



GAMECOCK TRACK & FIELD

SOUTH CAROLINA

2009 INDOOR SCHEDULE

Jan. 16-17	Kentucky Invitational	Lexington, Ky.
Jan. 24	Tom Jones Memorial	Gainesville, Fla.
Jan. 30	Millrose Games	New York, N.Y.
Jan. 30-31	Clemson Games	Clemson, S.C.
Feb. 7	New Balance Invitational	New York, N.Y.
Feb. 13-14	Tyson Invitational	Fayetteville, Ark.
Feb. 13-14	Tiger Invitational	Clemson, S.C.
Feb. 21	Gamecock Invitational	Columbia, S.C.
Feb. 21-Mar. 1	SEC Indoor Championship	M: T4th; W: 5th
Mar. 7	Last Chance Meets	TBA
Mar. 13-14	NCAA Indoor Championship	M: T20th; W: T12th

2009 OUTDOOR SCHEDULE

Mar. 20-21	Shamrock Invitational	Conway, S.C.
Mar. 28	Weems Baskin Relays	Columbia, S.C.
Apr. 3-4	Pepsi Florida Relays	Gainesville, Fla.
Apr. 3-4	Tiger Track Classic	Auburn, Ala.
Apr. 10-11	Spec Town Relays	Athens, Ga.
Apr. 17-18	Friendship & Freedom Games	Greensboro, N.C.
Apr. 23-25	Penn Relays	Philadelphia, Pa.
May 8	UNC Elite Meet	Chapel Hill, N.C.
May 14-17	SEC Outdoor Championship	Gainesville, Fla.
May 29-30	NCAA East Regional	Greensboro, N.C.
June 10-13	NCAA Outdoor Championship	Fayetteville, Ark.

QUICK FACTS

Location	Columbia, S.C.
Founded	1801
Enrollment	27,272
Colors	Garnet & Black
Nickname	Gamecocks
President	Dr. Harris Pastides
Athletics Director	Eric Hyman

Indoor Facility	USC Fieldhouse
Outdoor Facility	Weems Baskin Track
Head Coach	Curtis Frye (13th Year)
Assistant Head Coach	Delethea Quarles
Assistant Coaches	Lawrence Johnson, Jackie Madison, Stan Rosenthal, Mike Sergent

2008 Men's/Women's Results

SEC Indoor	7th/9th
NCAA Indoor	30th/53rd
SEC Outdoor	7th/8th
NCAA Outdoor	18th/22nd

MEDIA RELATIONS

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GAMECOCK TRACK & FIELD READY FOR 2009 SEC OUTDOOR CHAMPIONSHIPS

South Carolina (Men-#7, Women-NR) travels to Gainesville, Fla., to compete in the 2009 SEC Outdoor Championships held at James G. Pressley Stadium on the campus of the University of Florida. Multi-event competition begins Thursday with the heptathlon and decathlon before the remaining events kick off Friday with the men's hammer throw at 2 p.m.

The Gamecocks won two titles at the SEC Indoor Championships in March as the men's team placed fourth and the women's team placed fifth at the event held in Lexington, Ky. Jason Richardson won his first SEC Indoor title at the meet, and the redshirt senior will look to defend his outdoor crown this weekend in the 110-meter hurdles. The women's 4x400m relay team of Brandi Cross, Nadonna Rodrigues, Breehana Jacobs and Porche Byrd also won an indoor title when the team ran the nation's fastest time at 3:33.50.

The last time the SEC Outdoor Championships were held in Gainesville was the 1998 season when the women's team finished second overall and the men's team finished fifth. The Gamecock women had their best showing at the championships in 1999, 2002 and 2005 when the team won their outdoor titles. The men's team had its best showing in 1994 with a fourth place finish.

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Sophomore LaKya Brookins became the first Gamecock to win an NCAA title in the 60m dash when she crossed the line at 7.13, the second-fastest time in the world this year and an NCAA Indoor Meet record.

DAY 1: THURSDAY, MAY 14

TIME	EVENT	TEAM	USC ATHLETES
2:30 pm	Hep. 100m Hurdles	Women	Clarke
3:00 pm	Dec. 100m Dash	Men	McGill, Thompson

DAY 2: FRIDAY, MAY 15

TIME	EVENT	TEAM	USC ATHLETES
12:30 pm	Dec. 110m Hurdles	Men	McGill, Thompson
1:30 pm	Hep. Long Jump	Women	Clarke
2:00 pm	Hammer Throw	Men	Zajac
5:00 pm	Hammer Throw	Women	Patterson
6:00 pm	800m Prelims	Men	
6:15 pm	800m Prelims	Women	
6:35 pm	200m Prelims	Men	Sales, Hunsaker, Stoudemire
6:50 pm	200m Prelims	Women	Mahan, Jacobs, Glenn, McCorkle
7:20 pm	400m Hurdles Pre	Men	Dutch, Varner, Romero
7:35 pm	400m Hurdles Pre	Women	Austin, Basden, Clarke
7:50 pm	10,000m Run	Men	
8:30 pm	10,000m Run	Women	

DAY 3: SATURDAY, MAY 16

TIME	EVENT	TEAM	USC ATHLETES
12:00 pm	Javelin	Men	Heymann, Vaughan
2:00 pm	Long Jump	Men	Searles, Gerald, McGill
3:30 pm	Discus	Women	Kodat, Patterson
4:00 pm	Long Jump	Women	Basden
4:00 pm	Pole Vault	Men	Haynie, Reitze, Brinkley, Shuler, Thompson, Logue
6:00 pm	High Jump	Men	McGill
6:00 pm	1500m Run Pre	Men	
6:15 pm	1500m Run Pre	Women	
6:30 pm	Shot Put	Men	Cook, Zaycek
6:30 pm	110m Hurdles Pre	Men	Richardson, Dutch, Nunley
6:45 pm	100m Hurdles Pre	Women	Austin, Clarke
7:00 pm	400m Prelims	Men	Anderson, Moore, Ngwigwa, Hunsaker
7:20 pm	400m Prelims	Women	Cross, Rodrigues, Jacobs, Byrd
7:40 pm	100m Prelims	Men	Hancock, Sales, Stoudemire
7:55 pm	100m Prelims	Women	Brookins, Glenn, Jacobs, Mahan, McCorkle
8:10 pm	3000m Steeplechase	Men	
8:30 pm	3000m Steeplechase	Women	Biwott

DAY 4: SUNDAY, MAY 17

TIME	EVENT	TEAM	USC ATHLETES
12:00 pm	Javelin	Women	
1:00 pm	Triple Jump	Women	Basden
3:00 pm	Pole Vault	Women	Gurganus, Todd, Nicosia Shobe, Norman, Henline, Stanish
3:00 pm	Triple Jump	Men	Searles, Gerald
3:30 pm	Discus	Men	Merkt, Cook, Zajac, Zaycek
5:00 pm	High Jump	Women	Bowen, Blake, Foster, Clarke
5:00 pm	4x100m Relay	Men	Hancock, Ngwigwa, Sales, Anderson, (Moore)
5:10 pm	4x100m Relay	Women	Brookins, Jacobs, Glenn, McCorkle, (Mahan)
5:20 pm	1500m Run Final	Men	
5:30 pm	1500m Run Final	Women	Barnes
5:40 pm	110m Hurdles Final	Men	Richardson, Dutch, Nunley
5:50 pm	100m Hurdles Final	Women	Austin, Clarke
6:00 pm	400m Final	Men	Anderson, Moore, Ngwigwa, Hunsaker
6:10 pm	400m Final	Women	Cross, Byrd, Rodrigues, Jacobs
6:20 pm	100m Final	Men	Hancock, Sales, Stoudemire
6:30 pm	100m Final	Women	Brookins, Glenn, Jacobs, Mahan, McCorkle
6:30 pm	Shot Put	Women	Vuckovich, Patterson, Roberts, Kodat
6:40 pm	800m Final	Men	
6:50 pm	800m Final	Women	
7:05 pm	400m Hurdles Final	Men	Dutch, Varner, Romero
7:15 pm	400m Hurdles Final	Women	Austin, Basden, Clarke
7:25 pm	200m Final	Men	Sales, Hunsaker, Stoudemire
7:35 pm	200m Final	Women	Mahan, Jacobs, Glenn, McCorkle
7:45 pm	5000m Run	Men	Smoak
8:05 pm	5000m Run	Women	Biwott
8:35 pm	4x400m Relay	Men	Anderson, Moore, Ngwigwa, Sales, (Dutch)
8:50 pm	4x400m Relay	Women	Cross, Byrd Jacobs, Glenn, (Austin)

GAMECOCK MEN

100-Meter Dash

Date	Athlete	Meet	Time
4/11	Johnathan Hancock	Spec Town Relays	10.37 [^]
4/18	Antonio Sales	IFFG @ NC A&T	10.49 [^]

200-Meter Dash

Date	Athlete	Meet	Time
4/18	Antonio Sales	IFFG @ NC A&T	20.72 [^]
4/18	Obakeng Ngwigwa	IFFG @ NC A&T	20.84 [^]
4/18	Quentin Moore	IFFG @ NC A&T	21.00 [^]

400-Meter Dash

Date	Athlete	Meet	Time
4/4	Obakeng Ngwigwa	Pepsi Florida Relays	46.57 [^]
4/4	Quentin Moore	Pepsi Florida Relays	46.59 [^]

110-Meter Hurdles

Date	Athlete	Meet	Time
4/24	Jason Richardson	Penn Relays	13.44 [^]
5/8	Booker Nunley	UNC Elite Meet	13.82 [^]
5/8	Johnny Dutch	UNC Elite Meet	13.86 [^]

400-Meter Hurdles

Date	Athlete	Meet	Time
5/8	Johnny Dutch	UNC Elite Meet	49.66 [^]

4x100-Meter Relay

Date	Team	Meet	Time
4/25	Hancock, Sales Moore, Ngwigwa	Penn Relays	39.52 [^]

4x400-Meter Relay

Date	Team	Meet	Time
4/25	Ngwigwa, Richardson Dutch, Anderson	Penn Relays	3:03.89 [^]

Pole Vault

Date	Athlete	Meet	Mark
4/4	Elliott Haynie	Pepsi Florida Relays	17-10.50 (5.45m) [^]
5/8	Marvin Reitze	UNC Elite Meet	16-10.75 (5.15m) [^]
4/4	Matt Shuler	Pepsi Florida Relays	16-06.75 (5.05m) [^]

Shot Put

Date	Athlete	Meet	Mark
4/11	Jason Cook	Spec Town Relays	63-07.50 (19.39m) [^]

Discus Throw

Date	Athlete	Meet	Mark
4/24	Jeff Merkt	Penn Relays	176-08.00 (53.87m) [^]

Hammer Throw

Date	Athlete	Meet	Mark
3/20	Michael Zajac	Shamrock Invitational	211-11 (64.59m) [^]

Javelin

Date	Athlete	Meet	Mark
3/28	Erik Heymann	Weems Baskin Invite	206-09 (63.02m) [^]

GAMECOCK WOMEN

100-Meter Dash

Date	Athlete	Meet	Time
4/11	LaKya Brookins	Spec Town Relays	11.30 [^]
4/4	Gabrielle Glenn	Pepsi Florida Relays	11.64 [^]

200-Meter Dash

Date	Athlete	Meet	Time
5/8	Shayla Mahan	UNC Elite Meet	23.86 [^]

400-Meter Dash

Date	Athlete	Meet	Time
4/4	Brandi Cross	Pepsi Florida Relays	52.73 [^]
4/18	Nadonna Rodrigues	IFFG @ NC A&T	54.32 [^]

100-Meter Hurdles

Date	Athlete	Meet	Time
3/28	Janica Austin	Weems Baskin Invite	13.61 [^]

400-Meter Hurdles

Date	Athlete	Meet	Time
5/8	Janica Austin	UNC Elite Meet	59.34 [^]
4/18	Radiance Basden	IFFG @ NC A&T	1:00.49 [^]

4x100-Meter Relay

Date	Team	Meet	Time
5/8	Brookins, Mahan Glenn, Jacobs	UNC Elite Meet	44.76 [^]

4x400-Meter Relay

Date	Team	Meet	Time
4/25	Cross, Jacobs Austin, Glenn	Penn Relays	3:36.71 [^]

Pole Vault

Date	Athlete	Meet	Mark
4/4	Sallie Gurganus	Pepsi Florida Relays	13-01.50 (4.00m) [^]
5/8	Liza Todd	UNC Elite Meet	12-11.50 (3.95m) [^]
4/4	Allison Nicosia	Pepsi Florida Relays	12-07.50 (3.85m) [^]

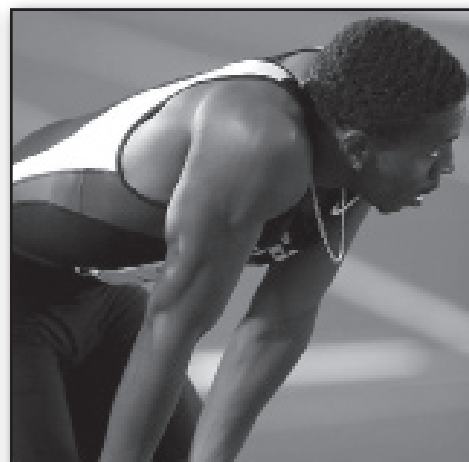
Discus Throw

Date	Athlete	Meet	Mark
4/11	Aimee Kodat	Spec Town Relays	161-08 (49.28m) [^]

MEN'S TRACK & FIELD ALPHABETICAL ROSTER

Name	Year (I/O)	Events	Hometown	High School / Last College
Aaron Anderson	So./So.	200m, 400m, Relays	Fayetteville, N.C.	Douglas Byrd
Kevin Brinkley	Jr./Jr.	Pole Vault	Richmond, Va.	Douglass S. Freeman / James Madison Univ.
Christopher Campbell	Fr./Fr.	Throws	Columbia, S.C.	Irmo
Anthony Coleman	So./So.	Jumps	Willingboro, N.J.	Willingboro
Jason Cook	R-Jr./Sr.	Throws	Bristow, Va.	Brentsville District
Louis Day	Fr./Fr.	Throws	Hempstead, N.Y.	Holy Trinity
Vince DePiano	Fr./Fr.	Distances	Philadelphia, Pa.	Roman Catholic
Johnny Dutch	So./So.	Hurdles	Clayton, N.C.	Clayton
Andrew Finley	R-Fr./R-Fr.	Throws	Wallingford, Pa.	Malvern Prep
Jarrett Gerald	So./So.	Jumps	McDonough, Ga.	Eagle's Landing
Johnathan Hancock	Sr./Sr.	60m, 100m, Relays	Charlotte, N.C.	West Charlotte
Elliott Haynie	Sr./R-Jr.	Pole Vault	Atlanta, Ga.	Creekside / Gardner-Webb
Erik Heymann	R-Jr./R-Jr.	Javelin	Westwood, N.J.	Westwood
Michael Humphrey	Fr./Fr.	Multis	Solon, Ohio	Solon
Steven Hunsaker	So./So.	200m, 400m	Columbia, S.C.	Richland Northeast
Perrie Keeve	Fr./Fr.	400m	Irmo, S.C.	Irmo
Kyle Logue	Jr./Jr.	Pole Vault	Cleveland, Tenn.	Emerald
Curt McGill	Sr./Sr.	Multis	Spartanburg, S.C.	Spartanburg
Jeff Merkt	R-Jr./R-Jr.	Throws	Cincinnati, Ohio	Archbishop McNicholas / Univ. of Cincinnati
Quentin Moore	Jr./Jr.	400m, Relays	Chesapeake, Va.	Deep Creek
James Nebo	So./So.	Throws	Spartanburg, S.C.	Dorman
Obakeng Ngwigwa	Jr./Jr.	100m, 200m, 400m	Gaborone, Botswana	Maun / Butler CC (Kansas)
Booker Nunley	Fr./Fr.	Hurdles	Garner, N.C.	Garner
Chad Palmer	Jr./Jr.	Multis, Distances	Spartanburg, S.C.	Dorman
Scott Pierce	R-So./Jr.	Multis	Columbia, S.C.	Irmo
Marvin Reitze	Fr./Fr.	Pole Vault	Bergisch Gladbach, Germany	Landrat-Lucas Gymnasium
Jason Richardson	R-Sr./R-Sr.	Hurdles	Cedar Hill, Texas	Cedar Hill
Keith Romero	R-Sr./R-Sr.	Hurdles	Albany, N.Y.	Central / SUNY Dehi
Antonio Sales	So./So.	100m, 200m, Relays	Chapel Hill, N.C.	East Chapel Hill
Aaron Searles	Jr./Jr.	Jumps	Charlotte, N.C.	Harding University High
Matt Shuler	So./So.	Pole Vault	West Columbia, S.C.	White Knoll
Daniel Smoak	Jr./Jr.	Distances	Greenville, S.C.	Wade Hampton
Eddie Stoudemire	R-So./R-So.	Multis	Wellington, Fla.	Glades Central
Jerry Thompson III	Fr./Fr.	Multis, Pole Vault	Media, Pa.	Penncrest
Michael Varner	Jr./Jr.	Hurdles	Columbia, S.C.	Ridge View
Andrew Vaughan	So./R-Fr.	Throws	Lexington, S.C.	Lexington
Jacob Whitt	Fr./Fr.	Pole Vault	Spartanburg, S.C.	Dorman
Michael Zajac	R-So./R-So.	Throws	Lynchburg, Va.	E.C. Glass
David Zaycek	R-Sr./R-Sr.	Throws	Manasquan, N.J.	Wall

MEN'S ROSTER



100-Meter Dash

Date	Athlete	Meet	Time
4/11	Johnathan Hancock	Spec Town Relays	10.37 [^]
4/18	Antonio Sales	IFFG @ NC A&T	10.49 [^]
3/20	Bryce Sherman	Shamrock Invitational	10.73
3/20	Eddie Stoudemire	Shamrock Invitational	10.85

200-Meter Dash

Date	Athlete	Meet	Time
4/18	Antonio Sales	IFFG @ NC A&T	20.72 [^]
4/18	Obakeng Ngwigwa	IFFG @ NC A&T	20.84 [^]
4/18	Quentin Moore	IFFG @ NC A&T	21.00 [^]
4/11	Bryce Sherman	Spec Town Relays	21.85
4/8	Aaron Anderson	State USATF Meet	22.23

400-Meter Dash

Date	Athlete	Meet	Time
4/4	Obakeng Ngwigwa	Pepsi Florida Relays	46.57 [^]
4/4	Quentin Moore	Pepsi Florida Relays	46.59 [^]
4/18	Aaron Anderson	IFFG @ NC A&T	47.35
4/18	Michael Varner	IFFG @ NC A&T	50.26
5/8	Steve Hunsaker	UNC Elite Meet	51.38

800-Meter Run

Date	Athlete	Meet	Time
4/8	Johnny Dutch	State USATF Meet	1:59.07

3000-Meter Run

Date	Athlete	Meet	Time
2/21	Daniel Smoak	Gamecock Invitational	9:15.41

5000-Meter Run

Date	Athlete	Meet	Time
3/20	Daniel Smoak	Shamrock Invitational	15:34.59

3000-Meter Steeplechase

Date	Athlete	Meet	Time
3/28	Chad Palmer	Weems Baskin Invite	11:32.75

Decathlon

Date	Athlete	Meet	Points
4/8	Jerry Thompson III	Sea Relays	4949

110-Meter Hurdles

Date	Athlete	Meet	Time
4/24	Jason Richardson	Penn Relays	13.44 [^]
5/8	Booker Nunley	UNC Elite Meet	13.82 [^]
5/8	Johnny Dutch	UNC Elite Meet	13.86 [^]
3/20	Eddie Stoudemire	Shamrock Invitational	14.78
4/4	Curt McGill	Pepsi Florida Relays	15.53

400-Meter Hurdles

Date	Athlete	Meet	Time
5/8	Johnny Dutch	UNC Elite Meet	49.66 [^]
5/8	Michael Varner	UNC Elite Meet	53.90
3/28	Booker Nunley	Weems Baskin Invite	54.18

4x100-Meter Relay

Date	Team	Meet	Time
4/25	Hancock, Sales Moore, Ngwigwa	Penn Relays	39.52 [^]
4/4	Ngwigwa, Sales Moore, Hancock	Pepsi Florida Relays	39.73 [^]
3/28	Hancock, Moore Ngwigwa, Sales	Weems Baskin Invite	40.49 [^]

4x200-Meter Relay

Date	Team	Meet	Time
4/25	Ngwigwa, Sales Moore, Anderson	Penn Relays	1:21.60
4/4	Ngwigwa, Moore Anderson, Sales	Pepsi Florida Relays	1:22.29
3/20	Sales, Anderson Ngwigwa, Moore	Shamrock Invitational	1:24.25

4x400-Meter Relay

Date	Team	Meet	Time
4/25	Ngwigwa, Richardson Dutch, Anderson	Penn Relays	3:03.89 [^]
4/4	Anderson, Dutch Ngwigwa, Moore	Pepsi Florida Relays	3:04.53 [^]
4/24	Moore, Ngwigwa Richardson, Anderson	Penn Relays	3:06.26 [^]
4/11	Moore, Ngwigwa Dutch, Anderson	Spec Town Relays	3:13.36

High Jump

Date	Athlete	Meet	Mark
3/21	Scott Pierce	Shamrock Invitational	6-04.75 (1.95m)
3/21	Jarrett Gerald	Shamrock Invitational	5-10.75 (1.80m)

Pole Vault

Date	Athlete	Meet	Mark
4/4	Elliott Haynie	Pepsi Florida Relays	17-10.50 (5.45m) [^]
5/8	Marvin Reitze	UNC Elite Meet	16-10.75 (5.15m) [^]
4/4	Matt Shuler	Pepsi Florida Relays	16-06.75 (5.05m) [^]
3/28	Kevin Brinkley	IFFG @ NC A&T	15-11.00 (4.85m)

Long Jump

Date	Athlete	Meet	Mark
4/11	Aaron Searles	Spec Town Relays	22-06.25 (6.86m)
4/8	Jarrett Gerald	State USATF Meet	21-00.75 (6.42m)
4/8	Eddie Stoudemire	Sea Relays	20-06.25 (6.25m)
4/8	Jerry Thompson	Sea Relays	20-04.50 (6.21m)

Triple Jump

Date	Athlete	Meet	Mark
3/21	Aaron Searles	Shamrock Invitational	47-07.00 (14.50m)
3/21	Jarrett Gerald	Shamrock Invitational	39-05.25 (12.02m)

Shot Put

Date	Athlete	Meet	Mark
4/11	Jason Cook	Spec Town Relays	63-07.50 (19.39m) [^]
3/21	David Zaycek	Shamrock Invitational	52-06.75 (16.02m)

Discus Throw

Date	Athlete	Meet	Mark
4/24	Jeff Merkt	Penn Relays	176-08.00 (53.87m) [^]
5/8	Jason Cook	UNC Elite Meet	168-10.00 (51.47m)
4/11	David Zaycek	Spec Town Relays	167-01.00 (50.93m)
4/11	Michael Zajac	Spec Town Relays	165-01.00 (50.32m)

Hammer Throw

Date	Athlete	Meet	Mark
3/20	Michael Zajac	Shamrock Invitational	211-11 (64.59m) [^]

Javelin

Date	Athlete	Meet	Mark
3/28	Erik Heymann	Weems Baskin Invite	206-09 (63.02m) [^]
4/11	Andrew Vaughan	Spec Town Relays	171-02.00 (52.17m)

Aaron Anderson • So. • Fayetteville, N.C.

Date	Meet	Event	Finish	Time/Mark
4/8	State USATF Meet	200m	6th	22.23
3/21	Shamrock Invitational	400m	5th	48.37
3/28	Weems Baskin Invite	400m	1st	48.44
4/3	Pepsi Florida Relays	400m	21st	47.81
4/11	Spec Town Relays	400m	3rd	47.97
4/18	IFFG @ NC A&T	400m	1st	47.35
5/8	UNC Elite Meet	400m	4th	47.64

Kevin Brinkley • Jr. • Richmond, Va.

Date	Meet	Event	Finish	Time/Mark
3/28	Weems Baskin Invite	Pole Vault	3rd	15-09.00 (4.80m)
4/4	Pepsi Florida Relays	Pole Vault	T10th	15-09.00 (4.80m)
4/11	Sea Relays	Pole Vault	8th	15-07.00 (4.75m)
4/18	IFFG @ NC A&T	Pole Vault	1st	15-11.00 (4.85m)
5/8	UNC Elite Meet	Pole Vault	11th	15-07.00 (4.75m)

Jason Cook • R-Jr. • Briston, Va.

Date	Meet	Event	Finish	Time/Mark
3/28	Weems Baskin Invite	Shot Put	1st	59-11.25 (18.27m) [^]
4/4	Pepsi Florida Relays	Shot Put	3rd	62-05.75 (19.04m) [^]
4/11	Spec Town Relays	Shot Put	3rd	63-07.50 (19.39m) [^]
4/18	IFFG @ NC A&T	Shot Put	1st	62-11.50 (19.19m) [^]
4/24	Penn Relays	Shot Put	2nd	62-05.00 (19.02m) [^]
5/8	UNC Elite Meet	Shot Put	1st	61-00.75 (18.61m) [^]
3/28	Weems Baskin Invite	Discus	4th	157-09 (48.08m)
4/11	Spec Town Relays	Discus	9th	161-01 (49.10m)
5/8	UNC Elite Meet	Discus	2nd	168-10 (51.47m)

Johnny Dutch • So. • Clayton, N.C.

Date	Meet	Event	Finish	Time/Mark
4/8	State USATF Meet	800m	1st	1:59.07
4/3	Pepsi Florida Relays	110mH	15th	13.95 [^]
4/18	IFFG @ NC A&T	110mH	P	14.09 [^]
4/24	Penn Relays	110mH	P	14.00 [^]
4/25	Penn Relays	110mH	6th	14.16 [^]
5/8	UNC Elite Meet	110mH	4th	13.86 [^]
4/3	Pepsi Florida Relays	400mH	2nd	49.79 [^]
4/24	Penn Relays	400mH	32nd	54.39
5/8	UNC Elite Meet	400mH	1st	49.66 [^]

Jarett Gerald • So. • McDonough, Ga.

Date	Meet	Event	Finish	Time/Mark
3/21	Shamrock Invitational	High Jump	16th	5-10.75 (1.80m)
3/21	Shamrock Invitational	Long Jump	16th	17-05.50 (5.32m)
4/8	State USATF Meet	Long Jump	4th	21-00.75 (6.42m)
3/21	Shamrock Invitational	Triple Jump	16th	39-05.25 (12.02m)

Elliot Haynie • Sr. • Atlanta, Ga.

Date	Meet	Event	Finish	Time/Mark
3/21	Shamrock Invitational	Pole Vault	1st	16-06.75 (5.05m) [^]
3/28	Weems Baskin Invite	Pole Vault	1st	16-08.75 (5.10m) [^]
4/4	Pepsi Florida Relays	Pole Vault	1st	17-10.50 (5.45m) [^]
4/25	Penn Relays	Pole Vault	6th	17-00.75 (5.20m) [^]
5/8	UNC Elite Meet	Pole Vault	2nd	16-10.75 (5.15m) [^]

Johnathan Hancock • Sr. • Charlotte, N.C.

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	100m	P	10.45 [^]
3/21	Shamrock Invitational	100m	1st	10.48 [^]
3/28	Weems Baskin Invite	100m	1st	10.47 [^]
4/3	Pepsi Florida Relays	100m	4th	10.44 [^]
4/11	Spec Town Relays	100m	1st	10.37 [^]
4/18	IFFG @ NC A&T	100m	P	10.47 [^]
4/18	IFFG @ NC A&T	100m	8th	10.49 [^]

4/24	Penn Relays	100m	P	10.47 [^]
4/25	Penn Relays	100m	3rd	10.44 [^]

Erik Heymann • R-Jr. • Westwood N.J.

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	Javelin	1st	203-04 (61.98m) [^]
3/28	Weems Baskin Invite	Javelin	1st	206-09 (63.02m) [^]
4/25	Penn Relays	Javelin	10th	174-09 (53.28m)

Michael Humphrey • Fr. • Solon, Ohio

Date	Meet	Event	Finish	Time/Mark
3/21	Shamrock Invitational	Long Jump	15th	17-06.00 (5.33m)
3/28	Weems Baskin Invite	Pole Vault	11th	12-05.50 (3.80m)
4/8	State USATF Meet	Pole Vault	3rd	12-09.50 (3.90m)

Steve Hunsaker • So. • Columbia, S.C.

Date	Meet	Event	Finish	Time/Mark
4/11	Spec Town Relays	200m	15th	23.56
5/8	UNC Elite Meet	200m	35th	23.45
3/21	Shamrock Invitational	400m	40th	53.40
3/28	Weems Baskin Invite	400m	13th	53.44
4/8	State USATF Meet	400m	7th	52.07
4/11	Spec Town Relays	400m	16th	52.09
5/8	UNC Elite Meet	400m	23rd	51.38

Curt McGill • Sr. • Spartanburg, S.C.

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	100m	P	11.66
4/8	Sea Relays	100m	Dec-6	11.31
3/20	Shamrock Invitational	110mH	P	16.14
4/3	Pepsi Florida Relays	110mH	43rd	15.53
3/28	Weems Baskin Invite	Javelin	14th	128-03 (39.11m)

Jeff Merkt • R-Jr. • Cincinnati, Ohio

Date	Meet	Event	Finish	Time/Mark
3/21	Shamrock Invitational	Discus	2nd	161-08 (49.28m)
3/28	Weems Baskin Invite	Discus	2nd	163-10 (49.95m)
4/3	Pepsi Florida Relays	Discus	14th	156-03 (47.63m)
4/8	State USATF Meet	Discus	3rd	155-09 (47.47m)
4/11	Spec Town Relays	Discus	7th	162-11 (49.65m)
4/18	IFFG @ NC A&T	Discus	1st	168-01 (51.24m)
4/24	Penn Relays	Discus	2nd	176-08 (53.57m) [^]
5/8	UNC Elite Meet	Discus	3rd	167-01 (50.93m)

Quentin Moore • Jr. • Chesapeake, Va.

Date	Meet	Event	Finish	Time/Mark
4/18	IFFG @ NC A&T	200m	7th	21.00 [^]
3/28	Weems Baskin Invite	400m	2nd	48.50
4/3	Pepsi Florida Relays	400m	7th	46.59 [^]
4/11	Spec Town Relays	400m	5th	48.16
5/8	UNC Elite Meet	400m	3rd	47.52

Obakeng Ngwigwa • Jr. • Gaborone, Botswana

Date	Meet	Event	Finish	Time/Mark
3/21	Shamrock Invitational	200m	3rd	21.22 [^]
3/28	Weems Baskin Invite	200m	1st	21.49
4/18	IFFG @ NC A&T	200m	5th	20.84 [^]
5/8	UNC Elite Meet	200m	3rd	20.90 [^]
4/3	Pepsi Florida Relays	400m	6th	46.57 [^]
4/11	Spec Town Relays	400m	1st	47.21

Booker Nunley • Fr. • Garner, N.C.

Date	Meet	Event	Finish	Time/Mark
3/28	Weems Baskin Invite	110mH	1st	13.92 [^]
4/3	Pepsi Florida Relays	110mH	11th	13.91 [^]
4/8	State USATF Meet	110mH	2nd	13.90 [^]

2009 SOUTH CAROLINA TRACK & FIELD

4/11	Spec Town Relays	110mH	1st	13.90 ^A
4/18	IFFG @ NC A&T	110mH	P	14.58
4/18	IFFG @ NC A&T	110mH	6th	14.06 ^A
4/24	Penn Relays	110mH	P	14.03 ^A
5/8	UNC Elite Meet	110mH	2nd	13.82 ^A
3/28	Weems Baskin Invite	400mH	1st	54.18
4/3	Pepsi Florida Relays	400mH	33rd	55.28

Chad Palmer • Jr. • Spartanburg, S.C.

Date	Meet	Event	Finish	Time/Mark
3/28	Weems Baskin Invite	Steeple	5th	11:32.75

Scott Pierce • R-So. • Columbia, S.C.

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	100m	P	11.60
3/20	Shamrock Invitational	110mH	P	15.60
3/21	Shamrock Invitational	High Jump	10th	6-04.75 (1.95m)

Marvin Reitze • Fr. • Bergisch Gladbach, Germany

Date	Meet	Event	Finish	Time/Mark
4/24	Penn Relays	Pole Vault	2nd	16-02.75 (4.95m)
5/8	UNC Elite Meet	Pole Vault	3rd	16-10.75 (5.15m) ^A

Jason Richardson • R-Sr. • Cedar Hill, Texas

Date	Meet	Event	Finish	Time/Mark
4/8	State USATF Meet	110mH	5th	15.04
4/18	IFFG @ NC A&T	110mH	P	13.78 ^A
4/18	IFFG @ NC A&T	110mH	5th	14.02 ^A
4/24	Penn Relays	110mH	P	13.44 ^A
4/25	Penn Relays	110mH	1st	13.56 ^A
5/8	UNC Elite Meet	110mH	3rd	13.82 ^A

Keith Romero • Sr. • Albany, N.Y.

Date	Meet	Event	Finish	Time/Mark
4/8	State USATF Meet	400m	13th	52.83
3/20	Shamrock Invitational	110mH	P	20.91
3/28	Weems Baskin Invite	110mH	13th	17.95
4/11	Spec Town Relays	110mH	12th	16.93
3/21	Shamrock Invitational	400mH	12th	56.27
4/8	State USATF Meet	400mH	3rd	57.25
4/11	Spec Town Relays	400mH	12th	57.45
5/8	UNC Elite Meet	400mH	18th	56.06

Antonio Sales • So. • Chapel Hill, N.C.

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	100m	P	10.98
4/3	Pepsi Florida Relays	100m	14th	10.57
4/11	Spec Town Relays	100m	3rd	10.54 ^A
4/18	IFFG @ NC A&T	100m	P	10.49 ^A
4/18	IFFG @ NC A&T	100m	11th	10.59
5/8	UNC Elite Meet	100m	12th	10.91
3/28	Weems Baskin Invite	200m	3rd	21.86
4/11	Spec Town Relays	200m	2nd	21.14 ^A
4/18	IFFG @ NC A&T	200m	4th	20.72 ^A
5/8	UNC Elite Meet	200m	6th	21.21 ^A

Aaron Searles • Jr. • Charlotte, N.C.

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	Long Jump	13th	21-01.25 (6.43m)
3/28	Weems Baskin Invite	Long Jump	4th	21-11.00 (6.68m)
4/3	Pepsi Florida Relays	Long Jump	15th	21-11.00 (6.68m)
4/8	State USATF Meet	Long Jump	2nd	22-02.25 (6.76m)
4/11	Spec Town Relays	Long Jump	5th	22-06.25 (6.86m)
4/18	IFFG @ NC A&T	Long Jump	7th	21-00.50 (6.41m)
3/21	Shamrock Invitational	Triple Jump	3rd	47-07.00 (14.50m)
4/11	Spec Town Relays	Triple Jump	4th	46-11.50 (14.31m)

4/18	IFFG @ NC A&T	Triple Jump	8th	46-05.50 (14.16m)
4/25	Penn Relays	Triple Jump	16th	43-10.00 (13.36m)
5/8	UNC Elite Meet	Triple Jump	5th	46-03.50 (14.11m)

Bryce Sherman • Fr. • Winston-Salem, N.C.

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	100m	P	10.73
3/21	Shamrock Invitational	100m	7th	10.76
3/28	Weems Baskin Invite	100m	2nd	10.76
4/3	Pepsi Florida Relays	100m	29th	10.79
4/11	Spec Town Relays	100m	5th	10.76
4/11	Spec Town Relays	200m	8th	21.85

Matt Shuler • So. • West Columbia, S.C.

Date	Meet	Event	Finish	Time/Mark
3/21	Shamrock Invitational	Pole Vault	2nd	15-01.00 (4.60m)
3/28	Weems Baskin Invite	Pole Vault	2nd	15-09.00 (4.80m)
4/4	Pepsi Florida Relays	Pole Vault	T4th	16-06.75 (5.05m) ^A
4/8	State USATF Meet	Pole Vault	1st	15-01.00 (4.60m)
4/11	Sea Relays	Pole Vault	3rd	16-00.75 (4.90m)
5/8	UNC Elite Meet	Pole Vault	7th	16-00.75 (4.90m)

Daniel Smoak • Jr. • Greenville, S.C.

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	5000m	7th	15:34.59
3/28	Weems Baskin Invite	5000m	1st	15:59.19
4/8	State USATF Meet	5000m	1st	15:36.18

Eddie Stoudemire • R-So. • Wellington, Fla.

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	100m	P	10.85
4/8	Sea Relays	100m	Dec-2	10.89
4/8	Sea Relays	400m	Dec-3	53.15
3/20	Shamrock Invitational	110mH	P	14.78
4/8	Sea Relays	Long Jump	Dec-9	20-06.25 (6.25m)
4/8	Sea Relays	High Jump	Dec-8	5-05.00 (1.65m)
4/8	Sea Relays	Shot Put	Dec-9	33-08.75 (10.28m)
3/28	Weems Baskin Invite	Javelin	12	147-11 (45.10m)

Jerry Thompson III • Fr. • Media, Pa.

Date	Meet	Event	Finish	Time/Mark
4/8	Sea Relays	100m	Dec-7	11.71
4/8	Sea Relays	400m	Dec-11	58.98
4/8	Sea Relays	110mH	Dec-11	16.33
4/18	IFFG @ NC A&T	110mH	P	15.69
5/8	UNC Elite Meet	110mH	18th	15.72
4/8	Sea Relays	Long Jump	Dec-10	20-04.50 (6.21m)
4/8	Sea Relays	High Jump	Dec-6	5-09.75 (1.77m)
5/8	UNC Elite Meet	Pole Vault	18th	15-01.00 (4.60m)
3/21	Shamrock Invitational	Shot Put	17th	34-10.50 (10.63m)
4/8	Sea Relays	Shot Put	Dec-4	36-09.75 (11.22m)
4/18	IFFG @ NC A&T	Shot Put	16th	35-07.75 (10.86m)
3/21	Shamrock Invitational	Discus	27th	97-10 (29.82m)
4/8	Sea Relays	Discus	Dec-10	94-09 (28.87m)
3/28	Weems Baskin Invite	Javelin	13th	128-06 (39.17m)
4/8	Sea Relays	Javelin	Dec-5	140-11 (42.96m)
4/8	Sea Relays	Decathlon	9th	4949 pts

Michael Varner • Jr. • Columbia, S.C.

Date	Meet	Event	Finish	Time/Mark
4/18	IFFG @ NC A&T	400m	12th	50.26
3/21	Shamrock Invitational	400mH	5th	54.87
3/28	Weems Baskin Invite	400mH	3rd	54.56
4/3	Pepsi Florida Relays	400mH	20th	54.01
4/11	Spec Town Relays	400mH	8th	53.98
5/8	UNC Elite Meet	400mH	11th	53.90

Andrew Vaughan • R-Fr. • Lexington, S.C.

Date	Meet	Event	Finish	Time/Mark
4/11	Spec Town Relays	Javelin	6th	171-02 (52.17m)
4/18	IFFG @ NC A&T	Javelin	6th	162-00 (49.37m)
5/8	UNC Elite Meet	Javelin	9th	168-11 (51.49m)

Michael Zajac • R-So. • Lynchburg, Va.

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	Hammer Throw	2nd	211-11 (64.59m)^
3/28	Weems Baskin Invite	Hammer Throw	1st	204-05 (62.31m)^
4/4	Pepsi Florida Relays	Hammer Throw	1st	209-07 (63.88m)^
4/8	State USATF Meet	Hammer Throw	1st	196-09 (59.96m)^
4/11	Spec Town Relays	Hammer Throw	6th	201-04 (61.36m)^
4/25	Penn Relays	Hammer Throw	5th	200-04 (61.08m)^
3/21	Shamrock Invitational	Discus	1st	164-06 (50.13m)
3/28	Weems Baskin Invite	Discus	5th	154-04 (47.05m)
4/3	Pepsi Florida Relays	Discus	11th	160-09 (49.00m)
4/8	State USATF Meet	Discus	2nd	156-08 (47.76m)
4/11	Spec Town Relays	Discus	6th	165-01 (50.32m)

David Zaycek • R-Sr. • Manasquan, N.J.

Date	Meet	Event	Finish	Time/Mark
3/21	Shamrock Invitational	Shot Put	1st	52-06.75 (16.02m)
3/28	Weems Baskin Invite	Shot Put	3rd	50-06.00 (15.39m)
4/4	Pepsi Florida Relays	Shot Put	13th	50-04.75 (15.36m)
4/8	State USATF Meet	Shot Put	1st	49-11.25 (15.22m)
4/11	Spec Town Relays	Shot Put	14th	49-01.50 (14.97m)
4/24	Penn Relays	Shot Put	13th	51-0.0 (15.54m)^
5/8	UNC Elite Meet	Shot Put	12th	48-03.25 (14.71m)
3/21	Shamrock Invitational	Discus	3rd	148-00 (45.12m)
3/28	Weems Baskin Invite	Discus	6th	151-00 (46.03m)
4/3	Pepsi Florida Relays	Discus	15th	156-03 (47.62m)
4/8	State USATF Meet	Discus	1st	157-00 (47.85m)
4/11	Spec Town Relays	Discus	5th	167.01 (50.94m)
4/18	IFFG @ NC A&T	Discus	3rd	153-11 (46.91m)
5/8	UNC Elite Meet	Discus	5th	159-00 (48.47m)

100-METER DASH

1. Terrence Trammell	2000	10.04
2. Andre Totton	2001	10.12w
3. Corey Bridges	1996	10.13
4. Leroy Dixon	2005	10.19
5. Marcus Robinson	1996	10.21
6. Rodney Martin	2005	10.25
7. Pap Howard	2001	10.27
8. Clint Crenshaw	2001	10.31w
9. Nigel Stoddart	1990	10.33
Antonio Sales	2008	

200-METER DASH

1. Rodney Martin	2005	20.34
2. Leroy Dixon	2006	20.44
3. Terrence Trammell	1999	20.45
4. Pap Howard	2001	20.47
5. Andre Totton	2001	20.58
6. Marcus Robinson	1996	20.63
7. Jimmie Hackley	1999	20.64
8. Antonio Sales	2009	20.72
9. Jamie Price	1998	20.79
10. Obakeng Ngwigwa	2009	20.84

400-METER DASH

1. Otis Harris	2003	44.57
2. Jimmie Hackley	2000	45.64
3. Jonathan Fortenberry	2002	45.67
4. Otukile Lekote	2001	46.12
5. Quentin Moore	2008	46.18
6. Jamil James	2007	46.28
7. Ray Miley	2007	46.31
8. Eddie Miller	1988	46.35
9. Gerald Pressley	2002	46.39
10. Verlon Rhodes	1984	46.43

800-METER RUN

1. Otukile Lekote	2001	1:44.47
2. Marvin Watts	1998	1:47.74
3. Bob Kaczka	1970	1:48.01
4. Adrian Booner	1995	1:48.13
5. William Emase	2005	1:48.23
6. Jim Schaper	1972	1:48.71
7. John Brown	1974	1:49.94
8. Johnny Baez	2006	1:50.03
9. Chris Swartz	1993	1:50.29
10. Alan Drosky	1984	1:50.63

110-METER HURDLES

1. Terrence Trammell	2000	13.19
2. Jason Richardson	2008	13.21
3. Kenneth Ferguson	2003	13.53
4. Johnny Dutch	2008	13.63
5. Thomas Hilliard	2007	13.70
6. Corey Taylor	2003	13.72
7. Frank Mensah	1994	13.77
8. Charles Ryan	2003	13.78
Terry Winston	1993	
10. Fred Townsend	2004	13.80

400-METER HURDLES

1. Johnny Dutch	2008	48.52
2. Kenneth Ferguson	2003	48.79
3. Tony Rambo	1982	48.90
4. Jussi Heikkila	2008	49.39
5. Thomas Hilliard	2007	49.63
6. Jason Richardson	2006	49.82
7. Anthony Bennon	1987	50.04
8. David Arnold	1990	50.80
9. Marcus Phillips	1994	51.42
10. Ricky Griddine	1983	51.78

SHUTTLE HURDLE RELAY

1. Taylor, Townsend, Ryan, Ferguson	2003	53.94
2. Dutch, Nunley	2009	55.47
Studemire, Richardson		
3. Anderson, Johnson, Taylor, Trammell	2000	56.28
4. Mensah, Owens, Phillips, Winston	1993	56.31
5. Mensah, Winston, Phillips, Owens	1994	56.59

4x100-METER RELAY

1. Crenshaw, Trammell, Hackley, Howard	2000	38.45
2. Crenshaw, Trammell, Mays, Price	1999	38.92
3. Barrino, Law, Totton, Taylor	2002	39.01
4. Trammell, Bridges, Dempers, Price	1998	39.08
5. Totton, Howard, Crenshaw, Taylor	2001	39.19
6. Trammell, Price, Dempers, Williams	1998	39.27
7. Hancock, Sales, Moore, Markett	2008	39.37
8. Crenshaw, Trammell, Hackley, Price	1999	39.39
Bridges, Williams, Dempers, Trammell	1998	
10. Law, Howard Lekote, Harris	2001	39.48

4x200-METER RELAY

1. Ngwigwa, Sales	2009	1:21.60
Moore, Anderson		
2. USC A	1999	1:21.94
3. Bridges, Williams, Price, Dempers	1998	1:23.04
4. Richardson, Durant, Dixon, Martin	2005	1:23.06
5. USC B	1999	1:23.70
6. USC A	2003	1:23.85
7. Coleman, Butts, Hilliman, Mattison	1982	1:24.20
8. Flood, Sales, Moore, James	2008	1:24.69
9. Patterson, Bennon, Stoddard, Duckett	1987	1:25.21

4x400-METER RELAY

1. Law, Lekote, Harris, Fortenberry	2002	3:02.16
2. Ferguson Lekote, Fortenberry, Harris	2003	3:02.86
3. Moore, Hilliard, James, Miley	2007	3:03.86
4. Ngwigwa, Richardson	2009	3:03.89
Dutch, Anderson		
5. Law, Howard, Lekote, Harris	2001	3:04.36
6. Anderson, Dutch	2009	3:04.53
Ngwigwa, Moore		
7. Durant, Ferguson, Lekote, Harris	2003	3:04.66
8. Howard, Crenshaw, Lekote, Harris	2001	3:04.75
9. Hinnant, Hilliard, James, Richardson	2006	3:04.62
10. Singletary, Hackley, Howard, Pressley	2000	3:05.05

HIGH JUMP

1. Paul Wiechern	1988	7-3 1/4
2. Gus Kirkland	1981	7-2 3/4
3. Steve Wilson	1977	7-1 3/4
4. Marve Johnson	1983	7-1
5. Fred Townsend	2001	7-1
6. Lee Hughes	1999	7-0 1/4
7. Art Henson	1992	6-11
8. Steve Owens	1991	6-10 3/4
Phillipe Williams	1991	
10. Wade Brantley Gary Brown	1986 1979	6-10

LONG JUMP

1. Tony Allmond	2004	27-4 3/4
2. Greig Cryer	2006	25-9 1/4
3. Rolando Adams	1979	25-7
4. Phillipe Williams	1991	25-2
5. Peter Edeh	1984	25-1
Sam Scott	1982	
7. Anthony Wood	1982	24-9 3/4
8. Ronn Adams	1976	24-8 1/2
9. Gus Kirkland	1980	24-6
10. Marcus Sutton	1993	24-4 1/4

TRIPLE JUMP

1. Ron Adams	1975	52-2
2. Derek Pressley	2007	51-10 1/2
3. Marcus Sutton	1993	51-4 1/4
4. Greig Cryer	2006	51-4
5. Berle Stocks	1976	50-9
6. James Wilson	1982	50-8
7. Wade Brantley	1988	50-6 1/2
8. David Arnold	1990	50-4
9. Harry Skipper	1978	50-3
10. Anthony Wood	1982	50-2

POLE VAULT

1. Elliott Haynie	2009	17-10 1/2
2. Chris Steddum	2002	17-7 3/4
3. Dale Gerke	1988	17-5 1/2
4. Darren Davis	1988	17-1 3/4
5. Dan McKenzie	2006	17-0 3/4
6. Jarad Farabee	2002	16-11
7. Marvin Reitze	2009	16-10 3/4
Patrick Tvarkunas	1999	
9. Matt Shuler	2009	16-6 3/4
Trey Bell	2005	
Greg Royster	2003	
Mike Lameier	2000	

SHOT PUT

1. Brad Snyder	1999	67-3 1/2
2. Jason Cook	2009	63-07 1/2
3. Kevin Mannon	1997	62-6 3/4
4. Ron Yarab	1981	61-2 1/2
5. Ron Willis	1994	61-0 3/4
6. Jeff Shalayda	1996	60-7 3/4
7. Jim Mitchell	2006	57-7
8. Adam Bishop	2003	57-3 1/2
9. John Poehlein	1987	56-7
10. Steve Gettel	1982	56-6 1/2

DISCUS

1. Ryan Harrison	1999	196-10
2. Brett Murray	1994	194-11
3. Brad Snyder	1999	192-7
4. Art Swarts	1966	192-3
5. Chad Moreau	1995	189-0
6. Kevin Mannon	1997	188-4
7. Ron Willis	1994	187-3
8. Brook Antonio	2006	183-4
9. Jeff Merkt	2009	176-8
10. Ron Yarab	1981	175-6

HAMMER

1. John Stoikos	1995	222-4
2. Bert Sorin	1999	219-10
3. Kevin Mannon	1997	217-1
4. Ron Willis	1994	214-11
5. Michael Zajac	2009	211-11
6. Tyler Trout	2007	210-10
7. Brett Murray	1995	209-3
8. Ryan Harrison	1999	208-6
9. Mattias Ohlsson	1997	208-1
10. Glenn McAtee	1995	201-5

JAVELIN (NEW)

1. Jason LaBarbera	1997	237-4
2. Erik Heymann	2007	223-7
3. Derek McMillian	1994	215-11
4. Patrick Keegan	1988	212-8
5. Joe Schroeder	2007	207-6
6. Scott Alsop	2003	206-2
7. Garry Martin	2003	199-6
8. Phillipe Williams	1990	198-10
9. Bert Sorin	1997	197-4
10. Fred Townsend	2003	196-6

DECATHLON

1. Phillipe Williams	1990	7,598
2. Wade Brantley	1988	7,406
3. Fred Townsend	2003	7,345
4. Steve Owens	1995	7,051
5. CJ Anderson	2000	6,817
6. Greg Royster	2006	6,776
7. Erol Johnson	1984	6,690
8. Kent Harris	1988	6,686
9. Chris Machol	2001	6,679

1992 - 10TH

10,000m - Keith Gorski (6)
Decathlon - Nicky Nichols (8)

1993 - 8TH

800m - Adrian Bonner (8)
110mH - Terry Winston (5)
400mH - Frank Mensah (7)
High Jump - Marcus Sutton (6)
Pole Vault - Wayne Rimmer (6)
Shot Put - Ron Willis (6)
Discus - Brett Murray (2),
Ron Willis (4)
Hammer - Ron Willis (4),
Lavon Page (8)
Decathlon - Steve Owens (5)

1994 - 4TH

800m - Adrian Bonner (6)
10,000m - Mark Cruz (8)
110mH - Terry Winston (2)
400mH - Marcus Phillips (2),
Frank Mensah (3)
4x400m - Winston, Phillips,
Bonner, Swartz (8)
Shot Put - Ron Willis (3)
Discus - Ron Willis (1), Brett Murray
(3), Chad Moreau (7)
Hammer - Ron Willis (3), John Stoikos
(5), Chad Moreau (6), Lavon Page
(7), Brett Murray (8)
Javelin - Derek McMillan (6)
Decathlon - Steve Owens (5)

1995 - 8TH

800m - Adrian Bonner (4), Marvin
Watts (7)
110mH - Steve Owens (8)
Steeplechase - Tom Cronin (6)
High Jump - Lee Hughes (7)
Discus - Brett Murray (2), Chad Moreau
(4)
Hammer - John Stoikos (2), Glenn
McAtee (5), Chad Moreau (6), Brett
Murray (7)



Jason Richardson won the 110-meter hurdles in 2008 en route to an outdoor hat trick. Richardson took the SEC, NCAA Regional and NCAA Championship crowns in the event that year.

Decathlon - Steve Owens (5), David
Carnes (7)

1996 - 5TH

100m - Marcus Robinson (2), Corey
Bridges (4)
200m - Marcus Robinson (2)
800m - Marvin Watts (2)
4x100m - USC (3)
4x400m - USC (8)
Shot Put - Brad Snyder (1), Jeff
Shalayda (5), Kevin Mannon (6)
Discus - Brad Snyder (4), Kevin
Mannon (6)
Hammer - John Stoikos (1), Kevin
Mannon (3), Bert Sorin (7)
Javelin - Jason LaBarbera (3)

1997 - 5TH

100m - Corey Bridges (4), Jamaal
Williams (6), Shah Mays (7), Jamie
Price (8)
200m - Jamie Price (7)
800m - Marvin Watts (1)
4x100m - USC (2)
Pole Vault - Pat Tvarkunas (7)
Shot Put - Kevin Mannon (1), Jeff
Shalayda (4)
Discus - Kevin Mannon (1)
Hammer - Kevin Mannon (2), Mattias
Ohlsson (3), Bert Sorin (4)
Javelin - Jason LaBarbera (2)

1998 - 5TH

100m - Corey Bridges (2)
200m - Terrence Trammell (3)
800m - Marvin Watts (4)
110mH - Terrence Trammell (1)
4x100m - USC (2)
4x400m - USC (5)
Shot Put - Brad Snyder (1)
Discus - Brad Snyder (1), Ryan
Harrison (3)
Hammer - Bert Sorin (2), Ryan Harrison
(5), Mattias Ohlsson (7)
Javelin - Bert Sorin (7)
Decathlon - CJ Anderson (8)

1999 - 6TH

100m - Terrence Trammell (3), Clint
Crenshaw (7)
200m - Terrence Trammell (6)
110mH - Terrence Trammell (1)
4x100m - Crenshaw, Trammell, Mays,
Price (2)
Pole Vault - Patrick Tvarkunas (4),
Michael Lameier (8)
Shot Put - Brad Snyder (1)
Discus - Brad Snyder (3), Ryan
Harrison (4)
Hammer - Bert Sorin (4), Ryan Harrison
(5)
Javelin - Bert Sorin (6)
Decathlon - CJ Anderson (5)

2000 - 8TH

100m - Terrence Trammell (3), Clint
Crenshaw (8)
400m - Jimmie Hackley (4)
110mH - Terrence Trammell (1)
4x400m - USC (7)
Pole Vault - Chris Steddum (4), Patrick
Tvarkunas (7)

2001 - 8TH

100m - Josephus Howard (3)
200m - Josephus Howard (2)
400m - Otis Harris (8)
800m - Otukile Lekote (1)
110mH - Corey Taylor (8)
400mH - Jarred Johnson (7)
4x100m - USC (2)
4x400m - USC (4)
High Jump - Fredrick Townsend (7)
Pole Vault - Chris Steddum (1), Jared
Farabee (2)
Shot Put - Adam Bishop (5)

2002 - 7TH

400m - Otis Harris (5), Jonathan
Fortenberry (6)
800m - Otukile Lekote (1)
110mH - Corey Taylor (5)
4x100m - Burriano, Totton,
Law, Taylor (3)
4x400m - Law, Lekote,
Harris, Fortenberry (1)
Pole Vault - Chris Steddum (2)
Decathlon - Fred Townsend (3)

2003 - T-6TH

400m - Otis Harris (1)
800m - Otukile Lekote (4)
1,500m - William Emase (6)
110mH - Kenneth Ferguson (2), Corey
Taylor (6), Chuck Ryan (7)
400mH - Kenneth Ferguson (1)
4x400m - USC (1)
High Jump - Fred Townsend (7)
Pole Vault - Greg Royster (6), Jared
Farabee (6)
Long Jump - Tony Allmond (5), Greig
Cryer (7)
Shot Put - Adam Bishop (5)

2004 - 10TH

200m - Rodney Martin (3)
4x100m - Cryer, Martin,
Durant, Allmond (6)
4x400m - Martin, Flood,
Cunningham, Durant (5)
Long Jump - Tony Allmond (5)
Hammer - Brook Antonio (7)

2005 - 9TH

100m - Rodney Martin (8)
200m - Rodney Martin (7)
800m - William Emase (4)
400mH - Jason Richardson (6)

4x100m - Durant, Dixon,
Richardson, Martin (5)
4x400m - Durant, Hilliard,
James, Hinnant (7)
Triple Jump - Derek Pressley (8)
Javelin - Joe Schroeder (6)

2006 - 5TH

100m - Leroy Dixon (5)
200m - Leroy Dixon (8)
800m - Shawn Cunningham (8)
110mH - Jason Richardson (2), Thomas
Hilliard (7)
400mH - Jason Richardson (2), Thomas
Hilliard (4)
4x400m - Hinnant, Hilliard,
Richardson, James (3)
Pole Vault - Trey Bell (2)
Long Jump - Greig Cryer (3)
Triple Jump - Greig Cryer (5), Derek
Pressley (7)
Shot Put - Jim Mitchell (5)
Discus - Brook Antonio (3)
Hammer - Brook Antonio (3), Tyler
Trout (8)
Javelin - Joe Schroeder (8)
Decathlon - Greg Royster (4)

2007 - 8TH

400m - Ray Miley (6), Derron Flood (8)
110mH - Thomas Hilliard (4)
400mH - Thomas Hilliard (3), Jussi
Heikkila (5)
4x100m - James, Lytle, Moore,
Flood (6th)
4x400m - Moore, Hilliard, James,
Miley (2nd)
Triple Jump - Derek Pressley (2nd)
Discus - Tyler Trout (8)
Hammer - Tyler Trout (4)
Javelin - Erik Heymann (3), Joe
Schroeder (6)
Decathlon - Curt McGill (6)

2008 - 7TH

400m - Quentin Moore (5)
110mH - Jason Richardson (1), Johnny
Dutch (4)
400mH - Johnny Dutch (2), Jussi Heik-
kila (4), Jason Richardson (8)
4x100m - Markett, Hancock, Lytle,
Sales (4)
4x400m - Hinnant, Moore, Heikkila,
Miley (5)
Triple Jump - Derek Pressley (3)
Shot Put - Jason Cook (3)
Hammer - Michael Zajac (8)
Javelin - Erik Heymann (7)

WOMEN'S TRACK & FIELD ALPHABETICAL ROSTER

Name	Year (I/O)	Events	Hometown	High School / Last College
Ronetta Alexander	R-Sr./-	Hurdles	Williamsville, N.Y.	Williamsville South
Mary Allen	So./So.	Pole Vault	Spartanburg, S.C.	Dorman
Betsy Alter	So./So.	Pole Vault	Centreville, Va.	Westfield
Janica Austin	So./So.	Hurdles	Trenton, N.J.	Trenton Central / Lafayette College
Julie Baldwin	So./So.	Distances	Greer, S.C.	Greer
Danielle Barnes	Jr./Jr.	Distances	Newquay, England	University of Loughborough
Amanda Barrett	R-So./R-So.	Distances	New Orleans, La.	Sacred Heart Academy
Radiance Basden	Fr./Fr.	Triple Jump, Hurdles	Greensboro, N.C.	Western Guilford
Beatrice Biwott	Fr./Fr.	Distances	Iten, Kenya	Nietkei Girls
Kayla Blake	So./So.	High Jump, Hurdles	Summerville, S.C.	Summerville
Cory Bowen	Fr./Fr.	High Jump, Multis	Lexington, S.C.	Lexington
Cassity Brewer	So./So.	Distances	Columbia, S.C.	Spring Valley
Kelsey Bristol	Sr./Sr.	Distances	Grandville, Mich.	Grandville
LaKya Brookins	So./So.	100m, 200m, Relays	Atlanta, Ga.	Seneca (S.C.)
Porche' Byrd	So./So.	400m, Relays	Atlanta, Ga.	North Atlanta
Katarina Cap	R-So./R-So.	Distances	Hilton Head, S.C.	Hilton Head
Kettiany Clarke	R-Jr./R-Jr.	Hurdles, Mutlis	West Palm Beach, Fla.	Palm Beach Lakes
Brandi Cross	Jr./Jr.	400m, Relays	Missouri City, Texas	Thurgood Marshall
Aloiya Earl	Fr./Fr.	Distances	Lambertville, Mich.	Bedford
Ashley Evens	So./So.	Distances	Maumee, Ohio	Wayne
Erin Fedewa	Fr./Fr.	Distances	St. Johns, Mich.	St. Johns
Staley Foster	So./So.	High Jump	Boiling Springs, S.C.	Boiling Springs
Danielle Franklin	R-Jr./R-Jr.	Distances	Greer, S.C.	Greer
Gabrielle Glenn	So./So.	100m, 200m, Relays, 400mH	Charlotte, N.C.	Providence
Sallie Gurganus	Jr./Jr.	Pole Vault	Boone, N.C.	Watauga
Sara Hartley	Fr./Fr.	Distances	Naperville, Ill.	Neuqua Valley
Vanessa Hartmann	Fr./Fr.	Distances	Greer, S.C.	Riverside
Elizabeth Heath	Fr./Fr.	Distances	Alexandria, Va.	West Potomac
Jocelyn Henline	Fr./Fr.	Pole Vault	Ellicott City, Md.	Marriotts Ridge
Breehana Jacobs	R-Fr./R-Fr.	100m, 200m, 400m	Uniontown, Pa.	Laurel Highlands
Brittney James	Sr./Sr.	Long Jump, Hurdles	Columbia, S.C.	Dreher
Aimee Kodat	R-So./R-So.	Throws	Herndon, Va.	Westfield
Sarah Langdon	So./So.	Distances	Troy, Ohio	Troy
Chelsea Leroux	So./So.	Distances	West Barnstable, Mass.	Barnstable
Tara Lindeman	Fr./Fr.	Distances	Hendersonville, N.C.	Hendersonville
Shayla Mahan	So./So.	100m, 200m	Detroit, Mich.	Mumford
Kelsey McCorkle	Fr./Fr.	200m, 400m	Winterville, N.C.	South Central
Lisa McKinney	Jr./Jr.	Distances	Downington, Pa.	West Potomac
Allison Nicosia	Fr./Fr.	Pole Vault	Aiken, S.C.	South Aiken
CaAdrian Norman	R-Jr./R-Jr.	Pole Vault	Memphis, Tenn.	Raleigh Egypt
Shantelle Patterson	R-Fr./R-Fr.	Throws	Pawley's Island, S.C.	Waccamaw
Laura Pramstaller	So./So.	Distances	Centreville, Va.	Westfield
Laura Regensburg	R-Jr./Sr.	Distances	Alexandria, Va.	West Potomac
Kelly Renfro	Fr./Fr.	Distances	Lawrence, Kansas	Lawrence
Nicole Rheinlander	Fr./Fr.	Distances	Rochester Hills, Mich.	Adams
Stacey Roberts	Fr./Fr.	Throws	Summerville, S.C.	Summerville
Nadonna Rodrigues	Fr./Fr.	400m, Relays	Brooklyn, N.Y.	Boys & Girls
Layna Roycraft	Fr./Fr.	Distances	Tamarac, Fla.	Westminster Academy
Alyse Shayer	Sr./Sr.	Distances	Bakersfield, Ca.	Stockdale
Vica Shobe	R-Jr./R-Jr.	Pole Vault	Matthews, N.C.	Weddington
Amanda Smith	Fr./Fr.	Distances	Auburn, Ala.	Auburn HS
Tamra Stanish	Fr./Fr.	Pole Vault	Salado, Texas	Salado
Terrilyn Stephens	R-Jr./R-Jr.	Pole Vault	Summerville, S.C.	Summerville
Sade'-Shari St. Louis	So./So.	200m, 400m	El Dorado, Trinidad	Bishop Anslay
Tara Tae	So./So.	Distances	Oak Ridge, Tenn.	Oak Ridge
Liza Todd	Sr./Sr.	Pole Vault	Columbia, S.C.	Dreher
Katherine Vuckovich	Fr./Fr.	Throws	Naperville, Ill.	Neuqua Valley
Katie Walls	Fr./Fr.	Distances	Arlington, Va.	Bishop O'Connell
Shannon Walls	Fr./Fr.	Distances	Loveland, Ohio	Loveland
Trier Young	Sr./Sr.	Hurdles	Neptune, N.J.	Neptune

100-Meter Dash

Date	Athlete	Meet	Time
4/11	LaKya Brookins	Spec Town Relays	11.30 [^]
4/4	Gabrielle Glenn	Pepsi Florida Relays	11.64 [^]
4/11	Breehana Jacobs	Spec Town Relays	11.81

200-Meter Dash

Date	Athlete	Meet	Time
5/8	Shayla Mahan	UNC Elite Meet	23.86 [^]
4/11	Breehana Jacobs	Spec Town Relays	24.06
5/8	Gabrielle Glenn	UNC Elite Meet	24.10
5/8	Kelsey McCorkle	UNC Elite Meet	24.66
4/11	Sade-Shari St. Louis	Spec Town Relays	25.43

400-Meter Dash

Date	Athlete	Meet	Time
4/4	Brandi Cross	Pepsi Florida Relays	52.73 [^]
4/18	Nadonna Rodrigues	IFFG @ NC A&T	54.32 [^]
5/8	Porche Byrd	UNC Elite Meet	54.98
4/18	Kelsey McCorkle	IFFG @ NC A&T	56.58
4/8	Breehana Jacobs	State USATF Meet	56.82

800-Meter Run

Date	Athlete	Meet	Time
4/11	Danielle Barnes	Spec Town Relays	2:12.66
4/4	Sara Hartley	Pepsi Florida Relays	2:17.75
4/11	Erin Fedewa	Spec Town Relays	2:18.48
4/8	Nadonna Rodrigues	State USATF Meet	2:21.53
3/28	Tara Lindeman	Weems Baskin Invite	2:24.12

1500-Meter Run

Date	Athlete	Meet	Time
4/4	Danielle Barnes	Pepsi Florida Relays	4:39.36
5/8	Beatrice Biwott	UNC Elite Meet	4:49.32
3/28	Laura Pramstaller	Weems Baskin Invite	4:50.68
4/11	Kelsey Bristol	Spec Town Relays	4:59.70
4/8	Ashley Evens	State USATF Meet	5:01.00

3000-Meter Run

Date	Athlete	Meet	Time
3/21	Danielle Barnes	Shamrock Invitational	9:49.64

5000-Meter Run

Date	Athlete	Meet	Time
4/11	Beatrice Biwott	Spec Town Relays	17:47.21
3/20	Lisa McKinney	Shamrock Invitational	19:07.03
3/28	Elizabeth Heath	Weems Baskin Invite	19:13.28
4/8	Nicole Rheinlander	State USATF Meet	19:15.00
3/20	Laura Regensburg	Shamrock Invitational	19:55.96

Mile Run

Date	Athlete	Meet	Time
4/25	Danielle Barnes	Penn Relays	5:06.72

3000-Meter Steeplechase

Date	Athlete	Meet	Time
4/4	Beatrice Biwott	Pepsi Florida Relays	11:12.34
3/20	Kelsey Bristol	Shamrock Invitational	12:20.45

100-Meter Hurdles

Date	Athlete	Meet	Time
3/28	Janica Austin	Weems Baskin Invite	13.61 [^]
5/8	Kettiany Clarke	UNC Elite Meet	14.22

400-Meter Hurdles

Date	Athlete	Meet	Time
5/8	Janica Austin	UNC Elite Meet	59.34 [^]
4/18	Radiance Basden	IFFG @ NC A&T	1:00.49 [^]
4/23	Kettiany Clarke	Penn Relays	1:02.67

4x100-Meter Relay

Date	Team	Meet	Time
5/8	Brookins, Mahan Glenn, Jacobs	UNC Elite Meet	44.76 [^]
4/24	Brookins, Glenn Cross, Jacobs	Penn Relays	44.82 [^]
3/28	Brookins, Jacobs Cross, Glenn	Weems Baskin Invite	45.70 [^]
3/21	Brookins, Jacobs McCorkle, Glenn	Shamrock Invitational	46.35

4x200-Meter Relay

Date	Team	Meet	Time
4/4	Cross, Byrd Jacobs, Glenn	Pepsi Florida Relays	1:33.97
4/24	Glenn, Jacobs Cross, McCorkle	Penn Relays	1:35.39
3/20	Cross, Byrd McCorkle, Glenn	Shamrock Invitational	1:37.63

4x400-Meter Relay

Date	Team	Meet	Time
4/25	Cross, Jacobs Austin, Glenn	Penn Relays	3:36.71 [^]
4/4	Cross, Byrd Jacobs, Glenn	Pepsi Florida Relays	3:38.31
4/23	Cross, Glenn Rodrigues, Byrd	Penn Relays	3:45.08
4/11	Cross, Glenn Austin, Jacobs	Spec Town Relays	3:49.54

4x800-Meter Relay

Date	Team	Meet	Time
4/4	Barnes, Fedewa Pramstaller, Hartley	Pepsi Florida Relays	9:15.26
3/20	Fedewa, Hartley Lindeman, Pramstaller	Shamrock Invitational	9:16.70

Long Jump

Date	Athlete	Meet	Time
5/8	Kettiany Clarke	UNC Elite Meet	18-02.50 (5.55m)

High Jump

Date	Athlete	Meet	Mark
5/8	Cory Bowen	UNC Elite Meet	5-07.00 (1.70m)
4/23	Staley Foster	Penn Relays	5-06.00 (1.68m)
4/8	Kayla Blake	State USATF Meet	5-05.00 (1.65m)
4/18	Kettiany Clarke	IFFG @ NC A&T	5-03.75 (1.62m)

Pole Vault

Date	Athlete	Meet	Mark
4/4	Sallie Gurganus	Pepsi Florida Relays	13-01.50 (4.00m) [^]
5/8	Liza Todd	UNC Elite Meet	12-11.50 (3.95m) [^]
4/4	Allison Nicosia	Pepsi Florida Relays	12-07.50 (3.85m) [^]
4/11	Vica Shobe	Sea Relays	12-03.50 (3.75m)
5/8	CaAdrian Norman	UNC Elite Meet	11-01.75 (3.55m)
5/8	Jocelyn Henline	UNC Elite Meet	11-01.75 (3.55m)

Triple Jump

Date	Athlete	Meet	Mark
4/4	Radiance Basden	Pepsi Florida Relays	38-06.00 (11.73m)
3/21	Sarra Jones	Shamrock Invitational	35-00.50 (10.68m)

Shot Put

Date	Athlete	Meet	Mark
4/23	Stacey Roberts	Penn Relays	46-05.50 (14.16m)
4/8	Katie Vuckovich	State USATF Meet	44-07.00 (13.59m)
5/8	Aimee Kodat	UNC Elite Meet	43-01.00 (13.13m)
5/8	Shantelle Patterson	UNC Elite Meet	40-02.00 (12.24m)

Discus Throw

Date	Athlete	Meet	Mark
4/11	Aimee Kodat	Spec Town Relays	161-08 (49.28m)^
5/8	Shantelle Patterson	UNC Elite Meet	128-04 (39.11m)
4/8	Stacee Roberts	State USATF Meet	112-04 (34.23m)
3/21	Katie Vuckovich	Shamrock Invitational	96-06 (29.42m)

Hammer Throw

Date	Athlete	Meet	Mark
4/4	Shantelle Patterson	Pepsi Florida Relays	150-07 (45.89m)
4/8	Stacee Roberts	State USATF Meet	131-04 (40.04m)

Betsy Alter • So. • Chantilly, Va.

Date	Meet	Event	Finish	Time/Mark
3/28	Weems Baskin Invite	Pole Vault	16th	9-06.25 (2.90m)

Janica Austin • So. • Trenton, N.J.

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	100mH	P	13.83^
3/21	Shamrock Invitational	100mH	2nd	13.96
3/28	Weems Baskin Invite	100mH	2nd	13.61^
4/3	Pepsi Florida Relays	100mH	16th	13.94
4/8	State USATF Meet	100mH	3rd	14.35
4/18	IFFG @ NC A&T	100mH	P	13.81^
4/18	IFFG @ NC A&T	100mH	4th	13.82^
4/24	Penn Relays	100mH	P	14.13
5/8	UNC Elite Meet	100mH	1st	13.82^
3/21	Shamrock Invitational	400mH	4th	1:01.29
4/3	Pepsi Florida Relays	400mH	11th	1:00.88
4/23	Penn Relays	400mH	7th	1:00.10^
5/8	UNC Elite Meet	400mH	1st	59.34^

Danielle Barnes • Jr. • Newquay, England

Date	Meet	Event	Finish	Time/Mark
4/3	Pepsi Florida Relays	1500m	14th	4:39.36
3/21	Shamrock Invitational	3000m	1st	9:49.64
3/28	Weems Baskin Invite	400m	11th	1:01.22
4/11	Spec Town Relays	800m	4th	2:12.66
5/8	UNC Elite Meet	1500m	12th	4:40.76
4/25	Penn Relays	Mile Run	9th	5:06.72

Radiance Basden • Fr. • Greensboro, N.C.

Date	Meet	Event	Finish	Time/Mark
3/21	Shamrock Invitational	400mH	5th	1:04.57
3/28	Weems Baskin Invite	400mH	1st	1:02.97
4/3	Pepsi Florida Relays	400mH	23rd	1:03.13
4/11	Spec Town Relays	400mH	2nd	1:02.36
4/18	IFFG @ NC A&T	400mH	3rd	1:00.49^
4/23	Penn Relays	400mH	25th	1:02.43
3/21	Shamrock Invitational	Triple Jump	4th	38-01.25 (11.61m)
4/4	Pepsi Florida Relays	Triple Jump	14th	38-06.00 (11.73m)
4/11	Spec Town Relays	Triple Jump	7th	37-05.25 (11.41m)
4/18	IFFG @ NC A&T	Triple Jump	4th	38-02.00 (11.63m)

Beatrice Biwott • Fr. • Iten, Kenya

Date	Meet	Event	Finish	Time/Mark
5/8	UNC Elite Meet	1500m	22nd	4:49.32
3/20	Shamrock Invitational	3000m Steeple	1st	11:17.35
3/28	Weems Baskin Invite	3000m Steeple	1st	11:18.47
4/3	Pepsi Florida Relays	3000m Steeple	6th	11:12.34
4/23	Penn Relays	3000m Steeple	11th	11:19.11
4/11	Spec Town Relays	5000m	5th	17:47.21

Kayla Blake • So. • Summerville, S.C.

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	High Jump	4th	5-03.00 (1.60m)
3/28	Weems Baskin Invite	High Jump	3rd	5-03.00 (1.60m)
4/3	Pepsi Florida Relays	High Jump	13th	5-03.00 (1.60m)
4/8	State USATF Meet	High Jump	1st	5-05.00 (1.65m)
4/11	Spec Town Relays	High Jump	T-6th	5-01.00 (1.55m)
4/18	IFFG @ NC A&T	High Jump	2nd	5-03.75 (1.62m)
4/23	Penn Relays	High Jump	12th	5-04.50 (1.64m)
5/8	UNC Elite Meet	High Jump	9th	5-03.00 (1.60m)
3/20	Shamrock Invitational	100mH	P	17.57

Cory Bowen • Fr. • Lexington, S.C.

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	High Jump	5th	5-03.00 (1.60m)

4/3	Pepsi Florida Relays	High Jump	18th	5-03.00 (1.60m)
4/11	Spec Town Relays	High Jump	T-6th	5-01.00 (1.55m)
4/23	Penn Relays	High Jump	T-9th	5-04.50 (1.64m)
5/8	UNC Elite Meet	High Jump	4th	5-07.00 (1.70m)

Kelsey Bristol • Sr. • Grandville, Mich.

Date	Meet	Event	Finish	Time/Mark
4/8	State USATF Meet	1500m	5th	5:10.13
4/11	Spec Town Relays	1500m	9th	4:59.70
3/20	Shamrock Invitational	3000m Steeple	8th	12:20.45
3/28	Weems Baskin Invite	3000m Steeple	2nd	12:22.48

Lakya Brookins • So. • Seneca, S.C.

Date	Meet	Event	Finish	Time/Mark
4/3	Pepsi Florida Relays	100m	5th	11.52^
4/11	Spec Town Relays	100m	1st	11.30^
4/24	Penn Relays	100m	P	11.64^
4/25	Penn Relays	100m	3rd	11.32^
5/8	UNC Elite Meet	100m	2nd	11.47^

Porche' Byrd • So. • Atlanta, Ga.

Date	Meet	Event	Finish	Time/Mark
4/18	IFFG @ NC A&T	400m	7th	56.66
5/8	UNC Elite Meet	400m	4th	54.98

Katarina Cap • R-So. • Hilton Head, S.C.

Date	Meet	Event	Finish	Time/Mark
3/28	Weems Baskin Invite	5000m	5th	20:36.48

Kettiany Clarke • Jr. • West Palm Beach, Fla.

Date	Meet	Event	Finish	Time/Mark
4/8	State USATF Meet	800m	6th	2:31.08
4/11	Spec Town Races	800m	14th	2:31.58
5/8	UNC Elite Meet	100mH	4th	14.22
4/23	Penn Relays	400mH	28th	1:02.67
4/18	IFFG @ NC A&T	High Jump	3rd	5-03.75 (1.62m)
5/8	UNC Elite Meet	Long Jump	8th	18-02.50 (5.55m)
4/18	IFFG @ NC A&T	Shot Put	14th	32-03.75 (9.85m)

Brandi Cross • Jr. • Missouri City, Texas

Date	Meet	Event	Finish	Time/Mark
3/28	Weems Baskin Invite	400m	1st	54.20^
4/3	Pepsi Florida Relays	400m	4th	52.73^
4/11	Spec Town Relays	400m	1st	55.91

Ashley Evens • So. • Muamee, Ohio

Date	Meet	Event	Finish	Time/Mark
3/21	Shamrock Invitational	1500m	23rd	5:06.88
3/28	Weems Baskin Invite	1500m	14th	5:02.51
4/8	State USATF Meet	1500m	3rd	5:01.00
4/11	Spec Town Relays	1500m	11th	5:04.01

Erin Fedewa • Fr. • St. Johns, Mich.

Date	Meet	Event	Finish	Time/Mark
3/21	Shamrock Invitational	800m	9th	2:18.79
3/28	Weems Baskin Invite	800m	6th	2:22.46
4/3	Pepsi Florida Relays	800m	40th	2:19.04
4/11	Spec Town Relays	800m	9th	2:18.48
5/8	UNC Elite Meet	800m	19th	2:18.57

Staley Foster • So. • Boiling Springs, S.C.

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	High Jump	6th	5-03.00 (1.60m)
3/28	Weems Baskin Invite	High Jump	2nd	5-03.00 (1.60m)
4/8	State USATF Meet	High Jump	3rd	5-03.00 (1.60m)
4/11	Spec Town Relays	High Jump	3rd	5-05.00 (1.65m)
4/18	IFFG @ NC A&T	High Jump	4th	5-03.75 (1.62m)

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4/23	Penn Relays	High Jump	8th	5-06.00 (1.68m)
5/8	UNC Elite Meet	High Jump	5th	5-05.00 (1.65m)

Leeza Glington • Fr. • Nassau, Bahamas

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	100m	P	14.13

Gabrielle Glenn • So. • Charlotte, N.C.

Date	Meet	Event	Finish	Time/Mark
4/3	Pepsi Florida Relays	100m	10th	11.64 [^]
5/8	UNC Elite Meet	100m	3rd	11.81
5/8	UNC Elite Meet	200m	6th	24.10

Sallie Gurganus • Jr. • Todd, N.C.

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	Pole Vault	1st	12-05.50 (3.80m)
3/28	Weems Baskin Invite	Pole Vault	1st	12-09.50 (3.90m) [^]
4/3	Pepsi Florida Relays	Pole Vault	3rd	13-01.50 (4.00m) [^]
4/11	Sea Relays	Pole Vault	5th	12-07.50 (3.85m) [^]
4/18	IFFG @ NC A&T	Pole Vault	1st	12-07.50 (3.85m) [^]
4/23	Penn Relays	Pole Vault	3rd	12-11.50 (3.95m) [^]
5/8	UNC Elite Meet	Pole Vault	1st	12-11.50 (3.95m) [^]

Sara Hartley • Fr. • Naperville, Ill.

Date	Meet	Event	Finish	Time/Mark
3/21	Shamrock Invitational	800m	14th	2:21.23
4/3	Pepsi Florida Relays	800m	34th	2:17.75
4/11	Spec Town Relays	800m	8th	2:18.08

Elizabeth Heath • Fr. • Alexandria, Va.

Date	Meet	Event	Finish	Time/Mark
3/28	Weems Baskin Invite	5000m	1st	19:13.28

Jocelyn Henline • Fr. • Ellicott City, Md.

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	Pole Vault	9th	10-11.75 (3.25m)
3/28	Weems Baskin Invite	Pole Vault	11th	10-10.00 (3.30m)
4/8	State USATF Meet	Pole Vault	5th	10-08.00 (3.25m)
5/8	UNC Elite Meet	Pole Vault	15th	11-01.75 (3.40m)

Breehana Jacobs • R-Fr. • Uniontown, Pa.

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	100m	P	11.90
3/21	Shamrock Invitational	100m	1st	11.81
3/28	Weems Baskin Invite	100m	1st	11.85
4/3	Pepsi Florida Relays	100m	13th	11.77
4/11	Spec Town Relays	100m	3rd	11.74 [^]
5/8	UNC Elite Meet	100m	4th	11.84
3/21	Shamrock Invitational	200m	10th	24.48
4/11	Spec Town Relays	200m	2nd	24.06
5/8	UNC Elite Meet	200m	9th	24.24
4/8	State USATF Meet	400m	1st	56.82

Searra Jones • Fr. • Charleston, S.C.

Date	Meet	Event	Finish	Time/Mark
3/21	Shamrock Invitational	Triple Jump	10th	35-00.50 (10.68m)

Aimee Kodat • R-So. • Herndon, Va.

Date	Meet	Event	Finish	Time/Mark
3/21	Shamrock Invitational	Shot Put	6th	41-05.25 (12.63m)
3/28	Weems Baskin Invite	Shot Put	5th	40-06.25 (12.34m)
4/11	Spec Town Relays	Shot Put	6th	41-05.25 (12.63m)
4/18	IFFG @ NC A&T	Shot Put	6th	42-02.75 (12.87m)
4/23	Penn Relays	Shot Put	12th	42-08.75 (12.88m)
5/8	UNC Elite Meet	Shot Put	7th	43-01.00 (13.13m)
3/21	Shamrock Invitational	Discus	4th	142-06 (43.44m)
3/28	Weems Baskin Invite	Discus	3rd	134-05 (40.97m)

4/4	Pepsi Florida Relays	Discus	5th	146-07 (44.68m)
4/8	State USATF Meet	Discus	1st	148-07 (45.28m)
4/11	Spec Town Relays	Discus	2nd	161-08 (49.28m) [^]
4/18	IFFG @ NC A&T	Discus	2nd	147-00 (44.81m)
4/23	Penn Relays	Discus	4th	154-08 (47.15m)
5/8	UNC Elite Meet	Discus	2nd	143-04 (43.68m)

Chelsea Leroux • So. • West Barnstable, Mass.

Date	Meet	Event	Finish	Time/Mark
4/8	State USATF Meet	Javelin	7th	76-07 (23.34m)

Tara Lindeman • Fr. • Herdersonville, N.C.

Date	Meet	Event	Finish	Time/Mark
3/21	Shamrock Invitational	800m	33rd	2:33.03
3/28	Weems Baskin Invite	800m	8th	2:24.12
4/8	State USATF Meet	800m	2nd	2:24.32

Shayla Mahan • So. • Detroit, Mich.

Date	Meet	Event	Finish	Time/Mark
5/8	UNC Elite Meet	200m	3rd	23.86 [^]
4/3	Pepsi Florida Relays	400m	37th	57.63

Kelsey McCorkle • Fr. • Winterville, N.C.

Date	Meet	Event	Finish	Time/Mark
5/8	UNC Elite Meet	200m	12th	24.66
4/18	IFFG @ NC A&T	400m	6th	56.58

Lisa McKinney • Jr. • Downington, Pa.

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	5000m	17th	19:07.03

Allison Nicosia • Fr. • Aiken, S.C.

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	Pole Vault	5th	11-05.75 (3.50m)
4/3	Pepsi Florida Relays	Pole Vault	T8th	12-07.50 (3.85m) [^]
4/11	Sea Relays	Pole Vault	19th	11-05.75 (3.50m)
4/18	IFFG @ NC A&T	Pole Vault	4th	11-07.75 (3.55m)
4/23	Penn Relays	Pole Vault	T-14th	11-05.75 (3.50m)
5/8	UNC Elite Meet	Pole Vault	T-6th	11-07.75 (3.55m)

CaAdrian Norman • R-Jr. • Arlington, Texas

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	Pole Vault	10th	10-06.00 (3.20m)
3/28	Weems Baskin Invite	Pole Vault	9th	10-10.00 (3.30m)
5/8	UNC Elite Meet	Pole Vault	13th	11-01.75 (3.40m)

Shantelle Patterson • R-Fr. • Pauley's Island, S.C.

Date	Meet	Event	Finish	Time/Mark
5/8	UNC Elite Meet	Shot Put	9th	40-02.00 (12.24m)
3/28	Weems Baskin Invite	Hammer	7th	150-03 (45.80m)
4/3	Pepsi Florida Relays	Hammer	16th	150-07 (45.89m)
4/8	State USATF Meet	Hammer	1st	147-10 (45.06m)
4/11	Spec Town Relays	Hammer	6th	147-06 (44.97m)
5/8	UNC Elite Meet	Hammer	7th	148-11 (45.39m)
4/8	State USATF Meet	Discus	3rd	119-10 (36.54m)
4/18	IFFG @ NC A&T	Discus	5th	118-02 (36.53m)
5/8	UNC Elite Meet	Discus	7th	128-04 (39.11m)

Laura Pramstaller • So. • Fairfax, Va.

Date	Meet	Event	Finish	Time/Mark
3/28	Weems Baskin Invite	1500m	3rd	4:50.68
4/3	Pepsi Florida Relays	1500m	25th	4:52.52
4/11	Spec Town Races	1500m	10th	5:01.18

Laura Regensburg • R-Jr. • Alexandria, Va.

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	5000m	17th	19:55.96

Nicole Rheinlander • Fr. • Rochester Hills, Mich.

Date	Meet	Event	Finish	Time/Mark
3/21	Shamrock Invitational	1500m	29th	5:16.78
3/28	Weems Baskin Invite	1500m	18th	5:04.48
4/8	State USATF Meet	5000m	2nd	19:15.00

Stacey Roberts • Fr. • Summerville, S.C.

Date	Meet	Event	Finish	Time/Mark
4/8	State USATF Meet	Hammer	3rd	131-04 (40.04m)
3/21	Shamrock Invitational	Shot Put	2nd	44-06.75 (13.58m)
3/28	Weems Baskin Invite	Shot Put	4th	41-05.25 (12.63m)
4/4	Pepsi Florida Relays	Shot Put	23rd	42-02.25 (12.86m)
4/8	State USATF Meet	Shot Put	2nd	43-02.50 (13.17m)
4/11	Spec Town Relays	Shot Put	4th	45-07.00 (13.89m)
4/18	IFFG @ NC A&T	Shot Put	3rd	45-06.25 (13.87m)
4/23	Penn Relays	Shot Put	6th	46-05.50 (14.16m)
5/8	UNC Elite Meet	Shot Put	2nd	46-04.75 (14.14m)
3/21	Shamrock Invitational	Discus	17th	99-02 (30.23m)
3/28	Weems Baskin Invite	Discus	13th	91-00 (27.75m)
4/8	State USATF Meet	Discus	5th	112-04 (34.23m)

Nadonia Rodrigues • Fr. • Brooklyn, N.Y.

Date	Meet	Event	Finish	Time/Mark
4/18	IFFG @ NC A&T	400m	2nd	54.32 [^]
4/8	State USATF Meet	800m	1st	2:21.53
4/11	Spec Town Relays	800m	13th	2:22.39

Layna Roycraft • Fr. • Tamarac, Fla.

Date	Meet	Event	Finish	Time/Mark
3/21	Shamrock Invitational	1500m	29th	5:16.78

Vica Shobe • R-Jr. • Matthews, N.C.

Date	Meet	Event	Finish	Time/Mark
3/28	Weems Baskin Invite	Pole Vault	3rd	11-11.75 (3.65m)
4/8	State USATF Meet	Pole Vault	1st	11-11.75 (3.65m)
4/11	Sea Relays	Pole Vault	8th	12-03.50 (3.75m)
4/18	IFFG @ NC A&T	Pole Vault	3rd	12-01.50 (3.70m)
5/8	UNC Elite Meet	Pole Vault	5th	12-01.50 (3.70m)

Sade-Shari St. Louis • So. • Tacarigua, Trinidad

Date	Meet	Event	Finish	Time/Mark
3/28	Weems Baskin Invite	200m	4th	25.93
4/11	Spec Town Relays	200m	8th	25.43 [^]
4/3	Pepsi Florida Relays	400m	46th	59.15

Tamra Stanish • Fr. • Salado, Texas

Date	Meet	Event	Finish	Time/Mark
4/8	State USATF Meet	Pole Vault	4th	10-08.00 (3.25m)

Liza Todd • Sr. • Columbia, S.C.

Date	Meet	Event	Finish	Time/Mark
3/28	Weems Baskin Invite	Pole Vault	2nd	12-09.50 (3.90m) [^]
4/3	Pepsi Florida Relays	Pole Vault	11th	12-07.50 (3.85m) [^]
4/11	Sea Relays	Pole Vault	9th	12-03.50 (3.75m)
4/18	IFFG @ NC A&T	Pole Vault	2nd	12-07.50 (3.85m) [^]
4/23	Penn Relays	Pole Vault	7th	12-07.50 (3.85m)
5/8	UNC Elite Meet	Pole Vault	2nd	12-11.50 (3.95m) [^]

Katie Vuckovich • Fr. • Naperville, Ill.

Date	Meet	Event	Finish	Time/Mark
3/21	Shamrock Invitational	Shot Put	5th	41-05.75 (12.64m)
3/28	Weems Baskin Invite	Shot Put	7th	39-11.25 (12.17m)
4/4	Pepsi Florida Relays	Shot Put	28th	40-04.25 (12.30m)
4/8	State USATF Meet	Shot Put	1st	44-07.00 (13.59m)
4/11	Spec Town Relays	Shot Put	7th	40-09.00 (12.42m)
4/18	IFFG @ NC A&T	Shot Put	7th	41-10.00 (12.75m)
4/23	Penn Relays	Shot Put	13th	42-03.25 (12.74m)

5/8	UNC Elite Meet	Shot Put	8th	42-06.25 (12.96m)
3/21	Shamrock Invitational	Discus	19th	96-06 (29.42m)
3/28	Weems Baskin Invite	Discus	14th	87-04 (26.62m)

Shannon Walls • Fr. • Loveland, Ohio

Date	Meet	Event	Finish	Time/Mark
3/28	Weems Baskin Invite	5000m	4th	20:17.08

100-METER DASH

1. Shalonda Solomon	2006	11.07
2. Erica Whipple	2003	11.15
3. Aleen Bailey	2003	11.17
4. Amberly Nesbitt	2006	11.18
5. LaKya Brookins	2009	11.30
6. Shayla Mahan	2008	11.31
7. Lisa Barber	2002	11.35
8. Khalilah Carpenter	2005	11.44
9. Rodena Barr	2000	11.45
Gabrielle Glenn	2008	11.45

200-METER DASH

1. Shalonda Solomon	2006	22.36
2. Aleen Bailey	2002	22.54
3. Natasha Hastings	2007	22.61
4. Miki Barber	2001	22.71
5. Erica Whipple	2003	22.82
6. Demetria Washington	2001	22.87
7. Lisa Barber	2002	23.01
8. Khalilah Carpenter	2005	23.32
9. Stephanie Smith	2005	23.34
10. Amberly Nesbitt	2006	23.36

400-METER DASH

1. Natasha Hastings	2007	49.84
2. Miki Barber	2001	50.63
3. Lisa Barber	2002	50.87
4. Stephanie Smith	2005	50.93
5. Demetria Washington	2001	51.23
6. Lashinda Demus	2002	51.24
7. Brandi Cross	2008	51.63
8.onique Williams	1998	51.99
9. Charmaine Howell	1997	52.79
10. Krystal Cantey	2007	52.80

800-METER RUN

1. Charmaine Howell	1998	2:02.91
2. Shay Shelton	2005	2:06.30
3. Andrea Hallmon	1999	2:07.29
4. Kristina Brown	1999	2:07.47
5. Tracey Capper	1996	2:07.90
6. Lashinda Demus	2004	2:09.16
7. Deanna Smith	1997	2:09.35
8. Shannon Wyont	1990	2:09.39
9. Tawana Watkins	2004	2:09.68
10. Boikhutso Ramomene	2004	2:09.98

1,500-METER RUN

1. Tracey Capper	1996	4:26.36
2. Shannon Wyont	1990	4:28.46
3. Charmaine Howell	1998	4:29.35
4. Jenny Lake	2005	4:29.91
5. Ivana Skladana	1997	4:31.03
6. Tanya Povey	1998	4:31.45
7. Liz Figlar	1996	4:34.41
8. Joyce Peebles	2000	4:34.94
9. Danielle Adams	1992	4:36.75
10. Alexis Fife	1992	4:37.05

3,000-METER RUN

1. Tracey Capper	1994	9:43.62
2. Ivana Skaldana	1997	9:45.42
3. Liz Figlar	1996	9:46.95
4. Danielle Barnes	2009	9:49.64
5. Tanya Povey	1998	9:53.10
6. Sue McGhie	1993	9:54.10
7. Jenny Lake	2002	9:55.49
8. Joyce Peebles	1998	9:57.12
9. Alexis Fife	1991	9:57.70
10. Danielle Adams	1991	9:58.95

5,000-METER RUN

1. Sue McGhie	1994	16:42.83
2. Jenny Lake	2004	16:49.43
3. Tanya Povey	1998	16:58.87
4. Alexis Fife	1991	17:11.50
5. Danielle Adams	1994	17:24.58
6. Jill Savege	1994	17:31.35
7. Wilma DePiere	1989	17:35.30
8. Katie England	1999	17:37.94
9. Katie Orr	2000	17:41.53
10. Dana Purser	1989	17:45.50

100-METER HURDLES

1. Ellakisha Williamson	2000	12.81
2. Jackie Madison	2000	12.92
3. Tiffany Ross	2005	12.99
Lashinda Demus	2004	
5. Ronnetta Alexander	2006	13.08
6. Chiquita Martin	2007	13.28
7. Antoinette Wilks	2003	13.45
8. Shevon Stoddart	2005	13.50
9. Kettiany Clarke	2006	13.52
10. Trier Young	2008	13.57

400-METER HURDLES

1. Lashinda Demus	2004	53.43
2. Shevon Stoddart	2005	54.47
3. Tiffany Ross	2005	54.56
4. Krystal Cantey	2007	56.21
5. Tacita Bass	2001	57.31
6. Ellakisha Williamson	1999	57.32
7. Tawana Watkins	2005	57.33
8. Chiquita Martin	2006	57.78
9. Char Foster	1999	57.89
10. Trier Young	2008	58.20

3,000-METER STEEPLECHASE

1. Beatrice Biwott	2009	11:12.34
2. Lisa McKinney	2008	11:46.99
3. Kinsey Eschenburg	2002	12:03.35
4. Jessica Smith	2006	12:04.71
5. Kelsey Bristol	2009	12:20.45

4x100-METER RELAY

1. Ross, Whipple, Joyce, Bailey	2003	42.83
2. Ross, Whipple, Joyce, Solomon	2005	43.00
3. Hastings, Nesbitt, Giles, Solomon	2006	43.09
4. Whipple, Washington, L. Barber, Bailey	2002	43.12
5. USC-A	2007	43.25
6. Nesbitt, Whipple, Joyce, Solomon	2005	43.40
7. M. Barber, L. Barber, Washington, Williamson	1999	43.44
8. Williams, Washington, M. Barber, L. Barber	2001	43.48
9. Carpenter, Whipple, Joyce, Solomon	2005	43.58
Joyce, Demus, Carpenter, Whipple	2004	

4x200-METER RELAY

1. Bailey, M. Barber, Joyce, Whipple	2003	1:30.73
2. M. Barber, L. Barber, Lewis, Washington	2000	1:30.99
3. Smith, Whipple, Carpenter, Solomon	2005	1:31.56
4. Martin, Hastings, Giles, Solomon	2005	1:31.57
5. Martin, Giles, Cross, Hastings	2007	1:32.00

4x400-METER RELAY

1. Washington, Ross, Bass, Demus	2002	3:26.46
2. Demus, Stoddart, Watkins, Smith	2004	3:27.19
3. Stoddart, Hastings, Ross, Smith	2005	3:27.22
4. Washington, Ross, Stoddart, Demus	2002	3:28.06
5. Ross, Stoddart, Watkins, Bailey	2003	3:28.25
6. L. Barber, M. Barber, Bass, Washington	2001	3:28.34
7. Cantey, Giles, Cross, Hastings	2007	3:28.44
8. L. Barber, Washington, Williamson, M. Barber	2000	3:28.64
9. Bass, Demus, L. Barber, Washington	2002	3:29.10
10. Stoddart, Hastings, Watkins, S. Smith	2005	3:29.17

4x800-METER RELAY

1. Demus, Shelton, Watkins, Famonene	2004	8:45.44
2. Hallmon, Williams, Howell, Brown	1998	8:56.46
3. Brown, Hallmon, Peebles, Davis	1999	8:59.16
4. USC	2004	9:02.21
5. Skladana, Brown, Howell, Hallmon	1998	9:05.26

HIGH JUMP

1. Chelsea Hammond	2005	5-11 1/2
2. Julie Symonds	1994	5-8
3. Monica Bozenski	2006	5-7 1/4
4. Cory Bowen	2009	5-7
Kettiany Clarke	2006	
Antoinette Wilks	2002	
Jennifer Britz	1996	
8. Erin Narzinski	1998-99	5-6
Alicia Brunger	1995	
Kayla Blake	2008	

POLE VAULT

1. Cheryl Terrio	2006	13-5 3/4
2. Sallie Gurganus	2008	13-1 1/2
3. Liza Todd	2009	12-11 1/2
Kylene Nixon	1998	12-8 1/4
5. Allison Nicosia	2009	12-7 1/2
Lori Tvarunkas	2001	12-6
7. Vica Shobe	2006	12-5 1/2
8. Emily Pease	2006	11-11 3/4
9. Rachel Farabee	2004	11-5 3/4
10. Jocelyn Henline	2009	11-1 3/4
CaAdrian Norman	2008	
Becky Studebaker	1999	

TRIPLE JUMP

1. Rodena Barr	2000	44-2
2. Kemesha Whitmire	2005	43-7
3. Rhashida Abdul-Malik	2004	42-6
4. Antoinette Wilks	2002	42-4 1/4
5. Dee Dee Fortman	1996	40-6 1/4
6. Radiance Basden	2009	38-6

SHOT PUT

1. Crystal Brownlee	1997	56-8 1/2
2. Dawn Ellerbe	1997	54-9 1/2
3. Precious Akins	2006	53-0
4. Lisa Misipeka	1997	52-6 1/2
5. India Odum	2004	52-0
6. Michelle Fournier	1999	50-0 3/4
7. Leslie Coons	1994	49-4 1/4
8. Lynette Keppler	2001	48-10 3/4
9. Stacey Roberts	2009	46-5 1/2
10. Keri Groover	2002	46-5 1/4

DISCUS

1. Precious Akins	2006	185-9
2. Dawn Ellerbe	1997	183-8
3. Lisa Misipeka	1996	171-1
4. Keri Groover	2002	168-7
5. Alana Robinson	2000	168-6
6. Michelle Fournier	1999	167-2
7. Aimee Kodat	2009	161-8
8. Leslie Coons	1994	160-10
9. India Odum	2002	154-6
10. Mamee Groves	2000	152-5

HAMMER

1. Lisa Misipeka	1998	213-3
2. Dawn Ellerbe	1997	210-2
3. Michelle Fournier	1999	206-3
4. Loren Thouvenot	1997	177-7
5. Candy Mitchell	1997	177-3

HEPTATHLON

1. Erin Narzinski	1998	5,664
2. Tacita Bass	2001	5,634
3. Chelsea Hammond	2004	5,405
4. Antoinette Wilks	2003	5,337
5. Kettiany Clarke	2006	5,181

1992 - 12TH

No scorers

1993 - 10TH

1,500m - Liz Figlar (6), Tracey Capper (7)
 5,000m - Sue McGhie (6)
 10,000m - Kristen Kroger (6)
 Shot Put - Dawn Ellerbe (7)

1994 - 5TH

1,500m - Tracey Capper (8)
 10,000m - Sue McGhie (2), Jill Savage (4)
 400mH - Rhody Williams (8)
 High Jump - Julie Symonds (5)
 Long Jump - LaTasha Hughes (8)
 Shot Put - Lisa Misipeka (2), Leslie Coons (6)
 Discus - Lisa Misipeka (4), Leslie Coons (5)
 Javelin - Leslie Coons (1), Marcia Chmura (3)

1995 - 8TH

1,500m - Tracey Capper (6)
 5,000m - Tracey Capper (8)
 100mH - Rhody Williams (4)
 400mH - Rhody Williams (8)
 Shot Put - Crystal Brownlee (3), Dawn Ellerbe (6)
 Discus - Dawn Ellerbe (1)

1996 - 2ND

1,500m - Liz Figlar (8)
 4x400m - USC (8)
 Long Jump - Tijuana Noisette (8)
 Shot Put - Crystal Brownlee (1), Lisa Misipeka (2), Dawn Ellerbe (3)
 Discus - Dawn Ellerbe (1), Lisa Misipeka (2)
 Hammer - Dawn Ellerbe (1), Lisa Misipeka (2), Marcia Chmura (3), Candy Mitchell (4), Crystal Brownlee (5)
 Javelin - Candy Mitchell (2), Marcia Chmura (5), Erin Narzinski (6)
 Heptathlon - Erin Narzinski (2), Jennifer Britz (7)

1997 - 3RD

400m - Tonique Williams (2)
 800m - Charmaine Howell (2)
 1,500m - Ivana Sklandana (7)
 4x400m - USC (4)
 Long Jump - Erin Narzinski (8)
 Shot Put - Crystal Brownlee (1), Lisa Misipeka (4), Dawn Ellerbe (5)
 Discus - Dawn Ellerbe (2), Lisa Misipeka (6)
 Hammer - Lisa Misipeka (1), Dawn Ellerbe (2), Loren Thouvenot (4), Crystal Brownlee (6), Candy Mitchell (7)
 Javelin - Candy Mitchell (2), Marcia Chmura (5), Erin Narzinski (6)
 Heptathlon - Erin Narzinski (1)

1998 - 2ND

400m - Tonique Williams (1)
 800m - Charmaine Howell (2)
 3,000m - Joyce Peebles (8)
 5,000m - Tanya Povey (3)
 10,000m - Tanya Povey (1)
 4x100m - USC (7)

4x400m - USC (5)
 Pole Vault - Kylee Nixon (1)
 Triple Jump - Rodena Barr (6)
 Shot Put - Crystal Brownlee (1), Lisa Misipeka (5), Michelle Fournier (7)
 Discus - Michelle Fournier (4), Lisa Misipeka (5)
 Hammer - Lisa Misipeka (1), Michelle Fournier (2), Crystal Brownlee (5), Loren Thouvenot (7)
 Javelin - Erin Narzinski (3), Loren Thouvenot (8)
 Heptathlon - Erin Narzinski (2)

1999 - 1ST

200m - Miki Barber (4), Demetria Washington (7)
 400m - Miki Barber (1), Demetria Washington (3)
 800m - Kristina Brown (4), Andrea Hallmon (6)
 10,000m - Katie England (6)
 100mH - Ellakisha Williamson (1), Jacqueline Madison (5)
 400mH - Ellakisha Williamson (1), Tacita Bass (6), Jacqueline Madison (8)
 4x100m - USC (3)
 4x400m - USC (1)
 Pole Vault - Becky Studebaker (8)
 Triple Jump - Rodena Barr (6)
 Shot Put - Michelle Fournier (4), Lynette Keppeler (5)
 Discus - Michelle Fournier (2), Alana Robinson (3)
 Hammer - Michelle Fournier (1), Candy Mitchell (7)
 Javelin - Candy Mitchell (3)

2000 - 2ND

100m - Rodena Barr (6)
 200m - Miki Barber (1), Demetria Washington (4), Lisa Barber (5), Mechelle Lewis (6)
 400m - Miki Barber (1), Demetria Washington (2)
 800m - Kristina Brown (4), Andrea Hallmon (8)
 1,500m - Joyce Peebles (7)
 10,000m - Katie Orr (5)
 100mH - Ellakisha Williamson (3), Jackie Madison (5)
 400mH - Ellakisha Williamson (4), Jackie Madison (7)
 4x100m - USC (2)
 4x400m - USC (1)
 Pole Vault - Kylee Nixon (T-2), Lori Tvarunas (T-8)
 Long Jump - Antoinette Wilks (7)
 Triple Jump - Rodena Barr (3), Antoinette Wilks (8)
 Shot Put - Lynette Keppeler (6)
 Hammer - Loren Thouvenot (5)
 Discus - Alana Robinson (3)
 Javelin - Candy Mitchell (2)

2001 - 3RD

100m - Lisa Barber (2)
 200m - Demetria Washington (2), Miki Barber (3), Lisa Barber (6)
 400m - Miki Barber (1), Demetria Washington (2)
 800m - Andrea Hallmon (3)
 100mH - Jackie Madison (3)
 400mH - Tacita Bass (1), Shontel Powell (7)

4x100m - USC (1)
 4x400m - USC (1)
 Pole Vault - Kylee Nixon (6)
 Triple Jump - Antoinette Wilks (9)
 Shot Put - Lynette Keppeler (4)
 Discus - Alana Robinson (2)
 Heptathlon - Tacita Bass (3)

2002 - 1st

100m - Aleen Bailey (2), Lisa Barber (3), Erica Whipple (7)
 200m - Aleen Bailey (2), Lisa Barber (4), Demetria Washington (7)
 400m - Lashinda Demus (1), Demetria Washington (2)
 100mH - Tiffany Ross (2)
 400mH - Tiffany Ross (1), Lashinda Demus (2), Tacita Bass (4), Shevon Stoddart (5)
 4x100m - Lewis, Washington, L. Barber, Bailey (2)
 4x400m - L. Barber, Ross, Stoddart, Lewis (1)
 Long Jump - Antoinette Wilks (2)
 Triple Jump - Rashida Abdul-Malik (5)
 Shot Put - India Odum (8)
 Discus - Keri Groover (5)
 Javelin - Heather Nisbet (8)
 Heptathlon - Tacita Bass (1), Antoinette Wilks (3), Chelsea Hammond (5)

2003 - 4TH

100m - Erica Whipple (2), Aleen Bailey (3)
 200m - Erica Whipple (1), Aleen Bailey (3)
 400m - Shevon Stoddart (5), Tawana Watkins (6)
 100mH - Antoinette Wilks (6)
 400mH - Tiffany Ross (1), Shevon Stoddart (3), Tawana Watkins (8)
 4x100m - USC (2)
 4x400m - USC (3)
 Long Jump - Chelsea Hammond (8)
 Shot Put - India Odum (6)
 Heptathlon - Antoinette Wilks (3), Chelsea Hammond (4)

2004 - 4TH

100m - Erica Whipple (7), Khalilah Carpenter (5)
 200m - Khalilah Carpenter (4)
 400m - Stephanie Smith (6)
 100mH - Ronnetta Alexander (7), Lashinda Demus (3)
 400mH - Chiquita Martin (7), Shevon Stoddart (2), Lashinda Demus (1)
 4x100m - Alexander, Whipple, Smith, Carpenter (3)
 4x400m - Stoddart, Smith, Carpenter, Demus (2)
 High Jump - Chelsea Hammond (6)
 Long Jump - Kemesha Whitmire (6), Chelsea Hammond (5)
 Triple Jump - Kemesha Whitmire (6), Rhashida Abdul-malik (5)
 Discus - Precious Akins (4)
 Javelin - Katie Desin (3)
 Heptathlon - Chelsea Hammond (2)

2005 - 1st

100m - Shalonda Solomon (2), Erica Whipple (6), Alexis Joyce (8)
 200m - Shalonda Solomon (1), Stephanie Smith (4), Erica Whipple (5), Khalilah Carpenter (8)

400m - Natasha Hastings (1), Tawana Watkins (4), Stephanie Smith (6)
 800m - Shay Sheldon (4)
 100mH - Shevon Stoddart (3)
 400mH - Tiffany Ross-Williams (1), Shevon Stoddart (2), Tawana Watkins (3)
 4x100m - Joyce, Nesbitt, Solomon, Whipple (1)
 4x400m - Hastings, Ross-Williams, Smith, Stoddart (1)
 Pole Vault - Cheryl Terrio (3)
 Triple Jump - Kemesha Whitmire (1)
 Shot Put - Precious Akins (5)

2006 - 3RD

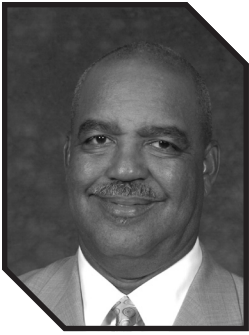
100m - Shalonda Solomon (3), Amberly Nesbitt (7)
 200m - Shalonda Solomon (1), Amberly Nesbitt (7)
 400m - Natasha Hastings (2), Stephanie Smith (8)
 100mH - Ronnetta Alexander (3), Chiquita Martin (7)
 400mH - Chiquita Martin (3), Bailey Lewis (6)
 4x100m - Hastings, Nesbitt, Giles, Solomon (1)
 High Jump - Monica Bozenski (8)
 Pole Vault - Cheryl Terrio (4)
 Shot Put - Precious Akins (3)
 Discus - Precious Akins (3), Kerri Groover (8)
 Heptathlon - Kettiany Clarke (3)

2007 - 5TH

100m - Shalonda Solomon (3)
 200m - Shalonda Solomon (3), Natasha Hastings (4)
 400m - Natasha Hastings (1)
 100mH - Chiquita Martin (4), Ronnetta Alexander (8)
 400mH - Krystal Cantey (2nd), Chiquita Martin (3), Trier Young (5), Tawana Watkins (8)
 4x100m - Martin, Hastings, Giles, Solomon (1)
 4x400m - Cantey, Giles, Cross, Hastings (1)
 Discus - Precious Akins (1)
 Long Jump - Brittney James (7)

2008 - 8th

200m - Shayla Mahan (8)
 400m - Brandi Cross (2)
 100mH - Trier Young (7)
 400mH - Trier Young (4)
 4x100m - Brookins, Mahan, Giles, Glenn (3)
 Pole Vault - Sallie Gurganus (T7)
 Long Jump - Brittney James (3)
 Discus - Aimee Kodat (7)
 Heptathlon - Kettiany Clarke (6)



Curtis Frye

South Carolina Head Coach

13th Season // East Carolina '74

Entering the 2009 track season in his 13th year as head track & field and cross country coach at South Carolina, Curtis Frye has established a program that is regarded as one of the nation's elite. Frye has coached or overseen over 60 NCAA champions, 108 SEC champions and more than 380 NCAA All Americans during his career.

In October 2008, Frye was bestowed the Order of Ikko Medallion, presented by the United States Olympic Committee. A special order reserved for the coach of an Olympic or Paralympic medalist, Frye received the honor after coaching Jerome Singleton Jr. to a silver medal in the men's 100-meter dash at the 2008 Paralympic Games in Beijing. The medallion signifies the highest level of excellence that a coach can achieve.

Frye has coached an NCAA champion in all but one year since 1998, including at least one national champion every year since 2005. In 2008, Frye coached Jason Richardson to the 110-meter hurdles outdoor title after coaching six national champions the year before. All six national champions in 2007 were on the women's side with Natasha Hastings sweeping the 400m indoor and outdoor titles along with the mile relay team of Hastings, Krystal Cantey, Brandi Cross and Stephanie Smith. In addition, Frye has coached an SEC champion every year he has been at South Carolina.

One of the most well-respected coaches in the country, Frye brought South Carolina its first team NCAA championship in any sport when his women's team captured the 2002 NCAA Outdoor Championship crown. Frye is a three-time United States Track Coaches Association (USTCA) National Coach of the Year, taking home the 1999 and 2002 women's outdoor honors and the 1999 men's indoor honors. In taking home the men's indoor and women's outdoor coach of the year honors in 1999, he became the first person in the history of the USTCA to win the award indoors and outdoors in the same year. In 2001, he earned the prestigious Nike Coach of the Year award and was also named the 1997 USOC Track & Field Coach of the Year. Frye is also a three-time SEC Coach of the Year with the honor coinciding with his three women's outdoor conference championships in 1999, 2002 and 2005.

During his tenure at South Carolina, Frye has coached 10 SEC Athletes of the Year, the most recent being Johnny Dutch, who was named the 2008 SEC Freshman Runner of the Year (outdoors). He has also coached five national athletes of the year in Hastings (2007-overall), Demetria Washington (2002-indoor), Lashinda Demus (2002-overall), Terrence Trammell (2000-outdoor) and Miki Barber (2000-outdoor). Demus was acknowledged by Track and Field News while the United States Track & Field and Cross Country Coaches Association (USTFCCA) honored the other four recipients.

On the women's side, Frye's teams have placed in the top 10 nationally outdoors in all but two of his seasons at Carolina. In addition to the team title in 2002, his teams earned the silver medal in 2005 and took home the bronze in 2003 and 2006. On the men's side, Frye's team placed in the top 25 nationally indoors in all but three of his seasons.

Along with continued success on the track, Frye has produced winners in the classroom on a consistent basis. Frye's athletes have earned four USTFCCA National Scholar-Athlete of the Year honors in addition to an SEC Scholar-Athlete of the Year award. Richardson swept the indoor and outdoor national honors in 2008, following awards earned by 2006 National Indoor Scholar Athlete of the Year Shalonda Solomon and 2002 National Scholar Athlete of the Year Otukile Lekote.

CURTIS FRYE COACHING HIGHLIGHTS

One of USA's best coaches

- ✓ Named to USA's Olympic track and field staff for Athens 2004, serving as a USA women's assistant coach for sprints and hurdles; Saw three former athletes win gold medals
- ✓ Head coach of an NCAA champion team (2002 women's outdoor)
- ✓ Bestowed with Order of Ikko medallion in 2008
- ✓ Head coach of three SEC Championship Teams (1999 women's outdoor, 2002 women's outdoor, 2005 women's outdoor)
- ✓ 1999 and 2002 USTCA Women's Outdoor National Coach of the Year
- ✓ 1999 USTCA Men's National Indoor Coach of the Year
- ✓ 1999, 2002 and 2005 SEC Women's Outdoor Coach of the Year
- ✓ In 2002, coached athletes who won seven NCAA titles and four gold and one silver medal at the World Junior Championships; In addition, had two named National Athletes of the Year and one named Men's National Scholar-Athlete of the Year
- ✓ 2001 Nike Coach of the Year
- ✓ 2001 Goodwill Games USA men's head coach
- ✓ 2000 USTCA Women's Outdoor Region Coach of the Year
- ✓ 1999 assistant coach for the USA at the World Track and Field Championships
- ✓ 1997 USOC Track and Field Coach of the Year
- ✓ 1980 North Carolina HS Coach of the Year
- ✓ Founder of Speed Elite, formerly South Carolina Elite, a track and field club for serious athletes with the goal of making the 2000 Sydney Olympics and the 2004 Athens Olympics
- ✓ Assistant coach for 18 ACC championship teams
- ✓ Coached 10 Olympic medalists
- ✓ Coached 25 Olympians
- ✓ Coached over 60 NCAA champions
- ✓ Coached over 390 NCAA All-Americans
- ✓ Coached over 100 SEC champions
- ✓ Coached over 75 ACC champions

In his career, Frye has coached 25 Olympians who have won 10 medals heading into the 2008 Olympic Games in Beijing. Nine of his former student-athletes are scheduled to compete at the 2008 Olympic Games, six of them as first-time Olympians. Frye served as an assistant coach for the 2004 USA Olympic women's track team with responsibilities that included working with the sprinters and the relays. He also accompanied his former athletes to the 2000 Sydney Olympics. Frye's athletes won three gold medals in 2004 by Tonique Williams-Darling (Bahamas-400m), Otis Harris (USA-4x400m relay) and Aleen Bailey (Jamaica-4x100m relay).

Hired at South Carolina on July 29, 1996, Frye came to Columbia after serving as assistant head coach at North Carolina for four years. During his tenure at UNC, he was a part of 13 ACC championship teams.

Prior to his stint with the Tar Heels, Frye was an assistant coach at Florida from 1988 to 1992. While with the Gator program, he coached three NCAA individual champions and one relay champion team. In total, 29 All-America certificates were earned while Frye was in Gainesville.

From 1984 to 1988, Frye was an assistant coach for N.C. State, aiding the Wolfpack to four conference championships. He was instrumental in leading State to 27 All-America honors, four individual NCAA second-place finishes and 37 conference champions.

Frye began his coaching career as an assistant at his alma mater, East Carolina, in 1974. He also served as head coach for the men's soccer team and was director of facilities. Frye took a break from the collegiate ranks from 1979 to 1984 when he was head track and field coach for Douglas Byrd High School in Fayetteville, N.C.

Frye and his wife, Wilma, have three children: Crystal, C.J. and Curtrell.

THE CURTIS FRYE FILE

Born: Oct. 20, 1951, Vass, N.C.
High School Education: Union Pine High School, Cameron, N.C.
College Education: Bachelor of Science, physical education, East Carolina, 1974
High School Athletics: Lettered in track, football and baseball
College Coaching Career:
 1974-79, Assistant Coach, East Carolina
 1984-88, Assistant Coach, N.C. State
 1988-92, Assistant Coach, Florida
 1992-96, Assistant Coach, North Carolina
 1996-Present, Head Coach, South Carolina
High School Coaching Career:
 1979-84, Douglas Byrd High School
Wife: Wilma
Children: Daughters Crystal and Curtrell; Son Curtis, II
Notable Athletes Coached: Aleen Bailey, Miki Barber, Lashinda Demus, Leroy Dixon, Otis Harris, Natasha Hastings, Mechelle Lewis, Rodney Martin, Shalonda Solomon, Terrence Trammell, Tonique Williams-Darling

HEAD COACH CURTIS FRYE



The Frye Family: Crystal, Wilma, Tyler, Curtis and Curtrell
 Not Pictured: C.J.

USC NCAA FINISHES UNDER FRYE

Year	MEN		WOMEN	
	Indoor	Outdoor	Indoor	Outdoor
1997	7th	T-40th	4th	7th
1998	T-7th	T-11th	T-11th	7th
1999	4th	T-6th	T-18th	7th
2000	T-8th	T-11th	2nd	T-6th
2001	T-16th	T-19th	2nd	4th
2002	6th	6th	4th	1st
2003	4th	10th	T-2nd	3rd
2004	14th	T-31st	T-10th	T-7th
2005	9th	T-26th	5th	T-2nd
2006	T-33rd	T-30th	T-10th	3rd
2007	25th	34th	T-10th	12th
2008	30th	18th	T-53rd	22nd
2009	T-20th	N/A	T-12th	N/A

USC SEC FINISHES UNDER FRYE

Year	MEN		WOMEN	
	Indoor	Outdoor	Indoor	Outdoor
1997	4th	5th	4th	3rd
1998	4th	5th	4th	2nd
1999	2nd	6th	3rd	1st
2000	8th	8th	3rd	2nd
2001	T-7th	8th	3rd	3rd
2002	9th	7th	4th	1st
2003	3rd	T-6th	2nd	4th
2004	7th	10th	5th	4th
2005	7th	9th	5th	1st
2006	5th	5th	T-3rd	3rd
2007	10th	8th	5th	5th
2008	7th	7th	9th	8th
2009	T-4th	N/A	5th	N/A

USC MEN'S NCAA CHAMPIONS UNDER FRYE

Clint Crenshaw (1) 1999 - 4x100m (O)
Jonathan Fortenberry (1) 2002 - 4x400m (O)
Otis Harris (1) 2002 - 4x400m (O)
Otukile Lekote (4) 2001 - 800m (O)
 2002 - 800m (I)
 2002 - 800m (O)
 2002 - 4x400m (O)
James Law (1) 2002 - 4x400m (O)
Shah Mays (1) 1999 - 4x100m (O)
Jamie Price (1) 1999 - 4x100m (O)
Jason Richardson (1) 2008 - 110mH (O)

Brad Snyder (3) 1998 - Shot Put (I)
 1999 - Shot Put (O)
 1999 - Shot Put (I)

Terrence Trammell (6) 1999 - 60mH (I)
 1999 - 110mH (O)
 1999 - 4x100m (O)
 2000 - 60m (I)
 2000 - 60mH (I)
 2000 - 110mH (O)

USC WOMEN'S NCAA CHAMPIONS UNDER FRYE

Aleen Bailey (3) 2002 - 4x100m (O)
 2003 - 100m (O)
 2003 - 200m (O)

Lisa Barber (1) 2000 - 4x400m (O)
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Miki Barber (5) 2000 - 200m (I)
 2000 - 400m (O)
 2000 - 4x400m (O)
 2001 - 4x400m (I)
 2002 - 4x100m (O)

Tacita Bass (3) 2001 - 4x400m (I)
 2002 - 4x400m (I)
 2002 - 4x400m (O)

LaKya Brookins (1) 2009 - 60m (I)
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Krystal Cantey (1) 2007 - 4x400m (I)
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Brandi Cross (1) 2007 - 4x400m (I)
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Lashinda Demus (4) 2002 - 400mH (O)
 2002 - 4x400m (I)
 2002 - 4x400m (O)
 2003 - 400m (I)

Dawn Ellerbe (2) 1997 - Hammer (O)
 1997 - 20lb Weight (I)

Sheneka Griffin (1) 2001 - 4x400m (I)
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Natasha Hastings (3) 2007 - 4x400m (I)
 2007 - 400m (I)
 2007 - 400m (O)

Lisa Misipeka (2) 1998 - Hammer (O)
 1998 - 20lb Weight (I)

Amberly Nesbitt (1) 2006 - 100m (O)
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Tiffany Ross-Williams (2) 2002 - 4x400m (O)
 2005 - 4x400m (I)

Stephanie Smith (2) 2005 - 4x400m (I)
 2007 - 4x400m (I)

Shalonda Solomon (3) 2005 - 4x400m (I)
 2006 - 200m (I)
 2006 - 200m (O)

Shevon Stoddart (2) 2002 - 4x400m (I)
 2005 - 4x400m (I)

Demetria Washington (6) 2000 - 4x400m (O)
 2001 - 400m (I)
 2001 - 4x400m (I)
 2002 - 4x100m (O)
 2002 - 4x400m (I)
 2002 - 4x400m (O)

Erica Whipple (1) 2002 - 4x100m (O)
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Ellakisha Williamson (1) 2000 - 4x400m (O)
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USC ALL-AMERICANS UNDER FRYE

Year	MEN		WOMEN	
	Indoor	Outdoor	Indoor	Outdoor
1997	5	5	5	6
1998	4	6	3	7
1999	5	6	5	5
2000	1	4	5	7
2001	4	5	5	6
2002	6	8	7	9
2003	6	6	7	8
2004	3	1	7	8
2005	2	3	8	8
2006	2	3	7	8
2007	5	7	5	5
2008	1	6	5	5
2009	6	N/A	6	N/A

USC SEC CHAMPIONS UNDER FRYE

Year	MEN		WOMEN	
	Indoor	Outdoor	Indoor	Outdoor
1997	3	2	1	3
1998	3	2	2	4
1999	3	2	2	6
2000	1	1	1	4
2001	1	2	6	6
2002	1	4	4	6
2003	4	4	4	2
2004	—	—	—	1
2005	—	—	—	9
2006	—	—	1	4
2007	—	—	1	3
2008	1	1	—	—
2009	1	N/A	1	N/A

NOTES