

adidas RALEIGH RELAYS
FRIDAY, MARCH 29th, 2013 - UPDATED

3.27.13



TRACK EVENTS

<u>TIME</u>	<u>EVENT</u>	<u>SECTION</u>	<u>CLASSIFICATION</u>	<u>STANDARD</u>
8:45 AM	3000m Steeplechase	Section 3	Men	Seeded
9:00 AM	3000m Steeplechase	Section 3	Women	Seeded
9:20 AM	5000m	Section 6	Women	Seeded
9:45 AM	5000m	Section 5	Women	Seeded
10:10 AM	5000m	Section 4	Women	Seeded
10:30 AM	5000m	Section 3	Women	Seeded
10:50 AM	5000m	Section 6	Men	Seeded
11:10 AM	5000m	Section 5	Men	Seeded
11:27 AM	5000m	Section 4	Men	Seeded
11:45 AM	110m HH	Times to Final	Men	Trials
12:21 PM	100m HH	Times to Final	Women	Trials
1:15 PM	100m	Times to Final	Men	Trials
1:50 PM	100m	Times to Final	Women	Trials
2:30 PM	400m	Sections as Needed	Men	Final
3:35 PM	400m	Sections as Needed	Women	Final
4:35 PM	Sprint Medley	Sections as Needed	Men	Final
4:55 PM	Sprint Medley	Sections as Needed	Women	Final
5:30 PM	1500m	Section 10	Women	Seeded
5:36 PM	1500m	Section 9	Women	Seeded
5:42 PM	1500m	Section 8	Women	Seeded
5:47 PM	1500m	Section 7	Women	Seeded
5:52 PM	1500m	Section 6	Women	Seeded
5:57 PM	1500m	Section 5	Women	Seeded
6:02 PM	1500m	Section 9	Men	Seeded
5:07 PM	1500m	Section 8	Men	Seeded
6:12 PM	1500m	Section 7	Men	Seeded
6:17 PM	1500m	Section 6	Men	Seeded
6:22 PM	1500m	Section 5	Men	Seeded
6:35 PM	3000m Steeplechase	Section 2	Women	Seeded
6:50 PM	3000m Steeplechase	Section 1	Women	Seeded
7:05 PM	3000m Steeplechase	Section 2	Men	Seeded
7:15 PM	3000m Steeplechase	Section 1	Men	Seeded
7:25 PM	1500m	Section 4	Women	Seeded
7:30 PM	1500m	Section 3	Women	Seeded
7:35 PM	1500m	Section 2	Women	Seeded
7:40 PM	1500m	Section 1	Women	Seeded
7:45 PM	1500m	Section 4	Men	Seeded
7:50 PM	1500m	Section 3	Men	Seeded
7:55 PM	1500m	Section 2	Men	Seeded
8:00 PM	1500m	Section 1	Men	Seeded
8:05 PM	3200m-High School	Final	Girls	Seeded
8:20 PM	3200m-High School	Final	Boys	Seeded
8:32 PM	5000m	Section 1	Women	Seeded
8:50 PM	5000m	Section 1	Men	Seeded
9:05 PM	5000m	Section 2	Men	Seeded
9:20 PM	5000m	Section 2	Women	Seeded
9:38 PM	5000m	Section 3	Men	Seeded
9:53 PM	10,000m	Section 1	Women	Seeded
10:35 PM	10,000m	Section 1	Men	Seeded

FIELD EVENTS

<u>TIME</u>	<u>EVENT</u>	<u>SECTION</u>	<u>CLASSIFICATION</u>	<u>MINIMUM MARK MEASURED</u>	
10:00 AM	Discus	Final	Men	44.20m	145'0"
10:00 AM	Shot Put	Final	Women	12.19m	40' 0"
11:00 AM	High Jump	Section 1	Women	1.65m	5'4 1/2" Top 15 Entries
	High Jump	Section 2 - To Follow	Women	1.60m	5'2 1/2"
11:00 AM	Long Jump	Section 2	Men	6.70m	21' 11 1/2"
11:00 AM	Long Jump	Section 2	Women	5.35m	17'6 3/4"
11:00 AM	Pole Vault	Section 1	Men	4.60m	15'1"
		Section 2 To Follow	Men	4.45m	14'7 1/4"
2:00 PM	Discus	Final	Women	39.63m	130' 0"
2:00 PM	Shot Put	Final	Men	14.63m	48' 0"
2:00 PM	High Jump	Section 1	Men	2.00m	6'6 3/4" Top 15 Entries
	High Jump	Section 2 - To Follow	Men	1.95m	6'4 1/2"
2:30 PM	Long Jump	Section 1	Men	6.85m	22'5 3/4"
2:30 PM	Long Jump	Section 1	Women	5.50m	18'0 1/2"

IMPLEMENT WEIGH-IN

Friday	Discus - Men	8:30 AM	Saturday	Javelin - Men	8:30 AM
	Shot - Women	8:30 AM		Javelin - Women	12:00 PM
	Discus - Women	12:00 PM			
	Shot - Men	12:00 PM			
	Hammer - Women	1:00:00 PM (then impounded)			
	Hammer - Men	1:00:00 PM (then impounded)			

adidas RALEIGH RELAYS

SATURDAY, MARCH 30th, 2013 - UPDATED 3.27.13



TRACK EVENTS

<u>TIME</u>	<u>EVENT</u>	<u>SECTION</u>	<u>CLASSIFICATION</u>	<u>STANDARD</u>
9:30 AM	10,000m	Section 2	Women	Seeded
10:15 AM	10,000m	Section 2	Men	Seeded
10:50 AM	4 X 1500 Top 24 teams	1 Section	Men	Final
11:10 AM	4 X 1500 Top 24 teams	1 Section	Women	Final
12:00 PM	100m H	1 Section Final – top 8	Women	Final
12:05 PM	110m HH	1 Section Final – top 8	Men	Final
12:10 PM	100m	1 Section Final – top 8	Women	Final
12:15 PM	100m	1 Section Final – top 8	Men	Final
12:25 PM	400m IH	Sections as Needed	Men	Final
1:00 PM	400m IH	Sections as Needed	Women	Final
1:30 PM	4 x 100m	Sections as Needed	Men	Final
1:45 PM	4 X 100m	Sections as Needed	Women	Final
2:05 PM	800m-Invitational	3 Sections – College Ath. Only	Men	Final
2:20 PM	800m-Invitational	3 Sections – College Ath. Only	Women	Final
2:35 PM	4 X 200m	Sections as Needed	Men	Final
2:55 PM	4 X 200m	Sections as Needed	Women	Final
3:15 PM	4 X 800m	2 Sections	Men	Final
3:30 PM	4 X 800m	2 Sections	Women	Final
3:55 PM	200m-Invitational	3 Sections – College Ath. Only	Men	Final
4:05 PM	200m-Invitational	3 Sections – College Ath. Only	Women	Final
4:20 PM	4 X 400m	Sections as Needed	Men	Final
4:45 PM	4 X 400m	Sections as Needed	Women	Final

FIELD EVENTS

<u>TIME</u>	<u>EVENT</u>	<u>SECTION</u>	<u>CLASSIFICATION</u>	<u>MINIMUM MARK MEASURED</u>	
10:00 AM	Hammer	Final	Men	45.73.m	150'
11:00 AM	Pole Vault	Section 1	Women	3.50m	11' 5 ¾ "
		Section 2 To Follow	Women	3.35m	10' 11 ¾ "
11:00 AM	Javelin	Final	Men	51.83.m	170'0"
11:00 AM	Triple Jump	Section 1	Men	14.00m	45' 11 ¼ "
		Section 2 To Follow	Men		
1:00 PM	Hammer	Final	Women	44.21m	145' 0"
2:30 PM	Javelin	Final	Women	36.59m	120' 0"
2:00 PM	Triple Jump	Section 1	Women	11.10m	36'6"
		Section 2 To Follow	Women		