

Wednesday, January 22, 2014 USC Indoor Complex

SCHEDULE OF EVENTS

follows 20 lb weight

4:30 p.m.

4:30 p.m.

5:30 p.m.

FIELD

EVENT TIME Women's Long Jump (men to follow) 2:00 p.m. 20 lb Weight 4:00 p.m.

35 Ib Weight
Women's Pole Vault (men to follow)
Women's High Jump (men to follow)
Women's Shot Put (men to follow)

RUNNING

EVENT	TIME
Women's 55mH Semis	4:30 p.m.
Men's 55mH Semis	4:50 p.m.
Women's 55m Dash Semis	5:10 p.m.
Men's 55m Dash Semis	5:40 p.m.
Women's Mile Run (men to follow)	6:10 p.m.
Women's 400m Dash (men to follow)	6:30 p.m.
Women's 800m Run (men to follow)	6:45 p.m.
Women's 55mH Finals	6:55 p.m.
Men's 55mH Finals	7:05 p.m.
Women's 55m Dash Finals	7:15 p.m.
Men's 55m Dash Finals	7:25 p.m.

7:35 p.m.

8:00 p.m.

Women's 3,000m Run (men to follow)

Women's 4x400m Relay (men to follow)

All events check-in 60 minutes prior. 55m and 55mH return to clerk for hip numbers and heat assignments 30 minutes prior.