach, research, and training programs in fiscal year 2010.

• Six professors at the University of South Carolina have been named 2011 fellows in the American Association for the Advancement of Science (AAAS), the world's largest general scientific society.

• The Arnold School of Public Health is meeting the professional development needs of the state's vital public health workforce through the new S.C. Public Health Training Center.

• The Ernest F. Hollings Special Collections Library, which was dedicated in July 2010, has earned LEED Gold certification. The building houses the S.C. Political Collections, the Irvin Department of Rare Books and Special Collections and Digital Collections and features exhibition areas and meeting spaces for classes and special events.

• The University continues to expand west toward the Congaree River. When completed in 2013, the Darla Moore School of Business building will become the front door of Innovista, the University's research district, and be a hub for creativity, research, and entrepreneurial activity.

In 2010-11 academic year, six USC law students held key positions with the

American Bar Association Law Student Division, the largest USC representation in ABA history.

• The William P. and Lou W. Kennedy Pharmacy Innovation Center, established with a \$30 million gift from alumni William and Lou Kennedy, is bringing together the nation's top minds in entrepreneurship, health sciences, communications and other disciplines with leading pharmacy practice faculty to foster research and prepare students to be regional and national leaders in the profession.

• Three colleges and the School of Law have new deans. They are Rob Wilcox, law; Dr. Lemuel Watson, education; Dr. Anna Scheyett, social work, and Dr. Steven Lynn, South Carolina Honors College.

• Dr. Michelle Martin, a specialist in children's literature and African American children's literature and community literacy programs, has joined the faculty as the first holder of the Augusta Baker Chair in Childhood Literacy in the College of Mass Communications and Information Studies.

• A newly renovated Patterson Hall reopened its doors to 544 female freshmen this fall. Patterson features suite-style accommodations, a cyber lounge, smart classrooms, a green roof terrace and was built to LEED silver standards.

• The Ronald E. McNair Center for Aerospace Innovation and Research (McNAIR) has been established with a \$5 million gift from alumna and financier Darla Moore. The center's activities will focus on three distinct areas: basic research anddevelopment of novel materials and devices; applied research in support of advanced manufacturing tools and processes; and the development of a business and economic model that will build and support South Carolina's growing aerospace cluster through education, research and development.



## Academics Top 20 Program

The South Carolina cross country program has proven that academics are also an important part of its student-athlete's career. The Gamecocks have been a consistent top 20 academic program and were the 2008 Academic National Champion out of 333 Division I teams with a cumulative team GPA of 3.767. The Gamecocks have received All-Academic Team honors for 10 consecutive seasons.

To be honored as an All-Academic Team, teams were required to compete and compile a team score in an NCAA Regional Meet and have at least a cumulative GPA of 3.0.

#### RECENT GAMECOCK ACADEMIC TEAM RANKINGS

2010 - No. 13 2009 - No. 11 2008 - No. 1 2007 - No. 6 2006 - No. 14 2005 - No. 18

## "The Dodie"

When University of South Carolina Athletics Director Eric Hyman talks about "the Dodie," the \$13 million state-of-the-art facility that opened in the spring of 2010, he enthusiastically refers to it as, "the heart of the athletics department and the place where the ebb and flow of student-athletes' days are centered."

"The Dodie" is named for Dolores F. Anderson of Greer, S.C., whose philanthropic gift helped fund the center for University of South Carolina student-athletes. Anderson is the widow of Robert Anderson, the former president and chairman of Anderson Hardwood Floors, the largest privately-owned hardwood floor manufacturer in the United States. A 1981 graduate of USC Upstate with a degree in interdisciplinary studies, Dodie Anderson is co-owner of Anderson Hardwood Floors and a longtime supporter of USC Upstate's athletic programs.

The three-story, 40,000-square-foot center is located across Heyward Street from Stone Stadium, the Gamecocks' soccer facility, in the 41-acre footprint known as "the Roost." It is the focal point of and the first piece in the re-developed area that eventually will include a coaches' support building, a new tennis complex, a basketball practice facility, a parking garage and updated soccer practice fields, softball stadium and outdoor track facilities.

Student-athletes are in and out of "the Dodie" throughout the day as they use computers and study areas, receive tutoring, counseling and advising and even eat their meals.

#### "The Dodie" Features:

- Full-service cafeteria
- Dietitian's office
- Audio/visual multi-purpose room
- ✤ 20 tutoring rooms (accommodates 2-4)
- 15 seminar rooms (accommodates 6-8)
- Math and English labs
- Special needs learning lab
- One large quiet study room
- One small quiet study room
- One computer lab containing 58 computers
- Two computer labs containing 16 computers
- Student-athlete lounge
- Academic support staff offices
- Wireless capabilities throughout the facility
- Academic Hall of Fame



## **Academic Programs**

#### MISSION STATEMENT

The University's mission is threefold: the education of the state's diverse citizens through teaching, research and creative activity, and service.

#### ARTS AND SCIENCES

African American Studies Anthropology **Applied Statistics** Art Education Art History Art Studio **Biological Sciences** Cardiovascular Technology Chemistry Classics **Comparative Literature** Creative Writing Criminology and Criminal Justice Dance Earth and Environmental **Resources Management Economics** English Environmental Science **European Studies** Film and Media Studies Foreign Languages French Geography Geological Sciences Geophysics German History Interdisciplinary Studies International Studies Latin American Studies Linguistics Media Arts Marine Science Mathematics Philosophy Physics **Political Science** Professional Science Psychology Psychology, Clinical-Community Psychology, Experimental Psychology, School

Public Administration Public History Religious Studies Russian Sociology Spanish Statistics Theatre Women's and Gender Studies

#### BUSINESS

Accounting Business Administration Business Economics Economics Finance Human Resources Insurance and Risk Management International Business Management Management Management Science Marketing Real Estate

#### EDUCATION

Athletic Training **Counselor Education** Curriculum and Instruction Early Childhood Education Education Administration Educational Psychology and Research Educational Research Educational Technology Elementary Education Foundations of Education **Higher Education Business** Administration Higher Education and Student Affairs Language and Literacy Middle Level Education Physical Education Sciences Secondary Education Special Education

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Social Studies Teaching Teaching and Learning

### ENGINEERING AND COMPUTING

Biomedical Engineering Chemical Engineering Civil Engineering Computer Engineering Computer Information Systems Computer Science Computer Science and Engineering Electrical Engineering Engineering Science Mechanical Engineering Nuclear Engineering Software Engineering

#### HOSPITALITY, RETAIL, AND SPORT MANAGEMENT

Hospitality Management Interdisciplinary Studies International Hospitality and Tourism Management Retailing Sport and Entertainment Management Integrated Information Technology Tourism Management

#### LAW Law

#### MASS COMMUNICATIONS AND INFORMATION STUDIES

Journalism and Mass Communications Advertising Broadcast Journalism Information Science

#### Journalism Library and Information Science Mass Communications Public Relations Visual Communications

#### MEDICINE

Biomedical Sciences Genetic Counseling Medicine Nurse Anesthesia Rehabilitation Counseling

#### MUSIC

Conducting Jazz Studies Music Music Composition Music Education Music History Music Performance Music Theory Opera Theatre Piano Pedagogy

#### NURSING

Clinical Nursing Community Mental Health and Psychiatric Nursing Health Nursing Nursing Nursing Administration Nursing Practice Nursing Science

#### PHARMACY

Pharmaceutical Sciences Pharmarcy

#### PUBLIC HEALTH Biostatistics Communication Sciences and Disorders Environmental Health Sciences



Epidemiology Exercise Science General Public Health Health Promotion, Education, and Behavior Health Services Policy and Management Physical Activity and Public Health Physical Therapy Public Health Speech-Language Pathology Speech Pathology

#### SOCIAL WORK Social Work

#### SOUTH CAROLINA HONORS COLLEGE

Baccalaureus Artium et Scientiae

## Academics

### University Facts and Figures

Administration: Board of Trustees Campuses: 8

**Enrollment**: More than 44,557 (all campuses, fall 2010)

**Faculty**: 2,010 (full-time, all campuses, fall 2010)

**Degrees Awarded**: 8,707 (all campuses, 2009-2010 fiscal year)

**Alumni**: More than 257,000 living alumni (all campuses)

#### Columbia campus:

Location: Columbia, S.C.

**Organization**: 14 degree-granting colleges and schools

Degree Programs: 319

**Enrollment**: 29,957 (Columbia campus, fall 2010)

**Faculty**: Approximately 1,465 (full-time, Columbia)

#### Degrees Awarded:

6,590 (Columbia, 2009-2010 fiscal year)

**Alumni**: More than 209,000 living alumni (Columbia)

S.C. Resident Undergraduate Tuition: \$10,168 (fall 2011)

Nonresident Undergraduate Tuition: \$26,352 (fall 2011)

Endowment: \$414 million (June 30, 2010)

Research Support: \$218.8 million (June 30, 2010)

Athletic Nickname: Gamecocks

School Colors: Garnet and black