

# **SPRINTS & HURDLES**



## ALL-AMERICAN AMBER ALLEN

**AMBER ALLEN****3X ALL-AMERICAN****SPRINTS****JR. // JR.****WAYNE, N.J. // PASSAIC TECH****COLLEGIATE BESTS**

400m (55.56)

400m Hurdles (58.45)

**2012:** Outdoor NCAA participant in the 4x100m...Honorable Mention All-America in the 4x100m relay...NCAA East Preliminary qualifier...Indoors, competed in 400m... finished eighth at the New Balance Collegiate, running a season-best 56.00 in the finals...ran anchor leg on the 4x400m relay team that scored at SEC Indoor Championships by taking sixth place...ran anchor on the 4x400m relay team that placed third at the Last Chance Qualifiers with a 3:36.87. Outdoors, competed in the 400m hurdles...finished third at the Shamrock Invitational...ran her best time at SEC Outdoor Championships at 58.45 in the prelims, ultimately finished sixth...ran in the NCAA East Preliminaries in the 400mH...ran anchor on the 4x100m relay team that placed sixth at the SEC Championships, ran their best time of 45.06 at the NCAA East Preliminaries, and placed 22nd in the prelims at the NCAA Outdoor Championships... member of the 4x400m relay team that placed fourth at SEC Championships, fifth at NCAA East Preliminaries and 11th in the prelims at NCAA Outdoors, with their best time of the season at 3:31.60

**2011:** Outdoor NCAA participant ... All-American outdoors in the 4x400-meter relay ... Named to Outdoor SEC All-Freshman team ... NCAA East Preliminary qualifier in the 400-meter hurdles, 4x100-meter relay and 4x400-meter relay ... Indoors, competed in the 400-meter dash ... Won the Gamecock Invitational ... Placed 20th at the SEC Indoor Championships at 55.56 ... ran second leg of the DMR team that took sixth at the SEC Indoor Championships ... Outdoors, competed in the 400-meter hurdles ... Had a top time of 58.85 in the SEC Outdoor Championship preliminary round ... Placed eighth in the finals at 1:00.35 ... Advanced to the second round of the NCAA East Preliminary, placing 19th overall at 1:00.45 ... Ran second leg for the 4x400-meter relay team that took ninth at the SEC Outdoor Championships ... Was anchor leg for East Preliminary team and NCAA Outdoor Championship team that placed 18th overall at 3:36.57.

**HIGH SCHOOL:** New Jersey State Champion in the 400-meter hurdles at 58.44, the second-fastest high school time in the country ... Two-Time New Jersey State Champion in the 400-meter hurdles ... Top times of 55.32 in the 400-meter dash and 24.80 in the 200-meter dash ... Swept sprints at the 2010 Passaic County Championships with wins in the 55, 300 and 600.

**AMBER ALLEN**

# ALL-AMERICAN VASHTI BANDY



**VASHTI BANDY**

**3X ALL-AMERICAN**

**SPRINTS**

**JR. // JR.**

**CHARLOTTE, N.C. // BUTLER**

## COLLEGIATE BESTS

60m (7.58)

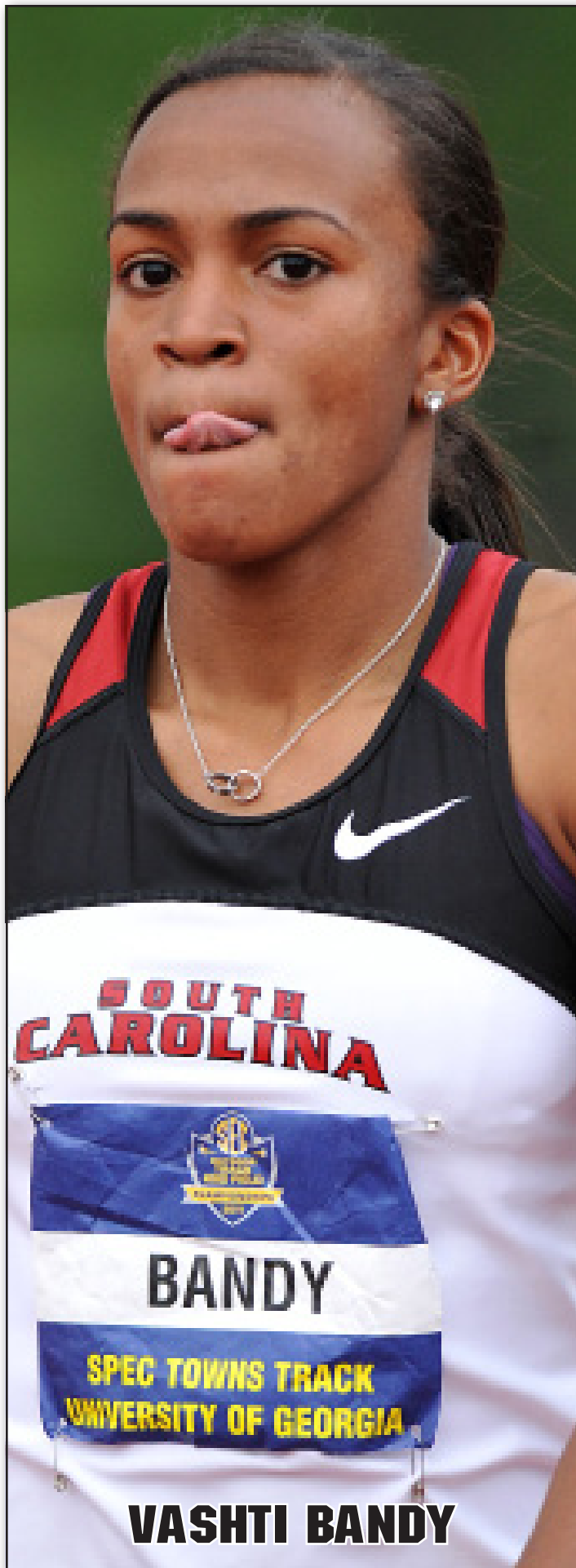
100m (11.75)

200m (23.97)

**2012:** NCAA Outdoor participant in the 4x100m...Honorable Mention All-America in the 4x100m relay...NCAA East Preliminaries participant in the 200m and 4x100m... Indoors, competed in the 60m and 200m...top mark of 7.66 in the 60m to finish 15th in the prelims at the SEC Indoor Championships...top time of 24.74 in the 200m at the Rod McCravy Memorial...placed 25th in the prelims at the SEC Indoor Championships...Outdoors, competed in the 100m and 200m...placed sixth at Bob Pollack in the 100m with her top time of 11.83 to place sixth...placed 17th in the prelims at SEC Outdoor Championships with a time of 11.93...in the 200m, registers a best time of 24.26 at the Spec Towns Invitational to take fourth in the competition...placed 20th in the prelims at the SEC Outdoor Championships...ran a 24.81 at the NCAA East Preliminaries...ran the third leg on the 4x100m relay team that placed six at SEC Outdoor Championships, registered their best time at NCAA East Preliminaries at 45.06 for a 12th place finish and ended the year at the NCAA Outdoors with a time of 45.48 to finish 22nd in the prelims.

**2011:** All-American outdoors in the 4x100-meter and 4x400-meter relay ... NCAA East Preliminary qualifier in the 4x100-meter relay and 4x400-meter relay ... Indoors, competed in the 60m and 200m ... in the 60m, had a top time of 7.58 ... ran 7.59 to place 14th at the SEC Indoor Championships ... in the 200m, had a top time of 24.34 at the SEC Indoor Championships ... Outdoors, competed in the 100m and 200m ... in the 100m, had a top time of 11.75 at the Spec Towns Invitational ... Finished 16th at the SEC Outdoor Championships at 11.83 ... in the 200m, ran 24.33 to take 24th at the SEC Outdoor Championships ... had a top time of 23.97 ... Ran second leg for 4x100-meter relay team that placed fourth at the SEC Outdoor Championships with a time of 44.50 ... Team finished fifth at the East Preliminary and 10th overall at the NCAA Outdoor Championships at 43.72 ... On the 4x400-meter relay team, ran anchor and placed ninth at the SEC Outdoor Championships ... Took 18th as the second leg of the team that ran 3:36.57.

**HIGH SCHOOL:** Top times of 11.77 in the 100-meter dash and 24.44 in the 200-meter dash ... Ran 11.84 in 100-meter and 25.23 in the 200-meter at the New Balance Outdoor Nationals ... 2010 NCHSAA State Champion in the 100-meter and bronze medalist in the 200-meter dash ... Placed third in the 300-meter at 40.77 ... Bronze medalist in the 55-meter dash at 7.10.



**SPRINTS & HURDLES**



# ALL-AMERICAN KIERRE BECKLES



**KIERRE BECKLES**

**3X ALL-AMERICAN**

**HURDLES**

**SR. // SR.**

**PINELANDS, BARBADOS // CENTRAL ARIZONA**

## COLLEGIATE BESTS

55m Hurdles (7.55)      60m Hurdles (8.11)      100m Hurdles (13.01)  
*School Record*

**2012:** Second team All-America in the 60m hurdles...NCAA Indoor Championship participant in the 60m hurdles...SEC Indoor Championship silver medalist...Second Team All-SEC for the indoor season...Indoors, competed in the 60m hurdles...top mark of 7.11 in the finals of the SEC Indoor Championship to take the second spot... finished first in the prelims of Last Chance Qualifiers with a time of 8.20...placed 13th in the prelims of the NCAA Indoor Championships with an 8.24...Outdoors, competed unattached in the 100m hurdles and the 200m registering bests of 13.25 in the 100mH and 23.90 in the 200m to win both events at the Weems Baskin Invitational... silver medalist at the NACAC U-23 Championships in Guanajuato, Mexico, running the 100-meter hurdles for Barbados.

**2011:** Indoor and Outdoor NCAA participant ... First Team All-America selection outdoors ... Second Team All-America indoors ... Outdoor All-SEC Second Team selection ... SEC Outdoor silver medalist in the 100m hurdles ... indoors, competed in the 60m hurdles and the 4x400m relay ... in the 60m hurdles, had a top time of 8.21 at the SEC Indoor prelims ... placed fourth overall at the SEC Indoor Championships at 8.30 ... ran 8.23 at the NCAA Indoor Championships to place 11th ... ran second leg of the 4x400m relay team that placed seventh at the SEC Indoor Championships at 3:36.99 ... Outdoors, had one of the top seasons in Gamecock history for a high hurdler ... Finished in the top three in every regular season meet ... SEC silver medalist with a time of 13.10 after taking first in the preliminary at 13.11 ... Ran to a Barbados national record in the 110-meter hurdles with a time of 13.01 to take fourth at the NCAA East Preliminary ... Placed sixth overall at the NCAA Outdoor Championships with a time of 13.05 for the best finish in Gamecock history...Participated in the World Championships in Deagu, Korea in the 100mH....placed 4th at CACAC Championships in Puerto Rico in the 100mH

**CENTRAL ARIZONA COLLEGE:** 2010 NJCAA (National Junior College) champion in the 110-meter hurdles at 13.14 at Central Arizona College, an NJCAA Championship meet record ... 2009 NJCAA Runner-Up in the 110-meter hurdles at ... Finished eighth in the 400-meter hurdles at the 2009 NJCAA National Championships ... Three-time All-American ... Central Arizona College record holder in the 110-meter hurdles at 13.14 ... Top time of 1:01.12 in the 400-meter hurdles ... Top performer at the 2008 CARIFTA Games, earning the Austin Sealy Award after breaking the U20 100-meter hurdle record at 13.43 ... Placed eighth at the 2009 IAAF World Junior Championships at 13.96.



**KIERRE BECKLES**





# ALL-AMERICAN ANDRE CARTER



**ANDRE CARTER**

**3X ALL-AMERICAN**

**SPRINTS**

**SR. // SR.**

**DOUGLASSVILLE, GA. // ALEXANDER**

## COLLEGIATE BESTS

60m (6.96)

200m (21.76)

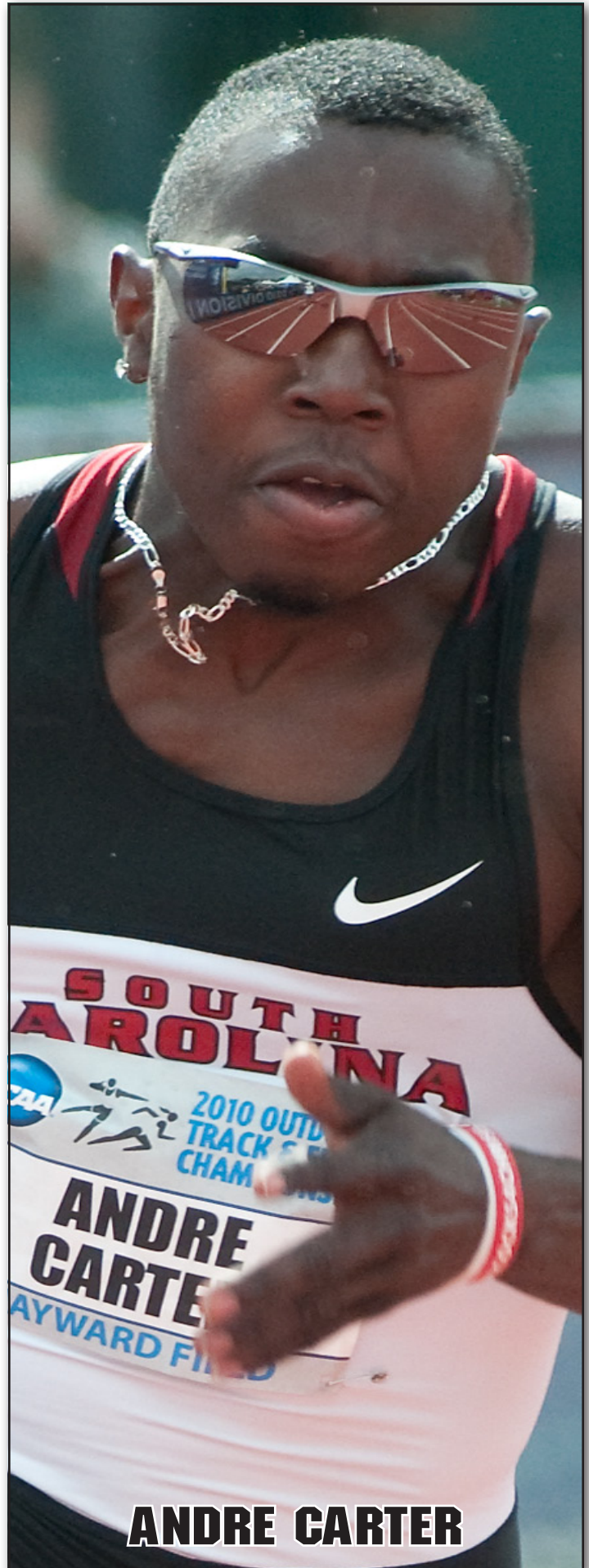
400m (47.72)

**2012:** NCAA Outdoor Championships participant in the 4x100m...Second-Team All-America in the 4x100m...NCAA East Preliminary participant in the 4x400m relay...indoors, competed in the 400m...had a top time of 48.43 at the SEC Indoor Championships to take 16th...Ran anchor leg on 4x400m relay team that took 8th at the SEC Indoor Championships with a team of 3:06.78...Outdoors, competed in the 400m...top time of 47.72 at the Weems Baskin Invite...placed 17th at SEC Championships with a time of 47.76...ran on the 4x200 relay team who recorded a top time of 1:22.76 at Florida Relays...ran second leg on 4x400m relay that placed 6th at SEC Outdoor Championships with a time of 3:08.31...also ran second leg on 4x400m relay at NCAA East Preliminary

**2011:** Outdoor NCAA participant ... Second Team All-America selection in the 4x400m relay ... Indoors, competed in the 400m ... Had a top time of 47.88 to place 16th at the SEC Indoor Championships ... Ran the second leg of the 4x400m relay team that took seventh at the SEC Indoor Championships at 3:10.85 ... Outdoors, battled injuries, competing in the 400m dash once with a time of 48.33 at the Spec Towns Invitational ... Ran second leg of 4x400-meter relay team that placed sixth at the SEC Outdoor Championships at 3:09.67 ... Ran third leg of team that advanced to outdoor final with a time of 3:05.85 ... Relay placed 14th at the NCAA Outdoor Championships with a time of 3:07.91.

**2010:** Outdoor NCAA participant ... All-American in the 4x100m relay ... NCAA Regional Participant in the 4x100m relay ... indoors competed in the 60m and 400m ... Top time of 6.96 in the 60m at the Virginia Tech Invitational ... top time of 48.93 at the NCAA Last Chance Meet ... outdoors competed in the 200m and 400m ... top time of 21.76 at the Friendship & Freedom Games ... in the 400m, top time of 47.80 at the Tar Heel Invite ... member of 4x100m relay team that ran 39.57 at the SEC Championship to place fifth ... relay was fifth at NCAA East Preliminary at 39.41 ... ran leadoff for relay at NCAA Championships to place fourth at 39.87.

**HIGH SCHOOL:** Coached by Brian Robinson and Steve Duncan at Alexander High School ... No. 3 ranked 400m runner in the nation ... two-time All-American at Nike Nationals ... Georgia state champion in the 400m ... member of 4x400m relay team that set a new national record at 3:06.35 ... top times of 46.8 in the 400m, 21.10 in the 200m and 23-06.50 in the long jump ... lettered in track and football.



**SPRINTS & HURDLES**

**ANDRE CARTER**





## ALL-AMERICAN ASIA DELANEY

**ASIA DELANEY****1X ALL-AMERICAN****SPRINTS****SR. // SR.****GREENWOOD, S.C. // GREENWOOD****COLLEGIATE BESTS**

60m (7.71)

100m (11.98)

200m (24.59)

**2012:** NCAA Outdoor Championships participant in the 4x100m relay...Honorable Mention All-America 4x100m...NCAA East Preliminary qualifier...Indoors, competed in the 60m and 200m...ran 7.71 in the 60m to place 20th in the prelims at the SEC Indoor Championships...also ran best 200m time at the SEC Indoor Championships, registering a 25.02 to finish 23rd in the prelims...Outdoors, competed in the 100m and 200m...top mark of 11.98 in the 100m at Bob Pollack to finish 8th...finished 18th in the prelims of the SEC Outdoor Championships...in the 200m, ran a best of 24.59 at Bob Pollack placing 8th...at SEC Outdoor Championships, ran a 25.15 to place 23rd in the prelims...ran leadoff for the 4x100m relay team that scored for the Gamecocks by placing sixth at the SEC Outdoor Championships...also ran leadoff at the NCAA East Preliminaries on the 4x100m relay team that finished 12th with a time of 45.06...ran second leg on the 4x100m relay that finished the year by placing 22nd in the prelims at NCAA Outdoor Championships.

**2011:** Indoors, competed in the 60m and 200m ... in the 60m, had a top time of 7.94 at the Tiger Paw Invitational ... competed in the 200m once, running 26.52 at the Tiger Paw Invitational ... outdoors, competed in the 100m and 200m ... in the 100m, had a top time of 12.04 at the War Eagle Invitational ... took 22nd at the SEC Outdoor Championships at 12.28 ... in the 200m, ran 24.40 at the SEC Outdoor Championships to place 26th in the prelims.

**2010:** Indoors, competed in the 60m ... had a top time of 7.95 at the Clemson Games ... outdoors, competed in the 100m, 200m and 4x100m relay ... in the 100m, had a top time of 12.46 at the Weems Baskin Invitational ... in the 200m, ran 25.66 at the Weems Baskin Invitational.

**HIGH SCHOOL:** Coached by Doug Blooser and Jimmy Towe at Greenwood High School ... lettered in volleyball and track ... had a top time of 24.96 in the 200m.

**ASIA DELANEY**



# ALL-AMERICAN SANURA ELEY-O'REILLY



**SANURA ELEY-O'REILLY**

**1X ALL-AMERICAN**

**SPRINTS**

**R-SO. // R-SO.**

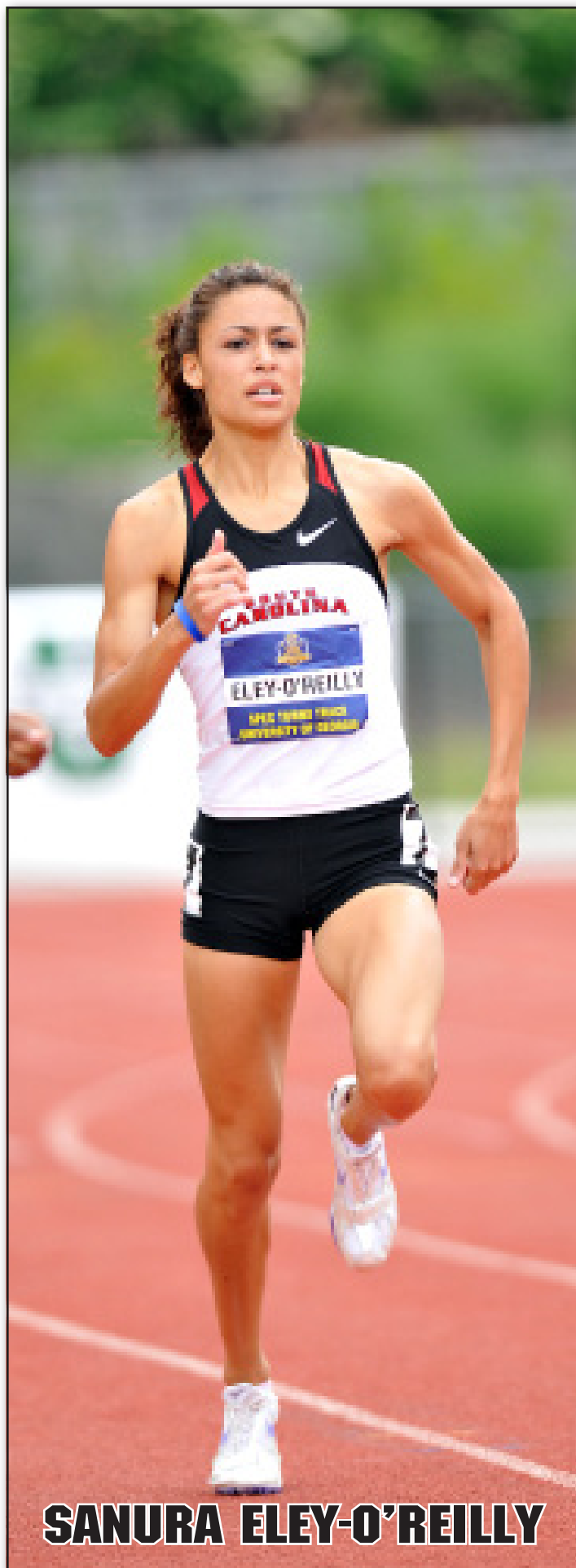
**FAYETTEVILLE, N.C. // JACK BRITT**

## COLLEGIATE BESTS

400m (53.90)

**2011:** Outdoor NCAA participant ... All-American outdoors in the 4x400-meter relay ... NCAA East Preliminary qualifier in the 4x400-meter relay ... Indoors, competed in the 400m and the 4x400m relay ... in the 400m, had a top time of 53.90 at the Tyson Invitational ... won the Hokie Invitational and earned SEC Freshman of the Week honors ... ran 54.72 to take 12th at the SEC Indoor Championships ... ran the opening leg of the 4x400m relay team that placed seventh at the SEC Indoor Championships at 3:36.99 ... Outdoors, competed in the 200m, 400m and 4x400m relay ... in the 400m, had a top time of 54.74 with a 16th place finish at the SEC Outdoor Championships ... Ran opening leg for the 4x400m relay team that took ninth at the SEC Outdoor Championships ... Was second leg for East Preliminary team that advanced at 3:36.72 ... Ran opening leg of NCAA Outdoor Championship team that placed 18th overall at 3:36.57.

**HIGH SCHOOL:** Won several indoor and outdoor North Carolina state championships in 2010 ... finished her final high school season ranked No. 9 in the nation in the 400-meter dash with a top time of 53.43 ... holds the North Carolina state record in the 400m ... claimed sixth at the 2010 USA Junior National Championships with a time of 54.64 to earn her bid to Canada.



**SANURA ELEY-O'REILLY**

**SPRINTS & HURDLES**



## ALL-AMERICAN CLAYTON GRAVESANDE

**CLAYTON GRAVESANDE****3X ALL-AMERICAN****SPRINTS****JR. // JR.****SOMERSET, N.J. // FRANKLIN****COLLEGIATE BESTS**

400m (45.93)

**2012:** NCAA Outdoor participant in the 4x100m relay...earned Second Team All-America honors in the 4x100m...NCAA East Preliminary qualifier in the 400m and 4x400m relay Indoors, competed in the 400m, won the Virginia Tech invitational...ran a season-best time of 47.86 at SEC Indoor Championships...ran lead off at SEC Indoor Championships on the 4x400m relay, the team placed 8th and ran a season-best time of 3:06.78...outdoors, competed in the 400m...won the Shamrock Invitational and Weems Baskin Invite...finished 7th at the SEC Outdoor Championships, running his top mark of 45.93 in the preliminaries...Finished 18th at the NCAA East Preliminaries...ran the third leg on the 4x100m relay team that won at Bob Pollack, placed 4th at SEC Championships and ran a season best 39.60 at NCAA Outdoors...anchored the 4x200m relay team in their fastest time of the year, 1:22.76...ran leadoff on the 4x400m team that placed 6th at SEC Outdoor Championships with a time of 3:08.31...completed at the US Olympic Trials in the 400m

**2011:** Outdoor NCAA participant ... Second Team All-America selection in the 4x100m relay and 4x400m relay ... NCAA East Preliminary qualifier in the 400m, 4x100-meter relay and 4x400-meter relay ... SEC bronze medalist in the 4x100m relay ... Indoors, competed in the 400m ... won the Hokie Invitational ... ran a season best 47.52 to place 12th at the SEC Indoor Championships ... ran the leadoff leg of the 4x400m relay team that placed seventh at the SEC Indoor Championships at 3:10.85 ... Outdoors, competed in the 400m ... had a top time of 46.60 at the War Eagle Invitational ... placed eighth in the prelims at the SEC Outdoor Championships at 46.95 ... finished 19th at the NCAA East Preliminary with a time of 47.15 ... ran third leg for SEC bronze medal 4x100m relay team that crossed the line at 39.49 ... relay placed fourth at the NCAA East Preliminary and 11th overall at the NCAA Outdoor Championships at 39.50 ... Ran opening leg of 4x400-meter relay team that placed sixth at the SEC Outdoor Championships at 3:09.67 ... Ran first leg of team that advanced to outdoor final with a time of 3:05.85 ... Relay placed 14th at the NCAA Outdoor Championships with a time of 3:07.91.

**HIGH SCHOOL:** Somerset County Athlete of the Year ... New Jersey Meet of Champions winner in the 400m ... New Jersey State Champion in the 400m and section champion in the 100m, 200m and 400m.

**CLAYTON GRAVESANDE**



# ALL-AMERICAN CHRISTAL GREEN



**CHRISTAL GREEN**

**1X ALL-AMERICAN**

**SPRINTS**

**SO. // SO.**

**COLUMBIA, S.C. // DREHER**

## COLLEGIATE BESTS

200m (24.93)

400m (55.00)

**2012:** NCAA Outdoors participant in the 4x400m relay...Second-Team All-America honors in the 4x400m...NCAA East Preliminaries participant...Indoors, competed in the 200m, and 400m...registered a top mark of 24.93 in the 200m at the SEC Indoor Championships to place 21st in the prelims...also ran best 400m time at the SEC Indoor Championships at 55.71 to place 22nd in the prelims...ran second leg on the DMR team that finished 12th at SEC Indoor Championships...ran the second leg on the 4x400m relay team that scored for the Gamecocks at SEC Indoor Championships by placing 6th...ran third leg on the 4x400m team that ran 3:36.87 to place third at Last Chance Qualifiers...Outdoors, competed in the 100m, 200m and 400m...top 100m mark of 12.06 at the Shamrock Invitational...ran 24.51 in her only 200m of the season...placed second at the Weems Baskin Invitational in the 400m, with her top time of 55.00...placed 26th in the prelims of the SEC Outdoor Championships in the 400m...ran anchor on the 4x400m relay team that placed fourth at the SEC Championships and fifth at the NCAA East Preliminaries...ran third leg on the 4x400m relay team that placed 11th in the preliminaries at the NCAA Outdoor Championships.

**HIGH SCHOOL:** Top times of 7.89 in the 60m, 23.96 in the 200m and 53.54 in the 400m ... USA Outdoor Nationals champion in the 200m ... won the 200m and 400m at the USA Youth Outdoor National Championships ... top-ranked sprinter in South Carolina in the 200m and 400m ... ranked seventh in the nation in the 400m and 21st in the 200m ... won the 200m at the New Balance Outdoor Nationals and finished third in the 400m ... competed in the 100m, 200m and 400m at the USATF National Junior Olympics.



**SPRINTS & HURDLES**

**CHRISTAL GREEN**



# ALL-AMERICAN CHRIS MAXWELL



**CHRIS MAXWELL**

**2X ALL-AMERICAN**

**SPRINTS**

**SR. // SR.**

**COLUMBIA, S.C. // BLYTHEWOOD**

## COLLEGIATE BESTS

60m (7.00)

100m (10.61)

200m (20.90)

**2012:**Indoors, competed in the 60m, 200m and 400m...recorded a top mark of 7.15 in the 60m...best 200m time came at the Auburn Invitational at 22.06...top mark of 49.14 in the 400m,competed in the 200m and 400m at the SEC Indoor Championships...Outdoors, competed in the 100m, 200m and 400m...finished 6th in the 100m at the Spec Towns Invitational with a top mark of 10.76...ran a 21.57 in the 200m at the Shamrock Invitational

**2011:** Outdoor NCAA participant ... Second Team All-America selection in the 4x100m and 4x400m relays ... NCAA East Preliminary qualifier in the 200m and 4x100-meter relay ... SEC bronze medalist in the 4x100m relay ... Indoors, competed in the 60m, 200m and 400m ... top time of 7.00 in the 60m at the NCAA Last Chance Meet ... ran 7.01 to finish 21st at the SEC Indoor Championships ... top time of 22.06 in the 200m at the Texas A&M Challenge ... ran 21.68 at the SEC Indoor Championships, placing 17th overall ... top time of 49.34 in the 400m ... Outdoors, competed in the 100m and 200m ... in the 100m, had a top time of 10.61 at the Dick Taylor Relays ... placed 16th in the prelims at the SEC Outdoor Championships at 10.63 ... in the 200m, ran a career best 20.90 at the SEC Outdoor Championships to take 12th in the prelims ... finished 14th at the NCAA East Preliminary at 21.35 ... ran second leg for SEC bronze medal 4x100m relay team that crossed the line at 39.49 ... relay placed fourth at the NCAA East Preliminary and 11th overall at the NCAA Outdoor Championships at 39.50.

**2010:** Indoors, competed in the 60m and 200m ... top time of 7.10 in the 60m at the Gamecock Indoor Open ... ran 7.17 at the SEC Indoor Championships ... in the 200m, ran top time of 21.85 to take 23rd at the SEC Indoor Championships ... outdoors, competed in the 100m and 200m ... in the 100m, had a top time of 10.84 ... went 11.09 at the SEC Outdoor Championships for 27th ... in the 200m, had a top time of 21.68 ... ran 21.77 to place 22nd at the SEC Outdoor Championships ... alternate for the 4x100m relay at the NCAA Preliminary and NCAA Outdoor Championships.

**HIGH SCHOOL:** Coached by Ryan Hemby at Blythewood High School ... three-time athlete of the year ... all-state honors in 2008 and 2009 ... two-time state champion in the 400m dash (2008-09) ... top times of 48.14 in the 400m, 21.60 in the 200m and 10.69 in the 100m ... lettered in track and football.





# ALL-AMERICAN NADONNIA RODRIQUES



**NADONNIA RODRIQUES**

**2X ALL-AMERICAN**

**SPRINTS**

**R-SR. // R-SR.**

**BROOKLYN, N.Y. // BOYS & GIRLS**

## COLLEGIATE BESTS

400m (52.72)

**2012:** NCAA Outdoor participant in the 4x400m relay...Second-Team All-America honors for the 4x400m relay...USTFCCCA All-Academic status...Indoors, competed in the 400m...claimed fourth at the Rod McCravy Memorial...ran a top mark of 54.63 at the Tyson Invitational...placed 14th in the prelims at the SEC Indoor Championships running 54.79...ran third leg on the 4x400m relay team that placed sixth at the SEC Indoor Championships...ran second leg on the 4x400m relay team that took third at Last Chance Qualifiers with a 3:36.87. Outdoors, competed in the 400m...claimed second at the Shamrock Invitational and the Spec Towns Invitational...won the Weems Baskin Invitational...top mark of 53.67 at the Spec Towns Invitational...placed 13th in the prelims of the SEC Outdoor Championships...ran second leg on the 4x400m relay team that placed fourth at SEC Outdoor Championships and fifth at NCAA East Preliminaries...ran anchor at the NCAA Outdoor Championships on the 4x400m relay that ran a 3:31.60.

**2011:** Indoors, competed once before injury ended the season ... ran 56.16 in the 400m at the Texas A&M Challenge ... Did not compete outdoors.

**2010:** Indoor and Outdoor NCAA participant ... All-American in the 4x400m relay ... NCAA Regional Participant in the 4x400m ... SEC silver medalist in the 4x400m relay indoors ... All-SEC second team member ... indoors, competed in the 400m and 4x400m relay ... top time of 53.40 in the 400m at the NCAA Last Chance Meet ... placed fifth at the SEC prelims at 53.83 before getting disqualified in the finals ... Disqualified in the prelims of the NCAA Indoor Championships ... ran third leg of relay team that took SEC silver medal honors at 3:37.03 ... relay placed fourth at the NCAA Indoor Championships at 3:33.91 ... outdoors, competed in the 400m and 4x400m ... in the 400m, had a top time of 52.72 at the Florida Relays ... Ran anchor of 4x400m relay team at the NCAA Outdoor Championships.

**2009:** NCAA Indoor Championship participant in the 400m ... SEC Indoor Freshman Runner of the Year ... SEC Indoor gold medalist in the 4x400m relay ... SEC Indoor bronze medalist in the 400m ... First Team All-SEC ... SEC All-Freshman Team ... in the 400m, opened her collegiate career with a victory at the Kentucky Invitational at 53.52 ... ran 53.50 at the New Balance Collegiate to place fifth overall ... hit a collegiate best 53.41 to earn bronze medal honors at the SEC Indoor Championships ... did not finish her race at the NCAA Indoor Championships due to injury ... ran the second leg of the women's 4x400m relay team that won the SEC title at 3:33.50 ... outdoors, battled injuries throughout the season but was able to compete in three meets ... took second in her only 400m race, running a 54.32 at the Friendship & Freedom Games ... ran the 800m twice, winning the State USATF Meet at 2:21.53 and running 2:22.39 at the Spec Town Relays.

**HIGH SCHOOL:** Graduated from the Boys & Girls School in Brooklyn, N.Y. ... competed in the 200m and 400m ... ran the No. 4 time in US history in the 400m at 52.83, set at the Pepsi Hall of Fame Classic indoor meet ... holds the state record in the 400m and the 2x400m relay ... all-american ... competed at the Penn Relays.



**NADONNIA RODRIQUES**

**SPRINTS & HURDLES**





# ALL-AMERICAN CHRIS ROYSTER



**CHRIS ROYSTER**

**2X ALL-AMERICAN**

**SPRINTS**

**JR. // JR.**

**CONYERS, GA. // ROCKDALE COUNTY**

## COLLEGIATE BESTS

60m (6.71)

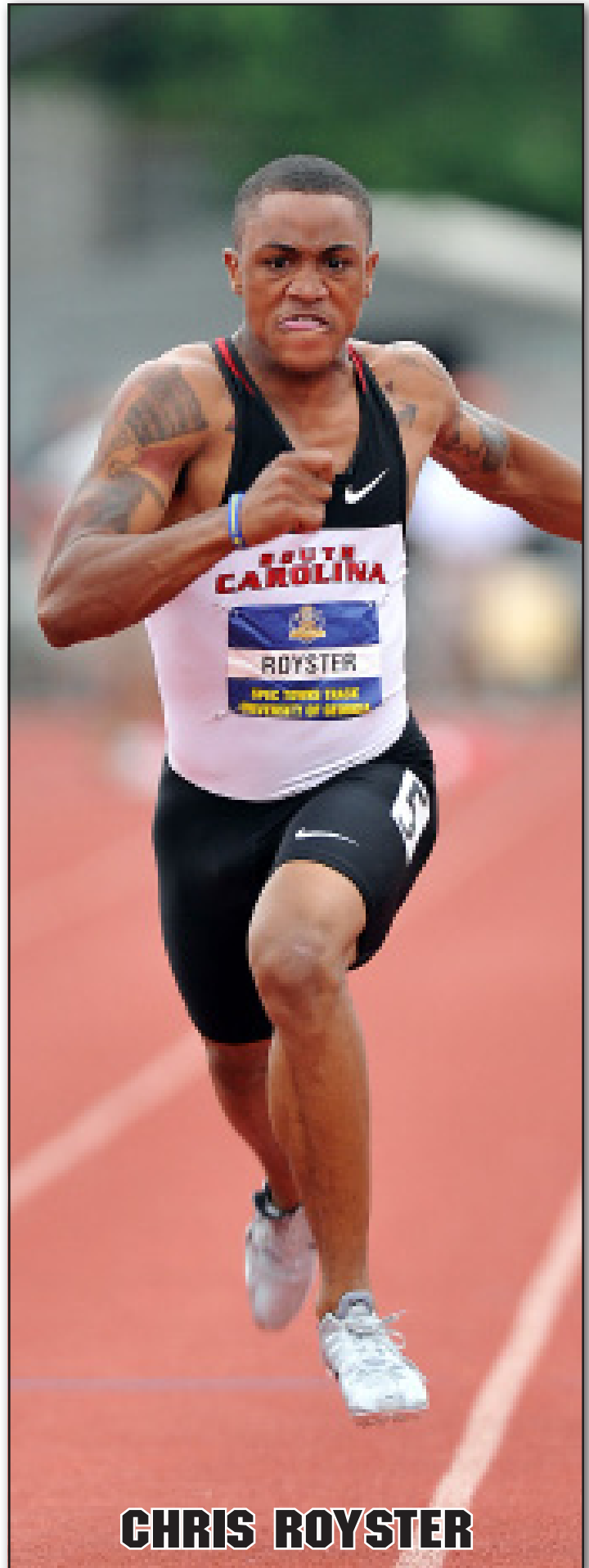
100m (10.34)

200m (20.91)

**2012:** NCAA Outdoor Championships participant...Second-Team All-America selection in the 4x100m relay...NCAA East Preliminary qualifier in the 100m, 4x100m relay and 4x400m relay...Indoors, competed in the 60m and 200m...registered best time of 6.80 in the 60m, placing third at the Rod McCravy Memorial...in the 200m, placed 3rd at the Virginia Tech Invitational, fourth at the Auburn Invitational and second at the Rod McCravy Memorial...ran a best 200m time of 21.50...placed 16th in the preliminary rounds at SEC Indoor Championships...won the Last Chance Qualifier Meet in the 200m with a time of 21.70. Outdoors, competed in 100m and 200m... in the 100m, won the Weems Baskin Invitational, placed second at the Shamrock Invitational and Spec Towns Invitational...recorded top time of 10.34 in the prelims of the SEC Championships, where he ultimately placed 6th to score for the Gamecocks... in the 200m, placed third at the Spec Towns Invitational where he recorded a top time of 20.91...placed seventh in the 200m at the SEC Championships...ran third leg on the 4x100m relay team that placed fourth at the SEC Championships...ran second leg on the 4x100m relay team that placed sixth at the NCAA East Prelims and 12th in the preliminaries of the NCAA Outdoor Championships where they ran a season best of 39.60...ran second leg on the 4x200m relay team that placed third at Penn Relays with a time of 1:23.24...ran third leg on the 4x400m relay team that placed 19th at the NCAA East Preliminaries with a time of 3:08.67

**2011:** Outdoor NCAA participant ... Second Team All-America selection in the 4x100m relay ... NCAA East Preliminary qualifier in the 100m and 4x100-meter relay ... SEC bronze medalist in the 4x100m relay ... Indoors, competed in the 60m and 200m ... in the 60m, had a top time of 6.86 at the Hokie Invitational ... ran 6.91 to place 17th at the SEC Indoor Championships ... ran 21.60 in the 200m at the Texas A&M Challenge ... placed 21st in the 200m at the SEC Indoor Championships at 21.85 ... Outdoors, competed in the 100m and 200m ... in the 100m, had a top time of 10.42 to take 11th at the SEC Outdoor Championships ... finished 17th at the NCAA East Preliminary at 10.50 ... in the 200m, ran 21.36 at the Spec Towns Invitational ... placed 21st at the SEC Outdoor Championships at 21.49 ... ran first leg for SEC bronze medal 4x100m relay team that crossed the line at 39.49 ... relay placed fourth at the NCAA East Preliminary and 11th overall at the NCAA Outdoor Championships at 39.50.

**HIGH SCHOOL:** Qualified for the New Balance Outdoor Nationals in the 100m and 200m ... Took second in the Georgia Olympics at 10.69 .. Placed second in the Region 8 AAAA in the 100m (10.69) and third in the 200m (22.17)



**CHRIS ROYSTER**



# ALL-AMERICAN ERIKA RUCKER



**ERIKA RUCKER**

**3X ALL-AMERICAN**

**SPRINTS**

**SO. // SO.**

**FLOWERY BRANCH, GA. // FLOWERY BRANCH**

## COLLEGIATE BESTS

400m (51:10)

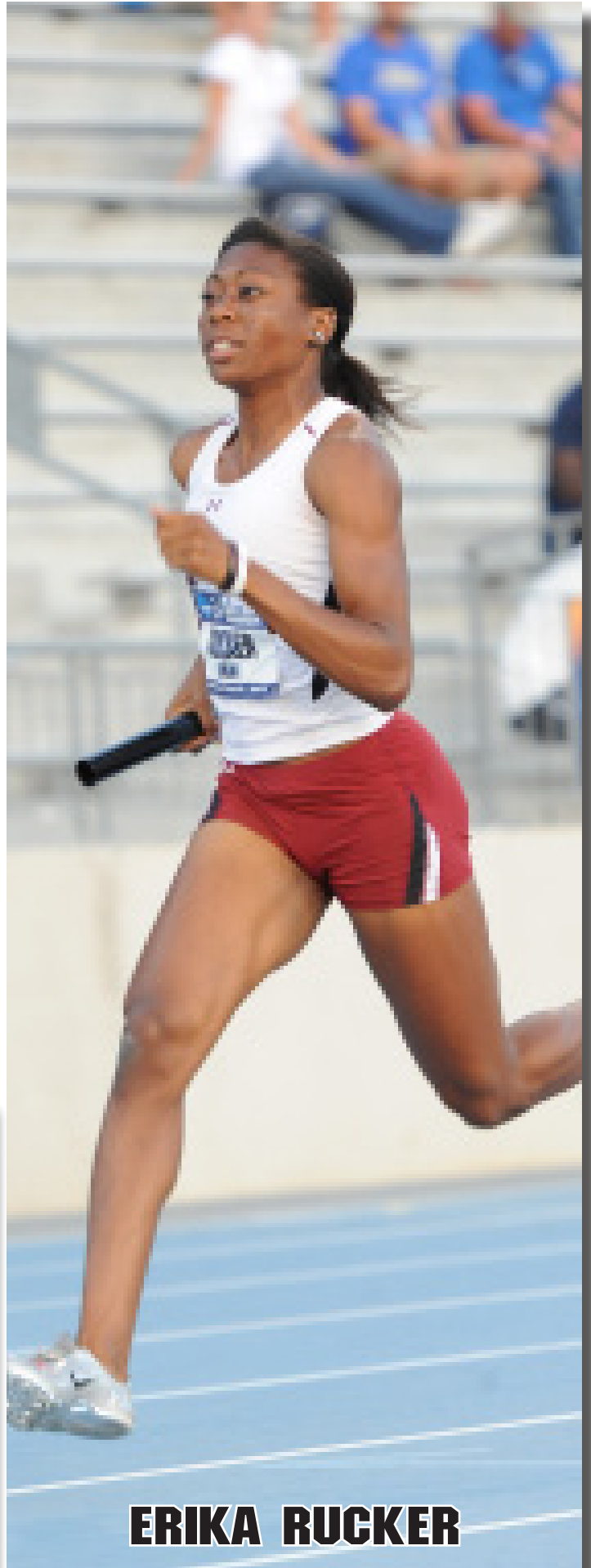
800m (2:10.00)

**2012:** Three-time All-American : Second-Team honors in the 400m for the indoor and outdoor season as well as the outdoor 4x400m relay...NCAA Indoor and Outdoor Participant...NCAA East Preliminary qualifier....SEC Indoor Freshman Runner of the Year...SEC Outdoor All-Freshman Team...USTFCCA All-Academic Status

Indoors, competed in the 400m and 500m...placed second at the Rod McCravy Memorial in the 400m...top mark of 53.08 in the finals of the SEC Indoor Championships to claim fourth...finished 11th in the preliminaries of the NCAA Indoor Championships...placed 4th in her only 500m appearance of the season, with a 1:13.51...ran second leg on the 4x400m relay team that placed 6th at the SEC Indoor Championships with a 3:38.70...ran leadoff for the 4x400m relay that ran 3:36.87 to finish 3rd at the Last Chance Qualifier meet...Outdoors, competed in the 400m and 800m...won the Spec Town Invitational in the 400m...claimed ninth overall at the SEC Outdoor Championships with a 53.68...ran a then season-best 52.95 in at the NCAA Outdoor Championships to finish 15th in the prelims... won the Weems Baskin Invitational 800m...top 800m mark at the North Florida Invitational with a 2:10.00...ran leadoff for the 4x400m relay team that took fourth at the SEC Outdoor Championships recording a 3:34.77, placed fifth at the NCAA East Preliminary by running a season-best 52.58 and ended the season placing 11th in the prelims at the NCAA Outdoor Championships

Ran at the USA Junior Nationals and qualified for the IAAF World Junior Championships where she won bronze in the women's 400m with a personal best of 51:10 and helped bring home the gold as a part of the 4x400m relay...ran the lead-off leg for the team with a split of 50.89 to pace the Americans to a nearly three-second victory time of 3:30.01. Rucker, Olivia Ekpona, Kendall Baisden and Ashley Spencer combined to run a new World Junior leader for this year in the event

**HIGH SCHOOL:** Top times of 24.63 in the 200m, 53.96 in the 400m and 2:14.56 in the 800m ... competed at the USATF National Junior Olympics in the 400m and 800m, taking bronze medal honors in the 400m ... two-time 400m and one-time 800m Georgia state champion ... ranked No. 17 in the nation in the 400m ... placed sixth at the New Balance Outdoor Nationals.



**ERIKA RUCKER**





## ALL-AMERICAN ERIC WINFREY

**ERIC JEROME WINFREY JR.****2X ALL-AMERICAN****SPRINTS****SO. // SO.****FAYETTEVILLE, N.C. // DOUGLAS BYRD****COLLEGIATE BESTS**

100m (10.61)

200m (21.20)

400m (47.68)

**2012:** NCAA Outdoors Participant in the 4x100m relay...Second-Team All-America honors in the 4x100m relay...NCAA East Preliminary Participant...Indoors, ran the 300m and 400m...finished fourth, running a season-best 34.77 in the 300m at the Virginia Tech Invitational...finished eighth at the Rod McCravy Memorial in the 400m, with a season-best 48.61...competed in the SEC Indoor Championships in the 400m...ran second leg on the 4x100m relay team at the SEC Indoor Championships that placed 8th to score and ran a season best 3:06.78. Outdoors, competed in the 100m, 200m and 400m...placed fifth in the 100m at the North Florida Invite with a season-best 10.61...finished 4th in the 100m at the Spec Towns Invitational...top mark of 21.20 at the SEC Outdoor Championships in the 200m to place 10th in the preliminary round...top mark of 47.68 in the 400m...competed in the 400m at the SEC Outdoor Championships...ran anchor leg on the 4x100m relay that placed fourth at the SEC Championships, sixth at the NCAA East Preliminaries and 12th in the preliminaries at the NCAA Outdoor Championships...ran anchor on the 4x400m relay team that placed sixth at the SEC Championships and 19th at the NCAA East Preliminaries

**HIGH SCHOOL:** Top times of 7.01 in the 60m, 10.44 in the 100m, 20.98 in the 200m and 47.29 in the 400m ... Named 2011 Gatorade North Carolina Boys Track & Field Athlete of the Year ... qualified for the 200m and 400m at the USA Junior Outdoor Championships ... placed sixth in the 400m at the USA Junior Outdoor Championships at 48.34 ... three-time state champion in the 400m ... two-time 200m state champion...2-time 4x400m state champion...member of North Carolina state champion team at Douglas Byrd High School...ranked in the national top 20 in the 100m, 200m and 400m ... placed 13th at the New Balance Indoor Nationals in the 200m and 23rd in the 60m ... ran a personal best 47.29 to earn silver medal honors at the USATF Junior Olympics

**ERIC WINFREY**



# MEN'S TEAM

## SPRINTS & HURDLES

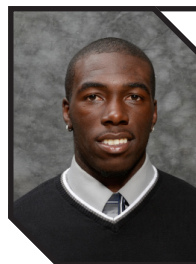


**DAMIERE BYRD**

**SPRINTS**

**SO. // SO.**

**SICKLERVILLE, N.J. // TIMBER CREEK**



**JERMAINE COLLIER**

**SPRINTS // HURDLES**

**FR. // FR.**

**TRENTON, N.J. // TRENTION CENTRAL-WEST**

**HIGH SCHOOL:** Top marks of 52.2 in the 400m hurdles and 13.6 in the 110m hurdles...Mercer County (NJ) 400m hurdles freshman record holder while competing at Trenton Central High School West in Trenton, N.J.....2011 high school 400mH Penn Relay winner...two-time 400mH state champion and 2012 110mH state champion...indoor national champion 4x200m relay...competed at US Junior Nationals in the 400mH



**DONDRE ECHOLS**

**SPRINTS // HURDLES**

**FR. // FR.**

**OXON HILL, MD. // POTOMAC**

**HIGH SCHOOL:** Competed at US Junior Nationals to qualify as a US World Junior National Team participant at the 2012 IAAF World Junior Championships for the 110mH in Barcelona, Spain, where he finished sixth with a time of 13.71 after recording a mark of 13.56 at the US Junior Championships to earn a bid...Top marks of 13.56 in the 110m hurdles, 36.2 in the 300m hurdles, 10.60 in 100m, 48.3 in the 400m, 6.40 in the 55m and 7.71 in the 60m hurdles...holds four state records: the 110mH, the 300mH, the 4x100 and the 55mH...12 state titles over the course of his career: three in the 110mH, two in the 300mH, three in the 4x100m relay, two in the 4x200m relay, one 55mH and one in the 55m...2011-12 Gatorade Athlete of the Year... Washington Post All-Met 2011-12 for winter and spring...Washington Post All-Met Boys Track & Field Athlete of the Year...Ranked #1 in the US in the 55mH...2011 club 4x400m ran a 3:11.

COLLEGIATE BESTS		
60m (6.72)	100m (10.42)	200m (21.21)

**2012:** Indoors, competed in the 60m and 200m after joining track and field after playing on the football field for the Gamecocks...top 60m time of 6.72 in the finals of the Tyson Invitational to finish 6th in the semis and the finals...in his only attempt at the 200m in the indoor season, finished 4th with a time of 21.89 Outdoors, competed in the 100m and 200m...competed in SEC Outdoor Championships in the 100m and 200m placing 11th in the prelims in the 100m with his top time of the year (10.42) and 13th in the prelims. Recorded top 200m time of 21.21. Ran anchor leg at the SEC Outdoor Championships in the 4x100m on a team that placed 4th...alternate for the 4x100m relay at the NCAA Outdoor Championships.

**HIGH SCHOOL:** Top times of 10.42 in the 100-meters, a 21.90 in the 200-meters, and 47.88 in the 400-meters... won the state indoor 55-meter title as a sophomore in 6.39 seconds... traveled to Japan in February 2011 to compete... rated a four-star prospect, the sixth-best player in New Jersey, the 19th-best wide receiver in the country and ranked as the 186th-best player in the country by Rivals.com... regarded as a four-star prospect, the 132nd-best player in the country and the 18th-best wide receiver by Scout.com... four-star prospect, the fourth-best player in New Jersey and the 24th-best wide receiver in the nation, according to 247Sports.com... considered a PrepStar All-American ... logged more than 1,500 yards from scrimmage as a senior... coached by Robert Hinson... played in the NUC All-World Bowl in Charleston, S.C., where he caught five passes for 52 yards and two touchdowns, earning offensive MVP honors... as a junior for the Chargers, caught 38 passes for 605 yards and four touchdowns, carried the ball 78 times for 685 yards and eight more scores, and added two punt returns for TDs, earning first-team all-conference and Group III and second-team All-South Jersey.



**DAMIERE BYRD**



## MEN'S TEAM

**KENDALL KEE****SPRINTS****SO. // FR.****SHELBY, N.C. // CREST**

**2012:** Made two appearances in the indoor season in the Gamecock Indoor Open for the 55m and the Auburn Invitational in the 60m but did not record a finish. Did not compete in the outdoor season.

**HIGH SCHOOL:** Top times of 6.80 in the 60m, 10.45 in the 100m and 21.80 in the 200m ... USA Outdoor Championships silver medalist in the 100m ... USA Indoor Championships fifth-place finisher in the 60m ... North Carolina state champion in the 100m and state runner-up in the 200m ... competed in the 100m USATF Junior Outdoor Nationals ... ranked 13th in the country after taking second at the New Balance Outdoor Nationals in the 100m ... ranked sixth in the country in the 60m with a fifth-place finish at the New Balance Indoor Nationals at 6.80.

**NIGEL REDIC****SPRINTS****JR. // JR.****ALPHARETTA, GA. // CHATTAHOOCHEE****COLLEGIATE BESTS**

200m (23.02)

400m (49.51)

**2012:** Indoors, competed in the 300m and 400m...ran a time of 37.51 in his only 300m appearance of the season...logged a top mark of 50.34 at the Rod McCravy Memorial in the 400m...placed second at the Gamecock Invitational

Outdoors, competed in the 400m...ran a top mark of 49.51 in the 400m to take third at the Gamecock Open...competed in the SEC Championships in the 400m

**2011:** Did not compete indoors ... Outdoors, competed in the 200m and 400m ... in the 200m, had a top time of 23.02 to take third at the Gamecock Open ... in the 400m, ran to a top time of 49.90 to place 28th at the SEC Outdoor Championships.

**HIGH SCHOOL:** Ran the 200-meter and 400-meter ... Had a top time of 50.02 in the 400-meter dash to take fourth at the Fulton County Championships ... placed 11th in the Region 7-AAAA championships ... also competed in the 5,000-meter run.

**JONATHAN RUSSELL****SPRINTS // HURDLES****FR. // FR.****ASHBURN, VA. // BROAD RUN**

**HIGH SCHOOL:** Best time of 52.32 in the 400m hurdles while competing at Broad Run High School in Ashburn, VA...two-time All-American...won the 400mH at the 2012 New Balance Track & Field National Championships. VA State 3A Champion in 300 M Hurdles 2012. VA State 2A Champion and record holder in 300M Hurdles (37.54) 2011. Part of Team USA Youth Team that participated in the IAAF World Youth Championships held in Lille, France 2011.

**BRANDON SANDERS****SPRINTS****FR. // FR.****COLUMBIA, S.C. // DREHER**

**HIGH SCHOOL:** Bests of 10.23 in the 100m and 21.23 in the 200m while competing

**PARIS SMALLS****SPRINTS****SO. // SO.****ALPHARETTA, GA. // WESTERN KENTUCKY**

at Dreher High School in Columbia, S.C.

**HIGH SCHOOL:** Top marks of 21.99 in the 200m and 49.47 in the 400m...claimed sixth place at the 5A Georgia State Championships in the 200m while competing at

**JUAN STENNER****HURDLES****SO. // SO.****MEXICO CITY, MEXICO // UNIV. PANAMERICANA****COLLEGIATE BESTS**

400mH (51.76)

800m (1:53.21)

Alpharetta High School in Alpharetta, Ga.

**2012:** Outdoor NCAA East Preliminary Participant...Indoors, competed in 400m, 500m and 800m...top mark of 49.82 in the 400m at the Rod McCravy Memorial... finished 6th in his only run in the 500m at the New Balance Collegiate, running 1:05.03...placed 14th in the preliminaries in the 800m at the SEC Indoor Championships, running his best time of 1:53.21...member of the 4x400m relay team that placed 8th at SEC Indoor Championships, running a season-best 3:06.78


Outdoors, competed in the 400m hurdles...top mark of 51.76 at the Spec Towns Invitational to finish fifth...placed third at Bob Pollack...finished 10th in the preliminary rounds of the SEC Outdoor Championships...competed in the NCAA East Preliminaries...ran third leg on the 4x400m relay team that placed sixth at the SEC Outdoor Championships

**HIGH SCHOOL:** Top times of 47.91 in the 400m dash and 50.87 in the 400m hurdles ... ran 52.61 at the 2010 IAAF World Championships in the 400m hurdles to place sixth in the semifinal ... placed 10th at the 2011 Pan American Games at 50.87 ... competed with the Aldebaran Track Club in Aldebaran, Mexico.



# MEN'S TEAM

## SPRINTS & HURDLES



**CHRIS WALKER**

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**SPRINTS**

**SO. // SO.**

**BOWIE, MD. // DEMATHA CATHOLIC**

COLLEGIATE BESTS	
100m (10.70)	200m (21.36)

**2012:** Indoors, competed in the 200m, 300m and 400m...placed ninth in the 200m at the Virginia Tech Invitational...ran top 200m time at the SEC Indoor Championships at 21.95...placed 5th at the Virginia Tech Invitational in the 300m...competed in the 400m at the SEC Indoor Championship, running a season-best 49.09...placed sixth at the last chance qualifier in the 400m...ran second leg on the DMR team that placed fifth at the SEC Indoor Championships. Outdoors, competed in the 100m and 200m...ran season best time of 10.70 in the 100m at the Bob Pollack...placed sixth at the Spec Towns Invitational...ran best 200m time at Bob Pollack with 21.36...competed in SEC Outdoor Championships...competed at USATF Junior Nationals in the 200m and placed 15th

**HIGH SCHOOL:** Top times of 7.14 in the 60m, 10.85 in the 100m, 21.97 in the 200m and 48.17 in the 400m ... placed seventh in the 100m and second in the 200m at the New Balance Outdoor Nationals ... WCAC Champion in the 400m dash ... Finished 16th in the 400m at the New Balance Indoor Nationals ... two-time participant at the USATF National Junior Olympics in the 400m dash ... ran 48.60 in the 400m at the USATF National Junior Olympics, placing eighth in the prelims and 13th overall.



## WOMEN'S TEAM

**MARISA BELLAMY****SPRINTS****FR. // FR.****YOUNGSVILLE, N.C. // BUNN****CHALESE DAVIS****HURDLES // JUMPS // MULTIS****SO. // SO.****HERCULES, CALIF. // HERCULES**

**HIGH SCHOOL:** Top times of 11.91 in the 100m, 23.90 in the 200m and 54.63 in the 400m while competing at Bunn High School in North Carolina...three-time Northern Conference Athlete of the Year...NCHSAA 2A MVP...2-time 200m and 400m NC state champion...100m state champion...won the 100m at the Bojangles Apex Relays...won the 400m at the Tennessee Volunteer Meet

COLLEGIATE BESTS	
60mH (8.59)	Pentathlon (3,667pts)
100mH (13.60)	Long Jump (19-00.00//5.79m)

**2012:** NCAA East Preliminary participant...Outdoor SEC All-Freshman Team...Indoors, competed in the 60m hurdles and pentathlon...scored 3,667 points in the pentathlon at the SEC Indoor Championships to place eighth and score for the Gamecocks...top marks of 8.59 in the 60m hurdles at the Rod McCravy Memorial, 5-01 (1.55m) in all three of her high jumps...18-01 (5.51m) in the long jump at the SEC Indoor Championships and 33-01.25 (10.09m) in the shot put at the SEC Indoor Championships...also placed 16th in the preliminaries of the 60m hurdles at the SEC Indoor Championships...Outdoors, competed in the 100m hurdles and long jump...top time of 13.60 in the 100m hurdles in the finals of the SEC Outdoor Championships, placing seventh and scoring for the Gamecocks...recorded a long jump best of 19-00 (5.79m) twice, the first time to win the Shamrock Invitational and the second time to finish 16th at the SEC Outdoor Championships...competed at the USATF Junior National Championships in the 100m hurdles.

**HIGH SCHOOL:** Top times of 8.59 in the 60m hurdles, 13.78 in the 100m hurdles and 44.80 in the 400m hurdles ... top marks of 18'1 in the long jump and 37'5 1/2 in the triple jump ... ranked No. 19 in the nation in the 100m hurdles ... two-time state bronze medalist in the 100m hurdles ... runner-up at the Cal NCS Meet of the Champions ... competed at the USA Junior Championships and placed 11th overall ... placed second in the 100m hurdles and 16th in the 400m hurdles at the AAU Junior National Championships.

**TYLER BROCKINGTON****SPRINTS****FR. // FR.****GREENSBORO, N.C. // DUDLEY**

**HIGH SCHOOL:** Top marks while competing at Dudley High School: 8.21 in the 55m hurdles, 12.27 in the 100m, 14.36 in the 100m hurdles, 24.03 in the 200m, 39.25 in the 300m and 41.81 in the 300m hurdles...2009: 4x400m indoor state championship, won the outdoor conference, regional and state championship in the 4x100, 4x400 and the 300m hurdle...2010: outdoor 100m and 200m conference champion...2011: conference, regional and state runner up in the 4x200m outdoor...2012: 300m and 55m hurdle indoor state champion...outdoor conference, regional and state champion in the 300m hurdles and conference and regional champion in the 200m...state runner-up in the 200m...55mH conference and regional champion, state runner-up

**LAUREN ELLIS****SPRINTS****SO. // SO.****FLORENCE, S.C. // STANFORD**

**AT STANFORD:** Redshirted

**HIGH SCHOOL:** The 2011 and 2009 South Carolina 4A State Champion in the 400 meters ... placed second in the 200 meters and third in the 100 meters at the 2009 state meet ... a five-time All-State team member and six-time All-Region team member ... The West Florence team MVP five times ... earned the honor of the West Florence School District Female Athlete of the Year in 2011 ... helped West Florence to region title from 2007-09 ... owns the West Florence school record in the 100 meters (12.12), the 200 meters (24.38), the 400 meters (54.29), the high jump (5-6) and was a member the school-record setting relays at both 4x100 meters and 4x200 meters



UCS ARKANSAS ATHLETICS  
**CHALESE DAVIS**





# WOMEN'S TEAM

## SPRINTS & HURDLES



**GABRIELLE GRAY**

**SPRINTS**

**FR. // FR.**

**HIGH POINT, N.C. // HIGH POINT CENTRAL**

**HIGH SCHOOL:** Top times of 11.63 in the 100m, 24.60 in the 200m, 40.11 in the 300m, 7.45 in the 60m and 6.93 in the 55m...2011 100m New Balance Outdoor National Champion, placed second in the 200m...100m NCHSAA 4A Midwest Regional champion while competing at High Point Central High School in High Point, NC



**ASHLEY HUNTER**

**HURDLES**

**SR. // SR.**

**MAULDIN, S.C. // MAULDIN**

### COLLEGIATE BESTS

400m (1:04.06)

400m Hurdles (1:07.69)

**2012:** Indoors, competed in the 400m at the Gamecock Invitational placing second... recorded a 400m best of 1:04.33 unattached at the Gamecock Indoor Open to take second...Outdoors, competed in the 400m hurdles twice...top mark of 1:13.81 at the Gamecock Open to take third

**2011:** Indoors, competed in the 400m with a top time of 1:04.06 at the Gamecock Invitational ... Outdoors, competed twice in the 400m hurdles ... had a top time of 1:08.14 at the Shamrock Invitational.

**2010:** Indoors, competed in the 400m with a top time of 1:05.75 ... outdoors, competed in the 400m and 400m hurdles ... in the 400m, had a top time of 1:02.85 ... in the 400m hurdles, had a top time of 1:07.69 at the Tar Heel Invitational ... placed 22nd at the SEC Outdoor Championships.

**HIGH SCHOOL:** Coached by Kwabane Brown at Mauldin High School ... top times of 26.01 in the 200m, 58.00 in the 400m and 1:07.40 in the 400m hurdles.



**TAMERA HARRIS**

**SPRINTS // HURDLES**

**SO. // SO.**

**DECATUR, GA. // TUCKER**

### COLLEGIATE BESTS

400m (55.74)

400mH (1:00.72)

**2012:** SEC Outdoor All-Freshman Team...Indoors, competed in the 400m and the high jump...in the 400m, ran a season best of 55.74 at the SEC Indoor Championships to place 23rd in the prelims...top mark of 5-04.25 (1.62m) in the high jump at the SEC Indoor Championships to place 21st in the prelims...Outdoors, competed in the 400m hurdles...placed fourth at the Weems Baskin Invitational...top mark of 1:00.72 at the SEC Outdoor Championships to finish 12th in the prelims...competed at the USATF Junior Nationals taking 12th in the 400mH (1:02.24).

**HIGH SCHOOL:** Top times of 57.13 in the 400m and 1:00.44 in the 400m hurdles ... Georgia state champion in the 300m hurdles at 43.90 ... placed 18th at the USATF National Junior Olympics in the 400m hurdles ... competed in the intermediate hurdles and high jump at the USA Youth Outdoor Championships.



**AHTYANA JOHNSON**

**SPRINTS**

**SO. // FR.**

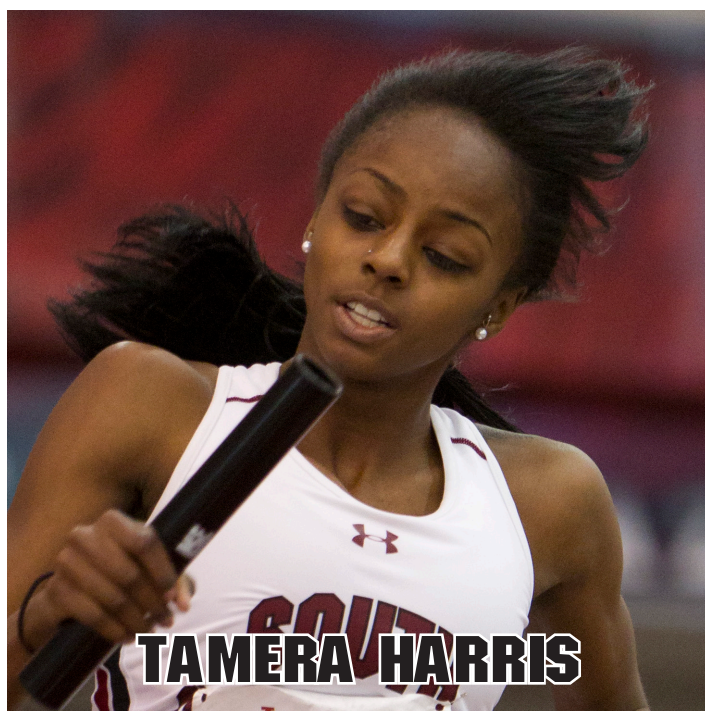
**BAYSIDE, N.Y. // BENJAMIN CARDOZO**

### COLLEGIATE BESTS

200m (24.39)

**2012:** Indoors, competed in the 200m and 300m...ran a season best of 24.93 at the New Balance Collegiate in the 200m...finished 7th in the 300m at the Virginia Tech Invitational with a time of 39.54

**HIGH SCHOOL:** Top times of 7.18 in the 55m, 24.14 in the 200m and 54.17 in the 400m ... bronze medalist at the National Scholastic Indoor Championships ... placed third in the 400m at the US Youth Olympic Trials and took fifth at the New Balance Outdoor Nationals ... ranked sixth in the nation before missing her senior season due to chronic health problems.



**TAMERA HARRIS**





# WOMEN'S TEAM

## SPRINTS & HURDLES



**ALEXIS MURPHY**

### SPRINTS

**FR. // FR.**

**APEX, N.C. // HOLLY SPRINGS**

**HIGH SCHOOL:** Top marks of 11.66 in the 100m and 23.96 in the 200m...100m state champion and two-time 200m state champion...four-time All-America in 2011 and two-time All-America in 2012



**MELEKIA SIMPSON**

### SPRINTS

**SR. // SR.**

**GREENWOOD, S.C. // COASTAL CAROLINA**

### COLLEGIATE BESTS

60m (7.93)

100m (11.93)

200m (24.89)

**2012:** Indoors, competed in the 60m and 200m...ran a season-best 7.93 in the 60m at the Rod McCravy Memorial...in her only 200m appearance of the indoor season, ran a 25.87...Outdoors, competed in the 100m and 200m...won the Gamecock Open...ran a season-best 12.15 in the 100m at the SEC Outdoor Championships, placing 19th in the prelims...also ran a season-best in the 200m at the SEC Outdoor Championships with a 24.89.

**AT COASTAL CAROLINA:** Indoor, ran a personal best 7.77 in the 60m in the finals at the Big South Indoor Conference Championships, placing sixth ... outdoors, ran the anchor leg for the runner-up 4x100m relay team at Big South Conference Championships and ran a personal-best time of 11.93 in the 100m ... ran 25.23 to take fifth in the 200m.

**HIGH SCHOOL:** All-State in the 200 meters her senior year... Lettered in track and field all four years... Participated at the Junior Olympics her junior year... Earned All-Region honors her senior, sophomore and freshman years... Played basketball all four years.

