

FINAL SCHEDULE UPDATED 5:29 p.m. ET - March 21, 2017

FIELD EVENTS IME

EVENT

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FRIDAY 9:00 am B Men Javelin (45.41m and less) 9:00 am B Women Hammer (49.00m and less) 1:00 pm A Women Hammer (50.00m and longer) <u>1:00 pm A Women Javelin (34.00m and longer)</u> 2:30 pm A Men Javelin (45.62m and longer) 2:30 pm A Men Hammer (55.45m and longer) 4:00 pm B Men Pole Vault (4.59m and less) 4:00 pm B Women Javelin (33.00m and less) 4:00 pm B Men Hammer (55.44m and less) 4:00 pm A Men Long Jump (7.23m and longer) 4:00 pm A Women Long Jump (5.65m and longer) 6:00 pm B Men Long Jump (7.22m to 6.29m) 6:00 pm B Women Long Jump (5.62m to 5.17m)

SATURDAY

<u>9:00 am</u>	B Men Disc (47.50m and less)
<u>9:00 am</u>	B Women Shot (12.51m and less)
<u>9:00 am</u>	B Women Triple Jump (11.59m and less)
<u>9:00 am</u>	B Men Triple Jump (14.31m and less)
<u>9:00 am</u>	B Women High Jump (1.66m and less)
<u>11:00 am</u>	A Women Pole Vault (All)
<u>12:00 pm</u>	B Men High Jump (1.99m and less)
1:00 pm	A Women Shot (12.53m and longer)
<u>1:00 pm</u>	A Men Disc (47.64m and longer)
<u>1:30 pm</u>	A Women Triple Jump (11.60m and longer)
<u>1:30 pm</u>	A Men Triple Jump (14.32m and longer)
<u>2:00 pm</u>	A Men Pole Vault (4.60m and higher)
<u>2:30 pm</u>	A Men Shot (16.50m and longer)
<u>2:30 pm</u>	A Women Disc (39.01m and longer)
3:00pm	A Women High Jump (1.67m and higher)
4:00pm	B Women Disc (39.00m and less)
<u>4:00pm</u>	B Men Shot (16.49m and less)
<u>4:30pm</u>	A Men High Jump (2.00m and up)

TRACK EVENTS

(WOMEN FOLLOWED BY MEN, # OF SECTIONS RUN FAST TO SLOW) TIME EVENT FRIDAY

FRIDAY	
<u>3:15 pm</u>	B 400m Women (58.00 and slower)
<u>3:35 pm</u>	B 400m Men (49.05 and slower)
<u>4:00 pm</u>	B 100m Women (12.29 and slower)
4:20 pm	B 100m Men (10.90 and slower)
<u>4:45 pm</u>	4x800m Relay Women (All)
5:00 pm	4x800m Relay Men (All)
5:20 pm	4x300m Relay Women (All)
<u>5:40 pm</u>	4x300m Relay Men (All)
6:00 pm	3000m Women Steeplechase (All)
<u>6:20 pm</u>	3000m Men Steeplechase (All)
6:40 pm	5000m Women (All)
7:05 pm	5000m Men (All)

SATURDAY

<u>10:00 am</u>	B 1500m Women (4:40 and slower)
<u>10:25 am</u>	B 1500m Men (4:03 and slower)
<u>10:55 am</u>	Military 100m (Only Citadel, VMI and active duty)
<u>11:00 am</u>	4x100m Relay Women (All)
<u>11:20 am</u>	4x100m Relay Men (All)
<u>11:40 am</u>	100m Hurdles Women (All)
<u>12:00 pm</u>	110m Hurdles Men (All)
<u>12:20 pm</u>	Fort Jackson 150th Recognition and National Anthem
<u>12:30 pm</u>	Invite 1500m Women (4:39.00 and faster)
<u>12:40 pm</u>	Invite 1500m Men (4:02 and faster)
<u>12:50 pm</u>	A 400m Women (57.99 and faster)
<u>1:05 pm</u>	A 400m Men (49.04 and faster)
<u>1:20 pm</u>	A 100m Women (12.27 and faster)
<u>1:35 pm</u>	A 100m Men (10.89 and faster)
<u>1:50 pm</u>	A 800m Women (2:20.81 and faster)
<u>2:05 pm</u>	A 800m Men (1:57.99 and faster)
<u>2:20 pm</u>	400m Hurdles Women (All)
<u>2:40 pm</u>	400m Hurdles Men (All)
<u>3:00 pm</u>	200m Women (All)
<u>3:30 pm</u>	200m Men (All)
<u>4:00 pm</u>	B 800m Women (2:21.00 and slower)
<u>4:15 pm</u>	B 800m Men (1:58.00 and slower)
<u>4:30 pm</u>	3000m Women (All)
<u>4:45 pm</u>	3000m Men (All)
<u>5:00 pm</u>	4x400m Relay Women (All)
<u>5:20 pm</u>	4x400m Relay Men (All)