

Event 1 Men Distance Medley (5)

School			Seed	Finals
Section 1 Timed Finals				
1	High Point 'A'		10:01.35	
	1) Juan Torres, Alejandro SR	2) Romero, Pablo SO		
	3) Pina Cardona, Siro FR	4) Bouchark, Houcine FR		
2	Hampton 'A'		10:10.75	
	1) McCullough, Geoffrey SO	2) Gary, Khalil SO		
	3) Burris, Tayvon JR	4) Too, Emmanuel JR		
3	Winthrop 'A'		10:18.53	
	1) Kahler, Theo SO	2) Barringer, Cullen SR		
	3) Jarvis, Hunter SO	4) Mills, Kevin JR		
4	Vcu 'A'		10:31.11	
	1) Sidle, Lucas SO	2) Aguolu, Chukwuezugbo SO		
	3) Conway, Austin JR	4) Catlett, Bryce SO		
5	Howard 'A'		10:37.90	
	1) Bah, Mohamed SR	2) Closson, Mekhi FR		
	3) Gordon-Bester, Anthony FR	4) Fullerton, Tariq JR		

Event 2 Women Distance Medley (10)

School			Seed	Finals
Section 1 Timed Finals				
1	William and Mary 'A'		11:51.69	
	1) Finikiotis, Lauren FR	2) Jones, Taylor FR		
	3) Wheeler, Kacey SR	4) Applegate, Molly SR		
2	High Point 'A'		11:58.81	
	1) Baudinet, Caroline FR	2) Brown, Kanajzae SO		
	3) Case, Keaton JR	4) Heinst, Famke FR		
3	Liberty 'A'		11:59.00	
	1) Van Wyk, Anna SO	2) Behymer, Olivia SR		
	3) Smith, Heidi FR	4) Palmer, Noel FR		
4	Vcu 'A'		12:02.66	
	1) Brown, Ashley SO	2) Sheehy, Ann JR		
	3) Greenlee, Ashley JR	4) Holleran, Courtney SR		
5	Marshall 'A'		12:05.97	
	1) Castro, Barkley SR	2) Wilkerson, Talor FR		
	3) Zulauf, Mary FR	4) Swann, HollyAnn SR		
6	Elon 'A'		12:07.82	
	1) Smith, Emily SO	2) Varisco de Oliveira, Gabriela F		
	3) Savioz, Natacha JR	4) Smith, Chelsea JR		
7	Winthrop 'A'		12:17.95	
	1) Henson, Harper SO	2) Vandross, LaSamrae JR		
	3) Ballou, Kelsey JR	4) Paxton, Olivia NA		
8	Howard 'A'		12:42.08	
	1) Benson, Sydney SO	2) Hale, Aliyah SR		
	3) Hardy, Jasmine JR	4) Stanford, Destiny FR		
9	Kennesaw State 'A'		12:42.19	
	1) Meyer, Katie FR	2) Dew, Megan FR		
	3) Poteet, Reagan FR	4) Grant, Saidah SR		
10	Radford 'A'		13:50.00	

- | | |
|------------------------|-----------------------|
| 1) Burton, Courtney SR | 2) Foster, Karah FR |
| 3) Tilley, Madeline FR | 4) Brindley, Naomi FR |

Event 3 Men 4x60 Meter Shuttle Hurdle (3)

School		Seed	Finals
Section 1 Timed Finals			
1	Vcu 'A'	37.00	
	1) Davis, Ian SO	2) Mukeni, Jonathan FR	
	3) Halphen, Stephen SO	4) Abdul-Ali, Zayd SR	
3	Liberty 'A'	32.88	
	1) Atkinson, Jovaine SO	2) Ballengee, Markus SO	
	3) Rolle, Branson FR	4) Davis, Jeremy FR	
7	South Carolina 'A'	33.00	
	1) Froschauer, Matt SO	2) Briggs, Kaden FR	
	3) Flores, Marc FR	4) Moore, Isaiah SR	

Event 4 Women 4x60 Meter Shuttle Hurdle (5)

School		Seed	Finals
Section 1 Timed Finals			
1	Liberty 'A'	36.00	
	1) Jeffcoat, Tiffany FR	2) Mulder, Jaiden SO	
	3) Polsgrove, Kylie SR	4) Dodson, Katie SO	
3	Marshall 'A'	35.71	
	1) Carreon, Hannah SO	2) Tremble, Isabella FR	
	3) Robinson, Taylor FR	4) Bever, Sarah JR	
7	Hampton 'A'	35.85	
	1) Scott, Kaitlin JR	2) Mcmillan, Kylie JR	
	3) Zerbini, Silvia SR	4) Eley, Crystal JR	
Section 2 Timed Finals			
3	Vcu 'A'	NT	
	1) Beres, LeClare JR	2) Konin, Sakia JR	
	3) Revell, Daijona JR	4) Higgins, Courtney FR	
7	Kennesaw State 'A'	NT	
	1) McKinnon, Zakirra JR	2) Simpkins, Jirah SO	
	3) High, Olympia FR	4) Dew, Megan FR	

Event 5 Men 5000 Meter Run (22)

Name		Year School	Seed	Finals
Section 1 Timed Finals				
1	Tucker, AJ	SR Unattached	14:30.00	
2	Corgliano, Louis	SR Maryland	14:35.29	
3	Trojan, JP	SO William and	14:43.47	
4	Collichio, Dominic	SR Unc-Ashevill	14:45.23	
5	Sakallah, Faris	SR William and	14:46.22	
6	Minor, Alex	SO Marshall	14:55.78	
7	Green, Daniel	JR Marshall	14:57.64	
8	Pratt, Micah	FR Unattached	15:00.00	
9	Kemboi, Bill	SO Norfolk Stat	15:00.55	
10	Cacciatore, Andrew	JR William and	15:01.02	
11	Kiprotich, Felix	SO Norfolk Stat	15:08.85	
Section 2 Timed Finals				
1	Boone, Zach	JR Unc-Ashevill	15:25.05	
2	Bett, Festus	SO Norfolk Stat	15:34.49	
3	Alidost, Bismillah	SR VCU	15:34.61	
4	Michener, Nathaniel	SR Unattached	15:35.00	

5	Morales, TJ	SO High Point	15:40.00
6	Deem, Hunter	SO Marshall	15:45.84
7	Cisneros, Juan	FR Radford	15:50.00
8	Decker, Pete	FR Radford	15:50.00
9	Parker, Graham	SO Unc-Ashevill	15:55.00
10	Kosanovich, Malik	FR Howard	15:57.00
11	De La Rama, James	FR VCU	16:46.61

Event 6 Women 5000 Meter Run (17)

=====				
	Name	Year School	Seed	Finals
=====				
Section 1	Timed Finals			
1	Geraniotis, Coralea	JR Elon	17:00.00	
2	Cook, Adrianna	SO Marshall	17:22.27	
3	Lang, Brittany	SO Maryland	17:28.05	
4	Cain, Shelby	SR Richmond	17:30.00	
5	Mills, Eryn	JR Richmond	17:35.76	
6	Angers, Jordan	JR Richmond	17:38.69	
7	Garcia, Ariana	FR Unc-Greensbo	17:50.00	
8	Barrick, Molly	FR Maryland	17:55.18	
9	Farrell, Caitlyn	JR Kennesaw Sta	18:03.44	
10	Velasco, Pollyanna	JR Hampton	18:13.43	
11	Augelli, Caroline	SO Maryland	18:15.00	
12	Goodrich, Sarah	SO William and	18:19.24	
13	Keitany, Faith	SO Hampton	18:25.99	
14	Johnson, Asia	SO Hampton	18:37.18	
15	Hellman, Julia	FR High Point	18:40.00	
16	Fessehatzion, Feven	FR Howard	19:55.00	
17	Mordoff, Holly	SO Unc-Greensbo	NT	

Event 7 Women 60 Meter Hurdles Prelims (28)

=====				
	Name	Year School	Seed	relim Time
=====				
Heat 1	Prelims			
1	Divine, Queen	SO Howard	9.46	
2	High, Olympia	FR Kennesaw Sta	9.10	
3	Dixon, Emily	SR Elon	8.84	
4	Grober, Heather	FR Unc-Ashevill	10.28	
5	McKinnon, Zakirra	JR Kennesaw Sta	8.88	
6	Young, I'Cess	FR Unc-Ashevill	10.00	
7	Sullivan, Margaret	JR William and	9.06	
Heat 2	Prelims			
1	Miller, Bri	JR William and	9.12	
2	Harrison, Karryngton	FR Radford	8.98	
3	Dodson, Katie	SO Liberty	8.81	
4	Eley, Crystal	JR Hampton	8.95	
5	Mulder, Jaiden	SO Liberty	9.04	
6	Pagliaro, Alaina	FR Radford	9.09	
7	Harris, Taleya	JR Howard	9.08	
Heat 3	Prelims			
1	Revell, Daijona	JR VCU	9.16	
2	Whittaker, Rachael	FR Winthrop	10.30	
3	McLean, Corbin	SR Unattached	8.90	
4	Nichols, Kayli	SR Unc-Ashevill	8.86	
5	Robinson, Taylor	FR Marshall	8.91	
6	Becker, Grace	JR William and	9.15	
7	Washington, Tenae	SO Radford	8.82	
Heat 4	Prelims			
1	Berkeley, Haley	SO Richmond	10.14	

2	James, Kellyann	JR Norfolk Stat	9.15
3	Rodgers, Aaliyah	SO Elon	9.54
4	Clemens, Sydney	SO Platinum Spo	8.90
5	Banks, Khoi	SO VCU	8.97
6	Smith, Alisha	SO Winthrop	10.54
7	Currie, Jadyn	FR William and	9.27

Event 9 Men 60 Meter Hurdles (23)

=====			
	Name	Year School	Seed relim Time
=====			

Heat 1	Prelims		
1	Imes IV, Steven	FR Howard	9.26
2	Mukeni, Jonathan	FR VCU	9.22
3	Moore, Isaiah	SR South Caroli	7.77
4	Ballengee, Markus	SO Liberty	8.28
5	Davis, Amir	FR Kennesaw Sta	8.72
6	Beane, Jeffrey	SR Unc-Greensbo	8.57
7	Adams, Cameron	FR Winthrop	9.63
8	Stainback, Gabriel	FR High Point	8.97

Heat 2	Prelims		
1	Gyllensten, Simon	SR South Caroli	8.83
2	Akindele, Dayo	JR Kennesaw Sta	8.00
3	13 Myrick, Kysheen	Unat-Liberty	9.40
4	Davis, Jeremy	FR Liberty	8.55
5	Atkinson, Jovaine	SO Liberty	7.75
6	Davis, Ian	SO VCU	8.22
7	Jones, Tyler	FR Kennesaw Sta	9.00
8	Lindsey, Desmond	SO Hampton	8.89

Heat 3	Prelims		
1	Graham, Charles	JR Hampton	7.92
2	Anderson, Dylan	SR William and	8.31
3	Todd, Colyn	JR Unc-Greensbo	8.68
4	Flores, Marc	FR South Caroli	8.79
5	Briggs, Kaden	FR South Caroli	8.63
6	Froschauer, Matt	SO South Caroli	8.20
8	Rolle, Branson	FR Liberty	8.30

Event 10 Men 60 Meter Dash Prelims (35)

=====				
	Name	Year School	Seed	Finals
=====				

Section 1	Timed Finals		
1	Harper, Malik	FR Winthrop	7.35
2	Holmes, Donte	SR DC Internati	7.12
3	Nichols, Chandler	SO Kennesaw Sta	6.97
4	32 Nixon, Lacroy	Unattached	7.35
5	Thorn, Colby	SO Winthrop	7.36
6	Bonner, Kyshawn	SO Norfolk Stat	7.09
7	Clark, Trey	JR Hampton	7.02

Section 2	Timed Finals		
2	Edwards, Greg	JR Liberty	6.99
3	Mcelveen, jamel	JR Platinum Spo	7.09
4	Lombard, Korey	JR Howard	7.19
5	Jones, Darrel	SR Liberty	7.20
6	Imes IV, Steven	FR Howard	7.30
7	Smalley, Brad	SO Liberty	6.95
8	Davis, Jeremy	FR Liberty	7.06

Section 3	Timed Finals		
2	Barnes, Trequan	FR Norfolk Stat	NT
3	Henderson, Travis	SR Liberty	6.99

4		Brenneman, Robert	FR	Unc-Ashevill	7.47
5		Williams, Levi	FR	High Point	7.35
6	26	Doss, Jon		Unattached	7.07
7		Defreitas, VJ	SR	DC Internati	7.24
8		Assoua, Gaston	SR	Maryland	7.25
Section 4		Timed Finals			
1		Attucks, Cameron	SO	Unattached	7.19
2		McFalling, Tyree	SO	Unc-Ashevill	7.17
3		Crawford, Samuel	JR	Unattached	7.28
4		Martin, Malik	SR	DC Internati	7.15
5		Hewing, Jordan	FR	Kennesaw Sta	7.02
7		Barksdale, Karl	FR	Unc-Greensbo	NT
8		Pittman, Brien	SR	Unattached	7.18
Section 5		Timed Finals			
2		West, Justin	JR	VCU	7.19
3		Maduka, Tim	SO	Liberty	7.00
4		Thomas, Sam	SO	High Point	7.45
5		Pearson, David	FR	Winthrop	7.31
6		Williams, Ny-Juan	JR	Unc-Greensbo	7.23
7		Dupree, Palmer	JR	Unc-Greensbo	7.41
8		Howard, Parker	FR	South Caroli	7.21

Event 12 Women 60 Meter Dash Prelims (42)

=====					
	Name	Year	School	Seed	Finals
=====					
Section 1	Timed Finals				
1	Tulloch, Kayla	FR	Elon	8.47	
2	Grimes, Jailah	SO	Unc-Ashevill	8.05	
3	Harrison, Karryngton	FR	Radford	8.05	
4	Behymer, Olivia	SR	Liberty	7.83	
5	Hankerson, Jordan	SR	DC Internati	7.96	
6	McLean, Corbin	SR	Unattached	7.80	
8	Wilbekin, Ariel	SO	High Point	8.38	
Section 2	Timed Finals				
1	Yamasaki, Samantha	SO	Liberty	8.28	
2	Farmer, Ka'Ena	SO	Hampton	7.97	
3	Gbai, Jessika	FR	Howard	7.85	
4	Friday, Nautica	SO	Unc-Greensbo	8.30	
5	Cutler, Shereese		DC Internati	8.35	
7	Key, Kayla	SR	Hampton	7.96	
8	Whittaker, Rachael	FR	Winthrop	8.36	
Section 3	Timed Finals				
2	Hugg, Kayla	JR	Unattached	7.90	
3	Stafford, Alexis	FR	Radford	8.29	
4	Currie, Jadyn	FR	William and	NT	
5	Wilson, Alexis	FR	Liberty	7.78	
6	Ballard, Victoria	FR	Liberty	8.44	
7	Hoyte, Nikayla	FR	Liberty	8.02	
8	Henderson, Kierra	SO	Radford	7.97	
Section 4	Timed Finals				
1	Guess, Wynter	JR	Unattached	7.88	
2	Jackson, Destiny	FR	Kennesaw Sta	7.77	
3	Washington, Asia	FR	Unc-Ashevill	8.18	
4	Starns, Adia	FR	Howard	8.08	
5	Vrakas, Zenia	FR	Richmond	8.79	
6	Rice, Alexis	SO	Unc-Greensbo	8.23	
7	Clemens, Sydney	SO	Platinum Spo	8.00	
Section 5	Timed Finals				
1	Robertson, Taejah	JR	Norfolk Stat	7.81	
2	Cox, Jasmine	SO	Unc-Ashevill	8.10	

3	Floyd, Teyah	FR Winthrop	8.20
5	Chidester, Andrea	SR Marshall	7.85
6	Minor, Adrienne	SR Maryland	8.29
7	Towe, Morgan	SO Richmond	8.08
8	Lane, Zachrye	FR Howard	7.96
Section 6	Timed Finals		
2	Thomas, Jayme	SR Hampton	7.96
3	Wester, Maddison	FR William and	NT
4	Wells, T'Nai	SO Norfolk Stat	7.94
5	Evans, Deryanna	SO Winthrop	7.89
6	Simpkins, Jirah	SO Kennesaw Sta	7.79
7	Haywood, Kayla	JR Marshall	7.78
8	Smith, Antonia	JR Unc-Greensbo	8.31

Event 14 Men 1 Mile Run (24)

=====				
	Name	Year School	Seed	Finals
=====				
Section 1	Timed Finals			
1	Connell, Dawson	JR William and	4:03.41	
2	McGorty, Ryan	JR William and	4:04.92	
3	Juan Torres, Alejandro	SR High Point	4:10.00	
4	Crowell, Andrew	SR Liberty	4:14.50	
5	Pina Cardona, Siro	FR High Point	4:15.00	
6	Woods, Evan	SO William and	4:16.00	
7	Drew, Ryan	SO Unattached	4:16.44	
8	Gillespie, Blanton	JR Unc-Asheville	4:21.43	
9	Kahler, Theo	SO Winthrop	4:22.40	
10	Kennedy, Chase	FR Kennesaw Sta	4:22.79	
11	Hager, David	SR Unc-Asheville	4:24.58	
Section 2	Timed Finals			
1	McCurdy, Caleb	SR Unattached	4:26.00	
2	Story, Austin	FR South Caroli	4:26.53	
3	Turner, Sage	FR Unc-Asheville	4:28.00	
4	Girma, Anteneh	JR Norfolk Stat	4:29.29	
5	Hasse, Will	SO Kennesaw Sta	4:30.99	
6	Jones, William	FR Maryland	4:35.22	
7	Michener, Nathaniel	SR Unattached	4:40.00	
8	Sherwin, Philip	FR High Point	4:40.00	
9	Fair, Avery	SR Unattached	4:42.00	
10	Hynes, Ewan	FR Unc-Greensbo	4:43.00	
11	Jones, Trelek	SO Unc-Greensbo	4:44.53	
12	Bamforth, Ben	FR Winthrop	4:46.00	
13	Oliver, John	JR Winthrop	5:10.96	

Event 15 Women 1 Mile Run (40)

=====				
	Name	Year School	Seed	Finals
=====				
Section 1	Timed Finals			
1	Bissah, Martha	SO Norfolk Stat	4:49.93	
2	Bracher, Emily	JR Maryland	4:55.00	
3	Baudinet, Caroline	FR High Point	4:55.00	
4	Karle, Alyssa	SR Liberty	4:58.00	
5	Robelen, Caroline	FR Richmond	4:58.00	
6	Smith, Chelsea	JR Elon	5:00.00	
7	Smith, Heidi	FR Liberty	5:00.00	
8	Paxton, Olivia	NA Unat-Winthro	5:01.40	
9	Tavares, Karina	FR William and	5:01.73	
10	Van Wyk, Anna	SO Liberty	5:10.00	
11	Sprague, Allie	JR South Caroli	5:10.00	

12	Cook, Adrianna	SO Marshall	5:11.89
13	Chepkirui, Judith	FR Hampton	5:12.99
Section 2	Timed Finals		
1	Stanford, Destiny	FR Howard	5:13.52
2	Ajimoko, Vickie	SR Maryland	5:14.09
3	Bagus, Sydney	FR High Point	5:15.00
4	Hirneisen, Lauren	FR Liberty	5:15.00
5	DeCarmo, Kamyryn	SO Unc-Asheville	5:15.00
6	Geis, Zoe	SO High Point	5:16.61
7	Yturralde, Kaylee	FR South Caroli	5:20.00
8	Kerr, Courtney	SO High Point	5:20.00
9	Hennessey, Kylie	SO High Point	5:20.00
10	Asbury, Gwenyth	FR South Caroli	5:20.00
11	Lee, Morgan	SO South Caroli	5:20.93
12	Coleman, Kelley	JR Unc-Asheville	5:23.33
13	Brown, DeVonya	FR Hampton	5:25.15
Section 3	Timed Finals		
1	Kassens, Alice	SR Unattached	5:27.00
2	Ustanik, Madeline	JR Richmond	5:28.82
3	McGee, Josephine	FR Unc-Greensbo	5:30.00
4	McCarten, Kelley	FR Elon	5:30.07
5	Graffius, Samantha	SR Marshall	5:30.23
6	Meyer, Katie	FR Kennesaw Sta	5:32.00
7	Lynch, Lauren	FR Elon	5:33.05
8	Brewer, Megan	JR Unc-Asheville	5:35.06
9	Farrell, Caitlyn	JR Kennesaw Sta	5:35.60
10	Smith, Malea	FR Unc-Greensbo	5:36.00
11	Short, Abigail	FR Marshall	5:37.54
12	Dill, Kassidy	FR Unc-Greensbo	5:38.00
13	Koech, Ashah	SO Norfolk Stat	5:45.56
14	Aumer, Brooke	FR Kennesaw Sta	6:00.00

Event 16 Men 400 Meter Dash (31)

=====				
	Name	Year School	Seed	Finals
=====				
Section 1	Timed Finals			
2	Robbins, Ty Jaye	JR South Caroli	47.62	
3	Thompson, Devon	SR VCU	47.52	
4	Pinder, Justin	JR Norfolk Stat	47.48	
5	Herbert, Khari	Unattached	46.50	
6	Holmes, Donte	SR DC Internati	46.75	
Section 2	Timed Finals			
2	Shepard, Kahlil	SR VCU	48.73	
3	Canamare, Braden	JR Kennesaw Sta	48.14	
4	Chance, Arinze	JR South Caroli	48.00	
5	Banks, Jaylen	SO Norfolk Stat	47.91	
6	Durham, Jahquez	SO Liberty	47.99	
Section 3	Timed Finals			
2	Griffin, Jordan	SO South Caroli	49.41	
3	Aguolu, Chukwuezug	SO VCU	49.39	
4	Grant, Nick	SR Kennesaw Sta	49.32	
5	Ramsey, Rashad	Diamond Trac	48.90	
6	Bullard, Ja-Vell	SR Diamond TC	48.91	
Section 4	Timed Finals			
2	Stroman, Scott	JR Winthrop	49.84	
3	McFalling, Tyree	SO Unc-Asheville	49.83	
4	Closson, Mekhi	FR Howard	49.50	
5	Koike, Hunter	JR Unc-Asheville	49.45	
6	Anderson, Kimani	JR Unc-Asheville	49.50	
Section 5	Timed Finals			

2	Williams, Justin	FR Winthrop	50.88
3	Cherry, Devante	JR Unattached	50.28
4	Griggs, Phil	FR Norfolk Stat	50.05
5	Leacock, Rivaldo	FR South Caroli	49.95
6	Jenkins, Tre	SO Winthrop	49.99
Section 6	Timed Finals		
1	Gaines, Preston	FR Unc-Greensbo	56.03
2	Fouse, Bailey	SR Unattached	54.00
3	Todd, Colyn	JR Unc-Greensbo	53.04
4	Holder, Jordan	FR Howard	52.36
5	Garr, Matthew	JR Unc-Greensbo	51.17
6	Milton, Montreal	FR Kennesaw Sta	51.49

Event 17 Women 400 Meter Dash (43)

=====				
	Name	Year School	Seed	Finals
=====				
Section 1	Timed Finals			
2	Holmes, Precious	SR South Caroli	55.00	
3	Dowling, Cortney	SO Liberty	55.10	
4	Green, Kimone	SR Liberty	55.45	
5	Smith, Kayla	SO VCU	54.55	
6	Davis, Stephanie	FR South Caroli	54.58	
Section 2	Timed Finals			
2	Dansbury, Ty'Asia	FR Liberty	56.45	
3	Fullwood, Chazmin	JR Norfolk Stat	56.42	
4	White, Danere'a	SO Marshall	56.26	
5	Fant, Tionna	FR Kennesaw Sta	55.73	
6	Thomas, Dollitia	SR Kennesaw Sta	56.21	
Section 3	Timed Finals			
2	Arbogast, Katherine	JR Elon	57.12	
3	James, Candice	JR VCU	57.10	
4	Hubbard, Morgan	JR South Caroli	57.00	
5	Watkins, Taylor	JR VCU	56.68	
6	Powell, Jocselyn	SR Kennesaw Sta	56.93	
Section 4	Timed Finals			
2	Reeves, Bailey	JR Liberty	58.16	
3	Vandross, LaSamrae	JR Winthrop	57.99	
4	Pride, Malika	FR Norfolk Stat	57.67	
5	Reynolds, Amelia	FR Radford	57.20	
6	Chambers, LaTisha	SO Radford	57.47	
Section 5	Timed Finals			
2	Ike, Oluchi	SO Howard	59.32	
3	Brown, Desire	SO Unc-Ashevill	59.02	
4	McDermott, Maggie	SO Liberty	58.48	
5	Brzozowski, Lauren	JR Elon	58.22	
6	Washington, Tenae	SO Radford	58.27	
Section 6	Timed Finals			
1	Landis, Josephine	SO William and	1:00.89	
2	Trussell, Kameryn	SO Hampton	59.99	
3	Burnett, Danielle	SR Kennesaw Sta	59.79	
4	Green, Crystal	JR Norfolk Stat	59.71	
5	Mills, Tatyana	JR South Caroli	59.40	
6	Cox, Jasmine	SO Unc-Ashevill	59.44	
Section 7	Timed Finals			
1	Rowe, Nai'lah	SO Richmond	1:02.24	
2	Lewin, Deirdre	SO William and	1:01.80	
3	Miller, Kate	FR William and	1:01.50	
4	Smith, Chloe	JR Richmond	1:01.39	
5	Jones, Taylor	FR William and	1:01.00	
6	Taylor, Sydnei	FR Marshall	1:01.20	

Section 8	Timed Finals			
1	Rothenburg, Olivia	FR	Unc-Greensbo	NT
2	Froehling, Bri	FR	Unc-Ashevill	1:07.00
3	Smith, Alisha	SO	Winthrop	1:06.15
4	Tremble, Isabella	FR	Marshall	1:05.65
5	Groeneveld, Emily	SR	Liberty	1:03.18
6	Solomon, Chanel	SO	Winthrop	1:04.89

Event 18 Men 500 Meter Dash (17)

=====					
	Name	Year	School	Seed	Fin
=====					
Section 1	Timed Finals				
2	Wilson, Nicholas	SR	DC Internati	1:07.05	
3	Goodrich, Duncan	JR	William and	1:06.38	
4	Abdul-Ali, Zayd	SR	VCU	1:06.35	
5	Jones, Otis	JR	South Caroli	1:03.56	
6	Harding, Matthew	SO	Unc-Ashevill	1:04.48	
Section 2	Timed Finals				
1	Woodard, Dell	FR	Winthrop	1:10.79	
2	Rider, Caleb	NA	Unat-Liberty	1:10.00	
3	Pittman, Matthew	SO	VCU	1:09.40	
4	Cherry, Devante	JR	Unattached	1:08.72	
5	Kamara, Moses	FR	Norfolk Stat	1:07.37	
6	Dunn, Jake	SO	High Point	1:08.43	
Section 3	Timed Finals				
1	Jackson, Conor	JR	Winthrop	NT	
2	Stamp, Camren	FR	Unattached	1:16.00	
3	Bradley, Thomas	FR	VCU	1:14.50	
4	Low, Devin	FR	Winthrop	1:14.04	
5	Lindsay, Grant	FR	Unc-Ashevill	1:11.88	
6	Smith, Aaron	SR	Unattached	1:13.00	

Event 19 Women 500 Meter Dash (25)

=====					
	Name	Year	School	Seed	Fin
=====					
Section 1	Timed Finals				
2	Schott, Lindsay	JR	William and	1:18.85	
3	Robinson, Marshea	JR	Richmond	1:17.02	
4	Hugg, Kayla	JR	Unattached	1:16.00	
5	Greenlee, Ashley	JR	VCU	1:13.72	
6	Wheeler, Kacey	SR	William and	1:14.19	
Section 2	Timed Finals				
2	Robinson, Asiah	SO	VCU	1:19.32	
3	Dogan, Christiana	SO	Marshall	1:19.21	
4	Key, Kayla	SR	Hampton	1:19.20	
5	29 Alvarez-Barkare, Amina		Unattached	1:19.00	
6	Scott, Kaitlin	JR	Hampton	1:19.15	
Section 3	Timed Finals				
2	Wilkerson, Talor	FR	Marshall	1:21.52	
3	Geis, Emmy	JR	High Point	1:20.87	
4	Eley, Crystal	JR	Hampton	1:20.25	
5	Varisco de Oliveira, Gabriel	FR	Elon	1:20.00	
6	Urbancik, Stephanie	SR	William and	1:20.00	
Section 4	Timed Finals				
2	Newberry, Alexis	FR	Howard	1:25.40	
3	Tilley, Madeline	FR	Radford	1:24.99	
4	Bailey, Taunysha	SR	VCU	1:24.51	
5	Foster, Karah	FR	Radford	1:22.70	
6	Lowe, Maddie	SR	Unc-Ashevill	1:23.50	

Section 5	Timed Finals			
2	Long, Alyssa	FR	Marshall	NT
3	Fant, Tionna	FR	Kennesaw Sta	NT
4	Owings, Madison	FR	Unc-Greensbo	NT
5	Habich, Anna	SO	Unc-Greensbo	1:38.47
6	Gillespie, Jasmyn	JR	High Point	NT

Event 20 Men 800 Meter Run (32)

=====				
	Name	Year	School	Seed Finals
=====				
Section 1	Timed Finals			
1	Todd, Michael	JR	Liberty	1:49.56
2	Schultz, Colin	SR	Liberty	1:49.80
3	Prentice, Bradley	JR	Liberty	1:50.38
4	Jacobs, Jeff	JR	Liberty	1:51.00
5	Kiprotich, Felix	SO	Norfolk Stat	1:51.79
6	Bah, Mohamed	SR	Howard	1:52.37
7	Short, Christopher	SO	William and	1:52.54
8	McCullough, Geoffrey	SO	Hampton	1:53.51
9	Juan Torres, Alejandro	SR	High Point	1:54.16
Section 2	Timed Finals			
1	Robinson, Tyson	JR	Norfolk Stat	1:54.83
2	Goolsby, Lozie	JR	Unattached	1:55.00
3	Owens, Miles	FR	William and	1:55.43
4	Heinicke-Peart, Matthew	SO	William and	1:55.45
5	Jarvis, Hunter	SO	Winthrop	1:55.68
6	Gordon-Bester, Anthony	FR	Howard	1:56.14
7	Barrera, Matthew	JR	Unc-Asheville	1:56.20
8	Fullerton, Tariq	JR	Howard	1:56.56
9	Sasso, Anthony	FR	High Point	1:57.00
10	Thompson, Nick	JR	Platinum Spo	1:57.00
11	Gillespie, Blanton	JR	Unc-Asheville	1:57.56
Section 3	Timed Finals			
1	Rodriguez, Juan	FR	Unc-Greensbo	1:58.00
2	McGowan, Andrae	SR	VCU	1:58.20
3	Sandin, William	JR	Unc-Greensbo	1:59.67
4	McCurdy, Caleb	SR	Unattached	2:00.00
5	Hasse, Will	SO	Kennesaw Sta	2:00.04
6	Stamp, Chandelor	SR	Unattached	2:01.00
7	Turner, Sage	FR	Unc-Asheville	2:01.78
8	Clayton, Weston	FR	Unc-Greensbo	2:02.89
9	Fair, Avery	SR	Unattached	2:03.00
10	Morehead, Jamell	SR	Platinum Spo	2:03.00
11	Fouse, Bailey	SR	Unattached	2:03.00
12	Harvin, Nautica	SR	Unattached	2:05.00

Event 21 Women 800 Meter Run (44)

=====				
	Name	Year	School	Seed Finals
=====				
Section 1	Timed Finals			
1	McDowell, Delaney	JR	Liberty	2:08.59
2	Case, Keaton	JR	High Point	2:08.66
3	Ealum, Tanner	SO	Liberty	2:10.10
4	Beaubien, Maddie	SO	South Caroli	2:11.84
5	Benson, Sydney	SO	Howard	2:12.03
6	Preschutti, Haley	SR	Richmond	2:12.50
7	Acosta, Maria	SO	Richmond	2:12.75
8	Fazio, Brooke	FR	Richmond	2:12.75
9	Smith, Chelsea	JR	Elon	2:13.55

10	Higgins, Candice	SR Norfolk Stat	2:13.94
Section 2	Timed Finals		
1	Baudinet, Caroline	FR High Point	2:15.00
2	Henson, Harper	SO Winthrop	2:16.00
3	Savioz, Natacha	JR Elon	2:17.99
4	Biber, Sierra	FR South Caroli	2:18.00
5	Hardy, Jasmine	JR Howard	2:18.04
6	Brown, DeVonya	FR Hampton	2:19.25
7	Stanford, Destiny	FR Howard	2:19.48
8	Hairston-Waller, CaJazzalyn	SR Unattached	2:20.00
9	Hillerich, Abigail	JR William and	2:20.28
10	Grant, Saidah	SR Kennesaw Sta	2:20.58
11	Long, Theresa	JR Unattached	2:21.00
Section 3	Timed Finals		
1	Larkin, Kelsey	SO South Caroli	2:21.08
2	Barrett, Kelsey	SO Unc-Greensbo	2:21.44
3	Gonchar, Maria	JR Liberty	2:22.00
4	Hansel, Erin	SO Liberty	2:22.00
5	Cole, Natalee	SO Liberty	2:22.96
6	Poteet, Reagan	FR Kennesaw Sta	2:23.00
7	Castellanos, Maria	SO Maryland	2:23.14
8	McCarten, Kelley	FR Elon	2:24.00
9	Polsgrove, Kylie	SR Liberty	2:24.50
10	Ballou, Kelsey	JR Winthrop	2:24.94
11	Marshall, Sheniya	SO South Caroli	2:26.00
12	Akagi, Anne	JR Unattached	2:27.00
Section 4	Timed Finals		
1	Brewer, Megan	JR Unc-Ashevill	2:28.01
2	Kassens, Alice	SR Unattached	2:29.00
3	Moore, Kaela	SR Unattached	2:29.00
4	McAllister, Emily	FR Maryland	2:29.83
5	Dill, Kassidy	FR Unc-Greensbo	2:29.98
6	James, Kellyann	JR Norfolk Stat	2:30.00
7	Dozier, Ayana	FR Norfolk Stat	2:30.00
8	Wetherell, Kayla	JR Unc-Greensbo	2:31.06
9	Petroski, Kelley	JR Unc-Ashevill	2:40.28
10	Costelloe, Morgan	FR Unc-Ashevill	2:41.20
11	Aumer, Brooke	FR Kennesaw Sta	NT

Event 22 Men 1000 Meter Run (14)

=====				
	Name	Year School	Seed	Finals
=====				
Section 1	Timed Finals			
1	16 Mosavel-Lo, Bashir	Unattached	2:26.47	
2	Conway, Austin	JR VCU	2:26.90	
3	Fountain, Jordan	FR VCU	2:29.70	
4	Harding, Matthew	SO Unc-Ashevill	2:29.95	
5	Yuro, Noah	FR Richmond	2:31.50	
6	Otto, Seamus	SO Richmond	2:32.50	
7	Leslie, Cooper	SO William and	2:33.00	
8	Alpaugh, William	SO Richmond	2:33.50	
Section 2	Timed Finals			
1	Van Der Cruyssen, Patrick	JR High Point	2:36.07	
2	McCabe, Brendan	FR High Point	2:38.00	
3	Loadholt, Jared	JR Maryland	2:39.08	
4	Sprinkle, Logan	FR Unc-Greensbo	NT	
5	backus, conner	FR Unattached	NT	
6	Timothy, Jonathan	FR Unc-Greensbo	NT	

Event 23 Women 1000 Meter Run (23)

=====					
	Name	Year	School	Seed	Finals
=====					
Section 1	Timed Finals				
1	Bracher, Emily	JR	Maryland	2:52.00	
2	Brown, Claire	SO	Richmond	2:54.75	
3	Heinst, Famke	FR	High Point	2:55.00	
4	Savioz, Natacha	JR	Elon	2:55.00	
5	Brown, Ashley	SO	VCU	2:55.31	
6	Smith, Emily	SO	Elon	2:56.00	
7	Castro, Barkley	SR	Marshall	2:57.11	
8	Mann, Courtney	FR	Maryland	2:58.00	
9	Finikiotis, Lauren	FR	William and	2:59.00	
10	Varisco de Oliveira, Gabriel	FR	Elon	2:59.00	
11	Willcox, Julia	FR	Richmond	3:00.00	
12	Gardner, Kathleen	SR	VCU	3:00.00	
Section 2	Timed Finals				
1	Novak, Paige	SO	Maryland	3:02.96	
2	White, Judith Marley	SO	VCU	3:04.79	
3	Kowalk, Charlotte	SO	William and	3:05.00	
4	Armstrong, Madeline	SR	Marshall	3:07.28	
5	Scull, Torree	JR	Liberty	3:09.00	
6	Lowe, Maddie	SR	Unc-Ashevill	3:11.22	
7	Coleman, Kelley	JR	Unc-Ashevill	3:14.83	
8	Schneider, Phoebe	SR	Unc-Ashevill	3:27.62	
9	Zulauf, Mary	FR	Marshall	NT	
10	Dalton, Ashlyn	FR	Unc-Greensbo	NT	
11	Contreras, Kayla	FR	Unc-Greensbo	NT	

Event 26 Men 3000 Meter Run (43)

=====					
Name		Year	School	Seed	Finals
=====					=====
Section 1	Timed Finals				
1			Proctor, Sam	SR Liberty	8:20.12
2	17		Fleming, Ben	Unattached	8:20.80
3			Mills, Kevin	JR Winthrop	8:24.69
4	20		Doan, Nick	Liberty	8:25.10
5			Tidball, Jack	NA Unat-Liberty	8:26.50
6			Zentmeyer, James	NA Unat-Liberty	8:27.20
7			Hanley, Patrick	SR Maryland	8:27.53
8			Paone, Louis	NA Unat-Liberty	8:28.00
9	21		Lisoreng, Augustine	Unat-Liberty	8:28.30
10	22		Klemmeck, Ben	Unat-Liberty	8:29.00
11	23		Squires, Paul	Unat-Liberty	8:29.20
12			Schultz, Colin	SR Liberty	8:29.40
13			Crowell, Andrew	SR Liberty	8:29.60
Section 2	Timed Finals				
1	18		Griffin, Will	Unattached	8:30.22
2	19		Humeida, Osman	Unattached	8:34.30
3			Barlev, Aaron	JR Maryland	8:34.79
4			Skolnekovich, Zach	FR Unattached	8:40.00
5			Cacciatore, John	FR Unattached	8:40.00
6			Goodell, Evan	FR Unattached	8:40.00
7			Tsai, Spencer	FR Unattached	8:42.00
8			Catlett, Bryce	SO VCU	8:43.11
9			Cacciatore, Andrew	JR William and	8:44.24
10			Demsie, Haileysus	SR Norfolk Stat	8:45.14
11			Mackey, John	Unattached	8:50.00
12			Roy, Alex	SO Unc-Greensbo	8:54.12
13			Lynch, Patrick	FR William and	8:54.31

14	Fantaye, Tomas	JR Norfolk Stat	8:55.64
15	Schmidt, Nickolas	JR Marshall	8:57.79
Section 3	Timed Finals		
1	Kuchan, Tyler	FR Unattached	8:58.32
2	Evans, Chad	SO South Caroli	9:00.00
3	Little, Thomas	FR Unc-Ashevill	9:04.29
4	Endress, Josh	FR Marshall	9:04.36
5	Villagomaz, Michael	JR VCU	9:08.68
6	Michener, Nathaniel	SR Unattached	9:10.00
7	Reed, Justin	FR South Caroli	9:10.00
8	Todd, Jacob	FR Unc-Ashevill	9:10.00
9	Sidle, Lucas	SO VCU	9:15.29
10	Gray, Stephen	FR High Point	9:20.00
11	Meyer, Quin	FR Unc-Ashevill	9:22.16
12	Ruppe, Cameron	SR Winthrop	9:23.04
13	Bijeu, Blair	SO Winthrop	9:27.40
14	Krznaric, Joel	FR Marshall	NT
15	Kennedy, Chase	FR Kennesaw Sta	NT

Event 27 Women 3000 Meter Run (31)

=====				
	Name	Year School	Seed	Finals
=====				
Section 1	Timed Finals			
1	Lang, Brittany	SO Maryland	9:57.00	
2	Kurtz, Kammi	SO Liberty	9:55.00	
3	Keitany, Faith	SO Hampton	10:15.99	
4	Geis, Zoe	SO High Point	10:17.66	
5	Savedge, Delaney	SO VCU	10:22.13	
6	Chepkirui, Judith	FR Hampton	10:28.99	
7	McElroy, MaryKate	FR Liberty	10:30.00	
8	Holleran, Courtney	SR VCU	10:35.00	
9	Long, Theresa	JR Unattached	10:35.00	
10	Bagus, Sydney	FR High Point	10:39.31	
11	Kerr, Courtney	SO High Point	10:43.00	
12	Hennessey, Kylie	SO High Point	10:43.00	
13	Echternach, Erika	SO Richmond	10:43.77	
14	Taylor, Sarah	JR South Caroli	10:44.82	
15	King, Sami	SO Elon	10:44.99	
Section 2	Timed Finals			
1	Wesolowski, Rachael	FR Elon	10:45.00	
2	Samoei, Caroline	SO Norfolk Stat	10:47.20	
3	Garcia, Ariana	FR Unc-Greensbo	10:48.56	
4	Ford, Leah	SO South Caroli	10:56.46	
5	Fagan, Rebecca	FR Richmond	10:57.23	
6	Johnson, Asia	SO Hampton	10:58.72	
7	Shaffer, Kelly	SO Liberty	11:00.00	
8	McManus, Lefler	FR Unc-Greensbo	11:00.00	
9	Kerby, Mary	FR Marshall	11:03.37	
10	Dinger, Charis	SO High Point	11:08.45	
11	Reimer, Abigail	SO Elon	11:15.00	
12	DeCarmo, Kamyrn	SO Unc-Ashevill	11:19.41	
13	Seaberg, Abigail	JR Richmond	11:26.53	
14	Causey, Erin	SR Maryland	11:27.75	
15	Lynch, Clara	FR Liberty	11:30.00	
16	Graham, Ashley	JR Winthrop	11:58.98	

Event 30 Men Pole Vault (22)

=====				
	Name	Year School	Seed Mark	Finals
=====				

Flight 1	Finals		
1	Houmiel, Grant	FR Winthrop	3.35m
2	Barringer, Cullen	SR Winthrop	3.75m
3	Halphen, Stephen	SO VCU	3.85m
4	Booker, Patrick	FR Norfolk Stat	3.95m
5	Womble, Benjamin	FR South Caroli	4.00m
6	Lehe, Jonathan	SR Unattached	4.27m
7	Cochran, Christopher	JR South Caroli	4.35m
8	Simpson, Scott	FR Kennesaw Sta	4.35m
9	12 Palmer, Dean	Unat-Liberty	4.40m
10	Jennings, Joey	JR Winthrop	4.40m
11	Clark, Trey	JR Hampton	4.45m
12	Couchell, Nicholas	JR South Caroli	4.50m
13	Griffith, Zane	SO High Point	4.50m
14	Simpson, Bryce	JR South Caroli	4.60m
15	Stroot, Reilly	NA Unat-Liberty	4.60m
16	Janes, Anders	NA Unat-Liberty	4.60m
17	Finger, Ben	SR Unattached	4.64m
18	McClung, Jordan	SO High Point	4.70m
19	McCann, Ryan	NA Unat-Liberty	4.74m
20	Evans, Spencer	SO Unattached	4.80m
21	Clasper, Carter	SO High Point	4.80m
22	Pitney, Calvin	JR Maryland	5.03m

Event 31 Women Pole Vault (31)

=====				
	Name	Year School	Seed Mark	Finals
=====				
Flight 1	Finals			
1	Brown, Taylor	SO Winthrop	2.55m	
2	Richardson, Ally	SO Unattached	2.59m	
3	Campbell, Miranda	JR Unattached	2.59m	
4	Steele, Allison	FR Kennesaw Sta	2.60m	
5	Smith, Jada	FR Kennesaw Sta	2.76m	
6	Price-Cleare, Shameeka	SR Norfolk Stat	2.80m	
7	Neal, Quadaisha	SR Hampton	3.19m	
8	Tardieu, Olivia	SO William and	3.20m	
9	Lipinski, Jordan	SO William and	3.20m	
10	Graves, Lauren	SO William and	3.35m	
11	Hanegan, Katie	FR Kennesaw Sta	3.36m	
12	Baxter, Tasia	SR Norfolk Stat	3.39m	
13	Bennett, Ellie	JR Elon	3.45m	
14	Berndsen, Rachel	SO High Point	3.45m	
15	Keys, Jessica	FR High Point	3.45m	
16	Karabas, Nicole	JR Elon	3.45m	
17	Cass, Danielle	FR High Point	3.45m	
18	Zaglifa, Lauren	FR Marshall	3.50m	
19	Rowan, Alicia	SR Kennesaw Sta	3.50m	
20	Blalock, Adele	SO South Caroli	3.50m	
21	Keck, Heather	JR High Point	3.60m	
22	Silber, Sam	FR South Caroli	3.65m	
23	Milnes, Rachel	FR Liberty	3.80m	
24	Glynn, Jessica	SR Liberty	3.83m	
25	Elliot, Nathalie	FR High Point	3.90m	
26	Finger, Mariel	SR Liberty	3.90m	
27	Sweatman, Hailey	SO South Caroli	4.00m	
28	Sergeant, Erica	SR Kennesaw Sta	4.04m	
29	24 Johnson, McKenzie	Unattached	4.17m	
30	27 Kalsey, Marissa	Unattached	4.25m	
31	2 Marois, Jill	Unattached	4.45m	

Event 32 Men Pole Vault Invitational (11)

=====					
Name		Year	School	Seed Mark	Finals
=====					
Flight 1		Finals			
1	30	Geniesse, Alex	Unattached	5.05m	
2		Ballengee, Markus	SO Liberty	5.10m	
3	1	Cyphers, Michael	Unattached	5.15m	
4		Waters, Carson	SR Liberty	5.20m	
5		Arnold, Hunter	Ryland Vault	5.21m	
6		Woodley, Armand	JR South Caroli	5.25m	
7	9	Blankenship, Jacob	Unattached	5.40m	
8	5	Miller, Austin	Unattached	5.45m	
9	6	Houston, Scott	Unattached	5.51m	
10	8	Brannon, Chase	Unattached	5.57m	
11	7	Pillow, Chris	Unattached	5.65m	

Event 33 Men Weight Throw (14)

=====					
Name		Year	School	Seed Mark	Finals
=====					
Flight 1		Finals			
1	Schiers, Hunter	JR	Winthrop	13.75m	
2	Belayneh, Ebenezer	FR	VCU	13.85m	
3	Hunter, Joshua	SO	Hampton	14.14m	
4	Schwartz, Will	FR	VCU	14.19m	
5	Mann, Britton	JR	High Point	14.57m	
6	Patridge, William	JR	Liberty	15.00m	
7	Grady, Quan	SO	Kennesaw Sta	15.47m	
8	Greenless, Jacob	FR	VCU	15.51m	
9	McKune, Daniel	SR	Kennesaw Sta	16.00m	
10	Parker, Tom	SR	William and	16.02m	
11	Favors, Eric	SO	South Caroli	16.15m	
12	McConville, Chuck	JR	Kennesaw Sta	16.58m	
13	Cook, Jr., Kelly	FR	William and	16.67m	
14	Richardson, Preston	JR	William and	17.34m	

Event 34 Women Weight Throw (31)

=====					
Name		Year	School	Seed Mark	Finals
=====					
Flight 1		Finals			
1	Galloway, Lauryn	JR	Howard	11.09m	
2	Agoris, Christine	SR	Winthrop	11.78m	
3	Lewis, Takiyah	FR	Norfolk Stat	12.30m	
4	Clark, Kaylah	FR	Howard	12.32m	
5	Kramer, Anastasia	SO	Radford	12.54m	
6	Watkins, Mi-ah	JR	Howard	13.50m	
7	Mojica, Naomi	FR	Liberty	14.29m	
8	Douglas, Megan	SO	Kennesaw Sta	14.51m	
9	Mincey, Kiana	SR	Kennesaw Sta	14.55m	
10	Murphy, Amanda	FR	South Caroli	14.64m	
11	Yankson, Samantha	SO	VCU	14.90m	
12	Wilkerson, Kinleigh	SO	Winthrop	15.14m	
13	Sanders, Camora	JR	VCU	15.24m	
14	Williams, Latasha	SR	VCU	15.86m	
15	Culhane, Ayana	SO	Hampton	15.96m	
16	Mitchell, Corneisha	SO	Hampton	15.97m	
Flight 2		Finals			
1	Gambacorta, Nina	FR	South Caroli	16.04m	
2	Springs, Alycia	SO	South Caroli	16.35m	

3		Pileckaite, Greta	SR Kennesaw Sta	16.52m
4		Banks, Ashleigh	SR VCU	16.76m
5		Holmes-Digiovine, Makenzi	JR High Point	16.87m
6	10	Igberaese, Chelsea	Unat-Liberty	16.92m
7		Arey, Holly	SR Liberty	17.05m
8		Oyarzun, Catherine	SR Liberty	17.32m
9		Young, Kathleen	FR South Caroli	17.51m
10		Batson, Reneese	JR Marshall	17.78m
11	11	Viamaona, Patria	Unat-Liberty	17.88m
12		Seldon, Nia	SO Kennesaw Sta	18.18m
13		Clark, Hasana	JR Marshall	18.46m
14		Mistowski, Leia	SR William and	19.11m
15		Larson, Dasiana	SR Liberty	19.20m

Event 35 Men Shot Put (24)

=====				
	Name	Year School	Seed Mark	Finals
=====				

Flight 1 Finals

1		Gaines, Preston	FR Unc-Greensbo	ND
2		Barksdale, Karl	FR Unc-Greensbo	ND
3		McKune, Daniel	SR Kennesaw Sta	ND
4	13	Myrick, Kysheen	Unat-Liberty	ND
5		Williams, Ny-Juan	JR Unc-Greensbo	8.89m
6		Villemagne, Jacob	FR Unc-Asheville	10.41m
7		Womble, Benjamin	FR South Caroli	11.00m
8		Barringer, Cullen	SR Winthrop	11.21m
9		Maduka, Tim	SO Liberty	11.78m
10		Ballengee, Markus	SO Liberty	12.92m
11		Yancey, Glen	FR VCU	13.95m
12		Oghagbon, Osawaru	JR VCU	14.71m

Flight 2 Finals

1		Hunter, Joshua	SO Hampton	14.77m
2		Belayneh, Ebenezer	FR VCU	14.79m
3		Schiers, Hunter	JR Winthrop	14.79m
4		Blalock, Tyler	FR Kennesaw Sta	14.86m
5		Patridge, William	JR Liberty	15.00m
6		Mann, Britton	JR High Point	15.05m
7		Scott, Connor	FR William and	15.07m
8		Castillo, Vlad	JR William and	15.18m
9		McConville, Chuck	JR Kennesaw Sta	16.00m
10		Cook, Jr., Kelly	FR William and	16.00m
11		Richardson, Preston	JR William and	17.76m
12		Favors, Eric	SO South Caroli	18.45m

Event 36 Women Shot Put (29)

=====				
	Name	Year School	Seed Mark	Finals
=====				

Flight 1 Finals

1		Berkeley, Haley	SO Richmond	6.85m
2		Gay, Ke'Shonna	FR Unc-Asheville	8.38m
3		Dozier, Ayana	FR Norfolk Stat	9.12m
4		Williams, Sophia	FR Howard	10.46m
5		Agoris, Christine	SR Winthrop	11.00m
6		Moore, Kemi	FR Liberty	11.00m
7		Burrell, Daiysa	SO Norfolk Stat	11.41m
8	11	Viamaona, Patria	Unat-Liberty	12.00m
9		Clark, Kaylah	FR Howard	12.00m
10	10	Igberaese, Chelsea	Unat-Liberty	12.00m
11		Kramer, Anastasia	SO Radford	12.11m

12	Culhane, Ayana	SO Hampton	12.52m
13	Earnest, Leah	FR William and	12.75m
14	Holmes-Digiovine, Makenzi	JR High Point	12.84m
15	Douglas, Megan	SO Kennesaw Sta	12.88m
Flight 2	Finals		
1	Arey, Holly	SR Liberty	13.08m
2	Seldon, Nia	SO Kennesaw Sta	13.28m
3	Mitchell, Corneisha	SO Hampton	13.36m
4	Pileckaite, Greta	SR Kennesaw Sta	13.65m
5	Thomas, Kiyanna	SO Hampton	13.74m
6	Williams, Latasha	SR VCU	13.85m
7	Bellerand, Cheyenne	SR Howard	13.95m
8	Budd, Ericka	SO Marshall	14.03m
9	Larson, Dasiana	SR Liberty	14.06m
10	McGowan, Makayla	SO VCU	14.41m
11	Sanders, Camora	JR VCU	14.54m
12	Mojica, Naomi	FR Liberty	15.25m
13	Springs, Alycia	SO South Caroli	15.47m
14	Young, Kathleen	FR South Caroli	15.93m

Event 37 Men Triple Jump (18)

=====				
	Name	Year School	Seed Mark	Finals
=====				
Flight 1	Finals			
1	Thomas, Sam	SO High Point	11.61m	
2	Are, Nathaniel	FR Howard	12.33m	
3	Williams, Nick	JR VCU	12.47m	
4	Singleton, John	SO High Point	12.75m	
5	Hammond, Josh	NA Unat-Liberty	12.98m	
6	McCants, Jeremiah	NA Unat-Liberty	13.61m	
7	Sinsheimer, Jared	SR William and	13.67m	
8	Mathuthu, Victor	FR Unc-Asheville	14.06m	
9	Jones, Tyler	FR Kennesaw Sta	14.19m	
Flight 2	Finals			
1	Hailes, Evan	SO Winthrop	14.40m	
2	Bethea, Devin	JR VCU	14.42m	
3	Bradford, Tariq	SO Kennesaw Sta	14.49m	
4	Saintil, Jonathan	SR Liberty	14.60m	
5	Vanzego, Carlos	JR Maryland	14.68m	
6	Arriola, Issac	SR Hampton	14.99m	
7	Akindele, Dayo	JR Kennesaw Sta	15.59m	
8	Jones, Darrel	SR Liberty	15.62m	
9	4 Olamigoke, Olu	Unattached	16.50m	

Event 38 Women Triple Jump (26)

=====				
	Name	Year School	Seed Mark	Finals
=====				
Flight 1	Finals			
1	Smalley, Alyssa	FR Liberty	9.78m	
2	Moss, Miranda	FR Liberty	9.95m	
3	Andrews, Hannah	SO Liberty	10.76m	
4	Hall, Ravanna	FR Norfolk Stat	10.81m	
5	Jeffery, Alexis	FR Winthrop	11.03m	
6	Osafo, Marian	SO VCU	11.38m	
7	Bunch, Ashalia	JR Norfolk Stat	11.41m	
8	Miller, Bri	JR William and	11.43m	
9	Montague, Liz	SR Richmond	11.46m	
10	Walton, Alexis	SO Radford	11.47m	
11	McDermott, Julia	JR William and	11.49m	

12	Burke, Melody	SO	Elon	11.50m
13	Chanase, Abigail	SO	Kennesaw Sta	11.60m
Flight 2	Finals			
1	Wilbekin, Ariel	SO	High Point	11.63m
2	Cutler, Shereese		DC Internati	11.66m
3	Coleman, Breanna	SR	Maryland	11.72m
4	Ermias, Metasebia	FR	VCU	11.76m
5	Cleggett, Dominique	SR	Howard	11.82m
6	Newman, Aliyah	FR	VCU	11.84m
7	West, Denisha	SO	Marshall	12.05m
8	Belot, Melany	JR	Marshall	12.17m
9	Berryman, Trezha	JR	Kennesaw Sta	12.22m
10	Thomas, Jayme	SR	Hampton	12.24m
11	McCormick, Taylor	SR	VCU	12.31m
12	Johnson, De'Von	SR	Kennesaw Sta	12.41m
13	25 Alexander, Ayanna		Unattached	14.00m

Event 39 Men Long Jump (22)

=====				
	Name	Year	School	Seed Mark Finals
=====				
Flight 1	Finals			
1	Hammond, Josh	NA	Unat-Liberty	ND
2	Maduka, Tim	SO	Liberty	ND
3	Botock, Roger	SR	VCU	6.39m
4	14 Terrell, Coleman		Unat-Liberty	6.40m
5	McCants, Jeremiah	NA	Unat-Liberty	6.40m
6	Mathuthu, Victor	FR	Unc-Ashevill	6.48m
7	Bradford, Tariq	SO	Kennesaw Sta	6.55m
8	Gyllensten, Simon	SR	South Caroli	6.66m
9	Thorn, Colby	SO	Winthrop	6.76m
10	Ballengee, Markus	SO	Liberty	6.79m
11	Sinsheimer, Jared	SR	William and	6.79m
Flight 2	Finals			
1	Davis, Jeremy	FR	Liberty	6.80m
2	Graham, Charles	JR	Hampton	6.90m
3	Taylor, Marcus	JR	Norfolk Stat	7.02m
4	Finnie, Marcus	SR	VCU	7.11m
5	Alfano, Andrew	JR	Maryland	7.17m
6	15 Evans, Tariq		Unat-Liberty	7.20m
7	Smalley, Brad	SO	Liberty	7.30m
8	Assoua, Gaston	SR	Maryland	7.33m
9	Jones, Tyler	FR	Kennesaw Sta	7.34m
10	Randrianasolo, Yann	SR	South Caroli	7.76m
11	Akindele, Dayo	JR	Kennesaw Sta	7.80m

Event 40 Women Long Jump (33)

=====				
	Name	Year	School	Seed Mark Finals
=====				
Flight 1	Finals			
1	Berkeley, Haley	SO	Richmond	ND
2	Hoyte, Nikayla	FR	Liberty	3.50m
3	Grant, Karina	FR	Winthrop	4.88m
4	Hall, Ravanna	FR	Norfolk Stat	4.92m
5	Beres, LeClare	JR	VCU	4.95m
6	Washington, Asia	FR	Unc-Ashevill	4.95m
7	Andrews, Hannah	SO	Liberty	5.04m
8	Zee, Alyssa	FR	Elon	5.06m
9	Montague, Liz	SR	Richmond	5.07m
10	James, Kellyann	JR	Norfolk Stat	5.16m

11	Dozier, Ayana	FR Norfolk Stat	5.23m
Flight 2	Finals		
1	McDermott, Julia	JR William and	5.24m
2	Carpenter, Niyah	FR Hampton	5.31m
3	Henderson, Kierra	SO Radford	5.36m
4	Dixon, Emily	SR Elon	5.38m
5	Wilbekin, Ariel	SO High Point	5.42m
6	Evans, Deryanna	SO Winthrop	5.47m
7	Cheatham, Janelle	SO VCU	5.50m
8	Thomas, Ashley	SO Kennesaw Sta	5.50m
9	Key, Kayla	SR Hampton	5.52m
10	Burke, Melody	SO Elon	5.54m
11	Chambers, LaTisha	SO Radford	5.56m
Flight 3	Finals		
1	Bever, Sarah	JR Marshall	5.57m
2	Berryman, Trezha	JR Kennesaw Sta	5.58m
3	Ellis, Al'moni	SR Howard	5.64m
4	Raines, Josie	FR Marshall	5.67m
5	Cleggett, Dominique	SR Howard	5.68m
6	Thomas, Jayme	SR Hampton	5.76m
7	Banks, Khoi	SO VCU	5.80m
8	George, Lauren	JR Marshall	5.89m
9	Johnson, De'Von	SR Kennesaw Sta	6.00m
10	Stanley, Makyla	JR South Caroli	6.05m
11	Sow, Rougui	JR South Caroli	6.72m

Event 41 Men High Jump (20)

=====				
	Name	Year School	Seed Mark	Finals
=====				
Flight 1	Finals			
1	31 Shepard, Ryan	Unattached	NH	
2	Davis, Amir	FR Kennesaw Sta	1.70m	
3	Are, Nathaniel	FR Howard	1.83m	
4	Mukeni, Jonathan	FR VCU	1.84m	
5	Bradford, Tariq	SO Kennesaw Sta	1.86m	
6	Hodges, Jalen	SO Winthrop	1.86m	
7	13 Myrick, Kysheen	Unat-Liberty	1.93m	
8	Burke, Jacob	NA Unat-Liberty	1.94m	
9	Singleton, John	SO High Point	1.94m	
10	Henley, Kequan	SO Norfolk Stat	1.95m	
11	Rolle, Branson	FR Liberty	1.95m	
12	Maduka, Tim	SO Liberty	1.96m	
13	Tarcza, David	SR Maryland	1.98m	
14	Lindsey, Desmond	SO Hampton	2.03m	
15	Xrichardson, Xyan	FR VCU	2.03m	
16	Bullock, Milan	SR Howard	2.04m	
17	Warner, Garth	SO Norfolk Stat	2.11m	
18	Milton, Jacob	SO Norfolk Stat	2.15m	
19	Shoultz, Samuel	JR Maryland	2.19m	
20	Williams, Tye	SR South Caroli	2.25m	

Event 42 Women High Jump (32)

=====				
	Name	Year School	Seed Mark	Finals
=====				
Flight 1	Finals			
1	Williams, Meegan	NA Unat-Liberty	NH	
2	Berkeley, Haley	SO Richmond	NH	
3	Rabon, Autumn	SO Winthrop	1.43m	
4	Dozier, Ayana	FR Norfolk Stat	1.45m	

5	James, Kellyann	JR Norfolk Stat	1.45m
6	Reid, Sabrena	SR Winthrop	1.50m
7	Washington, Tenae	SO Radford	1.52m
8	Harris, Taleya	JR Howard	1.53m
9	Higgins, Courtney	FR VCU	1.55m
10	Curenton, Mikala	JR Winthrop	1.55m
11	Tinsley, Taylor	FR Radford	1.55m
12	Konin, Sakia	JR VCU	1.55m
13	Taylor, Oasya	FR Hampton	1.56m
14	Davis, Sydney	JR Hampton	1.57m
15	Morrow, Charlotte	JR High Point	1.58m
16	Fisher, Tamadj	JR Hampton	1.61m
17	Simpkins, Jirah	SO Kennesaw Sta	1.61m
18	Martin, Dominique	SO Kennesaw Sta	1.65m
19	Burke, Melody	SO Elon	1.65m
20	Carey, Amiaya	SR VCU	1.65m
21	O'Malley, Moira	FR Elon	1.65m
22	Dixon, Emily	SR Elon	1.66m
23	Walton, Alexis	SO Radford	1.68m
24	Hayes, Brianna	SR Norfolk Stat	1.68m
25	McFarland, Minna	SR William and	1.70m
26	Becker, Grace	JR William and	1.71m
27	Jones, Abigail	SR William and	1.73m
28	Polsgrove, Kylie	SR Liberty	1.73m
29	Tarvide, Julija	SO Kennesaw Sta	1.75m
30	Zappia, Erin	SR Liberty	1.75m
31	Labiche, Lissa	SO South Caroli	1.77m
32	Abdulqadir, Hanifah	JR South Caroli	1.80m